EFFECTS OF FLAME RETARDANTS ON ARCUATE GENE EXPRESSION AND

ENERGY HOMEOSTASIS IN MICE

By

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ABSTRACT OF THE THESIS

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Flame retardants (FR), including polybrominated diphenyl ethers (PBDE) congener 2,2',4,4'tetrabromodiphenyl ether (BDE-47) and organophosphate FR (OPFR) are ubiguitous in the environment and interact with multiple target receptors, including estrogen receptors (ERs). Estrogenic endocrine disruptors (EDCs) such as bisphenol A (BPA) affect reproduction and energy homeostasis and modulate hypothalamic functions including gene expression. Developmental exposures to EDCs also alter offspring energy homeostasis, although little is known about the effects of FR, especially OPFR. Therefore, we investigated if exposure to FR alters genes in arcuate nucleus (ARC) that are known to be regulated by $17-\beta$ estradiol (E2) through classical ER in adults and if developmental exposures to FR elicit negative energy balance in adulthood. In Experiment 1, adult male and female mice were orally dosed daily vehicle (oil), $17-\alpha$ ethinyl estradiol (2.5 µg/kg) as a positive control, BDE-47 low or high dose (1 mg/kg or 10 mg/kg), and OPFR mixture low or high dose (1 mg/kg or 10 mg/kg of tris (1,3dichloro-2-propyl) phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP) each) for 28 days. ARC mRNA expression, weekly cumulative body weight gain, and female uteri were measured. In Experiment 2, pregnant female mice

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were fed vehicle, BDE-47 (1mg/kg), and OPFR mixture (1mg/kg) from gestational day 7 (GD7) to postnatal day (PND) 14. Neonatal pup body weight, anogenital distance (AGD), and sex ratio were measured. Weanlings were fed normal or high-fat diet (ND or HFD) and body weights and food intake were measured weekly until PND140. Adults were tested for body composition, metabolic parameters, and glucose homeostasis. While FR altered E2-regulated ARC gene expression in both sexes, there were more striking effects of FR on males. FR amplify effects of HFD, but also promote negative energy balance when given ND in males. In females, FR increased effects of HFD on body weight gain. These data suggest that these FR alter ARC homeostatic gene expression and energy balance in sex-dependent manner.

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CHAPTER 1:

INTRODUCTION AND BACKGROUND

I. INTRODUCTION

Development and production of synthetic chemicals increases the variety and concentrations of substances in the environment that could potentially act as endocrine disrupting compounds (EDCs). EDCs are substances in our environment, food, and consumer products that interfere with hormone biosynthesis, metabolism, or action that results in the alteration of normal homeostatic control or reproduction ¹. These compounds can bind to receptors, and/or alter enzyme action, metabolism, hormone availability, and gene expression. These effects may accumulate and become more prevalent across the lifespan.

Estrogenic EDCs such as diethylstilbestrol (DES) and bisphenol A (BPA) can lead to transient and permanent structural and functional abnormalities in rodents and humans ²⁻⁵. These abnormalities are dependent on concentration, route of administration, exposure duration, and the developmental period when exposed to the EDC. Furthermore, estrogenic EDCs can alter energy homeostatic parameters. With elevated incidences of obesity and associated medical conditions such as type II diabetes and cardiovascular disease, the interactions of different diets is crucial for the exploring exposure consequences ^{1,6,7}.

Flame retardants (FR) such as polybrominated diphenyl ethers (PBDE) and organophosphate phosphate FR (OPFR) are compounds found in furniture, toys, electronics, clothing, and some plastics that have become ubiquitous in the environment, especially house dust, and have been shown to bind to estrogen receptors (ERs) *in vitro* ⁸⁻¹⁴. PBDE congeners with lower molecular weight and bromination (1-5 bromine atoms) such as 2,2',4,4'-tetrabromodiphenyl ether (BDE-47) and 2,2',4,4',5-pentabromodiphenyl ether (BDE-99) are completely absorbed, slowly eliminated, and longer half-lives ¹⁵. Since the early 2000's, European countries and select U.S. states have enforced policies for phasing out PBDEs ^{16,17}. However, they continue to persist in the

environment from old furniture and electronic products and collect in house dust and as waste. In U.S. and British houses, concentrations were detected from 520-29,000 ng/g of dust and 1-330ng/day consumed ¹⁸. OPFR are a common replacement in products that formerly contained PBDEs, sharing many of their persistent characteristics ^{16,19-21}. OPFR levels in Chinese house dust ranged from 0.2-1798 μ g/g of house dust ^{22,23}. Continuing levels of PBDEs and rising levels of OPFR raise concerns for potential neurotoxicity and developmental effects induced by various durations of exposure at different stages of life ^{24,25}.

The fact that these FR are at high environmental concentrations lead to speculation of these compounds potentially affect the physiology of the general population in a negative manner. If these compounds interact with ERs, they can affect many systems, as demonstrated from past studies that analyzed consequences of estrogenic EDC exposure. ERs are distributed ubiquitously throughout central and peripheral tissue and are interact with many signaling pathways involved in energy balance ²⁶⁻³⁷. Therefore, in the present study, we investigated effects of BDE-47 and OPFR ~ tris(1,3-dichloro-2-propyl)phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP) ~ on 17 β -estradiol (E2)-responsive gene expression in the brain and on energy homeostasis in mice.

II. E2-REGULATED PATHWAYS

General Mechanism

By targeting ERs, environmental EDCs have the ability to alter neuroendocrine signaling pathways responsible for neuronal activation, gene expression, and cellular functions. Estradiol (E2), the predominant circulating estrogen, acts on either classical (ER α/β) or nonclassical (Gq-mER or GPR30) receptors that can induce nuclear-initiated or membrane-initiated signaling and gene regulation ^{38,39}. When E2 acts through

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classical ERs, it diffuses through the membrane and binds to an ER dimerized complex. From there, the complex enters the nucleus and binds either to the estrogen response element (ERE) on the genome, controlling gene expression regulation or induces protein-protein interactions with transcriptional factors (i.e. AP-1, SP-1, NF-κB) and initiating transcription through non-ERE promoters ^{40,41}. Alternatively, E2 can also bind to membrane receptors such as Gq-mER and GPR30, activating intracellular signaling pathways (i.e. EGFR, IGF-1, PI3K, MAPK, PLC-PKC-PKA pathways) ⁴²⁻⁴⁸. Due to ERs distribution, changes in ER signaling can have varied and substantial physiological effects ^{49,50}.

E2-Regulation of Reproduction and Energy Balance

E2-responsive signaling in the hypothalamus regulates reproductive and energy homeostatic functions. Hypothalamic nuclei involved include the arcuate nucleus (ARC), paraventricular nucleus (PVN), dorsomedial hypothalamus (DMH), ventromedial hypothalamus (VMH), lateral hypothalamic area (LHA), and medial preoptic area (mPOA) ^{51,52}. Specifically, ARC axon terminals are located in an area where the blood barrier is incomplete, allowing direct access to potential peripheral circulating signals such as sex steroid hormones, glucose, leptin, insulin, and ghrelin and to EDCs ^{53,54}. Therefore, the ARC has the unique role in integrating central and peripheral inputs.

E2 control of the HPG-axis

Traditionally, E2 controls reproductive functions through the hypothalamicpituitary-gonadal (HPG)-axis. In the ARC and mPOA of the hypothalamus, gonadotropinreleasing hormone (GnRH) neurons are localized. GnRH secretion is controlled by neighboring kisspeptin (KISS-1) neurosn localized in the ARC or in the anteroventral periventricular (AVPV) nucleus ⁵⁵. In the ARC, E2 suppresses *Kiss-1* gene expression by nonclassical ERα signaling (Yang, In Review). If KISS-1 is released, GnRH secretion is promoted ⁵⁶⁻⁵⁸. Gonadotropin-inhibiting hormone (GnIH) from the DMH or PVN can also inhibit GnRH secretion ^{59,60}. When GnRH is secreted into the median eminence, it travels via the hypophyseal portal system to the anterior pituitary and binds to its receptors. From the anterior pituitary, luteinizing hormone (LH) and follicle-stimulating hormone (FSH) are produced, released into circulation, and travel to the gonads. Depending on the sex, LH and FSH elicit proper gonadal and germ cell development (oogenesis, folliculogenesis, spermatogenesis), estrous cycles, and secretion of sex hormones such as E2 and testosterone (T). E2 and T can inhibit GnRH, LH, and FSH through a negative feedback mechanism. E2 and progesterone also work together to regulate the estrous cycle in females. ⁶¹⁻⁶⁴ Improper fluctuations of these hormones can lead to abnormal sex differentiation or lower fecundity if given during critical developmental windows ^{65,66}. Therefore, ER signaling in the hypothalamus regulates appropriate development and function of the reproductive system.

Central melanocortin circuitry

More recently, the concept of E2 regulating energy homeostasis has emerged. Energy balance is controlled through the central melanocortin circuit ^{54,67}. In the integrative ARC, there are two main populations of neurons known to be involved in energy balance: 1) anorectic neurons that express proopiomelanocortin (POMC) and cocaine and amphetamine-regulated transcript (CART) and 2) orexigenic neurons that express neuropeptide Y (NPY) and agouti-related peptide (AgRP). Generally while feeding, the *Pomc* gene is transcribed in POMC/CART neurons and post-translationally cleaved into α -melanocyte-stimulating hormone (α -MSH) and other neuropeptides. α -MSH binds to its melanocortin receptors (MC3/4R) in the PVN to decrease food intake ⁶⁸. During fasting, peripheral peptide hormones such as ghrelin travel through the blood brain barrier to bind to its receptor, growth hormone secretagogue receptor (GHSR), in ARC NPY/AgRP neurons to activate gamma-aminobutyric acid (GABA) release, which inhibits POMC/CART neurons ^{39,69-73}. Subsequently, NPY and AgRP are released in other hypothalamic nuclei (PVN). Neurons in these nuclei respond to NPY through its Y1/5 receptors and to AgRP as an antagonist to M3/4Rs ⁷⁴. Consequently, food intake is increased ^{39,54}.

E2 control of energy balance

E2 modulates food intake and negative energy balance through the hypothalamus, hindbrain, and other areas of the brain, although the mechanism is not completely understood ^{51,52,75,76}. For example, ovariectomy (ovx) in females leads to increased adiposity, which can be prevented by E2 replacement ⁷⁷. Primarily, E2's energy balance effects are mediated through ER α , based on studies with ER α knockout (KO) mice. Phenotypically, ER α KO mice are obese, have decreased energy expenditure and activity, and altered glucose homeostasis ⁷⁸⁻⁸⁵. POMC and NPY neurons in ARC of mice guinea pigs express *Esr1* ⁸⁶⁻⁸⁹. Short-term, E2 augments *Pomc* expression or one of its cleaved products, β -endorphin, which is associated with an attenuation of food intake ^{78,90-93}. Global mouse ER α KO prevents POMC upregulation an anorectic effects by leptin and insulin to promote feeding ⁹⁴. Different species exhibit varied E2 long-term effects on hypothalamic POMC expression ⁹⁵⁻⁹⁸. With long-term E2 exposure, rodent NPY expression in the hypothalamus decreases, which also lowers food intake ⁹⁹⁻¹⁰².

Although Gq-mER not fully characterized since it has not yet been cloned, this receptor has been functionally identified thus far in the ARC of the hypothalamic POMC, dopamine (DA), and gamma-amino butyric acid (GABA) neurons ^{39,103-105}. STX, a selective Gq-mER agonist, decreases food intake and meal frequency and controls gene

expression in female guinea pigs ^{46,106,107}. Therefore, by targeting multipe ERs, E2 has a major role in reproduction and energy balance. Not only does E2 exert its effects on ERs, but it also modulates other homeostatic receptors and cation channels in the ARC

E2 interactions with other energy homeostatic receptors found in the ARC

In the ARC, E2 increases *Ghsr* gene expression in female mice ⁸⁹. GHSR is a Gprotein-coupled receptor (GPCR) that is activated by ghrelin, a hormone secreted from the gut that promotes hunger ¹⁰⁸⁻¹¹⁰. GHSR is involved in many intracellular signaling pathways with intracellular calcium homeostasis as the most characterized pathway ¹¹¹⁻ ¹¹³. While ubiquitously distributed in the body, in the ARC, GHSR is found in NPY/AgRP, POMC, Kiss-1/NeurokininB/Dynorphin (KNDy), and tyrosine hydroxylase (TH) neurons ^{89,114-116}. Primarily, ghrelin binding to GHSR in ARC NPY/AgRP neurons is directly stimulatory to NPY neurons and indirectly inhibitory to POMC/CART neurons ^{70,72,111,117,118}. Downstream, these actions increase food intake ^{70,73,74,119}. Peripheral ghrelin administration increases body weights and carbohydrate utilization while decreasing fat oxidation ¹²⁰. Additionally, global GHSR knockout (KO) mice are resistant to diet-induced obesity ¹²¹. Thus, by stimulating GHSR, E2 can alter energy homeostasis throughout the body.

E2 also induces insulin receptor (INSR) signaling in rodents ^{122,123}. INSR is a tyrosine kinase receptor activated by insulin, which is a peptide hormone secreted from the pancreas that promotes the shuttling of glucose from circulation into muscle and fat tissue, inhibits hepatic glucose production, and typically functions as an appetite suppressant ¹²⁴⁻¹³⁰. Brain-specific INSR KO promotes diet-induced obesity, infertility, elevated body fat, and increased plasma leptin levels ^{124,125,128,131}. ARC INSR has been shown to act functionally through insulin-like growth factor-1 (IGF-1), phosphoinositide-3 kinase (PI3K), and rapamycin (mTOR) signaling pathways and is located on NPY,

POMC, and KISS-1 neurons ^{122,123,126,127,129,131-136}. In the ARC, insulin signaling inhibits *Npy* expression and activates POMC neurons to decrease food intake ^{127,129,135,136}. Peripherally, INSR is widely distributed in tissues such as fat, muscle, and the liver ^{137,138}. Furthermore, global INSR KO is lethal shortly after birth in rodents, induced diabetic ketoacidosis, and retards growth ¹³⁸⁻¹⁴⁰. Through activating INSR, E2 has the ability to influence energy balance centrally and peripherally.

E2 potentiates leptin receptor (LEPR) signaling through PI3K pathways in the ARC of rodents ^{78,141-143}. LEPRs are cytokine receptors that are activated by leptin, commonly an anorectic signal that is correlated to and secreted from fat ¹⁴⁴⁻¹⁴⁶. Neuron-specific LEPR KO increases plasma leptin glucose, insulin, corticosterone while increasing hypothalamic AgRP and NPY ¹⁴⁷. These receptors have been localized in POMC, NPY, and KISS-1 neurons as well ^{105,135,136}. In the ARC, leptin activates KISS-1 and POMC neurons while inhibiting NPY neurons, overall lowering food intake ^{141,142}. Other than the brain, these receptors can be found in many peripheral tissues, including white and brown fat, muscle, kidney, stomach, and bone marrow ¹⁴⁸. LEPR KO mice (*db/db*) exhibit early-onset obesity and insulin resistance ^{149,150}. Thus, E2 has an additional route, by inducing ARC LEPR, to affect energy balance.

Comparable to E2, peroxisome proliferator-activated receptor gamma (PPAR_{γ}) is a receptor has a modulatory role in energy homeostasis that is also expressed in the ARC of rodents ¹⁵¹. In positive energy balance, PPAR_{γ} is known to increase adipocyte differentiation, fat accumulation, insulin sensitivity, and macrophage differentiation while lowering hepatic glucose production ¹⁵²⁻¹⁵⁶. PPAR_{γ} is a member of the PPAR family that has many natural ligands such as fatty acids, and metabolites of lipoproteins and alkylated phospholipids and is found in peripheral tissue, including liver, fat, and kidney ^{153,155,157,158}. Centrally, this receptor is highly expressed in the hypothalamus of rodents ^{151,159,160}. Neural PPAR_γ activation increases food intake and body weight gain and brainspecific PPAR_γ KO lowers feeding behavior with PPAR_γ agonist treatment ¹⁶¹. POMCspecific PPAR_γ KO elevates energy expenditure while decreasing body weight and food intake ¹⁶⁰. In the ARC, PPAR_γ activation by agonists also augmented *Npy* and *Agrp* expression in rodents ¹⁵⁹. E2 suppresses PPAR_γ actions in cancer cells and adipocytes through crosstalk, but potential E2-induced effects on neural PPAR_γ require elucidation ^{27-29,34,35,162}.

Similar to E2, while androgens are more established as sex steroids that control proper reproductive parameters, they also regulate energy balance. Androgen receptors (ARs) are activated by androgens such as T and dihydrotestosterone (DHT). ARs are distributed throughout the body, including in the ARC ¹⁶³⁻¹⁶⁶. Furthermore, T decreases ARC POMC neuron activation in rodents ^{167,168}. In male mice, global AR KO decreases leptin signaling in the ARC ¹⁶⁹. Conversely, the androgen, DHT, increased POMC neuron activity in females ¹⁷⁰. Brain-specific AR KO suppresses hypothalamic nuclear factor-κB-mediated induction of protein tyrosine phosphatase 1B, reduces insulin sensitivity, and impairs, glucose homeostasis, ¹⁷¹. Peripherally, AR KO promotes adiposity, body weight gain, and insulin and leptin resistance while decreasing activity and food intake in male mice ¹⁷²⁻¹⁷⁵. AR KO female mice have increased leptin and adiponectin levels ¹⁷⁴. However, there is controversy over the effects of AR on insulin sensitivity in female rodents ^{172,176}.

Furthermore, there is also a well-studied link between androgen antagonism or insensitivity and elevated E2 levels ^{26,177-179}. AR antagonism during development can lead to alternative sex differentiation in males such as decreased AGD while increasing instances of cryptorchidism ¹⁸⁰. With complete androgen insensitivity, serum androgens levels are elevated, which increases aromatase activity. Due to the fact that aromatase

converts T to E2, AR antagonism or insensitivity can increase ER stimulation ¹⁷⁹. For example, adipocyte-specific AR KO increased leptin expression in fat by increasing E2 activation in fat ¹⁸⁰. Therefore, it is plausible for E2 to exert its negative energy balance effects when there is AR antagonism or insensitivity.

E2-responsive ARC Cation Channels

In addition to hormone channels, E2 also regulates cation channels in the ARC such as transient (T)-type calcium channels ^{104,181}, Kv.7 family potassium channels ^{86,182}, and transient receptor potential channels (TRPC) ^{46,136,141,142,183}. While these channels are also distributed peripherally, centrally, they are involved in hypothalamic control of energy homeostasis ^{44,45,184-187}.

Isoforms of T-type calcium channels are associated with an a_1 subunit are Ca_v3.1, Ca_v3.2, and Ca_v3.3 with *Cacna1g*, *Cancna1h*, and *Cacna1i* as their gene names, respectively. These channels are low-voltage-activated and are responsible for neuronal burst firing and neurotransmitter release and found in ARC POMC and KISS-1 neurons ^{181,188-190}. ER α and Gq-mER activation increases *Cacna1g* expression in female guinea pig ARC ^{46,181,188,190}. In female mice, E2 augments *Cacna1g* in the ARC in an ERE-dependent manner (Yang et al., In Review). E2 also increases *Cacna1h* expression in the ARC of female guinea pigs by ER α and ER β activation ¹⁸¹. Furthermore, E2 has been shown to upregulate *Cacna1i* in female guinea pig pituitary, ARC KISS-1 neurons, and POA GnRH neurons^{190,191}. While these channels have been characterized in females, there are no studies of these channels in the ARC of males.

When stimulated by depolarization, KCNQ (Kv.7) channels at the neuron's membrane facilitate a non-inactivating outward potassium current (M-current) to stabilize membrane potential and reduce action potential frequency ^{86,182,185,192-195}. Particularly, KCNQ channel subunits *Kcng2, Kcng3*, and *Kcng5* are expressed in the ARC with

KCNQ3 being necessary for M-current function and colocalizing with KCNQ2 and KCNQ5 ^{86,182,192,195}. E2 increases M-current in ARC NPY, but not POMC neurons to decrease NPY activity and subsequently food intake in female rodents ¹⁸². Additionally, fasting in male and female rodents inhibit M-current activity by suppressing *Kcnq2* and *Kcnq3* expression in NPY neurons ¹⁸². Furthermore, ghrelin also inhibits the M-current in NPY neurons (Yasrebi et al., In Review). In POMC neurons, regulation of food intake is mediated through serotonin receptors (5HT_{2c}R) ^{103,104,142,183,196}. M-current is decreased by 5HT_{2c}R through phospholipase C (PLC)-mediated phosphatidylinositol 4,5-biphospahte (PIP₂) hydrolysis to increase firing in POMC neurons, which reduces food intake ^{196,197}.

TRPC channel subunits 1, 3, 4, 5, 6, and 7 are non-selective cation channels that increase depolarization in neurosecretory neurons ^{136,141,142,183,186,189,198}. In particular, *Trpc5* is not only expressed in ARC POMC and KISS-1 neurons in female rodents, but it is also a target of E2, insulin, and leptin ^{136,141,142,183,198,199}. E2 inhibits ARC KISS-1 neurons through ER α activation, reducing TRPC channel activity ^{189,198,200}. In POMC neurons, TRPC5 is activated by insulin and leptin receptor signaling pathways, potentially decreasing food intake ^{138,143,144,185}.

Overall, E2 has wide-ranging effects on reproduction and energy balance. E2 and ERs interact with various hormone receptors and cation channels centrally and peripherally, which influence each other in a complex manner. Thus, EDCs mimicking the effects of E2 either through ERs or receptors that alter ER signaling can lead to expansive disruption of homeostatic functions throughout the body.

III. ESTROGENIC EDCS

Estrogenic EDCs Reproductive and Metabolic Effects

A variety of EDCs partially bind to ERs and are both present and widely distributed in the environment at potentially harmful concentrations. Many estrogenic

EDCs have the ability to affect membrane-initiated signaling pathways in different tissues through classical and nonclassical ERs ^{6,201,202}. *In vitro*, these compounds also bind to GPR30, a neural estrogen-responsive GPCR, and activate adenylate cyclase ²⁰³. During critical developmental periods, exposure to estrogenic compounds such as DES, BPA, and methoxychlor (MXC) can change brain structures through developmental programming, neurogenesis, and alter neural circuitry in adulthood ²⁰⁴⁻²¹³. Estrogenic compound exposure at critical developmental windows can induce alternative sexual differentiation such as changing the anogenital distance (AGD) in males and females ^{204,209,214-216}. Conversely, EDC exposure during adulthood can alter gene expression and/or neuronal activity ²¹⁷⁻²²².

Furthermore, growing evidence suggests the relevance of maternal EDC exposure on offspring energy homeostasis in rodents and humans. In *in vitro*, select EDCs functionally activate mERs in peripheral tissue such as the pancreas ^{5,6,201,202,223}. Estrogenic EDCs such as BPA, polychlorinated biphenyl ethers (PCBs), methoxychlor (MXC) and DES alter adipogenesis, lean mass ratios, energy expenditure, body weight, glucose homeostasis, and cholesterol levels in rodents ^{2,7,224-226}. While the majority of these studies support these estrogenic EDCs acting as obesogens, a few studies find opposite effects where hyperactivity, lean body mass, and even weight loss in rodents ^{227,228}. Depending on concentration, route of administration, sex, and duration of exposure, estrogenic EDCs can either promote or protect against obesity ^{2,225-236}.

EE2

17-α-ethinyl estradiol (EE2) has been extensively studied and is considered a model EDC. EE2 is orally bioactive derivative of E2 that is used in many oral contraceptives approved in the U.S. since1960 ²³⁷. Recently, EE2 concentrations in sewage water effluent have increased, especially in urban areas ²³⁷⁻²³⁹. This compound

has a high binding affinity for ER α and has a longer half-life than E2 due to a slower breakdown rate. Since EE2's ER α binding affinity is close to E2 in rodents, EE2 is often used as a positive control for E2 for estrogenic EDC studies ²⁴⁰⁻²⁴².

