



JUNE 24, 1962 VOL. XXXVI, No. 26

# Wins Sailing Award Second Year in A Row



Elias A. Kalil (center), of New York City, is the 1961 winner of the Martini & Rossi National Predicted Log Contest. Mr. Kalil, whose power cruiser "Irene K. V" amassed 6230 points in the American Power Boat Association meets during the past year, also won the East Coast Sectional Trophy.

He was also the 1960 winner for the same awards, showing his skill and dedication to the nauti-cal sport. With Mr. Kalil are William Edgar John (left) First Commodore of the Eastern Comission Association and pact Cruiser Association and past vice-president-Cruiser, APBA and Rudolph Cubicciotti, Com-modore ECA, vice-president-Cruiser, APBA.

Other Martini & Rossi Trobies for regional champions of predicted log contest, covering the West Coast, Great Lakes an Gulf of Mexico, have alread been presented, citing high score for those areas. The award for national chan-biopening in concentral (chan-

finship is a perpetual troph It was designed and executed b Tiffany & Co. The sterling troph stands 21 inches high on an 1 inch square base of teakwood. At the top, two beautifu

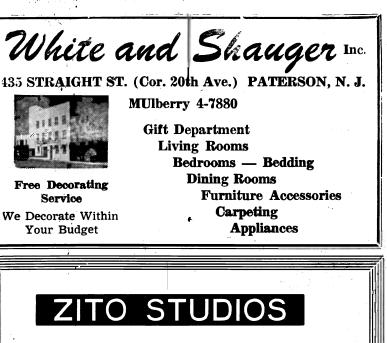
sculptured silver shells open slightly to reveal a gold interior. They rise from a frothy sea of silver through which two dolphins leap. Three silver panels on the base

carry the engraved names on the base carry the engraved names and dates of the trophy's winners for each year. The fourth panel bears a handsome etched design of a power cruiser, with a scroll map rehind it, along with a compass, ivider and stop watch the im ivider and stop watch, the im-lements for plotting closed urses.

A perpetual traveling trophy, he Martini & Rossi award will on continual exhibit at various lub houses of the American 'ower Boat Association throughut the United States. Annual inners will receive engraved laques for permanent posses-



BEGINNING OF THE END — "D-Day," an hour-by-hour account of the Allied invasion of France on June 6, 1944, will be pro-duced by David Wolper for NBC-TV's full-hour "Du Pont Show of the Week" Sunday. In this scene from Army Signal Corps film, an unidentified American Gl (left) stands guard over four Nazis in the streets of Ste. Mere Eglise, Normandy.



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Published Weekly by THE CHRONICLE COMPANY 170-172 Butler Street Paterson, N. J. LAmbert 5-2741

VINCENT S. PARRILLO, Publisher VINCENT N. PARRILLO, Managing Editor

Entered as Second Class matter August 24, 1926, at the Post Office at Paterson, N. J., under the act of March 3, 1879.

JUNE 24, 1962 — VOL. XXXIV, No. 26

Single Copy 10 Cents

\$4.00 a Year by Mail

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#### FEATURES

A Complete Short Story

#### DEPARTMENTS

AWARD SHOW HEADLINERS — Special guest Judy Holliday, host Dave Garroway and guest star Art Carney will be on hand to provide a friendly spoof of television, relating its effect on American life, during the "TV Guide Award Show" to be broadcast in color Sunday, June 24 on NBC-TV. Awards, voted by viewers, will be made in eight categories.



THE CHRONICLE

# CARING FOR YOUR FAMILY

#### by Edith Clarke

#### Mama, It's Cold Outside!

For most young mothers, the winter months mean struggles with snowsuits, tugs-of-war with boots and mittens and a running battle with runny noses!

And, since the mopping-up and drying-out of little ones becomes a tedious and time-consuming task, are there any ways you can make the winter less woeful?

make the winter less woeful? Well, to borrow a phrase from the astronauts, let's take a "countdown". Clothing should be warm, rugged and lightweight. Two or three light layers are warmer and more manageable than one heavy, bulky layer. Stretch tights and a wooly sweater under a snowsuit are a good idea, for example. Also, check to see that caps and mittens are secure, that boots are high enough to prevent snow from sliding inside to chill feet. Finally, protect faces from chapping by applying a light coating of gentle Vaseline Petroleum Jelly over the child's face before he goes outdoors. The petroleum jelly will protect delicate skin from roughening and reddening when noses run and chins get drooly.

