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NOVEMBER 25, 1962 VOL. XXXIV, No. 48

HOW TO SHOP FOR BLANKETS

Acrilan or animal fiber? 72 x 84 or 80 x 90? A dark, practical-looking color — or that lovely light blue?

These and other pesky questions may flock to mind next time you shop for blankets. At times the sheer variety of fibers, colors, and weaves on the market may seem more like a confusing bother than a blessing. But if you learn a few facts and apply some simple rules, blanket shopping can be a soft job indeed — and a source of warm satisfaction.

Weight. How heavy should a blanket be? Blankets of Acrilan acrylic fiber were introduced six years ago. In earlier days of yore home economists had recommended that a blanket weigh at least 11 or 12 ounces to the square yard. Then the lightweight man-made acrylic fibers were perfected. Now a blanket which weighs only eight or nine ounces to the square yard may be just as warm as the heavier blanket — sometimes warmer.

Whatever the fiber — natural, man-made or a blend of the two — the manufacturer should offer you a choice of several different blanket weights. Blankets tagged "Winterweight" are ideal for northern and northeastern winters. They weigh three pounds and up. "Medium Weight" blankets, weighing two to three pounds, are suitable for fall and spring in these same regions, and for winters in milder climates. "Lightweights" are summer blankets weighing from two pounds down.

Texture. This is also important in determining blanket warmth. Is the weaveL close and even, the nap firm and evenly distributed? Does the blanket feel springy and firm to the touch, snapping back when squeezed? Pull the blanket taut — you should see little or no slipping of the weave. Another way to test the strength of Lthe weave: lift the blanket by the nap. It should support its own weight.

Cleanability. Nothing is more apt to make the housewife feel that she "should stood in bed" than blankets which shrink or spot when she tries to launder them. Be sure, therefore, to read every word on the tags before Lyou buy. Unless they state otherwise, assume that the blanket will have to be dry-cleaned. Blankets certified aLs washable by such organizations as the American Institute of Laundering present no washing problems.

Some fibers, of course, are more easily laundered than others. Because it resists soilage, Labrasion, shrinkage and creasing, washes easily, dries quickly and retains its shape, Acrilan is one of the most frequenLtly used fibers in blanket manufacture.

East of storage. How much space will the blanket take up in your closet? Is it moth- and mildew-proof, elLiminating the need for special pre-storage treatments and bone-dry storage areas? The lightness of the man-made fibers and their resistance to moth and mildew damage are two of tseir major advantages.

Decorative possibilities. Blankets are appearing in all sorts of new perky-patterns — bold herringbones, jaunty plaids, white splashed with flowers or delicately veined with with gold thread. Too good to keep under wraps? You're right. More and more homemakers are using these handsome new blankets as informal bedspreads, saving their good spreads for weekend and company use. Next time you shop for blankets, why not keep your bedroom eye peeled for patterns and colors which could combine interestingly with your wallpaper, draperies or carpets? If you buy a washable, stain-resistant fiber, no pattern or color is impractical.

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FEATURES

A Complete Short Story

COVER STORY

Mr. John Morlot, parishoner of St. Mary's Church, Paterson and the newly elected president of the Passaic County Holy Name gederation; with Father Gabriel Italia, O.F.M. Cap., spiritual director of St. Anthony's Holy Name Society, Passaic, prepare a Rosary Crusade by an automobile displaying an auto bumper Rosary strip.

These two color, 4 x 14 inch stickers, applicable to either auto trunk doors or bumpers are being circulated by the Passaic County Holy Name Federation in a campaign for daily Rosary prayers for the success of the Second Vatican Ecumenical Council presently in session in Rome.

The strips entitled "PRAY THE ROSARY EVERY DAY" are available from the Holy Name Truth and Literature Committee, P. O. Box 122, Passaic.



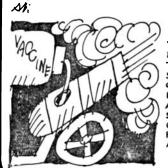




A GROUP OF ISLANDS OFF SCOTLAND, USED TO THINK PARALYSIS WAS CAUSED BY AN EVIL SPIRIT TOUCH-ING THE LIMB OF AN AFFLICTED PERSON.