EE2 treatment in adulthood has been studied for effects later in life. Use of EE2 as a contraceptive is associated with higher incidences of benign liver tumors, liver toxicity, and increased risk of breast cancer with higher concentrations ^{243,244}. However, EE2 may protect against ovarian cancer at relatively low doses ²⁴⁵. In energy balance, there have been studies that support change altered fat metabolism in rodents and increased weight gain in young adult women ²⁴⁶⁻²⁴⁸. Furthermore, 28-day exposure to high doses of EE2 in adult male rats exacerbates high-fat diet effects including, increased total cholesterol and glycolytic/gluconeogenic and fatty acid synthesis/oxidation processes in the liver ²⁴⁷. In the brain, EE2 exposure during adulthood lowers noradrenaline turnover rate in the POA and medial basal hypothalamus (MBH) and is protective against quinolinic acid toxicity in the hippocampus of rodents ²⁴⁹⁻²⁵¹.

IV. FR STUDIES

Epidemiology of FR

PBDE and OPFR are manufactured in products such as plastics, furniture, and electronics. Recently, FR levels have been increasing in the environment due to the wide range of products and the extensive product distribution. While PBDEs have been decreasing in Sweden, the U.S. China, and England maintain high concentrations ^{18,22,252-254}. PBDEs such as BDE-47 have been shown to bioaccumulate in marine mammals, fish, birds and humans with half-lives that last for approximately 96 hours ^{15,24,255,256}. The EPA has designated daily PBDE levels 0.1-7 ng/g of body weight as safe for humans^{15,16}. However, in the U.S., the geometric mean of BDE-47 in maternal serum

is 20.1 ng/g of lipid ²⁵³. In California alone, levels in adult human serum range between 20.8-73.0 ng/g of lipid while children serum contain 61.8 ng/g of lipid ^{257,258}. Furthermore, in Chinese populations, PBDE concentrations in placenta (15.8ng/g lipid), breast milk (13.2ng/g lipid), and fetal cord blood (1.8ng/g lipid) and neonatal urine (1.99ng/mL) with BDE-47 as one of the predominant congeners ²⁵³.

Since the early 2000's, OPFR have been replacing PBDEs in the various products policy-induced concentration limitations of 1g/kg in electronics by the European Union and few U.S. states allowing different amounts to continue being manufactured ¹⁵⁻¹⁷. OPFR concentrations continue to rise in women's breast milk (29.0ng/g), urine (0.08-68.7ng/mL), drinking water (2-15ng/L), and air contamination in offices and aircrafts ^{22,259-263}. Alarmingly, Butt and colleagues found higher levels of OPFR metabolites in the urine of toddlers paired with their mothers ²⁶⁴. With their high levels in the environment and few *in vivo* studies testing the compounds in mammals, there are pressing concerns about potential toxicity, developmental abnormalities, and other physiological alterations.

PBDE Toxicity

Due to the vast assortment of PBDE congeners, studies elucidate how FR as mixtures, active metabolites, and individually can be toxic in different tissue ^{257,265-269}. Maternal exposure at low levels (0.06 mg/kg/day) induced fetal anomalies such as decreased ossification and malformed digits on the paws of rats ²⁷⁰. Therefore, having relatively high concentrations of these compounds may negatively affect the general population in the future.

Particularly, neurotoxicity induced by PBDEs and the commercial, pentabromodiphenyl ether mixture, DE-71, have been examined for mechanism in neural cell lines and mice and through differences in neurocognitive behavior ^{265,266}. DE-71, 2,2',4,4',5-pentabromodiphenyl ether (BDE-99), and BDE-47 promote oxidative

stress and apoptosis in human neural stem cells ^{271,272}, neuroblastoma cells ²⁷³⁻²⁷⁵, hippocampal neurons ^{199,276}, cerebellar granule cells ²⁷⁶⁻²⁷⁸, and astrocytes ^{279,280} by increasing reactive oxygen species (ROS). In rodents, maternal exposure to BDE-47 led to lower spatial learning and memory, neural development and nerve pulse transmission ²⁸¹⁻²⁸³. In humans, prenatal exposure is associated with lower IQ scores and higher hyperactive behaviors ²⁸⁴. DE-71 treatment during adulthood alters frontal cortex circuitry through GABAergic and glutatmatergic systems and damages nigrostriatal dopaminergic system in mice ^{285,286}. Overall, PBDEs have the potential to impact the central nervous system.

In peripheral tissue, PBDEs also promote hepatotoxicity and nephrotoxicity. In human embryonic kidney cells (HEK293), BDE-47 also induced apoptosis by increasing ROS levels, which is suggested with elevated lactate/alanine ratios ²⁶⁷. Additionally, relatively low levels of dietary BDE-47 reduced survival rates in Chinook salmon and increased ROS levels in the kidney as well ²⁶⁸. In rats given DE-71 maternally, offspring increased hepatocyte cytoplasmic vacuolization, suggesting liver toxicity ²⁶⁹. Gestational BDE-99 induces hepatotoxicity in rats by upregulating hepatic cytochrome P450 isoforms (CYP1A1, CYP1A2, CYP3A2) and elevated ROS production in the liver ²⁸⁷. Therefore, PBDEs can be harmful throughout the body.

OPFR Toxicity

Currently, the there are few OPFR toxicity studies and most examine toxicity in cell cultures or *in vivo* working with zebrafish and chickens. In PC12 cells, TDCPP elicits concentration-dependent neurotoxicity, inhibits DNA synthesis, and alters neurodifferentiation ²⁸⁸. For example, also in PC12 cells, TDCPP decreases cell growth and gene expression of GAP43, NF-H, and tubulins (α/β) while increasing apoptosis, abnormal morphology, and CAMKII gene expression ²⁸⁹. In human embryonic, hepatic

cells, TPP activates p53 to induce apoptosis ²⁹⁰. Tri-o-cresyl phosphate (TOCP) is an isomer of TCP that has been shown to be toxic in adult hen spinal cord neurons, mice sperm cell culture, PC12 cell line, and mouse neuroblastoma cells to induce organophosphate-induced delayed neuropathy ^{288,291-294}. In zebrafish larvae, TDCPP decreases body weight, survival, heartbeat rates, and increases incidences of malformation ²⁹⁵. TPP promotes cardiotoxicity in zebrafish and reduced retinoic acid receptor gene expression ²⁹⁶⁻²⁹⁸.

FR Thyroid Disruption

The majority of PBDE studies analyze their role in disrupting thyroid function, which is involved in many growth and metabolic-related parameters. PBDE exposure is associated with reduced thyroxin (T4) in animal studies ²⁹⁹⁻³⁰¹ and heightened T4 or decreased thyroid-stimulating hormone (TSH) in humans ^{302,303}. BDE-47 inhibits thyroid hormone (TH) sulfotransferase activity (Butt, 2013). Additionally, BDE-47 changes in an assortment of gene expressions participating TH pathway enzymes ³⁰⁴. However, there are discrepancies of BDE-47 binding to thyroid receptors (TRs) ³⁰⁴⁻³⁰⁸. Thyroid responsive gene expression is affected by early BDE-47 exposure, but BDE-47 alone or in a PBDE mixture does not compete with radioactive triiodothyronine (T3) for TR β binding and did not show agonistic nor antagonistic characteristics in some studies ^{304,305}. Conversely, hydroxylated PBDEs (OH-BDEs) have been shown to activate TR β more effectively than their parent PBDEs ³⁰⁹. OH-BDE metabolites also bind to thyroid receptors in rat pituitary cell nuclear extracts and transthyretin, a thyroid hormone transport protein ^{306,310}. Thus, OH-BDEs may be the active compounds eliciting thyroid dysfunction.

Similar to PBDEs, OPFR also have effects on thyroid function. TDCPP upregulates TR gene expression while TPP augments TR protein and gene expression

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in zebrafish ^{311,312}. Zebrafish embryos exposed to TDCPP also have lower whole body T4, higher T3, and upregulation of expression in genes involved in TH metabolism, synthesis, and thyroid gland development ²⁹⁵. Additionally, TDCPP in chickens decrease free T4 in plasma ³¹³. Firemaster550, an OPFR mixture that contains TPP, increased serum T4 in pregnant mice ³¹⁴. Recently, emerging studies analyze selective PBDEs, PBDE metabolites, and OPFR having binding affinity and targeting ERs. With TR and ER-signaling pathways displaying intricate crosstalk, FR can disrupt complex interactions involved in growth, development, reproduction and energy homeostasis ^{32,33}.

FR ER Binding Affinity

FR affinity studies on ER elucidate more potential mechanisms of action. Low-MW brominated PBDEs such as BDE-47 and certain OPFR (TDCPP, TPP, TCP) bind directly to ERs, functioning as endocrine disrupting compounds ⁸⁻¹¹. Effects can differ depending on the compound (parent or active metabolite) and dose. Select hydroxylated low-brominated PBDEs such as 6-OH-BDE-47 and 6'OH-BDE-099 bind to classical ERs *in vitro* and have a longer half-life than their parents BDE-47 and BDE-99⁻⁸. 3'-OH-BDE-47 elicits agonistic estrogenic activity while 6'-OH-BDE-47 induces ER antagonistic action ^{8,9,11}. Additionally, 6-methoxylated-BDE-47 is highly antiandrogenic at 1 μ M, estrogenic at 10 μ M, and antiestrogenic at 10 and 50 μ M in cell lines ¹⁰. TDCPP, TPP, and TCP all bind to ERs *in vitro*, but there are discrepancies whether they act ER antagonist-like or agonist-like ¹²⁻¹⁴. However, FR have been shown to interact not only with ERs, but with multiple target receptors *in vitro* as well such as prename X receptor (PXR), TRs, AR, PPARs (α / γ), mineralocorticoid receptors (MRs) and glucocorticoid receptors (GRs) ^{13,14,304,311,315-322}. Therefore, potential FR mechanisms of action may affect the body in an intricate manner through multiple receptors.

Effects of FR on Reproduction

FR can elicit many alterations of reproduction. In zebrafish, DE-71 enhances gonadal development, but reduces spawning, fertilization success, hatching success, and larval survival rates ³²³. BDE-47 disrupts spermatogenesis, by inducing apoptosis of early leptotene spermatocytes in male rats ³²⁴. Concurrently, maternal exposure to BDE-47 in rats lowers serum E2 and folliculogenesis in female offspring ³²⁵. BDE-47 metabolites 5 and 6-OH-BDE-47 increase E2 secretion, ER gene and protein expression, and aromatase gene and protein expression in porcine ovary and granulosa cells ^{326,327}. Additionally, gestational exposure to BDE-99 alters preproenkephalin, *Esr1*, *Esr2*, and progesterone receptor mRNA expression in the VMH and mPOA and decrease female sex behavior in rats ³²⁸. In the serum of young girls, elevated PBDEs correlate with delayed puberty while women of reproductive age with higher blood PBDE levels are associated with less successful pregnancies ³²⁹⁻³³¹.

Regarding OPFR, TDCPP, TPP, and TCP are analyzed alone and in a FR mixture Firemaster550 (FM550), which is in many polyurethane components of furniture ^{264,332}. TPP inhibits AR in human cells ³²⁰. Tri-ortho-cresyl phosphate, a TCP isomer, lowers rat spermatogonial stem cells in male rats ²⁹³. In zebrafish embryos, OPFR treatment increases T and E2 in circulation in males and females while downregulating vitellogenin (*vtg*) in females and upregulates *vtg* gene expression in males, which is a biomarker of estrogenic activity in male fish ³²¹. Furthermore, TDCPP also heightens plasma-free T in male chicken eggs while reducing spermiation in zebrafish ^{313,333}. In adult male zebrafish, TDCPP and TPP lower fecundity, elevated plasma E2, and upregulates *gnrh2*, *gnrh3*, *fshβ*, *lhβ*, *cyp19b*, *erα*, *erβ*, and *ar* in the brain. Conversely, female adult zebrafish *gnrhr2* and *gnrhr3* mRNA expression are downregulated in the brain ^{12,311,333}. In female rats, maternal Firemaster550 exposure promotes earlier vaginal opening ³¹⁴. At high doses, butylated forms of TPP and TCP increase albumin, serum

E2, cholesteryl lipidosis in adrenal cortical and ovarian interstitial, and irregular estrous cycles in female adult rats ^{334,335}. Collectively, FR alter reproductive parameters, but additional studies are required to further characterize effects and elucidate mechanism.

FR and Metabolism

FR exhibit substantial effects on metabolism through actions on peripheral organs. In male liver microsomes, OH-PBDEs inhibit E2 glucuronidation for phase II metabolism to promote E2 bioavailability and activate PPAR γ ^{315,336}. DE-71 decreases phosphoenolpyruvate carboxykinase (PEPCK) activity while increasing liver lipid and CYP1A, CYP2B, and CYP3A in male rats ³³⁷. In human hepatic cells, BDE-47 enhances PXR and constitutive androstane receptor (CAR) activation ^{304,322}. In fact, *in vivo*, BDE-47 heightens *Cyp3a11* and *Cyp2b1* gene expression while binding and activating PXR, steroid X receptor, but not AhR in the liver of rats ³³⁸. Analysis of global gene expression when rats are maternally exposed to BDE-47 elevates groups of genes involved in carbohydrate metabolism, electron transport, lipid/fatty acid/steroid metabolism, and drug metabolizing enzymes ^{269,319}. Additionally, treatment with BDE-47 in rats at relatively higher doses for 28 days increases the number of adipocytes, lipolysis, and lowers insulin-stimulated glucose oxidation ^{301,339}. Furthermore, maternal exposure at relevant doses in the environment the same model augments plasma IGF-1 in males only while promoting higher body weight and length in males and females ^{305,319}.

With OPFR *in vitro*, FM550 components bind to PPAR_γ in human liver cells ^{317,318}. TPP activates mouse and human CAR and PXR, but inhibits glucocorticoid receptor (GR) in human liver only ³²⁰. TDCPP, TPP, and TCP all act agonist-like to PXR and antagonistic to GR in human cells ^{13,296}. High concentrations of TPP treatment on mice liver inhibit liver carboxylesterase1g, which is associated with dyslipidemia ³⁴⁰. In

zebrafish embryo and larvae, TDCPP upregulates gene expression of aryl hydrocarbon receptors (*ahrs*), PPAR α (*ppara*), *gr*, and mineralocorticoid receptor (*mr*) genes while TPP upregulates *ahr*, *pparα*, *gr*, and *mr* genes ³¹¹. Gene expression of *cyp26a1* in liver is also promoted by perinatal TPP exposure in adult zebrafish ^{13,296}. In chickens, TDCPP injected into the eggs induces cholestatic liver, biliary fibrosis, disrupts lipid and steroid metabolism. Consequences include lowering gallbladder size and plasma cholesterol while elevating circulating bile acid, gene expression Cyp3a37 and Cyp2h1. Furthermore, global gene analysis of these subjects demonstrates alterations in 313,341 apolipoprotein E, hepatocyte nuclear factor 4α , and $Ppar\alpha$ expression. Additionally, butylated TCP in female adult rats induces higher total serum cholesterol and low-density lipoprotein while butylated TPP promotes alanine transaminase ³³⁵. At PND 120, maternal exposure to FM550 in rats lowers hepatic carboxylesterase activity and increases body weight in males, male fasting blood glucose, and glucose intolerance 30 min after glucose injection in female offspring ³¹⁴. Thus, FR can affect energy balance in an expansive and diverse manner.

V. RATIONALE FOR CURRENT STUDY

Due to BDE-47, TDCPP, TPP, and TCP (or their metabolites) having the ability to bind to ERs and having neurological, reproductive, and metabolic effects, these compounds can potentially alter estrogen-responsive pathways in the regulatory ARC of the hypothalamus during adult exposures. While there is growing body of PBDE research regarding toxicity of different tissue, reproduction, and energy homeostasis in rodents, OPFR studies looking at *in vivo* mammalian models are scarce ^{314,334,335,340}. Thus far, there are no *in vivo* studies of OPFR treatment on adult male rodents examining alterations in energy balance. Additional studies examining FR not only individually, but in mixtures as well can further elucidate potential pharmacodynamics and pharmacokinetic effects. Concurrently, many studies analyzing effects of FR do not administer the treatments through daily consumption, which is the primary route of entry for most of these compounds, especially in children ¹. Therefore, in the present study, we investigated if oral dosing of BDE-47 alone or a mixture of the selected OPFR (TDCPP, TPP, TCP) affects ARC gene expression and offspring energy homeostasis in mice. The objectives of the present study were to determine 1) if the selected FR alter ARC gene expression of known E2-regulated genes in a sex-dependent manner and 2) if exposure during critical developmental periods affects sexual differentiation and growth; and 3) if that early exposure negatively affects offspring energy balance and glucose homeostasis.

VI. HYPOTHESIS

- 1) Exposure to BDE-47 and OPFR mixture (TDCPP, TPP, and TCP) in adult mice will alter ARC E2-regulated gene expression in a sex-dependent manner.
- Perinatal exposure to BDE-47 and OPFR mixture will increase body weight, adiposity, and altering glucose homeostasis in adult offspring in a sex-dependent manner.

CHAPTER 2:

EFFECT OF FLAME RETARDANTS ON ARCUATE NUCLEUS GENE EXPRESSION

ABSTRACT

Flame retardants (FR) such as polybrominated diphenyl ether (PBDE) congener 2,2',4,4'tetrabromodiphenyl ether (BDE-47) and organophosphate FRs (OPFR) persist in the environment and interact with multiple target receptors involved in energy homeostasis, including estrogen receptors (ERs). Estrogenic EDCs such as bisphenol A (BPA) disrupt homeostatic gene expression in the arcuate nucleus (ARC) of the hypothalamus, which centrally controls energy balance. However, little is known about the effects of FRs, especially OPFR. Therefore, we investigated if exposure to these FR alters adult 17- β estradiol (E2)-regulated gene expression in the ARC. Adult male and female mice were orally dosed daily vehicle (oil), 17α - ethinyl estradiol (2.5 µg/kg), BDE-47 low or high dose (1 mg/kg or 10 mg/kg), and OPFR mixture low or high dose (1 mg/kg or 10 mg/kg of tris (1,3-dichloro-2-propyl) phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP) each) for 28 days. EE2 was used as a positive estrogenic EDC control. ARC mRNA expression, weekly cumulative body weight gain, and uteri weights were measured. In male ARC, FR upregulated GhsR, Insr, Lepr, Cacna1g, -h, -i, Kcng2,-3,-5, mRNA expression while downregulating Esr1, Cart, and Npy. OPFR increased Agrp and Pomc ARC expression in males. In female ARC, BDE-47 suppressed ARC Ghsr and Cart, but augmented Insr and Cacna1g. OPFR also decreased Ghsr, Pomc, Cart, while increasing Insr and Cacna1g in females. Overall, FR more drastically influenced ARC gene expression in males than in females. These results suggest that these FR alter ARC gene expression in a sex-dependent manner in mice.

Glossary: flame retardants (FR) polybrominated diphenyl ether (PBDE),

2,2',4,4'tetrabromodiphenyl ether (BDE-47), organophosphate FR (OPFR), tris (1,3dichloro-2-propyl) phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP), estrogen receptor (ER), endocrine-disrupting compound (EDC), bisphenol A (BPA), 17- β estradiol (E2), arcuate nucleus (ARC), gestational day (GD), postnatal day (PND), anogenital distance (AGD), normal diet (ND), high-fat (HFD), neuropeptide Y (NPY), agouti-related peptide (AgRP), proopiomelanocortin (POMC), cocaine- and amphetamine-regulated transcript (CART), growth hormone secretagogue receptor (GHSR), insulin receptor (INSR), leptin receptor (LEPR)

INTRODUCTION

Recently, flame retardants (FR) such as polybrominated diphenyl ethers (PBDE) and organophosphate FR (OPFR) have become ubiquitous in the environment at high concentrations, due to their manufacturing and distribution in electronics, furniture, and plastics and their long half-lives ^{15,16,19-21}. PBDE levels in adult human sera ranges between 20.8-73.0 ng/g of lipid ^{257,258} while OPFR in urine are approximately 0.08-68.7ng/mL ^{22,264}. Production of select PBDE have been limited since the early 2000's, however, they persist in house dust and electronic waste sites and continue to bioaccumulate in the environment ^{16,24,253}. BDE-47 has been found in house dust at concentration ranges of 0.5-29 μ g/g of dust and 0.2-1798 μ g/g of dust for OPFR ^{18,22,23}. Furthermore, OPFR have been replacing the PBDE in products, but few *in vivo* studies have been carried out in mammals.

In particular, PBDE congers such as 2,2',4,4'tetrabromodiphenyl ether (BDE-47) and OPFR tris(1,3-dichoro-2-propyl)phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP) are in commercial FR including Firemaster550 (FM550) have the ability to bind to estrogen receptors (ERs) ⁸⁻¹⁴. Therefore, there is potential for these FR to act as estrogenic endocrine disrupting compounds (EDCs). Exposure to certain levels of estrogenic EDCs such as bisphenol A (BPA) and diethylstilbestrol (DES) can lead to transient and permanent changes, including altering aspects of sexual differentiation, adiposity, and insulin sensitivity ^{2,209,214-216,226}.

Due to extensive E2-regulation in the brain, disruption from exposure could potentiate a wide array of problems. Particularly, in the arcuate nucleus (ARC) of the hypothalamus, classical and nonclassical ERs control reproduction and energy homeostasis ^{44,45,51,86-88,182,187}. The ARC of the hypothalamus is crucial for integration of central and peripheral signaling such as ghrelin, insulin, leptin, and sex hormones due to its location where the blood brain barrier is incomplete ^{39,54}. POMC- and NPY-expressing

neurons in the ARC promote or inhibit food intake, respectively ^{51,54}. Estrogenic EDCs such as BPA has been shown previously to change gene expression in the ARC in male and female mice ³⁴².

PBDE have been shown to affect reproductive, metabolic, and neurocognitive parameters. PBDE alter classical E2-regulated gene expression and function in neural and gonadal tissue ³²⁶⁻³²⁸, increase adiposity in male rats ³³⁷, promote rodent neurotoxicity ^{285,286}, and lower neurocognitive performance in rodents and children ^{282,284}. Thus far, there are a number studies exhibiting PBDE inducing neurotoxicity and decreased neurocognitive behaviors in rodents, but there are no studies specifically examine PBDE, 2,2',4,4'-tetrabromodiphenyl ether (BDE-47) changing gene expression in the ARC.

Within the last few years, evidence of OPFR augmenting similar effects is growing in tissue and nonmammalian models. For example, BDE-47 and OPFR act as agonists to thyroid receptors (TRs), pregnane X receptor (PXR), androgen receptor (AR) and peroxisome proliferator-activated receptors (PPAR α and PPAR γ) in human liver cells, which promote adipocyte differentiation and affects glucose homeostasis ^{304,315-318,320,340,341}. Furthermore, there are interactions between ER, AR, PPAR γ , PPAR α , and TR signaling pathways in the brain ^{26-35,37,162}. However, only ERs, PPAR γ , and AR are found in the ARC ^{86-88,151,163,164,182}. Therefore, there is potential for FR to disrupt multiple target pathways in the ARC involved in energy homeostasis, including ERs.

When phasing out one compound and replacing it with another widely distributed products, it is crucial to identify effects that the former compound may have already inflicted and determine if the novel compound is harmful as well ¹⁵⁻¹⁷. These FR interact with ERs and disrupt neural, reproductive, and energy homeostatic gene expression and function. However, there are no known effects these particular FR on the rodent

hypothalamus *in vivo*, especially integrative ARC. Additionally, daily ingestion is the primary route of exposure for many EDCs ^{1,15,16}. Therefore, we designed a study to investigate the effects of daily orally dosing BDE-47 and a mixture of OPFR (TDCPP, TPP, and TCP) on the ARC of male and female mice at relevant environmental doses. Our hypothesis is that these FR will alter the gene expression of homeostatic genes known to be 17β -estradiol (E2)-regulated in the ARC in a sex-specific manner.

MATERIALS AND METHODS

Chemicals

2,2',4,4'-tetrabromodiphenyl ether (BDE-47) was purchased from ChemService (West Chester, PA) while Tris(1,3-dichloro-2-propyl)phosphate (TDCPP), triphenyl phosphate (TPP), and 17α-ethinyl estradiol (EE2) were purchased from Sigma-Aldrich (St. Louis, MO). Tricresyl phosphate (TCP) was purchased from AccuStandard (New Haven, CT). Each compound was dissolved in acetone before dissolution in sesame oil (Sigma-Aldrich, New Haven, CT; Spectrum, Boulder, CO). Ketamine was purchased from Henry Schein (Melville, NY, USA) and used for sedation prior to killing.

Animals.

Animal treatments are in accordance with institutional guidelines based on National Institutes of Health standards and were performed with Institutional animal Care and Use Committee approval at Rutgers University. Wild-type (WT) mice with a C57BL/6 background were bred in-house and maintained under controlled temperature (25°C) and 12/12h light/dark cycle with water and food ad libitum.

