

## Regulation of gene expression by 17 $\beta$ -estradiol in the arcuate nucleus of the mouse through ERE-dependent and ERE-independent mechanisms

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Citation for this version and the definitive version are shown below.

**Citation to Publisher** Version: Yang, Jennifer A., Mamounis, Kyle, Yasrebi, Ali & Roepke, Troy A. (2016). Regulation of gene expression by 17 $\beta$ -estradiol in the arcuate nucleus of the mouse through ERE-dependent and ERE-independent mechanisms. *Steroids* 107, 128-138. <http://dx.doi.org/10.1016/j.steroids.2016.01.003>.

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1 Manuscript type: Original article

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3 **Regulation of gene expression by 17 $\beta$ -estradiol in the arcuate nucleus of the mouse**  
4 **through ERE-dependent and ERE-independent mechanisms**

5

6 Abbreviated title: Arcuate ERE-regulated gene expression

7

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17 Disclosure statement: The authors have no conflicts of interest to disclose.

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19 Text pages: 38, Figures: 3, Tables: 5

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20 **Abstract**

21 17 $\beta$ -estradiol (E2) modulates gene expression in the hypothalamic arcuate nucleus (ARC) to  
22 control homeostatic functions. In the ARC, estrogen receptor (ER)  $\alpha$  is highly expressed and is  
23 an important contributor to E2's actions, controlling gene expression through estrogen response  
24 element (ERE)-dependent and -independent mechanisms. The objective of this study was to  
25 determine if known E2-regulated genes are regulated through these mechanisms. The selected  
26 genes have been shown to regulate homeostasis and have been separated into three  
27 subsections: channels, receptors, and neuropeptides. To determine if ERE-dependent or ERE-  
28 independent mechanisms regulate gene expression, two transgenic mouse models, an ER $\alpha$   
29 knock-out (ERKO) and an ER $\alpha$  knock-in/knock-out (KIKO), which lacks a functional ERE binding  
30 domain, were used in addition to their wild-type littermates. Females of all genotypes were  
31 ovariectomized and injected with oil or estradiol benzoate (E2B). Our results suggest that E2B  
32 regulates multiple genes through these mechanisms. Of note, *Cacna1g* and *Kcnmb1* channel  
33 expression was increased by E2B in WT females only, suggesting an ERE-dependent  
34 regulation. Furthermore, the NKB receptor, *Tac3r*, was suppressed by E2B in WT and KIKO  
35 females but not ERKO females, suggesting that ER $\alpha$ -dependent, ERE-independent signaling is  
36 necessary for *Tac3r* regulation. The adrenergic receptor *Adra1b* was suppressed by E2B in all  
37 genotypes indicating that ER $\alpha$  is not the primary receptor for E2B's actions. The neuropeptide  
38 *Tac2* was suppressed by E2B through ERE-dependent mechanisms. These results indicate that  
39 E2B activates both ER $\alpha$ -dependent and independent signaling in the ARC through ERE-  
40 dependent and ERE-independent mechanisms to control gene expression.

41 **Keywords: 17 $\beta$ -estradiol, ovariectomy, ER $\alpha$ , arcuate nucleus**

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Abbreviations: *Abcc8*, ATP-binding cassette, subfamily C; *Actb*, beta actin; *Adra1b*, alpha-1B adrenergic receptor; AgRP, agouti-related protein; ARC, arcuate nucleus; AVPV, anteroventral periventricular nucleus; *Bcl2*, B cell leukemia/lymphoma 2; BH, basal hypothalamus; *Cacna1g*, T-type, voltage-dependent, calcium channel alpha 1G subunit; *Cart*, cocaine- and amphetamine- regulated transcript; *Chrm1*, cholinergic muscarinic 1 receptor; E2, 17 $\beta$ -estradiol; E2B, 17 $\beta$ -estradiol benzoate; ER, estrogen receptor; ERE, estrogen response element; ERKO, ER $\alpha$  knock-out; ER $\alpha$ , estrogen receptor alpha; ER $\beta$ , estrogen receptor beta; *Esr1*, estrogen receptor alpha; *Esr2*, estrogen receptor beta; *Gapdh*, glyceraldehyde-3-phosphate dehydrogenase; *Ghsr*, growth hormone secretagogue receptor; GnRH, gonadotropin releasing hormone; GPCR, g-protein coupled receptor; GPER, G protein-coupled estrogen receptor 1; HPG, hypothalamic-pituitary-gonadal; HRE, hormone response element; *Kcnmb1*, calcium-activated potassium channel subunit  $\beta$ 1; KIKO, knock-in/knock-out; *Kiss1*, kisspeptin; *Kiss1r*, kisspeptin receptor; KNDy, Kisspeptin-Neurokinin B-Dynorphin; Mtor, mammalian target of rapamycin; NPY, neuropeptide Y; ovx, ovariectomized; *Pdyn*, prodynorphin; *Pgr*, progesterone receptor; POMC, proopiomelanocortin; qPCR, quantitative real-time polymerase chain reaction; *Tac2*, tachykinin 2; *Tac3r*, tachykinin 3 receptor; TH, tyrosine hydroxylase; TLDA, Taqman Low Density Array; WT, wild-type.

