

THE
SUNDAY

10¢

Chronicle

NORTH JERSEY'S ONLY WEEKLY PICTORIAL MAGAZINE



APRIL 22, 1962

VOL. XXXIV, No. 17

Eye-Openers

WINTER SPORTS

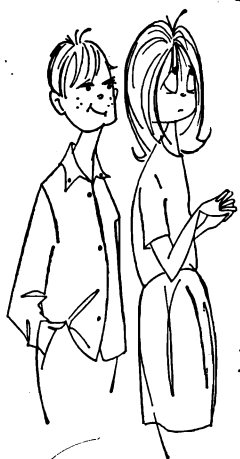


Winter cycling presents a hazard similar to winter driving, when pavements are slick with sleet or packed snow. Slow down before rounding a curve...take hills with brake cutting speed...if tires are worn smooth, better stay off bike till skid conditions melt. Youngsters breaking in a new sled should avoid streets used by motor vehicles...never hitch on the back of a car or truck.



Skaters and skiers often protect their eyes against the glare of sunlight on ice or snow by wearing dark glasses. From the American Optometric Association comes the reminder that — if you value eye health — cheap colored glass isn't the answer. Treat your eyes to properly ground sunglasses. If you normally wear corrective eyeglasses, lenses in your dark glasses should be around to prescription.

YOUNG IDEAS from Polly Ponds



Q: "I'm going steady with a boy who's the same height as I am — but I look taller than he is. What can I do about it?"

A: If your friend isn't disturbed by it, don't let it worry you.

However, you can make yourself seem smaller by wearing low-heeled shoes and a short, head-hugging hairdo.

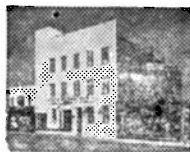


Skirts and blouses or sweaters in contrasting, rather than matching, colors — small collars and wide belts will also help minimize your height.

Don't try to lose inches by slumping or hanging your head — you'll only look sadder, not shorter.

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CONTENTS

FEATURES

A Complete Short Story -----

DEPARTMENTS

Editorial -----

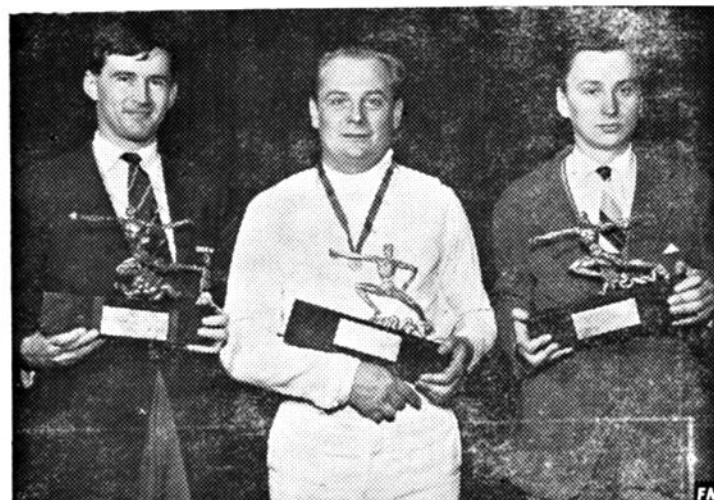
ON THE COVER

JESUS - OUR LORD

THE CHRONICLE



BREAKTHROUGH — Dr. Henry Swan (left), a pioneer in open-heart surgery, discusses a heart operation with NBC News correspondent John Chancellor on "Breakthrough: Heart and Artery Surgery" on the NBC-TV Network Monday, April 23. They are in an NBC studio in New York, discussing an operation on a TV screen. The taped program will show open-heart operations in Washington, Minneapolis and San Francisco and an artery operation in Houston to illustrate dramatic new advances in life-saving surgery. The surgeons will explain the operations as they are performed and televised. This is the first of three "Breakthrough" specials on important new progress in the fight against disease.



Holding their Martini & Rossi Trophies for winning top honors in the International Fencing Tournament are (left to right) England's Bill Hoskyns for winning the epee event; USA's Attila Keresztes who won the sabre challenge; and Poland's Ryszard Parulski who topped the foil event.

An American, an Englishman and a Pole are the winners of the 1962 International Fencing Tournament held recently at the New York Athletic Club.