Due to the daily ingestion being the primary route of exposure for many EDCs, animals were treated with the compounds orally on a daily schedule ¹. EE2 was used as a positive control as it is a model EDC that binds to classical ERs ^{240-242,343,344}. Male and

female WT mice (n=8) were orally dosed with either sesame oil, EE2 (2.5 μ g/kg), low dose BDE-47 (BDE-1; 1mg/kg), high dose BDE-47 (BDE-10; 10mg/kg), low dose of a mixture of OPFR (OP-1; TDCPP, TPP, TCP each 1mg/kg), or a high dose of the OPFR mixture (OPFR-10; each at 10mg/kg) in peanut butter (0.5-0.6 g) for 4 weeks. The mixtures of OPFR have equal concentrations of the respective compounds. Mice were tested in adulthood and matched by weight and age. Ages for male and mice ranged from postnatal day (PND) 45 – 133 and from PND 52 – 236, respectively.

Ovariectomy

Females between 8 and 22 weeks old were bilaterally ovariectomized (ovx) using isoflurane anesthesia and no-touch technique according to NIH guidelines for Survival Rodent Surgery. Analgesic (4mg/kg caprofen (Rimadyl®)) was given immediately after surgery and one day after surgery. Animals were monitored for recovery for three days postsurgery.

Tissue Dissection and Blood Preparation

Animals were sacrificed within an hour of the final dose. After sedation with ketamine (100uL of 100mg/ml stock, i.p.) and decapitation, brains were removed and rinsed in ice-cold Sorenson's Phosphate Buffer (0.2 M sodium phosphate, dibasic and 0.2 M sodium phosphate, monobasic) for 30-60 sec. Basal hypothalamus (BH) was cut into 1-mm thick coronal rostral and caudal blocks using a brain slice matrix (Ted Pella, Redding, CA, USA) corresponding to Plates 42-47 and Plates 48-53 from The Mouse Brain in Stereotaxic Coordinates ³⁴⁵. These slices were transferred to a 50/50 RNAlater®/Pyrogard water solution and stored until microdissection at 4°C (overnight). ARC was microdissected from the BH using a dissecting microscope. Until RNA

extraction, ARC was stored at -80°C. Trunk blood collected for serum compound metabolites, and uteri weighed.

After sacrifice, whole trunk blood was stored at 4°C for 1 hr, it was centrifuged twice, once at 13000 rpm at 4°C for 30 min to remove large blood clots and finally at 13000 rpm at 4°C for 15 min to collect serum samples. Serum samples were stored at - 80 °C until LC/MS analysis. Serum levels of BDE-47 and OPFR metabolites at their high dose treatments were measured using LC/MS at EOHSI (Sample analysis was not completed at the time of the writing of the thesis).

RNA Extraction

RNA was extracted from ARC using Ambion RNAqueous® Micro Kits (Life Technologies, Inc., Carlsbad, CA, USA) according to manufacturer protocol. DNase-I treatment was used to remove genomic DNA contamination. RNA samples were tested for concentration using NanoDrop[™] ND-2000 spectrophotometer (ThermoFisher, Inc., Waltham, MA, USA). RNA quality was assessed using Agilent 2100 Bioanalyzer using RNA 6000 Nano Kit (Agilent Technologies, Inc., Santa Clara, CA, USA) with samples with a RNA integrity number (RIN)>6 were used for quantitative real-time PCR (qPCR).

Reverse Transcription

ARC cDNA was produced from 200ng total RNA using Superscript III reverse transcriptase (Life Technologies, Inc.), 4 uL 5X Buffer, 25 mM MgCl2, 10mM dNTP (Clontech Laboratories, INc., Mountain View, CA, USA), 100 ng random hexamer primers (Promega Corporation, Madison, WI, USA), 40U/uL Rnasin (Promega) and 100 mM DTT in DEPC-treated water (Gene Mate, Bioexpress, Inc., Kaysville, UT, USA) in a total volume of 20 uL. Reverse transcription protocol was set to 5 min at 25°C, 60 min at 50°C, 15 min at 70°C. cDNA was diluted 1:20 using nuclease-free water (Gene Mate) to

produce a final cDNA concentration of 0.5 ng/uL and was stored at -20°C. RNA from BH tissue containing ARC from male and female mice were used as positive controls while BH with no reverse transcriptase was used as a negative control.

Quantitative real-time PCR

ARC was analyzed by qPCR for mRNA expression of genes found to be E2regulated preliminary investigations from the in our or literature 39,46,47,54,77,86,87,103,104,106,107,136,141,142,181,182,188-190,196,198: Pomc, Cart, Npy, Agrp, Esr1, LepR, InsR, GhsR, Trpc5, Cacna1g, -h, -i, Kcng2, Kcng3, and Kcng5. Gapdh, Actb, and Hprt were used as reference genes using the geomean of the three reference genes in our calculation of relative mRNA expression. Primers were designed to span exon-exon junctions and synthesized by Life Technologies using Clone Manager 5 software (Sci Ed Software, Cary, NC, USA) (Table 1). We used 4 ug cDNA (equivalent to 2 ng total RNA) and amplified with either PowerSYBR Green master mix (Life Technologies) or Sso Advanced SYBR Green (BioRad, Inc., Hercules, CA, USA) on CFX-Connect Real-time PCR instrument (BioRad). Standard curves for each primer pair was generated using serial dilutions of BH cDNA in triplicate to determine percent efficiencies (acceptable efficiency: 90% - 110%) (Table 1). Amplification protocol for all genes was as follows: initial denaturing 95°C for 10 min (PowerSYBR®) or 3 min (Sso Advanced™) followed by 40 cycles if amplification at 94°C for 10 sec (denaturing), 60°C for 45 sec (annealing), and a dissociation step for melting point analysis with 60 cycles of 95°C for 10 sec, 65°C to 95°C (in increments of 0.5°C) for 5 sec and 95°C for 5 sec. Positive and negative controls were included in each qPCR plate design including a nuclease-free water blank. qPCR data was analyzed using comparative $\Delta\Delta C_q$ method utilizing a calibrator of cDNA diluted 1:20 from intact male BH. Values were expressed as relative mRNA expression in comparison to oil controls. We maintained a consistent threshold level that was set to

the lowest but steepest slope of the exponential curve in all plates. Linear quantity of target genes was calculated using the $2^{-\Delta\Delta Cq}$ formula ^{346,347}. Data were expressed as n-fold difference normalized to oil control.

Statistical Analysis

All data were analyzed using GraphPad Prism 6 software (GraphPad Software, Inc., La Jolla, CA, USA). Cumulative weekly body weight measurements were analyzed by repeated measures two-way ANOVA followed (treatment X time) by *post hoc* Bonferroni's multiple comparison tests between Oil and EDC groups within each time point. One-way ANOVA was used for analyzing uterine weights and qPCR data for EDC treatments in comparison to oil. All data were expressed as mean \pm SEM and significance was set at $\alpha \le 0.5$.

RESULTS

1. Cumulative Weekly Body Weight Gain

It is well documented that E2 replacement attenuates female post-ovx body weight gain ^{77,81}. Therefore, we examined if EE2 and the selected FR elicit the same effect. Due to the treatments being introduced in adulthood with subjects having already obtained a stable weight into adulthood, we observed cumulative weekly body weight gain, comparing all subsequent body weights with initial body weights. EE2, used as positive estrogenic EDC control, decreased cumulative body weight gain in males ($2.7 \pm 0.4 \text{ g}$, p < 0.05) compared to oil-treated males ($4.3 \pm 0.7 \text{ g}$) at week 4 (ANOVA: time: F(4,56) = 71.47, p < 0.0001; treatment x time: F(4,56) = 4.54, p < 0.01; Figure 1A). Additionally, OP-1-treated females had higher cumulative body weight gain ($4.7 \pm 0.7 \text{ g}$, p < 0.05) at week 4 in comparison to females treated with oil ($2.9 \pm 0.5 \text{ g}$) (ANOVA: F(2,21) = 3.53, p < 0.05; F(4,84) = 80.37, p < 0.0001; F(8,84) = 3.46, p < 0.01,

respectively; Figure 1F). However, EE2 and BDE-47 treatment did not alter cumulative body weight gain in females or males compared to their oil-treated controls (Figure 1B, C, D, & E).

2. Uterine Weights

E2 replacement is known to amplify uterine weights through ER α -mediated mechanism ^{81,348}. Thus, we investigated if these EDCs also altered uterine weights. EE2 increased uterine weight (2.2 ± 0.5 g, p < 0.01) compared to oil (0.6 ± 0.5 g). There were no significant effects of FR treatment on uterine weight at any dose (ANOVA: F(5,38) = 5.6, *p* < 0.001; data not shown).

3. Flame-retardants regulate ARC gene expression

Selected flame-retardants altered ARC gene mRNA expression in a sex-specific manner. These genes selected are primarily involved in reproduction, energy homeostasis, and neuronal excitability or are E2-responsive ^{46,86,87,89,136,141,142,181,182,188-190}. Genes analyzed were grouped based on function as receptors, ion channels, and neuropeptides. Oil was used as a negative control and EE2 as a positive estrogenic control. For each gene, all EDC treatments (EE2, BDE-1, BDE-10, OP-1, OP-10) were compared to oil in which -1 and -10 represent the dose (1 or 10 mg/kg/day).

A. Receptors: Esr1, Ghsr, Insr, Lepr

Gene expression of ARC hormone receptors for E2 (ER α), ghrelin (GHSR), insulin (INSR), and leptin (LEPR) modulate energy balance and were examined as potential targets for the selected EDCs ^{86,88,89,127,129,136,141,142,182,349}. *Esr1* mRNA expression was decreased by ~70 % in males treated with EDCs (ANOVA: F(5,41) = 31.9, p < 0.0001; Figure 2A). However, in females, there was no significant effect of EDC treatment on ARC *Esr1* mRNA expression compared to oil-treated females (Figure 2B). All EDC treatments augmented *Ghsr* gene expression in males by ~4-6-fold (ANOVA: F(5,41) = 25.2, p < 0.0001; Figure 2C). Conversely, in females, BDE-10, OP-1, and OP-10 treatments suppressed *Ghsr* expression by ~20% (BDE-10: p < 0.01; OP-1 and OP-10: p < 0.05), but there was no effect of BDE-1-and EE2-treated in females (ANOVA: F(5,41) = 4.2, p < 0.01; Figure 2D). All EDC treatments upregulated *Insr* gene expression by ~2-7-fold in males and females (ANOVA: males: F(5,40) = 11.3, p < 0.0001; females: F(5,41) = 11.2, p < 0.0001; Figure 3A & B). *Lepr* gene expression was increased by ~3-4-fold in males with all EDC treatments (ANOVA: F(5,41) = 11.9, p < 0.0001; Figure 3C). However, there was no significant difference in *Lepr* gene expression between any EDC treatment and females orally dosed with oil (Figure 3D).

B. Cation channel subunits: Cacna1g, -h, -i, Kcnq2,-3,-5, Trpc5

We also examined cation channel subunits that are involved in neuroendocrine functions ^{46,86,136,141,142,181,182,188,189}. These include calcium channel subunits (Ca_v3.1, Ca_v3.2, Ca_v3.3) that produce the T-type calcium current ^{181,188,189}; the KCNQ subunits (KCNQ2, KCNQ3, KCNQ5) that produce the M-current, a potassium current ^{86,182,196}, and the transient receptor potential 5 (TRPC5) subunit that produces non-selective cation current under the control of leptin and insulin in the ARC ^{136,141,142,181}. *Cacna1g* mRNA expression was increased in males by ~3-5-fold with all EDC treatments (ANOVA: F(5,41) = 6.3, *p* < 0.001; Figure 4A). Furthermore, all FR treatments augmented *Cacna1g* mRNA expression 3-5-fold in females with all FR treatments (*p* < 0.0001), but EE2 did not significantly affect *Cacna1g* expression (ANOVA: F(5,39) = 25.1, *p* < 0.001; Figure 4B). Except for BDE-1, all EDC treatments upregulated *Cacna1h* and *Cacna1i* gene expression ~2-4-fold (BDE-10 and OP-1: *p* < 0.01; EE2 and OP-10: *p* < 0.0001) and ~2-3-fold (p < 0.0001), respectively, in males (ANOVA: *Cacna1h*: F(5,41) = 8.2, p < 0.001; *Cacna1i*: F(5,41) = 11.5, p < 0.0001; Figure 4C & E). Conversely, in females, only EE2 increased *Cacna1h* and *Cacna1i* mRNA expression by ~30-50% (p < 0.05) (ANOVA: *Cacna1h*: F(5,41) = 4.9, p < 0.01; *Cacna1i*: F(5,42) = 4.8, p < 0.01; Figure 4D & F).

In males, EE2, BDE-10, OP-1, and OP-10 increased *Kcnq2* (BDE-10: p < 0.01; EE2, OP-1, and OP-10: p < 0.0001) and *Kcnq5* (Kcnq2: BDE-10: p < 0.01; EE2: p < 0.001; OP-1 and OP-10: p < 0.0001) gene expression by ~2-3-fold for both genes while there was no significant difference for BDE-1 treatment (ANOVA: *Kcnq2*: F(5,40) = 11.9, p < 0.0001; *Kcnq5*: F(5,39) = 8.5, p < 0.0001; Figure 5A & C). However, all EDC treatments elevated *Kcnq3* mRNA expression in males (ANOVA: F(5,41) = 13.2, p < 0.0001; Figure 5B). Gene expression for *Kcnq2*, *Kcnq3*, and *Kcnq5* were increased in females only by EE2-treatment by ~60% for *Kcnq2 and Kcnq3* (Kcnq2 and Kcnq3: p < 0.0001) and ~2-fold for *Kcnq5* expression (p < 0.001)(ANOVA: *Kcnq2*: F(5,42) = 5.6, p < 0.001; *Kcnq3*: F(5,42) = 12.0, p < 0.0001; *Kcnq5*: F(5,39) = 8.5, p < 0.0001; Figure 5D, E, & F). In males, all EDC treatments increased *Trpc5* gene expression by ~3-5-fold (ANOVA: F(5,41) = 17.7, p < 0.0001; Figure 6 A). However, in females, EE2 treatment only suppressed *Trpc5* mRNA expression by 30% (p < 0.05) (ANOVA: F(5,42) = 3.0, p < 0.05; Figure 6B).

C. Neuropeptides Npy, Agrp, Pomc, Cart

Finally, we examined ARC neuropeptides involved in energy homeostasis and reproduction, including neuropeptide Y (NPY), agouti-related peptide (AgRP), proopiomelanocortin (POMC), and cocaine- and amphetamine-regulated transcript (CART) ^{51,54}. While all EDC treatments decreased *Npy* mRNA expression by ~30-70% in males, there was no significant change for females in any treatment compared to oil

(ANOVA: males: F(5,40) = 32.2, p < 0.0001; Figure 7A & B). Only OP-10 increased *Agrp* gene expression by ~2-fold in males (p < 0.01) (ANOVA: F(5,40) = 6.2, p < 0.001; Figure 7C). In females, there were no significant effects of any EDC treatment on *Agrp* mRNA expression (Figure 7D). OP-10-treatment increased *Pomc* mRNA expression by ~2-fold in males (p < 0.001) (ANOVA: F(5,40) = 4.92, p < 0.01; Figure 8A). Interestingly, while not having a significant overall effect, OP-10-treated females had suppressed *Pomc* gene expression by ~30% in *post-hoc* analysis (ANOVA: ns, p < 0.05; Figure 8B). Finally, males orally dosed with all EDC treatments decreased *Cart* mRNA expression by ~50-70% (ANOVA: F(5,39) = 16.8, p < 0.0001; Figure 8C). Females treated with BDE-1 and OP-10 had suppressed *Cart* mRNA expression by ~30% (BDE-1 and OP-10: p < 0.05), but EE2, BDE-10, and OP-1 treatment in females had no significant differences compared to oil-treated females (ANOVA: F(5,41) = 2.7, p < 0.05; Figure 8D).

DISCUSSION

FR such as PBDE and OPFR are an emerging group of EDCs that are found at detectable levels in the environment with BDE-47, TDCPP, TPP, and TCP amongst the predominant FR detected. In the current study, we found that FR, BDE-47 and the selected OPFR (TDCPP, TPP, and TCP), had striking effects on homeostatic gene expression in the ARC, including hormone receptors, cation channels, and neuropeptides in a sex-specific manner. Specifically, these FR influenced male ARC mRNA expression more drastically than in females. Many of these genes are regulated by E2 in the ARC through multiple receptor-mediated pathways and modulate central energy homeostasis ^{44-46,51,86,87,103,182,187,188}.

In *in vitro* studies, the selected FR bind to classical ERs (ER α/β), although there are discrepancies whether or not they act as agonists or antagonists ⁸⁻¹⁴. From this

study, these FR modulate ARC genes are known to be regulated by E2. However, in addition to ERs, BDE-47 and the OPFR examined also bind to other nuclear receptors involved energy homeostasis such as AR, PPARs (α /γ), PXR, TRs, GRs and MRs in fat, liver, and kidney cells ^{10,13,14,304,311,315-320}. Similar to ERs, AR and PPARγ are also located in the ARC ^{151,163,166,169}. ERs can participate in crosstalk between PPARγ and AR in cancer cell lines in which E2 suppresses PPARγ actions in cancer and fat cells while AR activation upregulates ERβ in breast cancer cells ^{26-29,34,35,162,350-352}. However, it is currently unknown whether E2 affects PPARγ in the central nervous system and ERβ was not examined in the present study ^{27-29,34,35,162}. In future studies, FR influences on the expression of *Ar*, *Esr2*, and genes involved in various signaling pathways in the ARC could also be analyzed. Overall, there is potential for FR to affect ER signaling either directly or indirectly from crosstalk of other ARC receptors, including AR and PPARγ.

In the integrative ARC, classical and nonclassical ERs can control central energy balance ^{44-46,51,86,87,182,187}. Therefore, we analyzed known E2-regulated homeostatic genes. In the ARC, nuclear-initiated (classical) ER α/β signaling can act through estrogen response element (ERE)-dependent and ERE-independent mechanisms to control gene expression while membrane-initiated ER α/β pathways must first activated signal transduction pathways prior to controlling gene expression ^{44,45,187}. Membrane-associated ERs (mERs) also activate or inhibit secondary messenger cascades that can affect central energy homeostasis and neuronal activity ^{44,45,48,64,187}. Therefore, there are multiple-receptor-mediated ER mechanisms that FR can activate to control gene expression.

Past studies have investigated EDCs such as BPA and EE2 and their abilities to bind to ER α/β and mERs such as GPR30 or ER-X *in vitro* and alter hypothalamic gene

expression in adult mammalian models ^{5,6,201,221,223,224,353-358}. Centrally, BPA exposure during adulthood suppresses *Esr1* gene expression in the hypothalamus of male rodents ³⁵⁷. BPA treatment also increased progesterone receptor activation and gene expression in the female rodent preoptic area (POA) and ventromedial nucleus of the hypothalamus (VMH) ³⁵⁴⁻³⁵⁷. Additionally, BPA exposure also augmented kisspeptin mRNA and protein expression in anteroventral periventricular nucleus of adult female mice ²²¹. Specifically in the ARC, EE2 and BPA treatment during early puberty increased ER-labeled neurons ³. Peripherally, adult exposure to BPA in males also inhibited protein kinase B phosphorylation in skeletal muscle ²²⁴. However, little is known about effects of EDC exposure during adulthood on central homeostatic genes, specifically in the ARC. In the present study, we found that exposure to the selected FR during adulthood altered ARC gene expression of genes that are E2-responsive and involved in energy homeostasis, but it is uncertain whether they act specifically at ERs or other ARC receptors ^{204,205,207,220,221,234,235}

Cumulative body weight gain and neuropeptide ARC gene expression

FR subtly disrupted normal cumulative body weight gain in females and changed ARC neuropeptide gene expression in both sexes. At week 4, EE2 lowered cumulative body weight gain in males and OP-1-treated females gained more body weight. The fact EE2 has well-known anorectic effects coincides with decreased male body weight gain. However, OPFR affected female cumulative body weight gain in a dose-dependent manner in which only the low dose was effective. While Patisaul and colleagues (2013) have shown that perinatal OPFR treatment in females increases body weight, this finding that OPFR exposure during adulthood similarly promotes body weight gain in females is novel ³¹⁴. Since these treatment effects on cumulative body weight gain are observed toward the end of the treatment paradigm (week 4), it is possible that a longer

duration of orally dosing FR would elicit a more pronounced effect. Furthermore, anorectic neurons co-expressing POMC and CART (POMC/CART) and orexigenic neurons that express both NPY and AgRP (NPY/AgRP) in the ARC are incorporated into the central melanocortin system, which promotes or inhibits food intake downstream in other hypothalamic nuclei such as the paraventricular nucleus (PVN) ^{54,68}. Thereby, ARC neuropeptide gene expression can be linked to cumulative body weight gain.

In females, FR decreasing ARC *Cart* gene expression correlates with the higher cumulative body weight gain in OPFR-treated females since *Cart* is considered anorectic. Regarding BDE-47 treatment, it is possible that mRNA expression changes did not necessarily lead to alterations in CART protein expression due factors such as posttranslational modification. By pooling ARC from different animals within the same treatment (BDE-1) and then applying western blotting specifically for CART we could examine this possibility.

Surprisingly, in males, FR induced opposite effects in genes that are typically coexpressed in the same ARC neurons and have similar effects on food intake (POMC/CART; NPY/AgRP). Specifically, FR treatments upregulated *Pomc* and *Agrp* gene expression while *Npy* and *Cart* were downregulated in the ARC. However, the ARC has a heterogeneous population of these neurons and additional single-cell studies are required to elucidate FR effects on the activation of these particular ARC neurons ^{72,359}. Moreover, compensatory responses involved in satiety and reward signaling from neuronal projections between the ARC and other hypothalamic nuclei such as the PVN can modulate the gene expression of these neuropeptides and food intake differently ³⁶⁰⁻ ³⁶². Due to the fact that FR did not affect cumulative body weight gain in males, it is possible for that compensatory actions are more active in males. Additional investigation can examine the plausibility of this effect by double-labeling for vesicular glutamate transporter 1, glutamic acid decarboxylase 67, POMC, and NPY in the PVN after FR treatment, which would determine if FR exposure altered the density of particular innervated projections ³⁴².

Esr1 gene expression and FR receptor-mediated mechanism implications

In a sex-dependent manner, FR exposure decreases *Esr1* gene expression in male ARC. *Esr1* is expressed in rodent ARC POMC and NPY neurons ^{86,87,182}. Thus, E2 can exert its anorectic effects by activating POMC neurons and inhibiting NPY neurons ^{39,47,78,97,103}. Additionally, chronic E2 administration downregulates *Esr1*, which is the effect that we observed in the males exposed to EE2 and FR ³⁶³. Therefore, the present study supports implications for FR inducing changes in reproductive parameters such as spermatogenesis in addition to energy balance in male mice ^{292,293,324}. However, female *Esr1* gene expression was unaffected even though *Esr1* is more highly expressed in the ARC and OPFR exposure increased cumulative body weight gain in females ³⁶⁴. Whereas, it is well established that ovx promotes hyperphagia, which can be prevented by E2 replacement ⁷⁷. Therefore, the selected FR may not be acting directly on ERs.

Due to males having a higher sensitivity to the selected FR, these compounds may directly act on other receptors that are highly expressed in the male ARC such as PPAR γ and AR ^{151,159,163-166,169}. Recently, we found that OPFR exposure upregulates ARC *Ppar\gamma* expression in adult male mice, which is consistent with *in vitro* studies that demonstrate that the selected FR can act as PPAR γ agonists (unpublished data) ^{315-^{318,339}. Conversely, past studies that examine the effects of hypothalamic PPAR γ activation contradict the effects that we observed in ARC neuropeptide gene expression from FR exposure. Neural PPAR γ activation by agonists also augmented *Npy* and *Agrp* expression in the ARC of rodents. Additionally, a study by Long and colleagues (2015) suggests that PPAR γ activation in POMC neurons results in higher body weights. While} OPFR exposure upregulated *Pomc* expression in male ARC, body weight was not increased in this study ^{159,160}. However, since the ARC is a heterogeneous population and changes in *Pomc* gene expression does not necessarily equate to correlated alteration in protein expression these FR acting as PPAR_{γ} agonists is still plausible ^{72,359}.