**Highlights:**

- WT, ERKO, and KIKO females were used to study ERE-dependent and ERE-independent signaling.
- Gene regulation by E2B occurs through ERE-dependent and ERE-independent mechanisms.
- Gene expression varies greatly in oil-treated females between the genotypes.
- Channels, receptors, and neurotransmitters are regulated in the ARC.

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4 **68 Introduction**

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6 69 The steroid hormone 17 $\beta$ -estradiol (E2) is known to regulate gene expression  
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8 70 throughout the brain. E2 primarily uses two classical nuclear receptors, estrogen receptor  $\alpha$   
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10 71 (ER $\alpha$ , *Esr1*), and ER $\beta$  (*Esr2*) to regulate gene expression [1]. In the classical ER-mediated  
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12 72 mechanism, ligand binding to the receptor initiates receptor recognition of the estrogen  
13  
14 73 response element (ERE) to regulate gene transcription. In addition to classical regulation of  
15  
16 74 gene expression, E2 also functions through ERE-independent mechanisms. As reviewed in  
17  
18 75 McDevitt et al. (2008), these mechanisms include ligand-independent ER signaling, rapid effects  
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20 76 through a membrane-associated ER, and ERE-independent signaling through protein-protein  
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22 77 interactions (AP-1, etc.) [2].  
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26 78 In the hypothalamus, E2 mediates numerous homeostatic functions including  
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28 79 reproduction, energy homeostasis, core body temperature, fluid balance, motivational  
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30 80 behaviors, and stress physiology by regulating central neural pathways. Many of these  
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32 81 pathways originate in or pass through the arcuate nucleus (ARC) of the hypothalamus [1, 3-5].  
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34 82 In the ARC, ER $\alpha$  is highly expressed and is the primary receptor used by E2 to control many  
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36 83 homeostatic functions [5, 6]. Few studies have examined the physiological effects of ER $\alpha$ -  
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38 84 mediated, ERE-dependent, and ERE-independent signaling on hypothalamic (ARC) gene  
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40 85 expression.  
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44 86 Recently, the development of an ER $\alpha$  knock-in/knock-out (KIKO) mouse model lacking a  
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46 87 functional DNA-binding domain (no ERE binding) gives insight to nonclassical, ER $\alpha$ -mediated,  
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48 88 ERE-independent signaling while retaining ER $\beta$ -mediated signaling and other extra-nuclear  
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50 89 initiated pathways (GPER, Gq-mER) [7, 8]. While KIKO females are infertile due to an absence  
51  
52 90 of the LH surge [9, 10], they exhibit similar body weights, feeding, activity, oxygen consumption,  
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54 91 glucose homeostasis and hypothalamic leptin sensitivity compared to wild-type (WT) females,  
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56 92 unlike their total ERKO counterparts [11]. However, recent data from our lab suggest that ER $\alpha$ -  
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93 mediated ERE-independent signaling partially restores the post-ovariectomy (ovx) weight gain  
94 but is not sufficient to mediate E2's attenuation of this weight gain [12].