When it comes time to thaw out your snow bunny, check hands and face again for signs of windburn and chapping. If necessary, smooth on petroleum jelly to help heal and soothe. You'll find this first aid kit-in-ajar a good friend to everyone in the family during these winter months.

months. An efficient system of dealing with wet, snowy garments will keep everyone smiling, too. Place a large plastic mat on the floor



near the entrance to protect floor covering. Establish this area as boots-off headquarters for everyone. On the mat, set up a drying rack for outer garments. If boots have been soaked through, stuff them with newspaper and dry them away from direct heat. Never put wet leather shoes, Never put wet leather shoes, ot or gloves next to a radiator, either. Snowsuits, scarves, mittens and caps can be hung on the rack until dry. Result: A calm, smiling mother in a calm, dry house!



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'YOUNG DOCTOR MALONE' - The NBC-TV Monday-through-Friday daytime dramatic series tells the story of a father-andson physician team and the small Maryland town in which they live. William Prince (left) plays Dr. Jerry Malone, the father, and Augusta Dabney is his wife, Tracey. John Connell portrays their adopted son, Dr. David Malone.



THE CHRONICLE



# When Asthma Strikes

An estimated seven million people have asthma right now, and millions now free from the disease will one day contact it.

Yet, among asthma sufferers and the scores of millions of people who come into contact with the disease every day, surprisingly little is **known** about what asthma is, whether it is catching, and what to do when an attack of asthma begins.

If you hunch your shoulders and imagine that you suddenly find it almost impossible to breathe — imagine that your windpipe seems to shrink so that only a tiny trickle of air gets through — you will get some idea of whatan asthma attack feels like

What is asthma? According to "Handbook for the Asthmatic," a booklet published by the Allergy Foundation of America, "asthma is difficulty in breathing, a choking caused by obstruction of the small bronchial tubes."

#### **Many Misconceptions**

There are many misconceptions about asthma.

Though victims during an attack often fear death, asthma is rarely fatal. Asthma may be regarded as a physical disease, but its **psychological** aspects are usually very important.

Asthma is not contagious, according to a booklet published by the American Medical Association, but a tendency to develop asthma and other allergic conditions is hereditary. If your parents or grandparents suffered from allergies, you are a possible candidate for asthma. If you had eczema as a child, or if you have hay fever, you, too, may become an asthma sufferer.

In fact, any allergy may mean that you are susceptible, for many cases of asthma are due to allergies

When a person comes into contact with the **allergen** the substance to which he is allergic — it causes a constriction of his air passages. He has difficulty expelling air from his lungs.

An asthma attack may be brought on by dust, animal dandruff, almost any food (including milk and orange juice), pollens, molds in the air, bacteria, feathers — almost anything that can be inhaled or eaten. That is one thing that is so troublesome about the ailment — determining just what is causing it. And there may be multiple causes. For example, lung infections—even the common cold—have led to asthma.

About 33 per cent of all asthma cases first appear in children who are less than 11 years old, according to a recent medical report. Half the cases first appear in people between 11 and 50, and in some cases, a person may not show signs of asthma until he is 80!

#### See Your Doctor

What should you do if you suspect you have asthma?

First, see your doctor. By examining you, by questioning you, by giving you laboratory tests, he will try to find out if you do have asthma. And the next step is preventing a recurrence of the attack.

This can be done by removing whatever is causing the allergic condition — if it's feathers, then enclose your pillow with a rubberized cover; if it's dust, air condition your home and dust-proof your furniture; if it's a specific food, remove it from your diet.

One woman found her asthmatic attacks stopped when she stayed with her grandmother. The reason: her grandmother kept no dogs. So the woman gave away her own pets.

If it's the pollens in the air that's causing asthma, migrating to a dry, warm climate may be helpful. As a matter of fact, though, there is no such thing as a climate without asthma. In some cases, the holiday atmosphere simply reassures the sufferer.

Is asthma curable? In a small percentage of cases, immunization is possible. A doctor will inject you with the allergen, gradually increasing the dosage, so that you build up a resistance to it. This may take weeks, even years, but asthma sufferers will grant that it's worth it.

But in most cases, physicians will attempt to give temporary relief for asthma attacks and to control the disease and allied conditions. Some drugs have proved serviceable in this respect. For very severe cases, ACTH and cortisone-type drugs have been efficacious. For more moderate cases, Marax, a combination of a tranquilizer and two antiasthmatic agents, is often prescribed.

#### **Build up Confidence**

#### What should you do for an asthmatic?

Reassurance is the key word. Asthmatics become frightened during an attack — many think they are going to die. Try to keep the asthmatic calm and build up his confidence.

Be sure an asthmatic consults a physician. If you have asthma, you should keep in good health and get plenty of rest. Avoid respiratory diseases, and if your teeth, sinuses, or adenoids become infected, they should be attended to immediately. If possible, avoid drafts, paint fumes, and dusts.

Most sufferers from asthma can get relief — if they take proper care and caution. If the disease strikes you, see your cloctor, and follow his instructions. Your chances of reilef depend upon proper medical care.



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