While we had not examined the potential effects of FR on AR gene expression in the ARC, past in vitro studies support that these FR act as AR antagonists ^{10,13,320}. Androgen insensitivity (AIS) or antagonism is typically associated high levels of circulating of testosterone (T), which indirectly promotes aromatase activity in males and female rodents to produce more E2 ³⁶⁵⁻³⁷². Thus, FR could potentially affect hypothalamic *Esr1* gene expression indirectly by acting directly on ARs ³⁶⁸⁻³⁷⁰. Moreover, POMC neurons can be affected depending on the androgen and the sex of the animal in which T inhibits ARC POMC neuron activation in rodents of both sexes while dihydrotestosterone (DHT) stimulated POMC neurons in females ^{167,168,170}. However, there are also other androgens that ARs can bind to and may affect POMC activation such as dehydroepiandrosterone (DHEA). Additionally, body weight alterations are dependent on the type of global AR KO model, which could still apply to the findings in our study ¹⁷⁴. Further investigation is required to determine which receptors these FR are directly acting upon to control these alterations in ARC gene expression. These studies could include utilizing global or brain-specific PPARy, ER, or AR KO models or known receptor agonists and antagonists.

Hormone peptide receptor ARC expression

While there is no previous evidence of the selected FR directly binding to the examined peptide hormone receptors, they altered ARC *Ghsr, Insr*, and *Lepr* gene expression in a sex-dependent manner. *Ghsr* is mostly expressed on NPY neurons and

is orexigenic while both *Insr* and *Lepr* are expressed in NPY and POMC neurons and are anorectic ^{89,111,113,115,126,127,129,136,141,142,295}. Additionally, these hormone receptors are E2-regulated ^{78,89,90,122,136,141}. While not necessarily acting through ERs, FR upregulated *Ghsr, Insr,* and *Lepr* expression in male ARC, similar to EE2 treatment in the present study and E2 in past studies, but *Lepr* was unaffected in females ^{78,89,373}. This sexdependent effect could be due differential leptin blood-brain barrier permeability, in which leptin permeability is lower in females than in males ³⁷⁴⁻³⁷⁹. FR suppressed *Ghsr* while increasing *Insr* ARC expression in females. The difference in ARC *Ghsr* expression amongst males and females may be due to females having more E2 than males, which can inhibit GHSR signaling ³⁸⁰.

If FR are acting directly on PPAR_Y and/or AR, ARC *Ghsr, Insr*, and *Lepr* gene expression can be altered depending on the sex of the animal because of their high distribution in male ARC ^{10,13,320}. PPAR_Y regulates an array of genes involved in lipid metabolism, adipogenesis, glucose homeostasis, and insulin sensitivity and neural PPAR_Y signaling is necessary for the full effect of thiazolidinediones on hepatic insulin-sensitization ^{153,155,158,381}. Interestingly, global AR KO also decreases leptin signaling in the ARC and promotes insulin and leptin resistance ^{169,172,174,175}. Additionally, brain-specific AR KO suppresses hypothalamic nuclear factor-κB-mediated induction of protein tyrosine phosphatase 1B, reduces insulin sensitivity, and impairs glucose homeostasis ¹⁷¹. Therefore, additional studies examining FR binding affinity in neural tissue may be required to evaluate if these compounds centrally act as AR agonist or antagonists. Furthermore, previous studies indicate that both PPAR_Y and AR crosstalk with GHSR peripherally, but there are no studies that examine if PPAR_Y or AR activation affects GHSR signaling, especially in the brain ^{175,382-386}. Overall, FR-induced PPAR_Y or

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AR activation could possibly increase ARC *Ghsr, Insr*, and *Lepr* gene expression in males and augment ARC *Insr* gene expression in females.

Electrophysiology experiments can evaluate if ARC NPY and POMC neurons in males treated with FR are more sensitive to ghrelin, insulin, or leptin, which would correlate with the upregulation of *Ghsr*, *Insr*, and *Lepr* gene expression in males and increased *Insr* gene expression in females. However, FR-treated females may be more insensitive to ghrelin as *Ghsr* gene expression was suppressed. If circulating concentrations of these hormone peptides were also elevated, NPY and POMC neurons could be activated or inhibited, which could modulate many energy homeostatic parameters ³⁸⁷⁻³⁹². To examine the physiological implication FR exposure upregulated *Insr* gene expression in the ARC, we could utilize glucose and insulin tolerance tests or a euglycemic clamp and determine if FR treatment alters whole-body glucose homeostasis by promoting glucose clearance and/or insulin sensitivity ^{387,389-391}. Furthermore, additional studies would benefit from measuring food intake after FR treatment since NPY, AgRP, and ghrelin are considered orexigenic and POMC, CART, insulin, and leptin anorectic ^{54,78,124,393}.

Cation Channel expression in the ARC

The selected estrogen-responsive cation channel subunits are involved in the neuronal activation or inhibition ^{86,136,141,142,181-183,189,198}. These cation channels are found throughout the brain in different neurons, including ARC POMC and NPY neurons ^{86,182,192,193,196,394,395}. While AR and PPAR γ influences these cation channels in peripheral tissue such as muscle, little is known about their effects in neural tissue ³⁹⁶⁻⁴⁰¹. *Cacna1g*, *-h*, and *-i* are the gene names for T-type calcium channel subunits (Ca_v3.1, Ca_v3.2, Ca_v3.3 respectively), which induce neuronal firing and neurotransmitter release ^{181,188,189}. In addition to E2, DHEA also targets *Cacna1g*, *-i*, and *-h*, expression in brain tissue, but

it is unknown whether it is also effective in the ARC ^{181,188,189,191,397}. Transient receptor potential cation channel 5 (TRPC5) is a non-selective cation channel that induces depolarization in ARC neurosecretory neurons of rodents ^{136,141,142}. In ARC POMC neurons, E2, insulin, and leptin signaling target *Trpc5* ^{136,141,142}. The KCNQ channel subunits, KCNQ2, -3, and -5 are responsible for the M-current in the brain, which is a non-inactivating outward potassium current that stabilizes membrane potential and reduces action potential frequency ^{86,182}. Recently, we found that ghrelin also inhibits the M-current in ARC NPY neurons in mice (Yasrebi et al., In Review). Therefore, peripheral signals such as ghrelin, insulin, and leptin differentially affect these cation channels and modulate the activation of NPY and POMC neurons, which controls energy and glucose homeostasis (Yasrebi et al., In Review) ^{86,104,136,142,181,182,189,196,387,390}.

In males, FR augmented all cation channel subunits examined, which indicates that FR could potentially alter neuron excitability, although the mechanism of action is still unknown. If ARC neurons, including NPY and POMC neurons, are found to be more sensitive to ghrelin, insulin, or leptin after FR exposure by using electrophysiology, correlating with increased *Ghsr, Insr*, and *Lepr* gene expression, cation channel activation may also be influenced. In the present study, *Kcnq2, -3*, and *-5* are all upregulated by FR treatment in male ARC. If NPY neurons of FR-treated males were more sensitive to ghrelin, these neurons could downregulate *Kcnq2, -3*, and *-5* gene expression, potentially inhibiting the M-current, and more effectively and promote NPY neuron excitability (Yasrebi et al., In Review). Thereby, this effect would indicate that hunger and potentially food intake could be more readily induced in FR-treated males if there are also higher levels of ghrelin in the brain ^{70,73,263}. In ARC POMC neurons of FR-treated males is muse sensitive to males, presumably, these neurons may be more sensitive to insulin and leptin, which could promote TRPC5 gene expression or activation ^{136,142}. Overall, these actions would increase POMC neuron activity and possibly decrease food intake, depending on

neural insulin and leptin concentrations ⁵⁴. However, additional studies would confirm if FR-induced alterations in cation channels and NPY and POMC neuron activity would result in changes in aspects such as hunger and food intake ^{39,72,359}.

Conclusion

Collectively, FR alter homeostatic gene expression in the ARC of adult male and female mice, impacting males more greatly than females. Results from the current study provide insight into the effects of FR in a part of the brain that controls energy homeostasis in a mammalian *in vivo* model. Since these ARC genes regulate energy homeostasis such as food intake, energy expenditure, body composition, and glucose homeostasis, studies analyzing these parameters elucidate additional physiological effects ^{54,99,134,197,402}. However, future studies that analyze FR mechanisms that promote these effects and their physiological ramifications will greatly enhance our understanding of the impacts of FR exposure.

Gene	Accession #	Product Length	Primer Sequence	Primer Length	Efficiency (%)
Actβ	NM_007393.3	63	F:GCCCTGAGGCTCTTTTCCA	849-867	100.7
			R:TAGTTTCATGGATGCCACAGGA	890-911	
Gapdh	NM_008084.2	98	F:TGACGTGCCGCCTGGAGAAA	778-797	93.1
			R:AGTGTAGCCCAAGATGCCCTTCAG	852-875	
Hprt	NM_013556	117	F:GCTTGCTGGTGAAAAGGACCTCTCGAAG	631-658	107
			R:CCCTGAAGTACTCATTATAGTCAAGGGCAT	718-747	
ERα (Esr1)	NM_007956	107	F:GCGCAAGTGTTACGAAGTG	919-937	96.4
			R:TTCGGCCTTCCAAGTCATC	1007-1025	
Ghsr	NM_177330	122	F:CAGGGACCAGAACCACAAAC	1003-1022	123
			R:AGCCAGGCTCGAAAGACT	1107-1124	
Insr	NM_010568	89	F: GTGTTCGGAACCTGATGAC	1215-1233	114
			R: GTGATACCAGAGCATAGGAG	1686-1706	
Lepr	NM_146146.2	149	F:AGAATGACGCAGGGCTGTAT	3056-3075	104.8
			R:TCCTTGTGCCCAGGAACAAT	3185-3204	
Ca _v 3.1 (Cacna1g)	NM_009783	87	F: ACACTGGAACCGGCTTGAC	2935–2954	100.6
			R: CTGCGGAGAAGCTGACATTCTG	3059 –3078	
Ca _v 3.2 (Cacna1h)	NM_0011636 91	284	F: CTCTGGGCTTCCTTTAGTAG	2640 –2659	95.6
			R: ATCTCCCAGACGCTTATG	2906 –2923	
Ca _v 3.3 <i>(Cacna1i)</i>	NM_0010443 08	128	F: TGGGCATTTTTGGCAAGAA	965–973	104.2
			R: CAGTGCGGATGGCTGACA	1093–1110	
Kcnq2	NM_133322	171	F:GGTGCTGATTGCCTCCATTG	644-663	105
			R:TCCTTGCTGTGAGCGTAGAC	795-814	
Kcnq3	NM_152923.1	94	F:GCTGCTGGAAACCTTTGC	474-491	105
			R:ACGCCAGCCTTTGTATCG	550-567	
Kcnq5	NM_023872.2	99	F:GGGCACAATCACACTGACAAC	915-935	101
			R:GAAATGCCAAGGAGTGCGAAG	993-1013	
Trpc5	NM 009428	195	F: TGGTAGTGCTGCTGAATATG	2241-2260	103.3
			R: TGAACCAGTTGCCAAGATAG	2416-2435	
Npy	NM 023456	182	F:ACTGACCCTCGCTCTATCTC	106-125	100
			R:TCTCAGGGCTGGATCTCTTG	268-287	
Agrp	NM 007427.2	146	F:CTCCACTGAAGGGCATCAGAA	287-307	105
	001721.2		R:ATCTAGCACCTCCGCCAAA	414-432	
Pomc	NM 008895	200	F:GGAAGATGCCGAGATTCTGC	145-164	103
			R:TCCGTTGCCAGGAAACAC	327-344	
Cart	NM_013732	169	F:GCTCAAGAGTAAACGCATTCC	277-297	95
			R:GTCCCTTCACAAGCACTTCAA	425-445	

Table1. Primer list. Product and primer length are represented in number of base pairs.

Figure 1. Male and female average cumulative body weight gain. (**A**, **C**, **E**) Male cumulative body weight gain. (**B**, **D**, **F**) Female cumulative body weight gain. All data were analyzed using repeated measures two-way ANOVA (treatment X time) with Bonferroni multiple comparison test (*p < 0.05, ** p < 0.01, ***p < 0.001, **** p < 0.0001) and compared to oil unless otherwise noted. Bars represent mean \pm SEM. For all treatment and oil groups for each sex, n = 8. FR doses (mg/kg/day) are represented as - 1 or -10.

Figure 2. Male and female ARC average relative *Esr1* and *Ghsr* average relative mRNA expression. (**A & C**) Male *Esr1* and *Ghsr* average relative mRNA expression, respectively. (**B & D**) Female *Esr1* and *Ghsr* average relative mRNA expression, respectively. All data were analyzed using one-way ANOVA with Bonferroni multiple comparison test of treatments compared to oil (*p < 0.05, ** p < 0.01, ***p < 0.001, **** p < 0.001). All qPCR data were normalized to oil. Bars represent mean ± SEM. For all treatment and oil groups for each sex, n = 8. FR doses (mg/kg/day) are represented as - 1 or -10.

Figure 3. Male and female ARC average relative *Insr* and *Lepr* average relative mRNA expression. (**A & C**) Male *Insr* and *Lepr* average relative mRNA expression, respectively. (**B & D**) Female *Insr* and *Lepr* average relative mRNA expression, respectively. All data were analyzed using one-way ANOVA with Bonferroni multiple comparison test of treatments compared to oil (*p < 0.05, ** p < 0.01, ***p < 0.001, **** p < 0.0001). All qPCR data were normalized to oil. Bars represent mean ± SEM. For all treatment and oil groups for each sex, n = 8. FR doses (mg/kg/day) are represented as -1 or -10.

Figure 4. Male and female ARC average relative *Cacna1g*, *Cacna1h*, and *Cacna1i* average relative mRNA expression. (**A**, **C**, **E**) Male *Cacna1g*, *Cacna1h*, and *Cacna1i* average relative mRNA expression, respectively. (**B**, **D**, **F**) Female *Cacna1g*, *Cacna1h*, and *Cacna1i* average relative mRNA expression, respectively. All data were analyzed using one-way ANOVA with Bonferroni multiple comparison test of treatments compared to oil (**p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.0001). All qPCR data were normalized to oil. Bars represent mean ± SEM. For all treatment and oil groups for each sex, n = 8. FR doses (mg/kg/day) are represented as -1 or -10.

Figure 5. Male and female ARC average relative *Kcnq2*, *Kcnq3*, and *Kcnq5* mRNA expression. (**A**, **C**, **E**) Male *Kcnq2*, *Kcnq3*, and *Kcnq5* average relative mRNA expression, respectively. (**B**, **D**, **F**) Female *Kcnq2*, *Kcnq3*, and *Kcnq5* average relative mRNA expression, respectively. All data were analyzed using one-way ANOVA with Bonferroni multiple comparison test of treatments compared to oil (**p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.001). All qPCR data were normalized to oil. Bars represent mean ± SEM. For all treatment and oil groups for each sex, n = 8. FR doses (mg/kg/day) are represented as -1 or -10.

Figure 6. Male and female ARC average relative *Trpc5* mRNA expression. (**A**) Male *Trpc5* average relative mRNA expression. (**B**) Female *Trpc5* average relative mRNA expression. All data were analyzed using one-way ANOVA with Bonferroni multiple comparison test of treatments compared to oil (*p < 0.05, **p < 0.01, ***p < 0.001, **** p < 0.0001). All qPCR data were normalized to oil. Bars represent mean ± SEM. For all treatment and oil groups for each sex, n = 8. FR doses (mg/kg/day) are represented as - 1 or -10.

Figure 7. Male and female ARC average relative *Npy* and *Agrp* mRNA expression. (**A & C**) Male *Npy* and *Agrp* average relative mRNA expression. (B & D) Female *Npy* and *Agrp* average relative mRNA expression. All data were analyzed using one-way ANOVA with Bonferroni multiple comparison test of treatments compared to oil (*p < 0.05, ** p < 0.01, ***p < 0.001, **** p < 0.0001). All qPCR data were normalized to oil. Bars represent mean ± SEM. For all treatment and oil groups for each sex, n = 8. FR doses (mg/kg/day) are represented as -1 or -10.

Figure 8. Male and female ARC average relative *Pomc* and *Cart* mRNA expression. (**A & C**) Male *Pomc* and *Cart* average relative mRNA expression. (B & D) Female *Pomc* and *Cart* average relative mRNA expression. All data were analyzed using one-way ANOVA with Bonferroni multiple comparison test of treatments compared to oil (**p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.0001). All qPCR data were normalized to oil. Bars represent mean ± SEM. For all treatment and oil groups for each sex, n = 8. FR doses (mg/kg/day) are represented as -1 or -10.



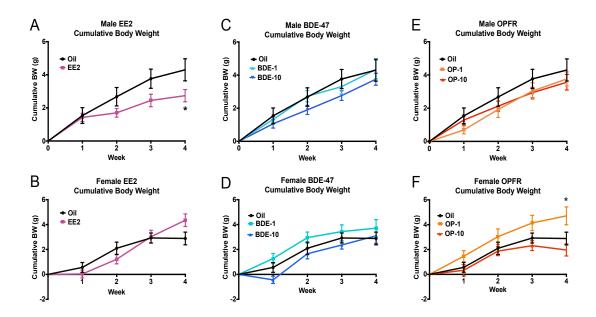


Figure 2.

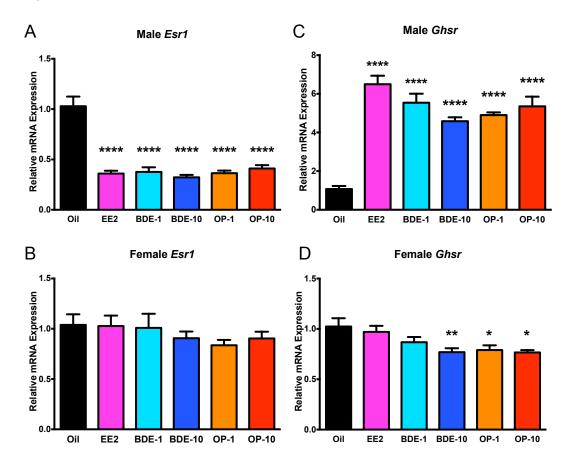


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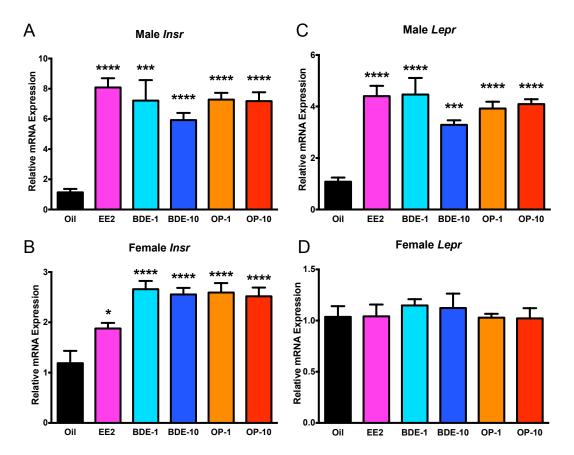


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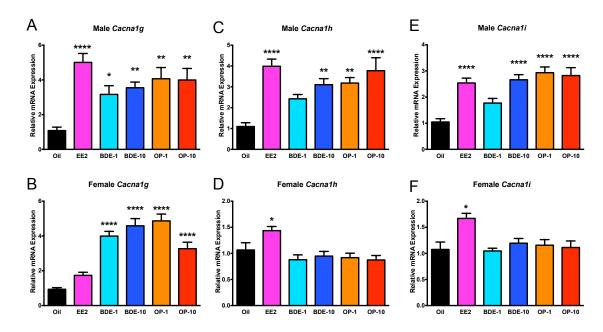


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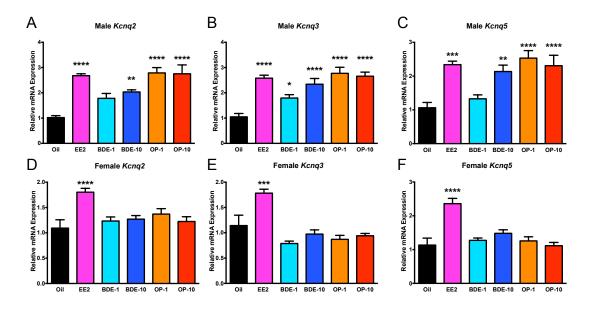
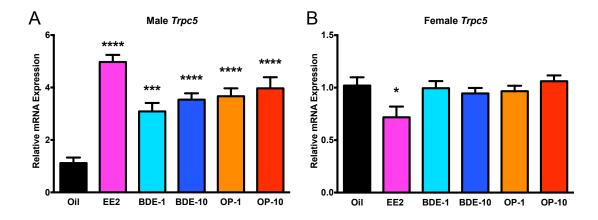


Figure 6.





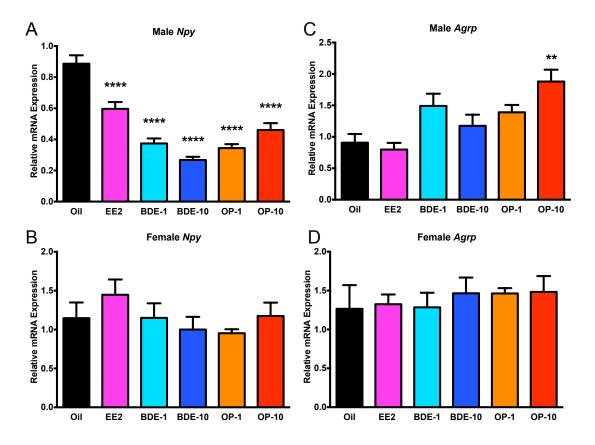
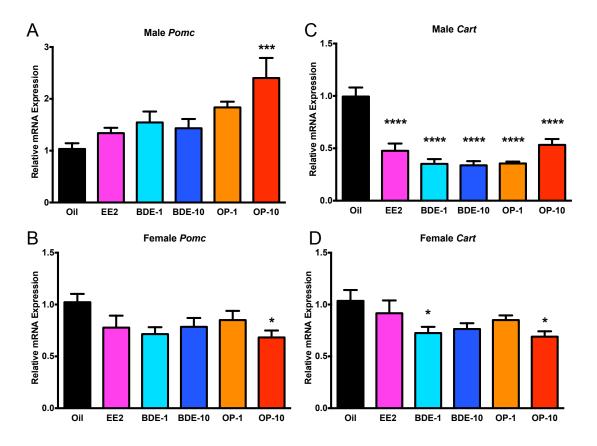


Figure 8.



CHAPTER 3:

EFFECTS OF FLAME RETARDANTS ON ENERGY HOMEOSTASIS

ABSTRACT

Flame retardants (FR) polybrominated diphenyl ether (PBDE) congener 2.2'.4.4'tetrabromodiphenyl ether (BDE-47) and organophosphate FR (OPFR) persist in the environment and interact with multiple target receptors in peripheral tissue. Developmental exposures to EDCs such as bisphenol A (BPA) alter offspring energy homeostasis, but few studies examine effects of FR. Therefore, we investigated if perinatal FR exposure disrupts energy balance in adulthood. In this experiment, pregnant mice were orally dosed daily vehicle, BDE-47 (1mg/kg), and OPFR mixture (1mg/kg of tris (1,3-dichloro-2-propyl) phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP) each) from gestational day 7 (GD7) to postnatal day (PND) 14. Pup body weights, anogenital distance (AGD), and sex ratio were measured. Weanlings were fed normal or high-fat diet (ND or HFD) and body weights and food intake were measured weekly until PND140. Adult offspring were tested for body composition, energy expenditure, and glucose homeostasis. OPFR-treated males had lower AGDs. In adulthood, FR-treated males fed a ND decreased percent fat and activity while increasing energy expenditure, and promoted glucose tolerance. When fed a HFD, FR-treated males suppressed the effects of HFD on insulin tolerance. OPFR-treated males fed HFD produced more heat and promoted glucose intolerance. BDE-47-treated males fed a HFD increased body weight gain and reduced percent lean mass. OPFRtreated females fed a ND gained more body weight and decreased blood triglycerides. OPFR-treated females fed a HFD consumed more energy and decreased uterine weight. Therefore, these data suggest that these FR alter sex differentiation during development and energy balance in adulthood in sex-dependent manner.