95 E2 control of homeostatic functions occurs, in part, through regulation of important  
96 genes in the ARC. However, only a few studies have examined which signaling mechanisms E2  
97 utilizes to control the expression of these genes. The KIKO mouse model provides an  
98 appropriate tool to increase our understanding of how homeostatic genes are regulated by E2-  
99 induced ER $\alpha$ -mediated mechanisms in the ARC. In the ARC, E2 is known to regulate the  
100 expression of a variety of cation channels including calcium channels and potassium channels  
101 [13-16]. The expression and activity of these cation channels are involved in regulating ARC  
102 proopiomelanocortin (POMC) and neuropeptide Y (NPY) neurons and their neuronal excitability  
103 [1, 12, 14-20]. Furthermore, E2 is known to regulate the mRNA expression of signaling  
104 molecules such as calmodulin and phosphatidylinositol-4,5-biphosphate 3-kinase (PI3K) [16,  
105 21-23] and neurotransmitter enzymes like tyrosine hydroxylase (TH) and glutamate  
106 decarboxylase [1, 24]. Many of these E2-regulated genes are involved in reproduction, energy  
107 homeostasis, and hormone receptor signaling [1, 3, 25-27].

108 E2 is also known to suppress or augment the expression of a variety of neuropeptides  
109 and receptors in the hypothalamus, depending upon the experimental paradigm. In rodents, E2  
110 increases *Pomc* and suppresses *Npy* expression in the ARC [1] and increases the expression of  
111 growth hormone [28]. It is also well known that E2 differentially regulates steroid receptors in the  
112 hypothalamus such as ER $\alpha$ , ER $\beta$ , and progesterone receptor (*Pgr*) [1, 16, 29]. Other  
113 hypothalamic hormone and neurotransmitter receptors are regulated by E2 in the hypothalamus  
114 include growth hormone secretagogue receptor (*Ghsr*) [30] and serotonin receptor 2C receptor  
115 (5HT2c) [31]. The mechanism underlying the regulation of all of these genes is largely unknown.  
116 Our current study focused on the regulation of ARC gene expression by E2.

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117 E2 also regulates ARC KNDy (Kisspeptin-Neurokinin B-Dynorphin) neuronal gene  
118 expression [32]. Kisspeptin is involved in mediating negative and positive feedback of E2 on the  
119 hypothalamic-pituitary-gonadal (HPG) axis and potentially has a role in energy homeostasis and  
120 core body temperature [33]. Previous studies indicated that the *Kiss1* gene is regulated by E2  
121 through ERE-independent mechanisms in the mediobasal hypothalamus while dynorphin  
122 expression is ERE-dependent [34]. Thus, we used these genes as positive and negative  
123 controls for ERE-dependent and ERE-independent gene expression. Nothing is known about  
124 the mechanisms behind the regulation of Neurokinin B (NKB, *Tac2*) or the KNDy receptors  
125 (*Kiss1r*, *Tac3r*) by E2 in the ARC. Therefore, the objective of this study was to determine if  
126 homeostatic genes involved in reproduction and energy homeostasis that have been identified  
127 to be E2-responsive in the hypothalamus are regulated by E2 in the ARC through ERE-  
128 dependent or ERE-independent mechanisms using ovx WT, KIKO, and ERKO females.

## 130 **Experimental**

### 131 *Animal care*

132 All animal procedures were in compliance with institutional guidelines based on National  
133 Institutes of Health standards and were performed with Institutional Animal Care and Use  
134 Committee approval at Rutgers University. Adult C57BL/6 mice were housed under constant  
135 photoperiod conditions (12/12 h light/dark cycle) and maintained at a controlled temperature  
136 (25°C). Animals were given low phytoestrogen chow diet (<75 isoflavone ppm, Lab Diet  
137 Advanced Protocol 5V75, St. Louis, MO, USA) and water *ad libitum*. Animals were weaned on  
138 postnatal day 21 (PD21). Genotype was determined by using PCR products of extracted DNA  
139 from ear clippings, using previously published protocols [9]. We used three genotypes of mice:  
140 WT, KIKO, and ERKO (provided by Dr. Ken Korach, NIEHS) [9]. Crossing heterozygous WT/KI  
141 males expressing the nonclassical ER $\alpha$  knock-in with WT/KO heterozygous females generated  
142 WT and KIKO females. Crossing heterozygous WT/KO males and females generated WT and

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143 ERKO females. WT females used in the experiments were littermates generated from both  
144 colonies.