RESIDENTS OF LANCASHIRE, ENGLAND, THOUGHT THAT PARAL-YSIS WAS CAUSED BY A SHREW MOUSE CRAWLING OVER THE AFFECTED LIMB. TODAY, IT IS KNOWN THAT POLIOMYELITIS IS CL VIRUS TISEASE.





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But the fertilizing or feeding job doesn't quite end with commercial fertilizer. Water is itself a kind of plant food, furnishing almost all the hydrogen your lawn neds.

Many experts say that grass should be watered at fiveto-seven-day intervals. Newly planted seed, however, should be kept alive by frequent waterings that will keep the upper inch or so of soil moist. Always provide enough water to soak the soil six or seven inches deep. This down-deep moisture curtails evaporation, making water available to the grass roots for a longer time. It also discourages the growth of crab grass and other shallow-rooting weeds. The ideal downdeep watering takes from one and a half to three hours with an automatic lawn sprinkler or underground watering system, according to T. J. Everett, director of New York's Botanical Gardens.

New sprinkler developments are making perfectly even. or "rain drop" coverage more practical than ever. By adjusting the dial on some of the newest oscillating sprinklers, you can water all or either half of your lawn right up to the sidewalk, house or garage without so much as wetting the sidewalk. Gears don't get wet either, thanks to a new waterproof motor casing. Lawns as large as 1600 to 2400 square feet can be covered by a "Green Spot" oscillating sprinkler. Spot coverage can be provided by a "dial impulse sprinkler" capable of watering the tiniest flower plots or grass strips without wetting adjoining areas. An adjustable dial provides many graduations of coverage; turned on full blast, it furnishes water to an 80 foot lawn area.

There's been a lot of discussion as to the best time of day to water a lawn. You can't go wrongif you water it in the morning before the sun gets very hot. Early evening watering is all right provided the foliage dries within an hour or so. Avoid watering the grass late in the evening or during the night, suggests the Otto Bernz Company, a leading maker of lawn watering accessories, especially during hot weather. Such late hours may dissipate your lawn by encouraging the rapid spread of fungus diseases.

Proper mowing equipment and techniques can do a lot for the health of your grass. Use a sharp mower; dull blades split grass tops, causing them to turn brown. Don't remove clippings unless you've let the grass get very high; they give the soil valuable organic matter. If it's been a long time between mowings, however, you must rake up the clippings to keep from smothering the grass. As if the extra raking job weren't sufficient cause for not letting the grass get too high, there's another good reason. When you cut high grass, it's a shock to the physiological make-up of the plants. A good height at which to keep your turf is one and one-half inches. This is short enough to be neat-looking and healthy for your grass, tall enough to provide the shade that will kill off young crab grass plants. Crab grass can't tolerate shade.

Another way of eliminating crab grass is to interrupt its seeding cycle. This can be done by collecting the seed heads in your lawn mower grass catcher. But this method takes several years, as a certain number of seed heads always escape the mower blades.

Much surer and faster are the chemical crab grass killers now on the market. Any one of them will eliminate the weed in a few treatments. As the crab grass is killed, bare spots should be fertilized and reseeded.

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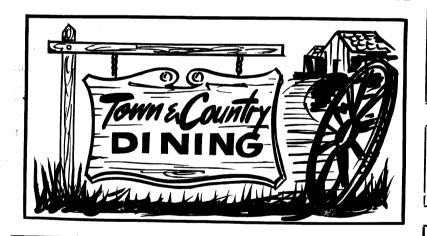
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THE CHRONICLE

HOW TO BE A BETTER BOWLER

By DON CARTER

Consultant National Athletic Supply Corp.

Whether you're a green young "bouncer" or an old pro with more "twists" than the books tell about, you can probably better your bowling — and get more fun out of the game — by reviewing some of the fundamentals of good bowling form.