INTRODUCTION

Within the last few years, detectable concentrations of flame retardants (FR) in particular polybrominated diphenyl ethers (PBDE) and organophosphate FR (OPFR) have been reported in breast milk, placenta, and maternal, fetal, and toddler sera ^{253,257-261}. More concerning is the fact that levels of these compounds are elevated in toddlers when paired with their mothers ²⁶⁴. PBDE congener, 2,2',4,4'-tetrabromodiphenyl ether (BDE-47), and OPFR tris(1,3-dichloro-2-propyl)phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP) are FR that are predominantly in the environment. BDE-47 has been found in house dust at concentration ranges of 0.5-29 µg/g of dust and 0.2-1798 µg/g of dust for OPFR ^{18,22,23}.

Interestingly, BDE-47 and OPFR (TDCPP, TPP, and TCP) have binding affinities to nuclear receptors such as classical estrogen receptors (ER α/β), androgen receptors (AR), peroxisome proliferator-activated receptors (PPAR α/γ), pregnane X receptor (PXR), and thyroid receptors (TRs) *in vitro*, potentially acting as endocrine-disrupting compounds (EDCs) ^{8,13,296,306,311,315,316,320,339}. Therefore, additional studies for maternal exposure to BDE-47 in mammals are crucial for evaluating potential health conditions later in life ^{269,305,319,403}. Additionally, OPFR have hastily replaced PBDE in many respects, but few toxicological studies are analyzing long-term ramifications of early exposure to OPFR in mammalian models ³¹⁴.

The developmental origins of health and disease (DOHaD) hypothesis proposes that disruptions in the environment at early age can elicit alternative developmental changes, affecting a cohort later in life ⁴⁰⁴. These alterations during development can lead to increased risk to an assortment of diseases in adulthood. Maternal exposure to EDCs through gestation and lactation can lead to disruption of reproductive and energy homeostasis ^{210,213,234}. Studies examining bisphenol A (BPA) and diethylstilbestrol demonstrate how EDCs can sex differentiation, neural circuitry, increased adipogenesis, and other developmental programming effects when exposed at critical developmental periods ^{2,3,5,6,221,342}.

Regarding BDE-47 perinatal exposure, high BDE-47 serum levels have been associated with altered thyroid hormone levels in pregnant women and pubertal onset in young girls ^{329,331,405}. Maternal BDE-47 treatment in rats elevates higher body weight and length in males and females ^{305,319}. Global gene analysis of rat livers also given BDE-47 to dams exhibits changes in carbohydrate and lipid metabolism ³¹⁹. In rats, perinatal exposure to BDE-47 increases body weight in both sexes and elevates plasma insulin growth factor-1 and glucose uptake in male rats ⁴⁰³. However, various aspects such as dose, route of administration, species, sex, duration of exposure, and multiple receptor targets add to the complexity of how PBDE affect an experimental model.

The selected OPFR affect metabolism, gene expression, and homeostasis in non-mammalian models, but few studies exist in mammalian models. In *in vitro*, TDCPP, TPP, and TCP activate PXR, TRs, PPARα, PPARγ, and AR in rodent and human liver, fat, and kidney tissue ^{10,13,14,304,311,315-320}. However, the only maternal exposure rodent study examined the effects of a commercial OPFR mixture Firemaster550 (FM550), which contains TPP, in rats. When given maternally in rats, FM550 increased body weight in both sexes. In female mice, FM550 advanced puberty, altered glucose tolerance, and reduced exploratory behavior in females. Male rats increased fasting blood glucose. ⁴⁰³. Currently, no studies in mice have been reported.

The effect of these FR on energy homeostasis and their potential effects centrally and peripherally are still being studied. While there are numerous studies on the effect of PBDE, few studies analyze effects of OPFR exposure mammals *in vivo* and only one study treated the subjects perinatally ^{301,305,314,334,335,340,406,407}. Additionally, these potential estrogenic EDCs are commonly found in mixtures and the primary route of entry of is through ingestion. Therefore, we examined if perinatal exposure through orally dosing select estrogenic BDE-47 and OPFR mixture (TDCPP, TPP, TCP) from GD7-PND14 at relevant environmental concentrations negatively impacts developmental and metabolic parameters in mouse offspring. Our hypothesis is that perinatal exposure of these FR will increase body weight, adiposity, and altering glucose homeostasis in adult offspring in a sex-dependent manner.

MATERIALS AND METHODS

Animals.

Animal treatments are in accordance with institutional guidelines based on National Institutes of Health standards and were performed with Institutional animal Care and Use Committee approval at Rutgers University. Wild-type C57BI/6J female and male mice were bred in-house, maintained under controlled temperature (25°C) and 12/12h light/dark cycle with water and food ad libitum. Males and females were mated where males remained housed with the females for a week. Females were acclimated to peanut butter at least 3 days prior to male removal. Afterwards, female mice were orally dosed daily with either sesame oil, BDE-47 (1mg/kg), OPFR mixture (1mg/kg of each (TDCPP, TPP, TCP) in peanut butter from approximately gestational day 7 to postnatal day 14 (GD7-PND14). Dams were weighed every 3 days to ensure accurate dosing based on body weight. If dams did not produce offspring, they were untreated for a week to clear compound levels. At PND2, average litter weights were measured and the number of offspring noted. If the litter exceeded 8 pups, the excess pups were randomly culled. The sex ratio of each litter was determined between PND5-7 by comparing anogenital distances (AGDs). Litters with fewer than 4 pups were culled and not used for

the experiment. Unsexed offspring were weighed on the day of dosing termination (PND14).

On PND21, offspring were weaned, separated by sex, have AGDs measured, and given either a control normal diet (ND) (Research Diets, D12450B) or high-fat diet (HFD) (Research Diets, D12451) *ad libitum*. The dam's first litter received ND while the second litter was given HFD. Overall, 3-4 litters for each treatment and diet were bred. Weekly body weights and food intake was measured until PND140 (20 weeks).

Food Intake

From food intake (g), energy intake was calculated by the kcal/g food dietary information provided by Research Diets. Average weekly energy intake was calculated per tub per animal. From energy intake, juvenile feeding efficiency (cumulative bodyweight weeks 3-8/Energy Intake weeks 3-8) and adult feeding efficiency (cumulative body weight weeks 9-20/energy intake weeks 9-20) were calculated.

Body Composition and Energy Expenditure

At the end of the 20 weeks, EchoMRI (Echo Medical Systems, Houston, TX, USA) assessed body mass composition. Comprehensive Lab Animal Monitoring System (CLAMS) analyzed VO2, VCO2, RER, heat, and locomotor activity (Columbus Instruments, Inc., Columbus, OH, USA) for 24 hrs.

Glucose and Insulin Tolerance Tests

GTT and ITT were conducted to gauge glucose and insulin tolerance within 2-3 days in between the tests. Animals were fasted for 4 hr for both glucose tolerance tests (GTT) and insulin tolerance tests (ITT). For GTT, animals were injected of 2 g/kg glucose and for the ITT, animals were injected with 0.75 U/kg insulin, after initial tail

blood sample were collected. Blood samples were collected from the tail vein at 0, 15, 30, 60, 90, 120, and 180 minutes after administration of glucose for GTT. For ITT, blood samples were collected from the tail vein at 0, 15, 30, 60, 90, and 120 minutes. AlphaTrak glucometer (Abbott Laboratories, Abbott Park, IL, USA) was used to measure blood glucose concentration. 4% Lidocaine anesthetic cream (L.M.X.4, Cincinnati, OH) was applied to the tail 15 minutes before the incision. After sufficient recovery from the ITT (at least 2 days after), all animals were sacrificed.

Triglyceride analysis and Tissue Dissection

After subject sacrifice, trunk blood was collected in BD Vacutainer tubes coated with K2 EDTA (Becton, Dickinson & Co., Franklin Lakes, NJ) and analyzed for triglyceride levels using a CardioChek (Polymer Technology Systems, Inc., Indianapolis, IN, USA). 1uL 4-(2-aminoethyl)benzenesulfonyl fluoride hydrochloride (AEBSF; 0.1mg/mL sterile saline; Sigmal-Aldrich, New Haven, CT) for every 100uL of blood was used to inhibit blood serine protease activity. In females, uteri were dissected and weighed.

Statistical Analysis

All data were analyzed using GraphPad Prism 6c software (GraphPad Software, Inc., La Jolla, CA, USA). Cumulative weekly body weight, GTT/ITT data, and hourly VO2 consumption for each type of EDC in comparison to oil were analyzed by repeated measures multivariate ANOVA (treatment X diet X time) followed by *post hoc* analysis with Fisher's Least Significant Difference (LSD) tests between treatment group (diet and EDC) within time points. One-way ANOVA was used for analyzing PND2 litter weight, PND5 sex ratio, PND14 unsexed litter weights, PND21 AGDs, and PND21 sexed body weights for EDC treatments in comparison to oil with Fisher's LSD test *post-hoc* analysis. Body composition, night and day CLAMS measurements, energy intake, feeding efficiency, GTT and ITT AUC data, fasting glucose, and uterine weights were analyzed using two-way ANOVA (treatment X diet) followed by *post hoc* Fisher's LSD tests across diets within perinatal treatments or across diets and perinatal treatments compared to ND of the same perinatal treatment. All data were expressed as mean \pm SEM and significance was set at $\alpha \leq 0.05$.

RESULTS

1. Developmental Growth and Sex Differentiation Parameters

Growth during early development (PND2-PND21) and biomarkers of sex differentiation (AGDs) were measured. In analyzing PND2 and PND14 litter weights, PND21 body weights, PND5 sex ratios, and PND21 AGDs, all data were compared to oil. For PND2 and PND14, the animals were unsexed when measured. Samples sizes for PND2 and PND14 unsexed litter weights and litter sex ratio were as follows: oil (n = 7 litters), BDE-47 (n = 6 litters), OPFR (n = 7 litters). PND21 body weights and AGDs were measured in males and females designated. PND21 is also the day when mice were weaned and fed either a ND or HFD. Samples sizes for male and female PND21 groups were as follows: oil males (n = 24), BDE-47 males (n = 29), OPFR males (n = 28), oil females (n = 18), BDE-47 females (n = 19), and OPFR females (n = 18).

There was no effect of FR treatment in developmental growth, but OPFR-treated males exhibited modified sex differentiation. FR treatment had no effect on litter weights of unsexed pups at either PND2 or PND14 or body weights in sexed males or females at PND21 (Figure 9). There was also no effect of perinatal FR treatment on sex ratio (number of males/pups in litter) (Figure 10A). However, at PND21, males perinatally treated with OPFR had lower AGDs (6.61 ± 0.15 mm, p < 0.05) than males given oil

 $(7.174 \pm 0.18 \text{ mm})$ (ANOVA: F(2,78) = 4.19, p < 0.05; Figure 10B). There was also no significant effect of perinatal treatment on female AGDs or male mice given BDE-47 compared to oil-treated males (Figure 10B &C).

2. Average cumulative body weight gain and body weights

All average cumulative body weight gain (weekly body weight – PND21 body weight) was compared between FR treatments (FR ND and FR HFD) and oil (oil ND and oil HFD) and within each weekly time point. These measurements were taken from PND21-140. In addition to cumulative body weight gain, actual body weights at week 20 were evaluated to examine potential body weight alterations at the end of the overall study. Sample sizes for each group for males is as follows: oil ND (n=11), oil HFD (n=13), BDE-47 ND (n=16), BDE-47 HFD (n=13), OPFR mixture ND (n=15), OPFR mixture HFD (n=13). Sample sizes for each group of females is as follows: oil ND (n=9), oil HFD (n=9), BDE-47 ND (n=8), BDE-47 HFD (n=11), OPFR mixture ND (n=8), OPFR mixture HFD (n=10).

As a treatment effect, BDE-47-treated males fed a HFD gained more body weight compared to oil-treated males also fed a HFD on weeks 14-16, 19, and 20 (BDE-47 HFD vs. oil HFD, p < 0.05). In males perinatally treated with BDE-47 compared to oil-treated males, there were significant effects of time (ANOVA: F(16, 784) = 765.4, p < 0.0001), diet (ANOVA: F(1,49) = 85.3, p < 0.0001), and time x diet (ANOVA: F(16,784) = 57.2, p < 0.0001) and time x treatment (ANOVA: F(16,784) = 3.0, p < 0.0001) in cumulative body weight gain. As expected, males treated with oil and on a HFD had gained more body weight at weeks 7-20 than oil-treated males on a ND (p < 0.05). At weeks 8-20, BDE-47-exposed males fed a HFD gained more body weight (BDE-47 HFD vs. BDE-47 ND, p < 0.01). There was no significant treatment effect of BDE-47 on cumulative body weight gain in males when on a ND (BDE-47 ND vs. oil ND). (Figure 11A) However, there was no effect of BDE-47 treatment in females on cumulative body weight gain (BDE-47 vs. oil). In females perinatally treated with BDE-47 in comparison to oil-treated females there were effects of time (ANOVA: F(16,528) = 223.7, p < 0.0001), diet (ANOVA: F(1,33) = 16.2, p < 0.001), and time x diet (ANOVA: F(16,528) = 13.0, p < 0.0001) in cumulative body weight gain. Oil-treated females fed a HFD exhibited increased body weight gain at weeks 11-20 (p < 0.05) while BDE-47treated females fed a HFD gained more body weight at weeks 12-20 compared to their ND-fed counterparts (BDE-47 HFD vs. BDE-47 ND, p < 0.05). (Figure 11B)

There was also no effect of OPFR treatment in males regarding cumulative body weight gain (OPFR vs. oil). Males perinatally treated with OPFR compared to oil-treated males, had significant effects of time (ANOVA: F(16,768) = 735.9, p < 0.0001), diet (ANOVA: F(1,48) = 82.6, p < 0.0001), and time x diet (ANOVA: F(16, 784) = 47.6, p < 0.0001) in cumulative body weight gain. At weeks 6-20, males perinatally treated with oil or OPFR gained more body weight when fed a HFD than their treatment counterparts given a ND (OPFR HFD vs. OPFR ND, p < 0.05). (Figure 11C)

Conversely, OPFR-treated females exhibited higher body weight gain compared to oil-treated females when both groups were given a ND at weeks 12, 16, and 19 (p < 0.05). Females perinatally treated with OPFR in comparison to oil-treated females had effects of diet (ANOVA: F(1,32) = 19.83, p < 0.001), time (ANOVA: F(16,512) = 253.7, p < 0.0001), treatment (ANOVA: F(1,32) = 5.71, p < 0.05), and time x diet (ANOVA: F(16,512) = 13.64, p < 0.0001) in cumulative body weight gain. When fed a HFD, OPFR-treated females gained more body weight at weeks 10-20 than oil-treated females on a ND (OPFR HFD vs. OPFR ND, p < 0.05). Oil-treated females also on a HFD gained more body weight at weeks 11-20 than their ND-fed counterparts (oil HFD vs. oil ND, p < 0.05). There was no effect of OPFR treatment on females given HFD (OPFR HFD vs. oil HFD). (Figure 11D)

There was no effect of FR treatment on body weights at week 20 in males or females. At week 20, as expected, there was a significant effect of diet (ANOVA: F(1,75) = 170.1, p < 0.0001), but not for treatment or treatment x diet in male body weights. When fed a HFD, males in all treatment groups had higher body weights at week 20 (oil: 44.17 ± 1.2 g; BDE-47: 47.4 ± 0.81 g; OPFR: 44.1 ± 1.3 g; oil, BDE-47 and OPFR, p < 0.0001) compared to their ND-fed counterparts (oil: 32.5 ± 1.0 g; BDE-47: 33.3 ± 1.4 g; OPFR: 32.3 ± 1.0 g). Similar to male body weights at week 20, there was also a significant effect of diet only in female body weights (ANOVA: F(1,49) = 28.2, p < 0.0001). At week 20, females given any perinatal treatment and fed a HFD had higher body weights (oil: 26.1 ± 1.2 g; BDE-47: 26.9 ± 1.4 g; OPFR: 26.7 ± 1.3; oil and OPFR, p < 0.01; BDE-47, p < 0.001) compared to ND-fed females (oil: 21.8 ± 0.5 g; BDE-47: 21.1 ± 0.5 g; OPFR: 22.3 ± 0.8 g). (Figure 12)

4. Energy Intake and Feeding Efficiency

Energy intake and feeding efficiency (cumulative body weight/energy intake) were noted to evaluate links between energy entering the body and the efficiency of that energy being converted to gained body weight. Females treated with OPFR consumed more energy on a HFD (87.7 \pm 7.6 kcal, *p* < 0.05) compared to controls on a HFD (70.8 \pm 4.8 kcal) and to OPFR-treated females fed a ND (ANOVA: treatment or treatment x diet: ns; 66.6 \pm 5.2 kcal) (Figure 13D). There was overall a significant diet effect (ANOVA: F(1,14) = 7.32, *p* < 0.05), but no effects for treatment or treatment x diet in females regarding energy intake. There were no significant effects for female juvenile or adult feeding efficiency regarding treatment or diet (Figure 13E & F). There were also no significant treatment or diet effects in energy intake or feeding efficiency in males (Figure 13A-C).

5. Body Composition

When fed ND, percent fat in OPFR-treated males was attenuated (17.6 ± 2.0%, p < 0.05) compared to oil-treated males also given a ND (24.7 ± 3.8%) (ANOVA: treatment or treatment x diet: ns; Figure 14A). There were significant effects of diet (ANOVA: males: F(1,75) = 70.58, p < 0.0001; females: F(1,49) = 32.38, p < 0.0001), but no significant effects of treatment or treatment x diet in average male and female percent fat of body weight. HFD-fed males had increased percent fat when treated with oil (32.9 ± 1.2%, p < 0.01), BDE-47, (37.2 ± 0.7%, p < 0.0001), and OPFR (32.3 ± 1.7%, p < 0.0001) compared to ND-fed males (oil ND: 24.7 ± 3.8%; BDE-47 ND: 20.2 ± 2.6%; OPFR ND: 17.6 ± 2.0%). Percent fat was also increased in HFD-fed females compared to ND-fed females (oil: 15.7 ± 0.8%; BDE-47: 15.9 ± 1.4%; OPFR: 15.0 ± 1.2%) in oil-(28.7 ± 2.6 %, p < 0.001), BDE-47- (25.9 ± 3.4%, p < 0.01), and OPFR-treated females (23.8 ± 1.7%, p < 0.01) (Figure 14B).

Percent lean mass of body weight was altered in FR-treated mice on a HFD. HFD-fed males, regardless of treatment, had decreased percent lean mass (oil: 57.8 ± 0.8%; BDE-47: 53.3 ± 0.5%; OPFR: 59.2 ± 1.9%; p < 0.0001) in comparison to males fed a ND (oil: 68.9 ± 1.3%; BDE-47: 68.7 ± 1.5%; OPFR: 70.5 ± 1.9%). There were overall effects of treatment (ANOVA: F(2,75) = 3.65, p < 0.05) and diet (ANOVA: F(1,75) = 107.5, p < 0.0001), but not for treatment x diet in percent lean mass of body weight in males. When fed a HFD, males treated with BDE-47 had higher percent lean mass (BDE-47: 53.3 ± 0.5%, p < 0.05) compared to oil-treated males also fed a HFD (oil: 57.8 ± 0.8%). However, there were no significant effects of OPFR treatment in male percent lean mass of body weight compared to oil-treated males. In females, there was an effect of diet only (ANOVA: F(1,49) = 26.14, p < 0.0001) and not treatment or treatment x diet regarding percent lean mass of body weight (Figure 14C). Similar to the males, HFD-fed females in all perinatal treatment groups had lower percent lean mass (oil: 65.3 ± 2.4%, p < 0.05; BDE-47: 65.3 ± 3.2%, p < 0.001; OPFR: 67.6 ± 1.3%, p < 0.05) compared to ND-fed females (oil: 73.1 ± 0.8%; BDE-47: 76.4 ± 1.1%, OPFR: 74.9 ± 1.5%) (Figure 14D).

6. Energy Expenditure

Energy expenditure was analyzed amongst the parameters of oxygen consumption (VO2), carbon dioxide production (VCO2), respiratory exchange ratio (RER = VCO2/VO2), heat, and activity (X-axis and Z-axis) using two-way ANOVA. While VO2 was analyzed hourly and by average nighttime (7pm-7am) and daytime (7am-7pm) for 24 hours, all other changes in energy expenditure were reported as only average nighttime and daytime values. Hourly VO2 was analyzed with two-way ANOVA (treatment x time or diet x time). In *post-hoc* analysis, data were compared either between overall treatment or diet within each time point (hours 0-23). Average nighttime and daytime VO2 were compared between either perinatal treatment (oil, BDE-47, OPFR) or diet (ND or HFD) when using two-way ANOVA. For the hourly, nighttime and daytime measurements, data were compared between treatments (EDC vs. oil) within diet and between diets (ND vs. HFD) within EDC treatment in *post-hoc* analysis.

6a. Oxygen Consumption

FR-treated males on a HFD exhibited more striking effects in oxygen consumption than oil-treated males. Oxygen consumption (VO2) is a biomarker that reflects the amount of adenosine triphosphate (ATP) utilized in aerobic metabolism ⁴⁰⁸⁻⁴¹⁰. Therefore, if oxygen consumption increases, theoretically, so does energy expenditure. In oil-treated mice fed a HFD, males and females consumed more oxygen compared to their ND-fed controls (oil ND vs. oil HFD) at hours 2, 4, 11, 13, 14, 21, and 22 in males and at hours 7, 14, and 17 in females (Figure 15A & B). There were effects

of time (ANOVA: males: F(23,506) = 10.12, p < 0.0001; females: F(23,368) = 6.649, p < 0.00010.0001) and diet x time (ANOVA: males: F(23,506) = 2.669, p < 0.0001; females: F(23,368) = 2.13, p < 0.01) in hourly oxygen consumption of oil-treated males on a HFD compared to oil-treated males on a ND and females perinatally treated with oil fed a HFD compared to oil-treated females on a ND. BDE-47-treated males fed a HFD consumed less oxygen at hours 1, 2, 14, 17, and 20-23 compared to ND-fed males also perinatally treated with BDE-47 (BDE-47 ND vs. BDE-47 HFD; Figure 15C & D). In BDE-47-treated mice, there were effects of time in males and females (ANOVA: males: F(23,621) = 11.42, p < 0.0001; females: F(23, 391) = 6.688, p < 0.0001) and effects of diet (ANOVA: F(1,27) = 5.04, p < 0.05) and diet x time in males only (ANOVA: F(23,621)) = 1.81, p < 0.05). In OPFR-treated mice on a HFD, mice consumed less oxygen compared to ND at hours 0-5, 9, 10, 13, 14, 17, 19, and 23 for males and at hour 0 (12:00 am) for females (OPFR ND vs. OPFR HFD; Figure 15E & F). In mice perinatally treated with OPFR, there were effects of time (ANOVA: males: F(23,598) = 9.199, p < 1000.0001; females: F(23,368) = 5.471, p < 0.0001) in males and females and effects of diet in males only (ANOVA: F(1,26) = 5.00, p < 0.05) in hourly oxygen consumption, but there were no significant effects of diet x time in males or females.