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146 *Drugs*

147 17 $\beta$ -estradiol benzoate (E2B) was purchased from Steraloids (Newport, RI, USA) and  
148 dissolved in ethanol (1mg/ml) prior to mixing in sesame oil (Sigma-Aldrich). Ketamine was  
149 purchased from Henry Schein Animal Health (Melville, NY, USA) and used for sedation prior to  
150 sacrifice.

151  
152 *Ovariectomy*

153 Adult females (7-22 weeks and > 14 g body weight) were bilaterally ovx under isoflurane  
154 anesthesia 7 days prior to sacrifice using sterile no-touch techniques according to the NIH  
155 “Guidelines for Survival Rodent Surgery.” Animals were given a dose of analgesic [4 mg/kg  
156 carprofen (Rimadyl<sup>®</sup>)] one day following surgery for pain management. Animals typically lost 1-  
157 2 g of weight one day after surgery. Females were monitored daily and allowed to recover for 5  
158 days prior to the first injection of E2B or oil. The active metabolite of E2B is 17 $\beta$ -estradiol.  
159 Females were injected in the morning at 1000 h on post-ovx days 5 and 6 and sacrificed on  
160 post-ovx day 7 in the morning at 1000 h.

161  
162 *Experimental design*

163 Females of each genotype (WT, KIKO, ERKO) were ovx and separated into a control  
164 sesame oil-treated group (n=6-9 per genotype) and an E2B-treated group (n=6-9 per genotype).  
165 An E2B injection protocol was used that has been shown to alter gene expression in the  
166 hypothalamus [19]. Animals were injected subcutaneously at 1000 h on post-ovx day 5 with  
167 either 0.25  $\mu$ g of E2B or sesame oil. On post-ovx day 6, a 1.5  $\mu$ g dose of E2B or sesame oil was



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4 168 injected at 1000 h. We did not include intact females in our experimental design as neither  
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6 169 ERKO nor KIKO females exhibit a normal estrous cycle, which makes it difficult to compare  
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9 170 among intact WT, KIKO, and ERKO females [11]. Animals were sacrificed on post-ovx day 7 at  
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11 171 1000 h. Animals were sedated with ketamine (100 µl of 100 mg/ml stock, i.p.) and decapitated.  
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13 172 Brains were removed and rinsed in ice-cold Sorensen's Phosphate Buffer (0.2 M sodium  
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15 173 phosphate, dibasic; and 0.2 M sodium phosphate, monobasic) for 30-60 sec. The basal  
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17 174 hypothalamus (BH) was cut using a brain slice matrix (Ted Pella, Inc., Redding, CA, USA) into  
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20 175 1-mm thick coronal rostral and caudal blocks corresponding to Plates 42 to 47 and Plates 48 to  
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22 176 53, respectively, from *The Mouse Brain in Stereotaxic Coordinates* [35]. The slices were  
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24 177 transferred to a 50/50 Pyrogard water/RNAlater<sup>®</sup> (Life Technologies, Grand Island, NE, USA)  
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26 178 solution and fixed overnight at 4°C. The ARC tissue, found in two slices, was microdissected  
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29 179 using a dissecting microscope, following our previous publications [1, 12, 14, 35]. The  
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31 180 microdissected sections represent the entirety of the ARC tissue. Dissected tissue was stored at  
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33 181 -80 °C until RNA extraction. Trunk blood was collected at sacrifice to measure plasma E2 levels.  
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35 182 Uteri were removed and wet weight was recorded. Wet uterine weight (mg) is a sensitive  
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38 183 measure of circulating E2 in WT mice.  
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42 185 *Tissue extraction*

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44 186 RNA was extracted from ARC using Ambion RNAqueous<sup>®</sup> Micro Kits (Life Technologies,  
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46 187 Inc., Carlsbad, CA, USA) according to the manufacturer's protocol, followed by DNase-I  
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49 188 treatment to remove contamination by genomic DNA. RNA samples were run on a NanoDrop<sup>™</sup>  
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51 189 ND-2000 spectrophotometer (ThermoFisher, Inc., Waltham, MA, USA) to assess quantity,  
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53 190 followed by an Agilent 2100 Bioanalyzer run using the RNA 6000 Nano Kit (Agilent  
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55 191 Technologies, Inc., Santa Clara, CA, USA) to assess quality. Samples with a RNA integrity  
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58 192 number (RIN) > 8 were used for quantitative real-time PCR (qPCR).  
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194 *Blood preparation*

195 Whole trunk blood was centrifuged (1300 rpm at 4 °C for 30 min). The supernatant was  
196 subjected to an additional 15 minutes of centrifugation (4 °C at 1300 rpm), then the plasma  
197 supernatant was removed and stored at -20 °C until E2 analysis. E2 concentration of plasma  
198 was analyzed using Mouse Calbiotech ELISA at the Ligand Assay and Analysis Core of the  
199 University of Virginia's Center for Research in Reproduction [36]. The Calbiotech ELISA is  
200 specific to E2 detection.