The most revolutionary aspect of my style — and the most misunderstood — is my technique of keeping the right arm bent throughout the swing. By keeping the elbow locked and the shoulder free, I create a rigid pendulum that swings the ball in the simplest possible way.

Another basic principle is to use exactly the same delivery on every occasion. My bowling glove helps in this respect. All my experience has been concentrated on the perfection of one thing — a simplified pendulum delivery of the ball.

Here, briefly, are the basic points of this delivery:

The Grip. The importance of obtaining a proper grip cannot be over-emphasized. While wearing a bowling glove simplifies matters and almost guarantees a correct grip, the following may prove helpful:

First, insert the thumb into the thumb hole. It should fit comfortably but not too snugly. Now the second and third fingers are placed in the holes. The ball is gripped firmly between the first and second joints of these two fingers. (Many bowling proprietors now insist that bowlers slip on a bowling glove before being measured for a new ball or before redrilling an old ball. The glove, whether subsequently worn or not, assures proper spacing of the holes.)

Timing. This is one area in which many bowlers could make substantial improvement. Often, a bowler will rush—or go extra slowly—because he knows others are watching. Actually, holding the ball too long tends to tire you, while failure to wait long enough before moving means that you are moving before you are adequately prepared. Try holding the ball just long enough for your mind to concentrate on the spot you want to hit—then make your approach.

The Stance. Stand a foot or two behind the row of dots in back of the foul line and select a target. This may be the pins, a board along which you plan to roll the ball or a marker on the lane. The stance is upright but relaxed with the ball held slightly above the waist. The left foot is ahead of the other and pointing directly forward.

The address. The object of the address is to start the ball swinging on an imaginary plane that is perpendicular to the floor and directly above the board that leads to your target. ift the ball to just below eye level and, when it reaches its maximum height, shift it to the right. As the ball is lowered, lean forward slightly, rolling your weight to the left foot.

The Approach. Three-steppers are rarely seen today in professional play, most experts taking either four or five steps. The steps must be in a perfectly straight line. It is at the start of the first, as the right foot reaches out, that you simultaneously push the ball away in a smooth and coordinated move.

Just as you begin the second step, release the ball from your left hand, starting it on its backswing. By keeping your right arm bent, you maintain better control over the swing. The ball goes to the top of its backswing with the third step, but the backswing should never go above the shoulder.

On the last step, the weight shifts from right foot to left, which should slide to a step in front of the foul line on the same board on which it rested in the stance.

The Release. The left foot has stopped about four inches behind the foul line. When the ball is released, (the thumb comes out first), give a sight "lift" to the ball with the fingers. This automatically turns the wrist slightly and gives the ball a moderate hook. The glove facilitates a cleaner release because it has kept the ball in such a position that the thumb withdraws from the thumb hole without the usual rubbing effects.

Follow-Through. Though many novices are unimpressed with the importance of the follow-through, the fact is that a constant one helps you avoid arm wobble as you release the ball. Before he releases the ball, a bowler's arm often starts heading in the direction it will go after the ball is released. Keeping this direction constant, therefore, gives the bowler greater control.

The Strike. The best spot to hit the pins for a strike is between the 1 and 3 pins. Release the ball on the floor board so that the spin will hook itslightly to the left and enter the 1-3 pocket.

Equipment. Having your own ball and shoes will pay dividends. Each paid of shoes has a slightly different amount of "slide" built into it. Bowling balls differ, too; you'll have better scores if you accustom yourself to a single ball. Topnotch male bowlers all use a 16-pound ball. Most professional women use a 15-pounder.

The newest idea in equipment is a glove with a properly shaped foam-rubber pad sewn into the palm. By assuring better contact between the wearer's hand and the ball, the glove assures a proper grip, improving control and reducing strain on fingers and thumb.

A simple pad held to the palm with elastic strap is not sufficient, since it is important that the pad never be allowed to shift position on the hand.

The Don Carter Bowling Glove is scientifically designed to give a perfect grip. Others on the market may work equally well so long as they fit snugly and accurately position the ball.



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