Mice perinatally treated with BDE-47 had modified hourly oxygen consumption on a HFD. Overall, there were effects of time in mice fed a ND (ANOVA: males: F(23,575) = 13.78, p < 0.0001; females: F(23,345) = 5.802, p < 0.0001) and a HFD (ANOVA: males: F(23,552) = 8.457, p < 0.0001; females: F(23,414) = 8.141, p < 0.0001), and treatment x time in mice fed a HFD (ANOVA: males: F(23,552) = 2.311, p < 0.0001; females: F(23,414) = 1.70, p < 0.05) regarding hourly oxygen consumption. BDE-47-treated females on a ND consumed more oxygen compared to oil-treated females at hour 10 only (p < 0.05). When fed a HFD, mice perinatally treated with BDE-47 consumed more oxygen at hour 5 in males (p < 0.05) and at hour 15 in females (p <0.01) compared to their oil-treated counterparts that were given a HFD. However, at hours 11 and 15 in males, HFD-fed males with BDE-47 perinatal treatment consumed less oxygen in comparison to oil-treated males also given HFD (hour 11, p < 0.01; hour 25, p < 0.05). (Figure 16)

Hourly oxygen consumption was altered in OPFR-treated mice. When comparing OPFR and oil perinatal treatment, there were effects of time in ND-fed mice (ANOVA: males: F(23,552) = 8.857, p < 0.0001; females: F(23,345) = 4.358, p < 0.0001) and mice on a HFD (ANOVA: males: F(23,552) = 12.42, p < 0.0001; females: F(23,391) = 7.101, p < 0.0001) and treatment x time in ND-fed mice (ANOVA: males: F(23,552) = 1.58, p < 0.001; females: F(23,414) = 1.92, p < 0.01) and in mice on a HFD (ANOVA: females: F(23,391) = 2.320, p < 0.001). However, there was no effect of treatment x time in HFD-fed males. Additionally, there were also no overall treatment effects for males or females. When fed a ND, OPFR-treated mice consumed more oxygen at hours 4 and 5 in males (p < 0.05) and hours 7, and 13 in females (p < 0.01). Conversely, OPFR-treated females consumed less oxygen when on a HFD than females perinatally treated with oil also fed HFD at hours 16 and 17 (p < 0.05). (Figure 17)

Average daytime and nighttime oxygen consumption was changed in FR-treated males. There was an effect of diet (ANOVA: F (1,75) = 14.3, p < 0.001) in nighttime male oxygen consumption, but not treatment or treatment x diet while daytime oxygen consumption in males had no significant effects of diet or treatment x diet. Males fed a HFD and perinatally treated with BDE-47 or OPFR consumed less oxygen at nighttime compared to their treatment controls on a ND (BDE-47 ND vs. BDE-47 HFD: 2537 ± 81.60 mL/kg/hr, p < 0.05; OPFR ND vs. OPFR HFD: 2510 ± 153.1 mL/kg/hr, p < 0.01). However, oil-treated males did not have any significant diet effects during daytime or nighttime (Figure 18A & B). OPFR-treated males on a ND (OPFR ND: 2730 ± 96.16

mL/kg/hr; oil ND: 2355 ± 202.6 mL/kg/hr, p < 0.05) however, there was no overall effect of treatment on daytime oxygen consumption (ANOVA: treatment and treatment x diet: ns). Males treated with OPFR and fed a HFD consumed less oxygen during the daytime in comparison to OPFR-treated males on a ND (OPFR HFD: 2510 ± 153.1 mL/kg/hr; OPFR ND: 2937 ± 107.9 mL/kg/hr, p < 0.01) without an overall effect of diet (ANOVA: diet: ns). There were no significant effects of treatment or diet regarding night and day VO2 in females (Figure 18C & D).

6b. VCO2

Daytime carbon dioxide production was altered in FR-treated males. There were effects of diet only during the nighttime and daytime (ANOVA: night: F(1,75) = 58.44, p < 1000.0001; day: F(1,75) = 23.07, p < 0.0001) in males while there were no effects of treatment or treatment x diet. At nighttime, males in all perinatal treatment groups produced less carbon dioxide when fed a HFD (oil: 2085 \pm 36.2 mL/kg/hr, p < 0.001; BDE-47: 2099 ± 72.49 mL/kg/hr, p < 0.0001; OPFR: 2123 ± 142.8 mL/kg/hr, p < 0.0001) in comparison to ND-fed males (oil: 2812 ± 134.1 mL/kg/hr; BDE-47: 2887 ± 159.4 mL/kg/hr; OPFR: 3002 ± 138.5 mL/kg/hr). During the daytime, males perinatally treated with OPFR reduced carbon dioxide production during the daytime when on a ND compared to oil-treated males also on a ND (OPFR: 2709 \pm 125.2 mL/kg/hr, p < 0.05; oil: 2271 ± 222.6), however, there was no overall treatment effect (ANOVA: treatment or treatment x diet: ns). FR-treated males fed a HFD produced less carbon dioxide during the daytime (BDE-47: 2011 ± 44.04 mL/kg/hr, p < 0.01; OPFR: 1990 ± 128.6 mL/kg/hr, p< 0.001) compared to ND-fed in BDE-47- and OPFR-treated males (BDE-47: 2560 ± 146.3 mL/kg/hr; OPFR: 2709 ± 125.2 mL/kg/hr), but there was no diet effect in oil males. (Figure 19A & B)

There was only an effect of diet during the nighttime and daytime (ANOVA: night: F(1,49) = 25.94, p < 0.0001; day: F(1,49) = 25.8, p < 0.0001) in female carbon dioxide production and no significant effects of treatment or treatment x diet. Females in all perinatal treatment groups on a HFD reduced nighttime (oil: 2747 ± 108.3 mL/kg/hr, p < 0.05; BDE-47: 2833 ± 156.2 mL/kg/hr, p < 0.01; OPFR: 2839 ± 175.2 mL/kg/hr, p < 0.001) and daytime (oil: 2539 ± 93.87 mL/kg/hr, p < 0.05; BDE-47: 2661 ± 198.3 mL/kg/hr, p < 0.01; OPFR: 2590 ± 233.8 mL/kg/hr, p < 0.01) carbon dioxide production compared to their ND-fed controls (nighttime: oil: 3249 ± 233.4 mL/kg/hr; BDE-47: 3571 ± 138.5 mL/kg/hr; OPFR: 3749 ± 183.5 mL/kg/hr; daytime: oil: 3028 ± 210.5 mL/kg/hr; BDE-47: 3264 ± 106.3 mL/kg/hr; OPFR: 3288 ± 138.7 mL/kg/hr), but there was no significant effect of diet in oil-treated females. (Figure 19C & D)

6c. RER

Daytime substrate utilization was modified in FR-treated males. Respiratory exchange ratio (RER = VCO2/VO2) is a measurement of substrate utilization (carbohydrates vs. fat) for metabolism. If the RER is closer to 0.7, fat is primarily oxidized and if it is closer to 1.0, carbohydrates are mostly used. There was a significant effect on diet only (ANOVA: night: F(1,75) = 235.7, p < 0.0001; day: F(1,75) = 22.93, p < 0.0001) in male substrate utilization during the nighttime and daytime. During the nighttime, males in all treatment groups fed a HFD primarily oxidized fat (oil: 0.81 ± 0.01 , p < 0.05; BDE-47: 0.82 ± 0.01 , p < 0.01; OPFR: 0.84 ± 0.01 , p < 0.001) while males on a ND mostly utilized carbohydrates (oil: 1.00 ± 0.02 ; BDE-47: 0.98 ± 0.02 ; OPFR: 1.01 ± 0.01). OPFR-treated males fed a ND utilized carbohydrates during the daytime more than oil-treated males also fed a ND (OPFR: 0.99 ± 0.02 ; oil: 0.89 ± 0.08 , p < 0.05), although, there was no overall effect of treatment (ANOVA: treatment or treatment x diet: ns). HFD-fed BDE-47- and OPFR-treated males utilized fat as a fuel during the daytime

(BDE-47: 0.825 ± 0.004 , p < 0.05; OPFR: 0.84 ± 0.01 , p < 0.01) more than their ND-fed counterparts (BDE-47: 0.95 ± 0.02 ; OPFR: 0.99 ± 0.02), but there was no effect of diet in oil-treated males. (Figure 20A & B)

Females in all perinatal treatment groups had an effect of diet (ANOVA: night: F(1,49) = 144.9, p < 0.0001; day: F(1,49) = 91.41, p < 0.0001) in nighttime and daytime substrate utilization, but not an effect for treatment or for treatment x diet. In all perinatal treatment groups, females fed a HFD treatments exhibited increased RER compared to ND-fed females and used fats as their main fuel during the nighttime (oil: 0.84 ± 0.01 , p < 0.05; BDE-47: 0.84 ± 0.01 , p < 0.01; OPFR: 0.86 ± 0.02 , p < 0.01) and daytime (oil: 0.84 ± 0.02 , p < 0.001). Conversely, females in all treatment groups on a ND mostly utilized carbohydrates during the night (oil: 1.00 ± 0.04 , BDE-47: 1.04 ± 0.01 , OPFR: 1.07 ± 0.01) and day (oil: 0.98 ± 0.04 , BDE-47: 1.1 ± 0.02 ; OPFR: 1.0 ± 0.02). (Figure 20C & D)

6d. Heat

Heat production was changed in FR-treated males and females during the nighttime and daytime. Heat production was measured to determine energy output in which heat production usually increases due to carbohydrate utilization. There was an effect of diet in heat production for males during the nighttime (ANOVA: F(1,75) = 31.26, p < 0.0001), but no treatment or treatment x diet effects. At nighttime, oil- and BDE-47 treated males on a HFD, produced more heat (oil: 0.59 ± 0.02 kcal/hr, p < 0.0001; BDE-47: 0.59 ± 0.02 kcal/hr, p < 0.001) compared to their ND-fed controls (oil: 0.48 ± 0.02 kcal/hr; BDE-47: 0.51 ± 0.01 kcal/hr), but had no significant effect of diet on OPFR-treated males (OPFR HFD vs. OPFR ND). Males treated perinatally with OPFR and fed a HFD produced less heat during the nighttime compared to oil-treated males also given a HFD (OPFR: 0.53 ± 0.03 kcal/hr, p < 0.05; oil: 0.59 ± 0.02 kcal/hr), but there was no

overall effect of treatment (ANOVA: treatment or treatment x diet: ns). During the daytime, there was an effect of diet (ANOVA: F(2,75) = 4.14, p < 0.05) and treatment x diet (ANOVA: F(1,75) = 48.66, p < 0.0001) in the heat production of males. BDE-47- and oil-treated males fed a HFD produced more heat (oil: 0.56 ± 0.02 kcal/hr, 0.0001; BDE-47: 0.568 ± 0.001 kcal/hr, p < 0.0001) in comparison to their ND-fed controls during the daytime (oil: 0.40 ± 0.04 kcal/hr; BDE-47: 0.46 ± 0.01 kcal/hr), but not in OPFR-treated males. Furthermore, BDE-47-treated males on a HFD produced more heat during the daytime when fed ND (BDE-47: 0.45 ± 0.01 kcal/hr, p < 0.05) compared to oil-treated males also given a ND (oil: 0.40 ± 0.01 kcal/hr). When fed a HFD, OPFR-treated males produced less heat during the daytime (OPFR: 0.50 ± 0.02 kcal/hr, p < 0.05) than oil-treated males on a HFD (oil: 0.56 ± 0.02 kcal/hr). (Figure 21A & B)

There were effects of diet in nighttime and daytime heat production measurements for females, but no effects of treatment or treatment x diet (ANOVA: night: F(1,49) = 5.00, p < 0.05; day: F(1,49) = 6.68, p < 0.01) in females within all perinatal treatment groups. During the nighttime and daytime, oil-treated females fed a HFD produced more heat (night: 0.45 ± 0.02 kcal/hr, p < 0.05; day: 0.41 ± 0.02 kcal/hr, p < 0.05) than oil-treated females on a ND (night: 0.37 ± 0.02 kcal/hr; day: 0.34 ± 0.02 kcal/hr). However, there were no significant treatment effects in oil-treated females or effects of diet or treatment in BDE-47- or OPFR-treated females. (Figure 21C & D)

7. Activity

During the nighttime, X total activity was altered in OPFR-treated males. X total activity was determined by the number of times that a subject crossed the X-axis of the CLAMS cage. There was a significant effect of diet (ANOVA: F(1,75) = 5.73, p < 0.05) in males regarding total activity on the X-axis of the CLAMS cage (X total activity) during the nighttime, but not the daytime. For nighttime and daytime X total activity in males,

there were no significant effects of treatment or treatment x diet. When fed HFD, males perinatally treated with oil or BDE-47 had decreased X total activity during the nighttime (oil: 299 ± 44.1 counts, p < 0.05; BDE-47: 307 ± 16.2 counts, p < 0.05) compared to their treatment counterparts fed a ND (oil: 454 ± 79.0 counts; BDE-47: 443 ± 46.2 counts) while there was no effect of diet in OPFR-treated males. OPFR-treated males on a ND had decreased X total activity during the nighttime compared to oil-treated males also on a ND (OPFR: 280 ± 36.0 counts, p < 0.01; oil: 454 ± 79.0 counts), but there was no overall effect of treatment (ANOVA: treatment and treatment x diet: ns) (Figure 22A & B). There were no significant effects of diet, treatment, or treatment x diet on X total activity in females during the nighttime or daytime (Figure 22C & D).

Nighttime Z total activity was modified in FR-treated females. Z total activity was determined by the number of times that a subject crossed the Z-axis of the CLAMS cage. When perinatally treated with oil, females fed a HFD had increased Z total activity during the nighttime (HFD: 174 ± 31.3 counts, p < 0.05) in comparison to oil-treated females fed a ND (ND: 50.3 ± 22.2 counts), but there was no overall effect of diet in females (ANOVA: diet or treatment x diet: ns; Figure 23C & D). There were also no other significant diet effects in female mice perinatally treated with BDE-47 or OPFR during the nighttime. There were no significant effects of diet, treatment, or treatment x diet in Z total activity at nighttime in males. Furthermore, there were no effects of diet, treatment, or treatment, or treatment x diet during the daytime in Z total activity of females. Interestingly, there was a significant effect of treatment (ANOVA: F(2,75) = 4.21, p < 0.05) in males during the daytime, without an effect in *post-hoc* analysis. There were also no significant effects of diet or treatment x diet in Z total activity during the daytime in males. (Figure 23A & B)

8. Glucose and Insulin Tolerance

Glucose homeostasis was altered in FR-treated males. GTT and ITT were used to determine glucose and insulin tolerance. Data for these tests were analyzed regarding fasting glucose, blood glucose levels throughout the tests for each time point (15, 30, 90, 120, 180 min), and average area under the curve (AUC) blood glucose for the overall test. There was a significant effect of diet (ANOVA: F(1,75) = 17.86, p < 0.0001) on 4hour fasting blood glucose in males, no effects of treatment or treatment x diet. While there was no overall effect involving treatment, OPFR-treated males on a HFD exhibited increased blood glucose when fasted (227.2 \pm 14.2 mg/dL, p < 0.05) compared to oiltreated males also given a HFD (193.8 ± 10.3 mg/dL) (ANOVA: treatment or treatment x diet: ns). However, there were no overall effects involving treatment or in post-hoc analysis in females. When fed a HFD, males and females perinatally treated with oil or OPFR had higher fasting blood glucose (males: oil: $194 \pm 10.3 \text{ mg/dL}$, p < 0.05; OPFR: 227 ± 14.2 mg/dL, p < 0.001; females: oil: 168.0 ± 5.7 mg/dL, p < 0.01; OPFR: 186.0 ± 6.3 mg/dL, p < 0.01) than ND-fed oil-treated males or females (male: oil: 158 ± 10.1 mg/dL; OPFR: 168.8 ± 8.3 mg/dL; female: oil: 130.0 ± 17.8 mg/dL; OPFR: 156.9 ± 6.0 mg/dL), but no effect of diet in BDE-47-treated males or females. (Figure 24)

In the GTT, there was significant effects of diet (ANOVA: F(1,49) = 9.08, p < 0.05), time (ANOVA: F(6,294) = 131.0, p < 0.0001), and time x diet (ANOVA: F(6,294) = 14.94, p < 0.0001) in oil- and BDE-47-treated males, but there were no effects of treatment. Oil-treated males fed a HFD had a decrease in glucose clearance at 60-120min during the GTT (60 min, p < 0.05; 90 min, p < 0.001; 120 min, p < 0.01). In BDE-47-treated males on a HFD, glucose clearance was attenuated from 60-180min (60 min, p < 0.001; 90 and 120 min, p < 0.001; 180 min, p < 0.01). There were no effects of treatment or any interactions involving treatment for BDE-47- and oil-treated males. (Figure 25A)

OPFR-treated males were more glucose tolerant on a ND and glucose intolerant when fed a HFD in comparison to their oil-treated counterparts. There were significant effects of diet (ANOVA: F(1,48) = 23.62, p < 0.0001), time (ANOVA: F(6,288) = 137.2, p < 0.0001), time x diet (ANOVA: F(6,288) = 20.70, p < 0.0001), and treatment x diet (ANOVA: F(1,48) = 8.00, p < 0.01) in the GTT of OPFR- and oil-treated males. In males perinatally treated with oil, glucose clearance was attenuated from 60-120 min (60 min, p < 0.05; 90 min, p < 0.001; 120 min, p < 0.01). OPFR-treated males on a HFD had lower glucose clearance at 30, 120, and 180 min time points (30 min, p < 0.05; 120 and 180 min, p < 0.01) compared to oil-treated males also given a HFD. Furthermore, males treated with OPFR and given a ND demonstrated higher glucose clearance compared to oil-treated males on a ND at 60 and 90 min time points (60 min, p < 0.01; 90 min, p < 0.05). OPFR-treated males fed a HFD exhibited a decrease in glucose clearance from 30-180 min compared to their ND-fed counterparts (30 and 180 min, p < 0.001; 60, 90, and 120 min, p < 0.001). (Figure 25B)

Glucose tolerance was modified in males perinatally treated with FR. There were effects of diet (ANOVA: F(1,75) = 3.824, p < 0.0001) and treatment x diet (ANOVA: F(2,75) = 3.82, p < 0.05) in average glucose clearance (AUC) over the course of the GTT in males. OPFR-treated males had lower glucose clearance compared to oil-treated males when both groups were on a HFD (OPFR: 105071 ± 6289.3 mg/dL• min, p < 0.05; oil: 86735 ± 4772.1 mg/dL• min). BDE-47- and OPFR-treated males fed a HFD demonstrated a decrease in glucose clearance (BDE-47 HFD: 91198 ± 7928.1 mg/dL• min, p < 0.001; OPFR HFD: 105071 ± 6289.3 mg/dL• min, p < 0.0001) compared to NDfed males given the same perinatal treatment (BDE-47 ND: 62297 ± 4324.5 mg/dL• min; OPFR ND: 56801 ± 4860.7mg/dL• min), but there was no significant effect of diet in oiltreated males. (Figure 25C) BDE-47-treated females exhibited a subtle change in glucose tolerance when fed a HFD. When analyzing glucose tolerance at each time point, there were overall effects of diet, but not in *post-hoc* analysis. Throughout the GTT, females perinatally treated with BDE-47 in comparison to oil-treated females had effects of diet (ANVOA: F(1,33) = 11.53, p < 0.01) and time only (ANOVA: F(6,198) = 102.26, p < 0.0001) (Figure 25D). In comparison, the glucose clearance between groups perinatally treated with OPFR and oil in females, there were only effects of diet (ANVOA: F(1,32) = 6.03, p < 0.01), and time (ANOVA: F(6,192), p < 0.0001) (Figure 25E). However, females exhibited an effect of diet only (F(1,49) = 14.37, p = 0.0004) in average glucose clearance (AUC) for the entire GTT. Females treated with BDE-47 and fed HFD had higher average glucose clearance (62223 ± 4886.1 mg/dL• min, p < 0.01) than BDE-47-treated females given a ND (42193 ± 3552.4 mg/dL• min), but there were no effects of diet for oil- or OPFRtreated females (Figure 25F).

BDE-47-treated males fed a HFD had improved insulin tolerance in comparison to oil-treated males given the same diet. In ITT, there were significant effects of diet (ANOVA: F(1,49) = 24.33, p < 0.0001), time (ANOVA: F(5,245) = 20.70, p < 0.0001), and treatment x diet (ANOVA: F(1,49) = 4.4, p < 0.05) when comparing oil- and BDEtreated males. As a treatment effect, BDE-47-treated males had higher insulin-induced glucose clearance at 15, 30, and 90 min time points (90 min, p < 0.05; 15 and 30 min, p < 0.01) compared HFD-fed males perinatally treated with oil. BDE-47-treated males on a HFD had increased insulin-induced glucose clearance at 0 and 120 min time points (0 min, p < 0.05; 120 min, p < 0.01). Additionally, males perinatally treated with oil and fed a HFD exhibited decreased insulin-induced glucose clearance from 0-120 min (0 min, p < 0.01; 15, 30, and 90 min, p < 0.0001; 60 min, p < 0.001) compared to their ND-fed Similar to the BDE-47 males, insulin tolerance was ameliorated in OPFR-treated males on a HFD. In ITT, there was an effect of diet (ANOVA: F(1,48) = 26.18, p < 0.0001), time (ANOVA: F(5,240) = 17.31, p < 0.0001), and treatment x diet (ANOVA: F(1,48) = 7.58, p < 0.01), and treatment x diet x time (ANOVA: F(5,240) = 3.83), p < 0.01) when comparing OPFR- and oil-treated males. OPFR-treated males given HFD exhibited increased insulin-induced glucose clearance compared to oil-treated males also given HFD from 15-120 min (15, 30, 60 and 120 min, p < 0.05; 90 min, p < 0.01). At the 120 min time point of the ITT, OPFR-treated males fed ND had recovered from the insulin challenge more quickly than oil-treated males given ND (p < 0.05). Males treated with OPFR and fed a HFD had decreased insulin-induced glucose clearance compared to oII-treated males on a ND. In oil-treated males also fed a HFD, insulin-induced glucose clearance was attenuated from 0-120 min (0 min, p < 0.05; 60 min, p < 0.01; 15, 30, 90, 120 min, p < 0.001). (Figure 26B)

Overall, insulin tolerance was promoted in FR-treated males on a HFD. In ITT, there were effects of diet (F(2,71) = 3.79, p < 0.01) and treatment x diet (F(1,71) = 18.35, p < 0.0001) on average insulin-induced glucose clearance (AUC) in males. However, while HFD-fed males perinatally treated with oil had decreased insulin-induced glucose clearance (25587 mg/dL• min ± 1520.8, p < 0.0001) compared to oil-treated males fed a ND (14578 ± 1598.3 mg/dL• min), there were no effects of diet in BDE-47- or OPFR-treated males. When given HFD, BDE-47- and OPFR-treated males had increased insulin-induced glucose clearance (BDE-47: 20123 ± 1749.2 mg/dL• min, p < 0.05; OPFR: 18775 ± 1644.8 mg/dL• min, p < 0.01) compared to oil-treated males fed a HFD (oil: 25587 ± 1520.8 mg/dL• min). (Figure 26C)

Conversely, there were no treatment or diet effects in in insulin tolerance upon *post-hoc* analysis in females given any perinatal treatment. In ITT, there were significant

effects of time (ANOVA: F(5,165) = 53.20, p < 0.0001) and time x diet only (ANOVA: F(5,165) = 2.91, p < 0.05) when comparing oil- and BDE-47-treated females (Figure 26D). There was an effect of time only (ANOVA: F(5,160) = 57.36, p < 0.0001) in ITT when comparing OPFR-treated and oil-treated females (Figure 26E). There were also no significant effects for diet, treatment, or treatment x diet in average glucose clearance (AUC) for the ITT with any perinatal treatment in females (Figure 26F).

8. Triglycerides and terminal uterine weights

Circulating triglycerides were measured at the time of sacrifice as a biomarker for alterations in fat metabolism ^{149,411,412}. There were significant effects of treatment and treatment x diet (F(2,49) = 4.13, p < 0.05; F(2.46) = 5.50, p < 0.05, respectively) in terminal female triglyceride levels (Figure 27B). OPFR-treated female blood triglyceride levels were attenuated (42.6 ± 3.9 mg/dL, p < 0.05) in comparison to oil-treated females (53.1 ± 1.4 mg/dL) when both groups were fed a HFD. Additionally, OPFR-treated females on a HFD had suppressed blood triglyceride levels (42.6 ± 3.9 mg/dL, p < 0.05) compared to females also treated with OPFR and given a ND (55.6 ± 1.8 mg/dL). Conversely, there were no significant effects of diet or treatment in BDE-47-treated females. There were also no significant effects of diet or treatment in terminal blood triglyceride levels of males (Figure 27A).

Terminal uterine wet weights were measured in females. In past studies, E2 promotes uterine growth while HFD reduces uterine contractility ^{77,81,413}. Therefore, we examined if either one of these factors of an interaction between them altered uterine weights, but terminal uterine weights (uterine weight/body weight) did not exhibit overall effects of treatment, diet, or treatment x diet. However, OPFR-treated females on a HFD had reduced uterine weights ratios (3.2 ± 0.2, p < 0.05) in comparison to oil-treated

females also given a HFD (4.3 ± 0.6) (ANOVA: treatment or treatment x diet: ns). There were no other significant effects of treatment in BDE-47-treated females. (Figure 27C)

DISCUSSION

PBDE are found in baby products such as baby bottles and strollers, but levels have recently been limited in products ^{16,17}. Primarily, OPFR have replaced PBDE in these widely distributed products, but few studies have examined these compounds at relevant levels, in mammalian models during critical developmental periods ^{269,281,305,314,319,403}. BDE-47 and the selected OPFR (TDCPP, TPP, and TCP) are amongst the predominant FR in the environment ^{18,22,23}. Additionally, EDC mixtures are useful to evaluate potential synergistic or additive effects of these compounds and previous studies have analyzed OPFR mixtures such as Firemaster550 (FM550), which contains TPP. Past studies analyzed EDCs such as DES, BPA, and polychlorinated biphenyls (PCBs) acting obesogenic when exposed during critical developmental windows to change development, feeding behavior, body composition, energy expenditure, and fat metabolism in adulthood ^{7,204,205,207,220,221,235,342,414}. However, there are few studies that analyze energy homeostatic effects of perinatal exposure to these FR, especially OPFR, in mammalian models ^{269,305,314,319,403}.