Winning the impressive Martini & Rossi Trophies for sabre, epee and foil, respectively, are Attila Keresztes, Hungarian expatriate, now an American; Bill Hoskyns, an English apple farmer and Ryszard Parulski, a law student of Warsaw.

Attila Keresztes, who defeated Poland's Wojciech Zablocki in a violently contested match to walk off with the Martini & Rossi Sabre Challenge trophy, is a 1956 Olympic Sabre Team champion. He was then a member of the Hungarian team. For the past five years, he has been out of training. This is his first appearance in the New York Athletic Club.

Taking the Martini & Rossi Epee Trophy is H.W.F. "Bill" Hoskyns a 28-year old English apple farmer of South Perther-ton, Somerset. He is a former World Epee Champion (1958) and one of the few men to make the Olympic finals in two weapons: foil and sabre.

Poland's 23-year old Ryszard Parulski who took top honors in

foil is a law student in Warsaw. Last year, he won the World Foil Championship in Torino. A triple threat man, he is also rated as a dangerous adversary in sabre and epee.

The Martini & Rossi Trophies for epee and foil and the Martini & Rossi Sabre Challenge are the work of noted American sculptres, Karen Worth.

All three Martini & Rossi Trophies depict a swordsman holding his weapon and lunging at an imaginary opponent. They are mounted atop Vermont marble bases. The foil and epee trophies are sculptured in solid silver. The M & R Sabre Challenge, the featured event of the tournament symbolized by a vermeil trophy completes the circle of internationally famed Martini Challenges: the foil Martini Challenge in Paris and the epee Martini Challenge in London.

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Hats for Easter



NEW YORK — Despite anticipated crowds that equal a subway rush hour, Orson Bean appears determined to join the Easter Parade on Fifth Avenue—perfectly suited and wearing a Resistol hat especially designed for Spring wearing by Harry Rolnick. Dean Taliaferro, also of the *Subways Are For Sleeping* cast, seems unable to wait to show off her new Emme polka-dot beret and matching scarf to the



by ELLEN JACOBSEN

It's Almost Spring

In Spring, a young man's fancy lightly turns to thoughts of young women. And young women? They have their eyes on the fellow with the spring in his step and the well-groomed, well-dressed look!



Files at the Arrow Shirt Company turn up a French pamphlet written for men in 1823 which states that only he who is willing to spend hours at his dressing table could hope to master the art of tie-tying (just one phase of dressing) — especially the difficult "Love Throne," a knot suited to handsome young faces.

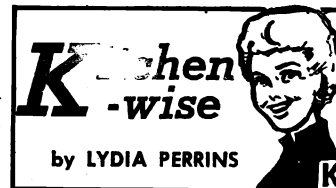
Today, the most dapper dressers achieve near-perfection (including a smooth shave and neat hair comb) in a fraction of the time—if they shun the lazy urge, so often a complication of Spring fever.

The casual (not careless) look is guaranteed to turn milady's head this Spring—a far cry from the days when the faddish lad had to be decked out in silk stockings, lacy cravat, cuffs and doublet, padded satin trunks and brocade coat—no matter what the season.

What will the well-dressed man wear this Spring? A season-long smile—if he takes care and pride in his garb and grooming.

For a booklet about men's shirts with tips on fashion and care, write to me at Cluett, Peabody & Co., Inc., Dept. K, 530 Fifth Avenue, N.Y.C. I'll also be happy to answer any questions you have about men's

MERMAN SINGS — Musical comedy star Ethel Merman, whose vibrant voice and happy style have enriched each of her 13 Broadway show hits, will be Bob Hope's guest on the season's fourth special "Bob Hope Show" on NBC-TV Thursday, March 22.



by LYDIA PERRINS

A Favorite Crab Recipe

This delicious crab dish can be made with fresh or canned crabmeat. For the white sauce, you may substitute a can of condensed mushroom soup.

DEVILED CRAB

- 3 Tbsp. butter or margarine
- 3 Tbsp. flour
- 2 cups rich milk
- 1 pimienta, chopped fine
- 2 Tbsp. green pepper, chopped fine
- 1 Tbsp. chopped parsley
- 1 Tbsp. Sherry (optional)
- 1 tsp. Lea & Perrins Worcestershire
- ½ tsp. dry mustard
- Salt and pepper to taste
- 2 cups flaked fresh or canned crabmeat
- 2 hard-cooked eggs, chopped
- Grated Parmesan or Cheddar cheese

Make a white sauce of the butter, flour and milk; add all remaining ingredients except cheese. Turn into greased baking shells or individual casseroles, and sprinkle with cheese. Bake in a moderately hot oven (375 deg.) about 20 minutes. (Serves 6)

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The Art of Proper Speaking

The average American reads only as fast as an eighth grader; that is, less than 200 words per minute. A few people may be able to get by at this low rate, but for anyone who depends upon reading to any extent—students, businessmen, professional people, those interested in civic affairs, book lovers, or even the average citizen who wants only to keep abreast with the world about him — this rate is hopelessly inadequate.

For example, it would take the average unskilled reader eight hundred hours (over twenty full work weeks!) to read thoroughly any sizeable Sunday paper, which may easily run to four hundred pages and a million words of text. It is perfectly true that no one wants to read every word of the Sunday paper, or every best seller, or every memorandum or form letter that crosses the desk or comes through the mail — but the sheer bulk of such material is indicative of the “reading problem” of our time. Unless you know how to tackle it you are at a serious disadvantage. You find yourself so overwhelmed by the flood or routine and largely unimportant material, you neglect what you really want to read, or really should read, simply because you never have the time.

Do you know how fast you now read? You can find out very easily.

Write down the exact time in minutes and seconds.

When you finish reading this article, note the time elapsed. You will have read a total of 600 words. Divide the number of minutes by 600 to find your exact reading rate in words per minute.

No matter what your present reading speed may be, research has proved that you can train yourself to at least double that rate in a very short time. Colleges, universities, and large business corporations all sponsor courses for exactly this purpose. They are aware that one of the greatest handicaps their students or employees face is an adequate reading rate. Now the Columbia University Study Program in Rapid Reading with Improved Retention offers a do-it-yourself course that can be taken at home during your leisure time. The Columbia Program is a division of, and is being distributed by, the Book-of-the-Month Club.

For years it was assumed that the slow reader was the sure reader, that rapid readers were careless or superficial—or both. Actually, studies have proved the opposite. The mind of the rapid reader is far more alert and eager than that of the slow reader. The fast reader tends to think as fast as he reads.

On the other hand it has been found that the slow reader is inclined to labor over each word, mumble them audibly or si-

lently to himself. Often he finds it necessary to look back every line or so to make sure he understands what he has read. His mental energy is absorbed wrestling with words rather than with the thought they are intended to convey.

Of course, rapid reading is no end in itself. Why read at all unless you remember what you have read? But the ability to read quickly and with complete comprehension has very little relation to one's intellectual capacity. It is an acquired facility much like driving a car or learning to speak French. Slow hesitant reading is simply the result of poor training. Statistics show that many children read faster and better than their parents. And though some eminent professors are rapid readers, some equally eminent cannot read as fast as their freshmen students.

The secret of rapid reading is learning to read word groups rather than one word at a time, and to anticipate what's to come in the next word grouping — the next sentence, even the next paragraph. But as the Columbia University Program points out no one should try to read everything at the same rate of speed. Flexibility is important. For instance no matter what your average word-per-minute reading speed might be anyone tackling Einstein's Theory of Relativity — or for that matter instructions governing your Federal Income Tax Returns — would be well advised to read with slow and exacting care. On the other hand, many ordinary form letters, memorandums, or articles of transient interest may be rapidly skimmed. Coverage of the morning paper by the properly trained reader can easily be whittled down to 20 minutes a day.

It all depends upon training — acquiring the specific techniques called for by the demands of various reading material. These techniques are easily mastered; they involve practice in retention, practice in increasing your eye-span — literally training your eyes to “see wider” — and vocabulary drill.

Many rapid reading clinics, including the Columbia Program, utilize a special device which features a pacing bar. By adjusting the speed at which the bar descends the printed page you are forced to read at an ever increasing speed.

Now to discover your present reading speed. When you finish reading this sentence you will have read 600 words. Check your time. Divide this into 600 to get your word per minute rate.

If your word per minute rate for an article similar to this is less than 500 words per minute, you owe it to yourself to investigate a rapid reading course today!



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