In the present study, perinatal exposure to the OPFR mixture decreased male AGDs during development. In adulthood, these FR amplified effects of HFD in both sexes, but elicited more striking effects on male energy balance and glucose homeostasis. Furthermore, FR promoted negative energy balance in males and positive energy balance in females when given ND. Therefore, FR alter development and energy homeostasis in a sex-dependent manner.

Developmental Growth and Cumulative Body Weight Gain in adulthood

Despite past studies demonstrating perinatal treatment of BDE-47 and FM550 increased body weight and length in male and female offspring during development, FR had no effect on developmental growth ^{314,403}. However, in the case of BDE-47, the concentrations were lower than the ones tested in the current study and the route and frequency of administration varied. Additionally, while FM550 was administered in a similar fashion, the OPFR mixture in this study is composed of different compounds and was given for a longer period of time, which could have produced alternative results.

Regarding cumulative body weight gain, there were diet effects that were apparent in male offspring earlier (week 6) than in females (weeks 10-11), wherein mice fed a HFD gained more body weight. As a treatment effect, females exposed to OPFR on a ND and BDE-47-treatment males fed a HFD gained more body weight. However, there were no treatment effects in body weight at week 20 for males or females compared to their same-sex controls. Thus, although body weights were relatively normal during early development, FR altered cumulative body weight gain, but not actual body weight in adulthood. These FR interact with multiple receptors involved in energy balance centrally and peripherally, including classical ERs (ER α/β), but also with AR, PPARs (α/γ), PXR, and TRs in liver, kidney, and fat cells. ^{10,13,14,304,311,315-320}. Therefore, the selected FR may modulate energy homeostasis as a gross anatomical result of these receptor interactions and their physiological mechanism ^{8-11,10,13,14,304,311,315-320}. Between the potential for multiple receptor targets and crosstalk amongst receptor signaling, these compounds may affect growth, development, and metabolism in a complex manner ^{26-33,35,37}.

Biomarkers of sex hormone action: AGD and uterine weight

While there were no differences in FR litter sex ratios, males treated with OPFR exhibited lower AGDs at PND21. Past studies of OPFR exposure during pregnancy exhibit changes in reproductive function such as average pubertal onset in offspring rats ³¹⁴. Furthermore, OPFR have been shown to interact with classical ERs and AR *in vitro* and alterations in sex hormone levels or actions could lead to disruption in sex differentiation ^{8,12-14,311,415}. Despite discrepancies whether the examined OPFR act as classical ER agonists or antagonists ^{12-14,274}, TPP consistently act as an AR antagonist in human cells ^{13,320}. Therefore, it is plausible that OPFR treatment during development could produce lower AGDs in males as a result of AR antagonism ^{178,416}.

However, in HFD-fed females, perinatal OPFR treatment decreased terminal uterine weight in comparison to oil-treated females given the same diet. Hypertrophic growth of the uterus is a well-known marker of indirect ER-signaling and was examined at the time of sacrifice ^{81,348}. In adult female rats, Latendresse and colleagues (1993, 1995) found that high doses of butylated TPP and TCP increase serum E2. Conversely, TDCPP potentially acts as a classical ER antagonist, which may attenuate endogenous uterine hypertrophy ^{12,13,334,335}. Additionally, females perinatally treated with OPFR on a HFD had lower uterine weights compared to oil-treated controls on the same diet, independent of changes in whole body weights. Previously, food restriction alters uterine growth with an association to obesity in adult offspring ⁴¹⁷. While not restricting food intake, there is a link between uterine weight and diet, but additional studies would need to clarify effects of HFD on uterine growth. Currently, studies have only analyzed HFD impacting uterine activity, although, lack of uterine activity could potentially result of reduced uterine growth ⁴¹³. Therefore, further investigation is required to understand this interaction with the chosen OPFR, sex hormones, and HFD.

Energy balance alterations in adult offspring

The known FR-sensitive nuclear receptors, have primary roles in energy homeostasis, which can be evaluated by measuring their effects on energy intake, energy expenditure, body composition, glucose homeostasis, and body weight $^{30,79,82,85,153,155,158,161,172-176,393,409,418-425}$. Regarding negative energy balance effects, PPAR α is known to directly induce fat metabolism and TR is known to increase catabolism while ER α and AR typically elicit these effects indirectly to promote weight loss, fat oxidation, and energy expenditure $^{30,79,82,85,155,172-176,418-422}$. Conversely, PPAR γ and PXR favor positive energy balance by increasing body weight, fat mass and uptake, and food intake $^{153,155,158,161,423-425}$. PPAR γ directly promotes fat uptake and accumulation while PXR more indirectly impacts energy balance. All of these receptors can be found centrally and in peripheral tissue such as liver, fat, and kidney 49,50,153,155,422,426,427 . Therefore, FR could potentially affect energy homeostasis in a multitude of ways by targeting these receptors.

In the present study, males were more susceptible to changes in energy balance from perinatal FR exposure by altering body composition, energy expenditure, and glucose homeostasis. However, due to FR being an emerging EDC group, there are few studies that analyze perinatal FR treatment effects on energy homeostasis and there are currently no studies that analyze the effects of FR on energy expenditure ^{269,305,314,319,403}. Negative energy balance was induced in OPFR-treated males by demonstrating increased oxygen consumption (VO2), carbon dioxide production (VCO2), heat production, and carbohydrate utilization (RER) during the day, overall leading reduced fat accumulation. In particular, decreased percent body fat in OPFR-treated males was unexpected because OPFR treatment *in vitro* increases adipocyte differentiation and hepatic PPARγ activation ^{317,318}. Thus, these findings emphasizes the importance of *in vivo* adult and perinatal exposure models, which account for compensatory mechanisms throughout the body to maintain homeostasis ³⁹³. Additionally, these OPFR were administered in a mixture, which complicates the elucidation of the receptor-mediated mechanism. Therefore, these effects of this OPFR mixture on energy balance, especially concerning energy expenditure, are novel.

Furthermore, these FR also promote positive energy balance in males. Regarding energy expenditure, when fed a HFD, males given both FR treatments had decreased oxygen consumption and OPFR-treated males on a ND reduced nighttime activity in comparison to oil-treated males given the same diet. At least in BDE-47-treated males on a HFD, these alterations in energy expenditure lead to decreased percent lean mass. These effects of FR promoting positive energy balance are consistent with our finding that BDE-47-treated males fed a HFD also gained more body weight. A previous study by Suvorov and Takser (2010) also supports the promotion of positive energy balance from perinatal BDE-47 exposure in which this treatment modifies hepatic carbohydrate and lipid metabolism in rat offspring ³¹⁹. Since there are currently no reports of FR-induced changes in energy expenditure, especially in combination with different diets, further investigation of FR effects peripherally and centrally, especially in the hypothalamus, are required.

Centrally and peripherally, food intake, energy, and glucose homeostasis is regulated, which can lead to alterations body weight ^{68,428}. The hypothalamus controls glucose homeostasis, insulin sensitivity, and hepatic glucose production, containing glucose-sensing neuron populations in the ventromedial hypothalamus (VMH), lateral hypothalamus (LH), and arcuate nucleus (ARC) ^{68,388,389,429}. In particular, the ARC is positioned in which its axon terminals are where the blood-brain barrier is incomplete, able to receive input from peripheral satiety signals such as glucose, insulin, leptin, and EDCs ⁵⁴. The ARC has at least two populations of neurons that mediate feeding and participate in the melanocortin system, including neurons that express neuropeptide Y

(NPY) and agouti-related peptide (AgRP) and neurons that express proopiomelanocortin (POMC) and cocaine- and amphetamine-regulated transcript (CART). POMC/CART neurons are considered anorectic and glucose-excited while NPY/AgRP neurons are typically orexigenic and glucose-inhibited ^{54,390,430-432}. Through the inhibition of closure of ATP-sensitive potassium (KATP) channels in POMC neurons, whole-body glucose was impaired when challenged with a systemic glucose load, exhibiting the importance of POMC as a glucose-sensing neuron ³⁹⁰. Peripheral hormones such as insulin and leptin can activate POMC neurons and suppress activity in NPY neurons through the mediation of these KATP channels to control energy expenditure, locomotor activity, glucose homeostasis, insulin sensitivity, and hepatic glucose production, but little is known about the effects of perinatal FR treatment on these parameters ^{136,142,269,305,314,319,391,392,403,433-437}

Additionally, FR-treated males had altered glucose homeostasis. Males treated with OPFR and on a HFD had reduced glucose clearance when systemically challenged with a glucose load. In male rats, perinatal FM550 increases fasting blood glucose, which coincides with higher glucose intolerance ³¹⁴. When challenged with an insulin load, FR-treated males fed a HFD and OPFR-treated males on a ND improved glucose clearance. In past studies, perinatal BDE-47 elevates plasma IGF-1 and glucose uptake in male rats, which support that insulin-induced glucose clearance amelioration in males, but this parameter has not been directly tested in OPFR ⁴⁰³. Improved insulin-induced glucose clearance in perinatally FR-treated males could signify increased insulin sensitivity, but future studies using a euglycermic clamp can confirm this speculation. If perinatal FR treatment in males improves insulin sensitivity, FR may have also affected hepatic glucose production in these males ^{387,389,391,392}. Further investigation could determine if FR induces its potential effect on hepatic glucose centrally and/or

In OPFR-treated females fat metabolism may be altered. OPFR lowered terminal blood triglycerides in females when a HFD, indicating a treatment effect and effect of the interaction of treatment and HFD. Decreased blood triglycerides could suggest an alteration in fat metabolism, which is supported by the fact that these females mostly utilized fat ^{411,412}. Females given both HFD and OPFR treatment also consumed more energy than their oil counterparts given the same diet, which would normally promote positive energy balance. However, there was not a significant effect of cumulative body weight gain, body weight at week 20, or percent body fat compared to females fed HFD and perinatally treated with oil. Therefore, it is plausible that both fat oxidation and adipogenesis are both augmented and homeostasis in body weight and body composition are consequently maintained ^{317,318}.

In previous studies, OPFR have been shown to alter fat metabolism ^{13,296,311,316-} ^{318,320,338,340,341}. In *in vivo*, TPP elevates liver triglycerides in male mice and dyslipidemia in chicken embryos ^{340,341}. In *in vitro* studies, TDCPP, TPP, and TCP affect PPAR γ , PPAR α , and TR signaling in liver and fat tissue of rodents, pigs, and humans ^{13,296,311,316-} ^{318,320}. Specifically, PPAR γ is known to facilitate fat synthesis and uptake while PPAR α and TR induces fat catabolism ^{438,439}. Since PPAR γ , PPAR α , and TR all interact with OPFR, possibly HFD and OPFR are simultaneously stimulating fat accumulation through PPAR γ and fat oxidation through PPAR α and TR. Furthermore, PPAR γ and PPAR α agonists are found to participate in HFD-induced inflammation through macrophages ^{440,441}. Therefore, OPFR treatment and HFD may overall promote energy homeostasis in females through fat metabolism and the immune system, but further investigation of these genes, proteins, and pathways after OPFR treatment would have to be examined to confirm this concept.

Implications for future studies

Overall, while we have observed sex-dependent effects of perinatal FR exposure on energy homeostasis, the next step would be to test for central and peripheral mechanisms of action that elicit these effects. Interestingly, FR interact with ER, PPARγ, and AR are receptors that are distributed centrally in the hypothalamus and peripherally in tissue such as fat, muscle, and liver ^{86,88,153,155,158,166,182,240}. Previous studies demonstrate that long-term E2 treatment decreases *Npy* expression in the hypothalamus, lowering food intake ⁹⁹⁻¹⁰¹. Global ERα knockout (KO) prevents POMC upregulation and anorectic effects of leptin and insulin to induce feeding in female mice ⁹⁴. Peripherally, ERα KO mice are hyperphagic and have decreased energy expenditure and altered glucose homeostasis ⁷⁹⁻⁸⁵. However, males were more greatly affected by FR treatment, diet, or the interaction between the two factors and ER are more highly expressed in females ³⁶⁴. Therefore, it is possible that FR are acting directly on PPARγ and AR due to their high distribution in male ARC ^{151,159,163-166,169}.

Past *in vitro* studies in peripheral tissue suggest that the selected FR act as PPARγ agonists ^{315-318,339}. In previous studies, PPARγ activation by agonists also augmented *Npy* and *Agrp* gene expression in the ARC of rodents ¹⁵⁹. Central PPARγ signaling is also necessary for the full effect of systemic thiazolidinediones on hepatic insulin-sensitization ³⁸¹. Additionally, PPARγ deletion in POMC neurons elevates energy expenditure while decreasing body weight and food intake ¹⁶⁰. While these studies support the FR- and diet-induced positive energy balance effects in this study, it does not account for the effects the promoted negative energy balance.

Conversely, androgens can differentially influence POMC neuronal activation depending on the sex and androgen, indicating that potential FR interaction with AR could elicit effects that induce both positive and negative balance effects. Testosterone

(T) inhibits ARC POMC neuron activation in rodents of both sexes while dihydrotestosterone (DHT) activates POMC neurons in females ^{167,168,170}. Brain-specific AR KO suppresses hypothalamic nuclear factor-kB-mediated induction of protein tyrosine phosphatase 1B, reduces insulin sensitivity, and impairs glucose homeostasis in mice ¹⁷¹ Furthermore, global AR KO also decreases leptin signaling in the ARC and promotes insulin and leptin resistance ^{169,172,174,175}. In previous work, these FR are consistently characterized as AR antagonists in *in vitro* peripheral tissue ^{10,13,320}. Androgen insensitivity (AIS) is linked to abnormal sex differentiation and elevated E2 levels due to the fact that there is an increased concentration of circulating T, which can be converted to E2 by aromatase ^{365-372,442}. Du and colleagues (2009) also showed that T inhibits PPAR_{γ} in a transcriptional transaction assay, therefore, (AIS) may indirectly promote PPAR_γ activation ⁴⁴³. Presumably, FR-induced AIS could affect energy and glucose homeostasis directly, indirectly, centrally, and peripherally. However, to determine FR mechanism receptor, global and tissue-specific KO models in males and females, are required to elucidate potential receptor-mediated mechanisms in each sex in different tissues.

In addition to receptor-mediated mechanisms, potential FR effects in hypothalamic control on energy and glucose homeostasis should be considered. Recently, we found that FR treatment alter homeostatic ARC gene expression also in a sex-dependent manner in adult mice (Chapter 2). In future studies, we can examine if perinatal treatment of FR impacts of FR on central and peripheral gene networks by using RNA sequencing or quantitative real-time PCR on genes in the liver, fat, and hypothalamus. By utilizing electrophysiology on glucose-sensing neurons FR-induced effects on glucose uptake, insulin activity, energy expenditure, and hepatic glucose production in peripheral tissues can be examined. To determine how perinatal FR treatment affects different hypothalamic nuclei that comprise the melanocortin neurocircuitry, we could double-label POMC, NPY, glutamate transporter 1, or glutamic acid decarboxylase 67 in the hypothalamus to visualize the density of innervated neuronal projections. FR effects upstream of POMC and NPY neurons could be analyzed by testing electrophysiology in these particular neurons for their sensitivity to ghrelin, insulin, and leptin. Furthermore, by using green fluorescent tagging for melanocortin in the neurons of FR-treated subjects, these neurons can be examined for their response to α -MSH as a downstream effect. Therefore, while we did not examine FR mechanism in this study, the results elucidate their effects to perpetuate additional research.

Conclusion

From this study, we have extensively tested parameters of development and energy homeostasis in male and female offspring that orally treated daily to FR (GD7-PND14). Previously effects of perinatal BDE-47 and TPP in a FM550 mixture have been observed using the same concentration as this study. However, this is the first study to examine effects this particular OPFR in a mixture and to combine FR treatments with HFD ⁴⁰³ ^{281,305,314,319,403}. While OPFR altered developmental sex differentiation in males, both FR treatments diversely impacted adult energy and glucose homeostasis. Therefore, perinatal exposure to these compounds produced sex-dependent effects in energy expenditure, glucose homeostasis, and fat metabolism in adulthood.

Figure 9. Average unsexed pup litter weights for PND2 and PND14 and sexed male and female PND21 body weights. (**A**) PND2 average unsexed litter weights (**B**) PND14 average unsexed litter weights (**C**) PND21 average body weights of sexed males. (**D**) PND21 average body weights of sex females. All data were analyzed using one-way ANOVA with Fisher's LSD tests with BDE-47 and OPFR groups compared to oil. Data are represented as mean \pm SEM.

Figure 10. PND5 average litter sex ratio and PND21 average AGD for males and females. (**A**) PND5 average litter sex ratio (fraction of males/ # pups in litter) (**B**) PND21 male average AGD (**C**) PND21 female average AGD. All data were analyzed using one-way ANOVA with Fisher's LSD tests with BDE-47 and OPFR groups compared to oil (*p < 0.05). Data are represented as mean ± SEM.

Figure 11. Weekly average cumulative body weights for males and females. (**A**) Male BDE-47 ND, BDE-47 HFD, oil ND, and oil HFD cumulative body weight gain. (**B**) Male OPFR ND, OPFR HFD, oil ND, and oil HFD cumulative body weight gain. (**C**) Female BDE-47 ND vs. oil ND cumulative body weight gain. (**D**) Female OPFR ND vs. oil ND cumulative body weight gain. (**D**) Female OPFR ND vs. oil ND cumulative body weight gain. (**D**) Female OPFR ND vs. oil ND cumulative body weight gain. (**D**) Female OPFR ND vs. oil ND cumulative body weight gain. (**D**) Female OPFR ND vs. oil ND cumulative body weight gain. All data were analyzed using two-way ANOVA (time X treatment) with Fisher's LSD tests. For significant effects between treatment (EDC vs. oil) **p* < 0.05 and significant effects between diets (ND vs. HFD) a = *p* < 0.05, b = *p* < 0.01. Letter colors represent which data points are compared (oil diet effect (black); EDC diet effect (BDE-47 = blue or OPFR = orange). Data are represented as mean ± SEM.

Figure 12. Male and female week 20 average actual body weights. (**A**) Male week 20 average actual body weights. (**B**) Female week 20 average actual body weights. All data were analyzed using two-way ANOVA (diet X treatment) with Fisher's LSD tests. For significant diet effects, *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001. Data are represented as mean ± SEM.

Figure 13. Male and female weekly average energy intake and juvenile and adult feeding efficiencies. (**A**) Male energy intake (**B**) Male juvenile feeding efficiency (**C**) Male adult feeding efficiency (**D**) Female energy intake (**E**) Female juvenile feeding efficiency (**F**) Female adult feeding efficiency. All data were analyzed using two-way ANOVA (diet X treatment) with. For significant effects, *p < 0.05, ** p < 0.01, ***p < 0.001, **** p < 0.0001. Bracketed bars represent the comparisons between treatments within diet. Diet effects do not have bars. Data are represented as mean ± SEM.

Figure 14. Average male and female percent fat and percent lean mass of body weight. (**A**) Male average percent fat of body weight (**B**) Female average percent fat of body weight (**C**) Male average percent lean mass of body weight (**E**) Female average percent lean mass of body weight. All data were analyzed using two-way ANOVA (diet X treatment) with Fisher's LSD tests. For significant effects, **p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.0001. Bracketed bars represent the comparisons between treatments within diet. Diet effects do not have bars. Data are represented as mean ± SEM.

Figure 15. Male and female average hourly VO2 for 24 hours diet effects. (**A**) Hourly VO2 male oil ND mice compared to oil HFD males (**B**) Hourly VO2 female oil ND mice compared to oil HFD females (**C**) Hourly VO2 male BDE-47 ND subjects vs. male BDE-47 HFD (**D**) Hourly VO2 female BDE-47 ND mice vs. female BDE-47 HFD mice (**E**) Hourly VO2 OPFR ND in comparison to OPFR HFD for males (**F**) Hourly VO2 OPFR ND

in comparison to OPFR HFD for females. All data were analyzed using two-way ANOVA (treatment X time) with Fisher's LSD tests between diets (ND vs. HFD) within treatments (a = p < 0.05, b = p < 0.01, c = p < 0.001, d = p < 0.0001). Data are represented as mean \pm SEM. Black bars across x-axis represent day and night cycle.

Figure 16. Male and female average hourly VO2 for 24 hours (BDE-47 vs. oil). (**A**) Hourly average VO2 in males between BDE-47 and oil within ND (**B**) Female hourly average VO2 between BDE-47 and oil within ND (**C**) Hourly VO2 for males between BDE-47 and oil within HFD (**D**) Average hourly VO2 in females between BDE-47 and oil within HFD. All data were analyzed using two-way ANOVA (treatment X time) with Fisher's LSD tests between treatments (BDE-47 vs. oil) within diet (a = p < 0.05, b = p < 0.01, c = p < 0.001, d = p < 0.0001). Data are represented as mean ± SEM. Black bars across x-axis represent day and night cycle.

Figure 17. Male and female average hourly VO2 for 24 hours (OPFR vs. oil). (**A**) Hourly average VO2 in males between OPFR and oil within ND (**B**) Female hourly average VO2 between OPFR and oil within ND (**C**) Hourly VO2 for males between OPFR and oil within HFD (**D**) Average hourly VO2 in females between OPFR and oil within HFD. All data were analyzed using two-way ANOVA (treatment X time) with Fisher's LSD tests between treatments (OPFR vs. oil) within diets (a = p < 0.05, b = p < 0.01, c = p < 0.001, d = p < 0.0001). Data are represented as mean ± SEM. Black bars across x-axis represent day and night cycle.

Figure 18. Night and day average VO2 for males and females. (**A**) Male nightly average VO2. (**B**) Day average VO2 in males (**C**) Female nightly average VO2 (**D**) Day average VO2 in females. All data were analyzed using two-way ANOVA (treatment X diet) with Fisher's LSD tests between and within treatments and diets. For significant effects, **p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.0001. Bracketed bars represent the comparisons for treatment effects and diet effects do not have bars. Data are represented as mean ± SEM.

Figure 19. Night and day average CO2 for males and females. (**A**) Male nightly average VCO2. (**B**) Day average VCO2 in males (**C**) Female nightly average VCO2 (**D**) Day average VCO2 in females. All data were analyzed using two-way ANOVA (treatment X diet) with Fisher's LSD tests between and within treatments and diets. For significant effects, *p < 0.05, ** p < 0.01, ****p < 0.001, **** p < 0.0001. Bracketed bars represent the comparisons between treatments within diet. Diet effects do not have bars. Data are represented as mean ± SEM.

Figure 20. Night and day average RER for males and females. (**A**) Male nightly average RER. (**B**) Day average RER in males (**C**) Female nightly average RER (**D**) Day average RER in females. All data were analyzed using two-way ANOVA (treatment X diet) with Fisher's LSD tests between and within treatments and diets. For significant effects, **p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.0001. Bracketed bars represent the comparisons between treatments within diet. Diet effects do not have bars. Data are represented as mean ± SEM.

Figure 21. Night and day average heat for males and females. (**A**) Male nightly average heat. (**B**) Day average heat in males (**C**) Female nightly average heat (**D**) Day average heat in females. All data were analyzed using two-way ANOVA (treatment X diet) with Fisher's LSD tests between and within treatments and diets. For significant effects, **p* < 0.05, ** *p* < 0.01, *****p* < 0.001, **** *p* < 0.0001. Bracketed bars represent the comparisons

between treatments within diet. Diet effects do not have bars. Data are represented as mean ± SEM.

Figure 22. Night and day average total X-axis activity for males and females. (**A**) Male nightly average total X activity. (**B**) Day average total X activity in males (**C**) Female nightly average total X activity (**D**) Day average total X activity in females. All data were analyzed using two-way ANOVA (treatment X diet) with Fisher's LSD tests between and within treatments and diets. For significant effects, **p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.0001. Bracketed bars represent the comparisons between treatments within diet. Diet effects do not have bars. Data are represented as mean ± SEM.

Figure 23. Night and day average total *Z*-axis activity for males and females. (**A**) Male nightly average total *Z* activity. (**B**) Day average total *Z* activity in males (**C**) Female nightly average total *Z* activity (**D**) Day average total *Z* activity in females. All data were analyzed using two-way ANOVA (treatment X diet) with Fisher's LSD tests between and within treatments and diets. For significant differences between diets and within treatments, **p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.0001. Data are represented as mean ± SEM.

Figure 24. Male and female 4-hour fasting glucose (**A**) Male fasting blood glucose (**B**) Female fasting blood glucose. All data were analyzed using two-way ANOVA (diet X treatment) with Fisher's LSD tests. For significant effects, *p < 0.05, ** p < 0.01, ****p < 0.001. Bracketed bars represent the comparisons between treatments within diet. Diet effects do not have bars. Data are represented as mean ± SEM.

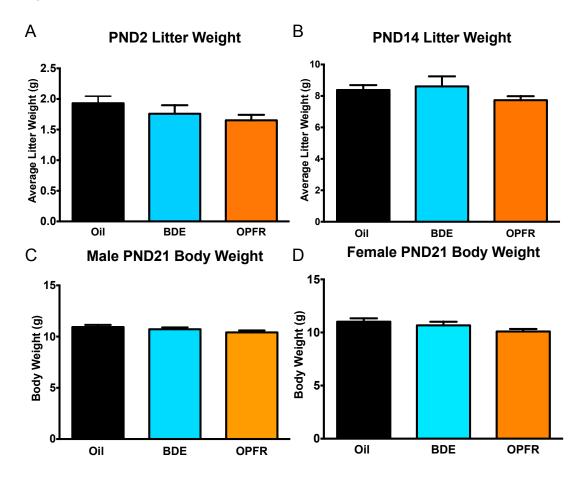
Figure 25. Male and female blood glucose over time points for glucose tolerance tests (GTTs) and glucose average AUC for the entire test. (**A**) Male blood glucose time points for GTT (BDE-47 vs. oil). (**B**) Male blood glucose for GTT time points (OPFR vs. oil). **C**) Male average glucose AUC for GTTs. (**D**) Female blood glucose for GTT time points (BDE-47 vs. oil). (**E**) Female blood glucose for GTT time points (OPFR vs. oil). (**F**) Female average glucose AUC for GTTs. All data were analyzed using two-way ANOVA (time x diet x treatment) for GTT time points; (diet x treatment) for glucose average AUC with Fisher's LSD tests between and across diets and treatments. For significant difference between diets within diets (a = p < 0.05, b = p < 0.01, c = p < 0.001, d = p < 0.0001) and letter colors indicate which data points are compared. Significant differences between treatments (OPFR vs. oil), *p < 0.05, ** p < 0.01, **** p < 0.001. For blood glucose AUC, bracketed bars represent the comparisons for treatment effects. Data are represented as mean ± SEM.

Figure 26. Male and female average blood glucose over time points for insulin tolerance tests (ITTs) and glucose average AUC for the entire test. (**A**) Male blood glucose time points for ITT (BDE-47 vs. oil). (**B**) Male blood glucose for ITT time points (OPFR vs. oil). (**C**) Male average glucose AUC for ITTs. (**D**) Female blood glucose for ITT time points (BDE-47 vs. oil). (**E**) Female blood glucose for ITT time points (OPFR vs. oil). (**F**) Female average glucose AUC for ITTs. All data were analyzed using two-way ANOVA (time x diet x treatment) for ITT time points; (diet x treatment) for glucose average AUC with Fisher's LSD tests between and across diets and treatments. For significant difference between diets within diets (a = p < 0.05, b = p < 0.01, c = p < 0.001, d = p < 0.0001) and letter colors indicate which data points are compared. Significant differences between treatments (OPFR vs. oil), *p < 0.05, ** p < 0.01, **** p < 0.001, ***** p < 0.0001. For

blood glucose AUC, bracketed bars represent the comparisons for treatment effects. Data are represented as mean ± SEM.

Figure 27. Terminal female and male blood triglycerides and female uterine weights. (**A**) Male terminal blood triglycerides (**B**) Female terminal blood triglycerides (**C**) Average terminal female uterine weights (uterine weight/body weight). All data were analyzed using two-way ANOVA (treatment X diet) with Fisher's LSD tests between and within treatments. For significant effects, **p* < 0.05, ** *p* < 0.01, ****p* < 0.001, **** *p* < 0.0001. Bracketed bars represent the comparisons between treatments within diet. Diet effects do not have bars. Data are represented as mean ± SEM.

Figure 9.



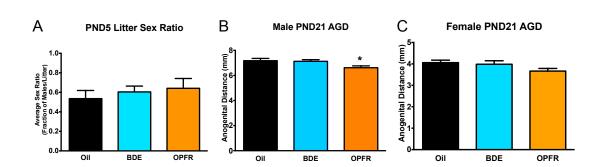
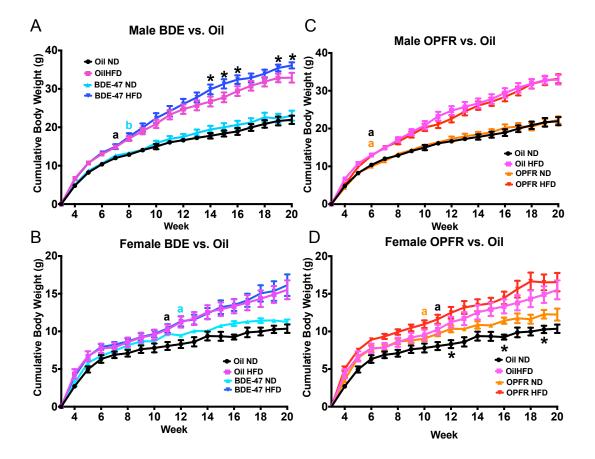
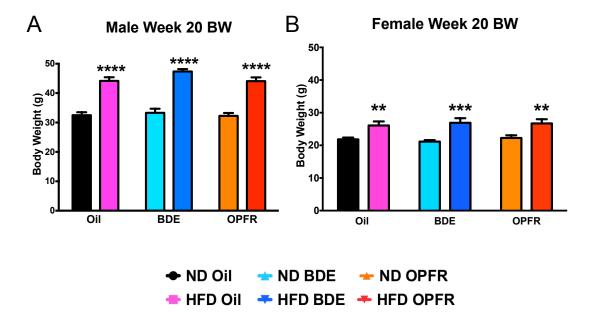




Figure 11.







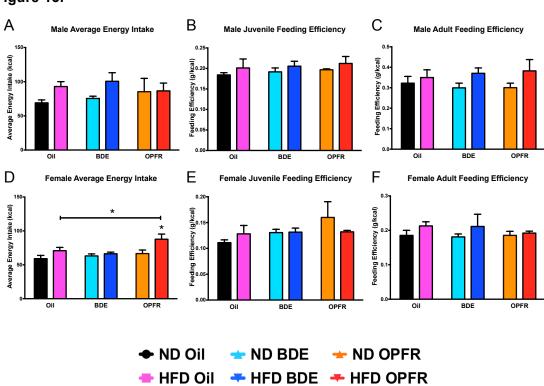
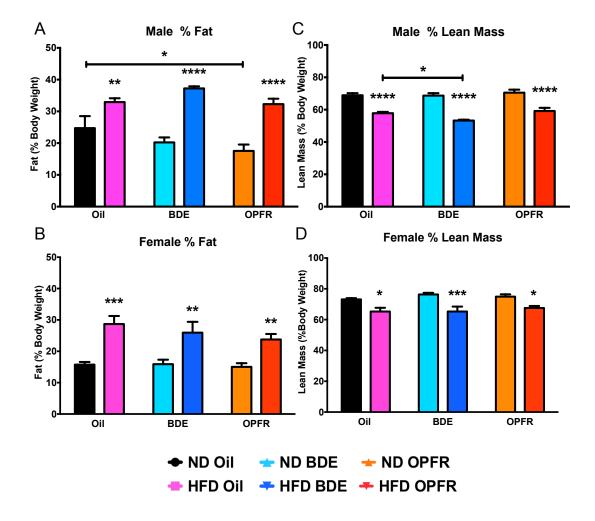


Figure 13.

Figure 14.





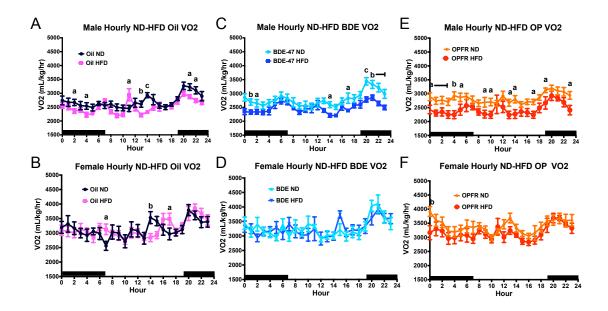


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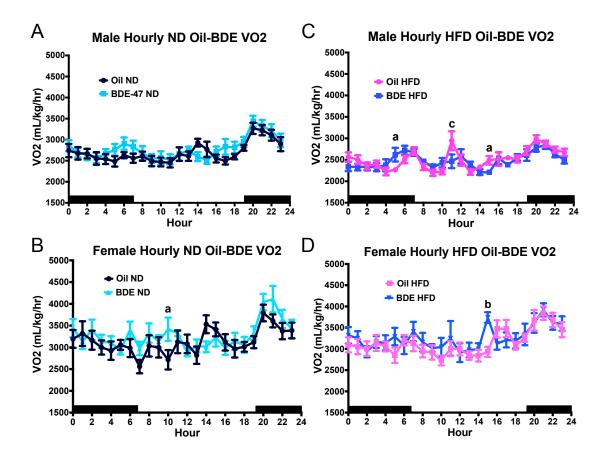


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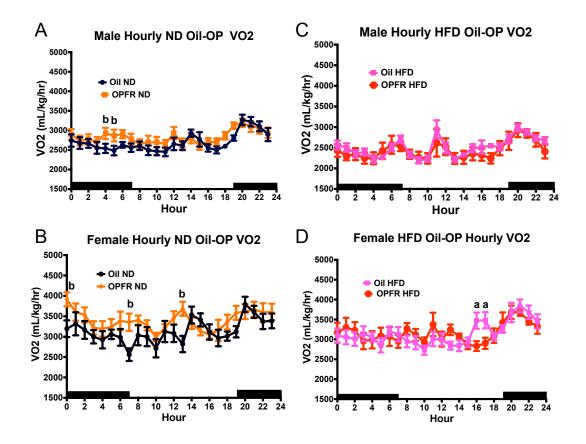


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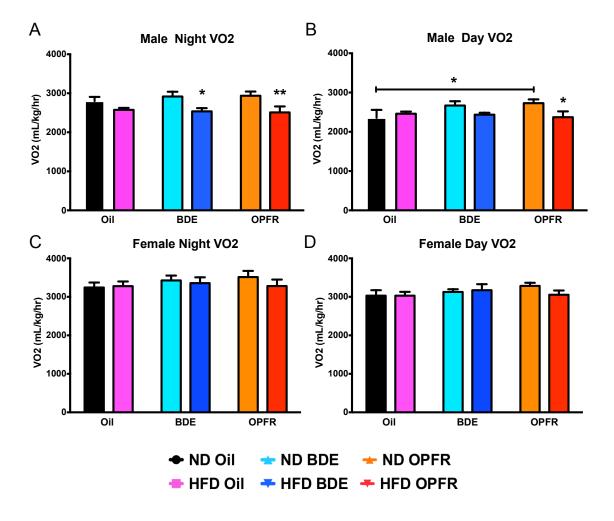


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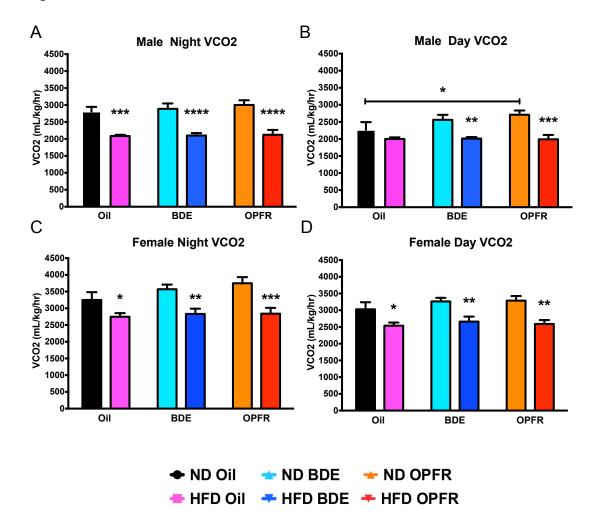
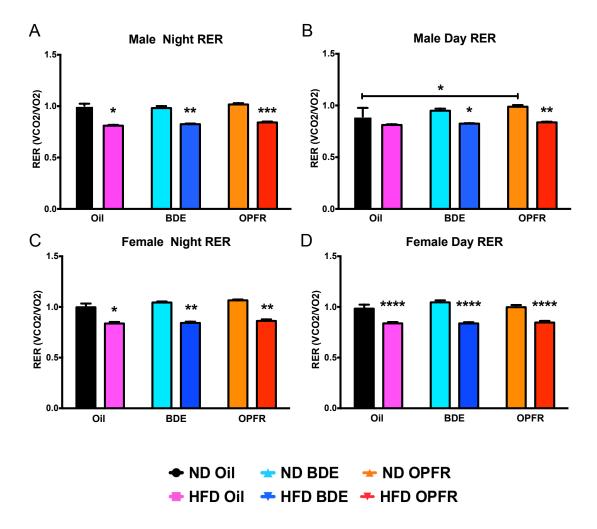


Figure 20.





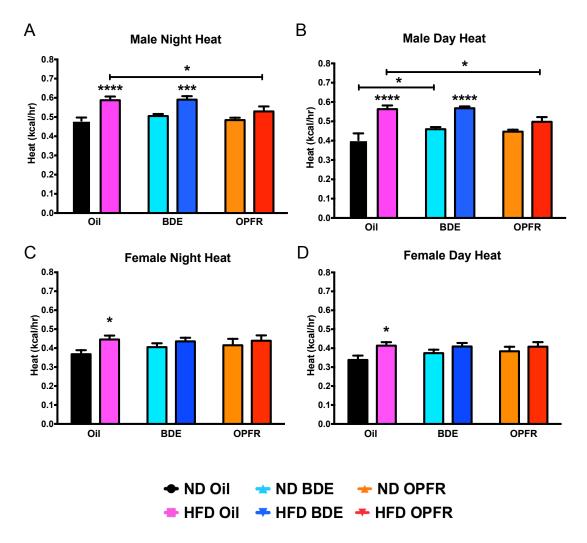
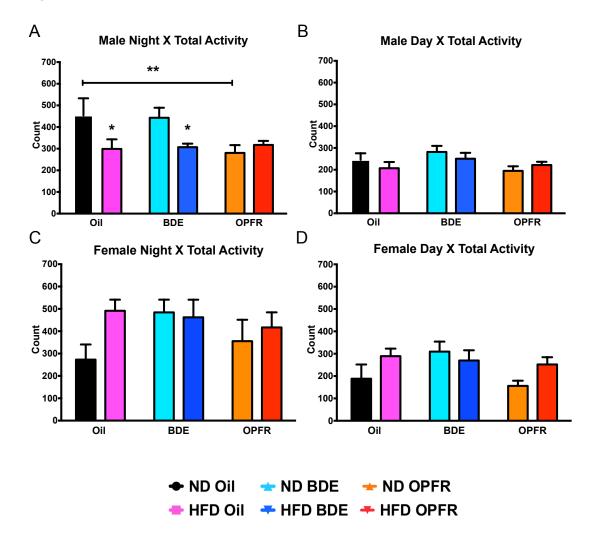


Figure 22.





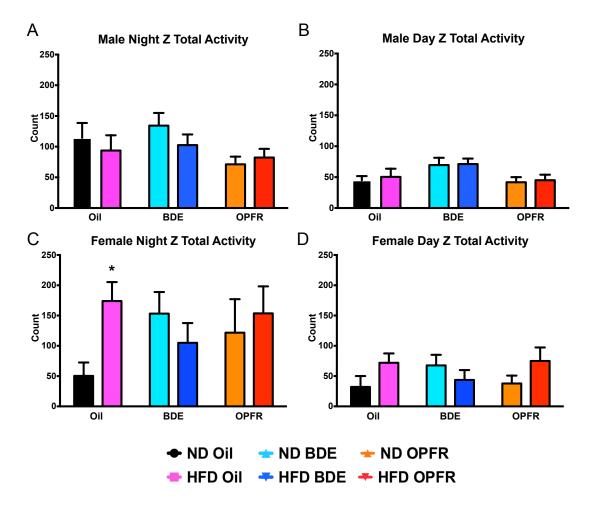
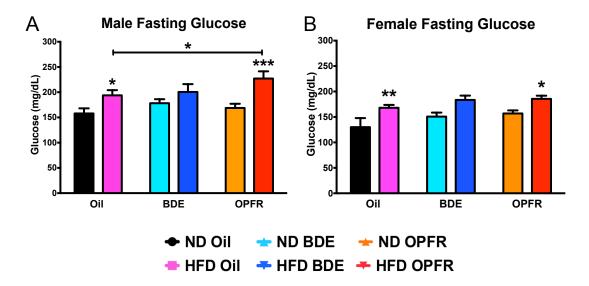
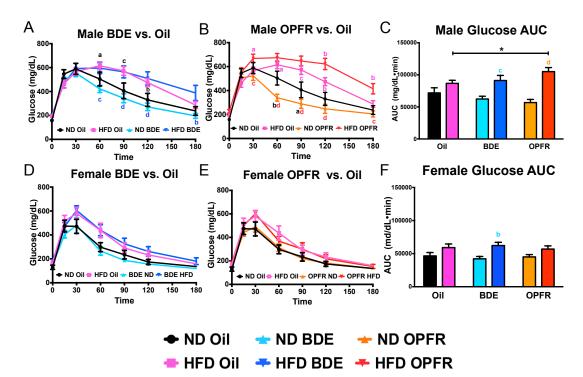


Figure 24.









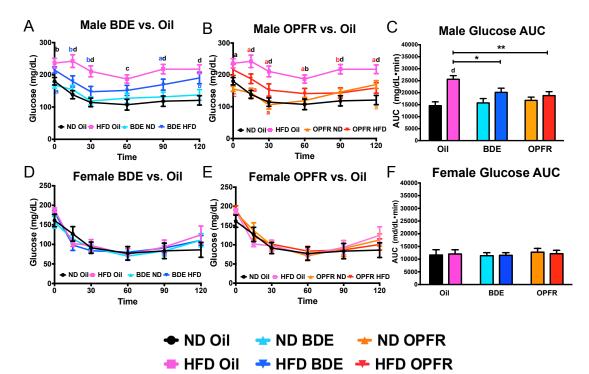
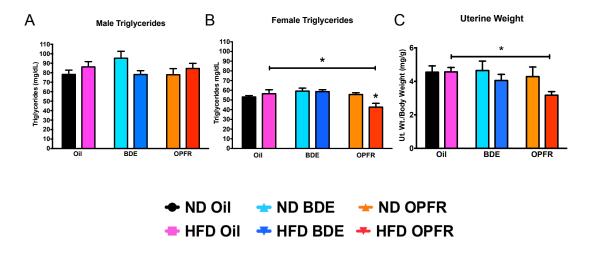


Figure 27.



CHAPTER 4:

SUMMARY

SUMMARY

Flame retardants (FR), including polybrominated diphenyl ethers (PBDEs) and organophosphate FR (OPFR), that we examined in the present studies (2,2',4,4'- tetrabromodiphenyl ether (BDE-47), tris(1,3-dichloro-2-propyl)phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP)) are detected at high concentrations in the environment, but little is known about their effects on energy homeostasis in *in vivo* mammalian models ^{15,16,22-24}. In the present studies, we found FR exposure during adulthood altered hypothalamic homeostatic gene expression and developmental FR exposure modified energy expenditure, glucose homeostasis, and fat metabolism. These FR-induced effects in central and peripheral parameters of energy balance were sex-dependent and more striking in males. While we have observed outcomes of flame retardant exposure on energy balance, the next step would be to examine the central and peripheral FR-induced mechanisms of action that elicit these effects.

Unexpectedly, male mice were more susceptible to FR-induced alteration in energy homeostasis, but it is unclear how FR is primarily exerting its effects. FR interact with many receptors involved in metabolism centrally and peripherally *in vitro* such as androgen receptor (AR), estrogen receptors (ERs), peroxisome proliferator-activated receptors (PPAR α/γ), and thyroid receptor (TR), which increases the difficulty in isolating receptor-mediated mechanisms ^{9-11,13,271,304,311,315-317,319,320}. Additionally, these receptors also participate in crosstalk with each other, which further complicates this investigation ^{26-35,37,443-445}. Therefore, we could utilize global and tissue-specific knockout (KO) models in males and females to determine potential receptor-mediated mechanisms in each sex and in different tissues.

Future studies that investigate FR mechanism in central and peripheral tissue would be beneficial to clarify the cause of the effects that we observed in the current

studies. Global gene network analysis of central and peripheral gene networks by using RNA sequencing or quantitative real-time PCR on genes in tissues such as the liver, fat, and hypothalamus can be examined to elucidate FR-induced effects throughout the body. In the present studies (Chapter 1), we have examined that FR exposure alters gene expression in the ARC, which has an integrative role in the hypothalamic melanocortin neurocircuitry to control energy homeostasis ⁵⁴. However, future studies could involve examining if FR exposure also alters gene expression in other hypothalamic nuclei that also have roles in energy balance, including the paraventricular nucleus, dorsomedial hypothalamus, lateral hypothalamus, and ventromedial hypothalamus by using real-time quantitative PCR (qPCR). To determine the components of the melanocortin neurocircuitry that are activated from FR exposure, immunohistochemistry can be used to double-label for proopiomelanocortin (POMC), neuropeptide Y (NPY), glutamate transporter 1, or glutamic acid decarboxylase 67 in the hypothalamus to visualize the density of innervated neuronal projections.

Furthermore, neuronal cell type should be considered when studying the expression of genes and proteins that are ubiquitously expressed throughout the hypothalamus, including the ARC ^{72,359}. After FR treatment, green fluorescent tagging for POMC, NPY, or kisspeptin can be used to visualize individual neurons in the heterogeneous ARC ^{72,359}. Implementing qPCR on these single cells can determine if the FR affects the gene expression we observed in this study are similarly influenced in individual neurons ^{72,359}. By utilizing electrophysiology on glucose-sensing neurons, effects of FR exposure on insulin, leptin, and ghrelin sensitivity and cation channel activity can be examined. Additionally hormone assays could be used to test if FR exposure elevates the levels of these peptide hormones in the blood. Depending on if these neurons are sensitive to ghrelin, insulin, or leptin, and if the concentrations of these hormone peptides are also increased in circulation, energy balance parameters

such as glucose homeostatic parameters such as food intake, glucose uptake, energy expenditure, and hepatic glucose production in peripheral tissues may also be altered ^{387,388,390,392}

Further investigation can characterize additional toxicological ramifications of FR exposure. A more accurate dose-response curve for these compounds should be established due to recent studies that revealed harmful effects at or below the noobserved-adverse-effect-level (NOAEL) designated by the U.S. Environmental Protection Agency ^{15,16,281,305,314,319,403}. Since we experienced difficulty with breeding successful pregnancies and litter in dams exposed to OPFR in the present study, maternal toxicity and care studies will enhance our understanding of effects of OPFR exposure during pregnancy. In the past, studies demonstrate that EDCs such as bisphenol A decreases maternal care, but these behaviors have not been tested in subjects for these compounds ^{206,446}. In the present study, perinatal FR exposure clearly altered energy balance, but studying maternal-fetal and lactational transfer of flame retardants and their metabolites by using liquid chromatography/mass spectrometry would elucidate the concentrations that are affecting offspring.

Although the current studies were exploratory, they elucidate central and peripheral consequences of FR exposure on energy homeostasis. Interestingly, these compounds were examined at relevant levels in the environment and we observed diverse effects, especially in male mice ^{18,22,24}. Therefore, these studies potentiate further investigation to determine if the FR exposure currently in the environment could impact the general public and by what mechanism.

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