202 *Quantitative real-time PCR*

203 cDNA was synthesized from 200 ng of total RNA using Superscript III reverse  
204 transcriptase (Life Technologies, Inc.), 4 µl 5x buffer, 25 mM MgCl<sub>2</sub>, 10 mM dNTP (Clontech  
205 Laboratories, Inc., Mountain View, CA, USA), 100 ng random hexamer primers (Promega  
206 Corporation, Madison, WI, USA), 40 U/µl Rnasin (Promega), and 100 mM DTT in DEPC-treated  
207 water (Gene Mate, Bioexpress, Inc., Kaysville, UT, USA) in a total volume of 20 µl. Reverse  
208 transcription was conducted using the following protocol: 5 min at 25 °C, 60 min at 50 °C, 15  
209 min at 70 °C. A 1:20 dilution of the cDNA was produced using nuclease-free water (Gene Mate)  
210 for a final cDNA concentration of 0.5 ng/µl and stored at -20 °C. BH tissue RNA, which contains  
211 the ARC, from a male mouse was used as a positive control. A negative tissue control (BH with  
212 no reverse transcriptase) was also used.

213 A Taqman<sup>®</sup> Low Density Array (TLDA) (Life Technologies, Inc.) was used to analyze  
214 ARC gene expression in WT females. This array consisted of Taqman<sup>®</sup> expression assays of  
215 genes known to be E2-regulated and/or involved in reproduction and energy homeostasis (see  
216 Table 1 for a listing of genes analyzed). Data presented graphically only include genes  
217 significantly regulated by E2B. The TLDA was designed so each expression assay was run in  
218 triplicate, including the reference gene, *Actb*, and the internal control, *18S*. On each TLDA plate,

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4 219 one WT experimental female sample was run in duplicate and a calibrator sample (male BH)  
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6 220 was run on the remaining wells. The same calibrator sample was run on each plate. Taqman®  
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8 221 primers were ordered for all genes, and KIKO and ERKO samples were analyzed. Positive and  
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10 222 negative tissue control samples and master mix (nuclease-free water) controls were added to  
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12 223 each run. In KIKO and ERKO qPCR plates, an additional sample (termed “pool”) was analyzed  
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14 224 that included all the control oil samples from each respective genotype, to account for inter-plate  
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16 225 variation (data from C<sub>q</sub> values analyzed across plates). qPCR was performed on a  
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18 226 StepOnePlus™ Real-Time PCR System (Life Technologies, Inc.) using Taqman® Gene  
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20 227 Expression Master Mix. For qPCR, we used 4 µg of cDNA (equivalent to 2 ng of total RNA). The  
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22 228 amplification protocol for all genes was as follows: a holding stage consisted of 2 min at 50 °C  
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24 229 and 95 °C for 10 min, followed by a cycling stage of 95 °C for 15 sec (denaturing) and at 60 °C  
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26 230 (annealing) for 1 min for 40 cycles.

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31 231 In addition to the genes analyzed in the TLDA, we also analyzed the mRNA expression  
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33 232 of four additional genes: *Adra1b*, *Cart*, *Ghsr* and *Chrm1*, which were found to be E2-regulated in  
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35 233 our preliminary investigations or from the literature [37, 38]. Primers for these genes were  
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37 234 designed to span exon-exon junctions and were synthesized by Life Technologies, Inc., using  
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39 235 Clone Manager 5 software (Sci Ed Software, Cary, NC, USA). See Table 2 for a listing of  
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41 236 synthesized primers used for qPCR. For qPCR of these four genes, we used 4 µg of cDNA  
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43 237 (equivalent to 2 ng of total RNA) amplified with either PowerSYBR® Green Master Mix (*Adra1b*,  
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45 238 *Chrm1*; Life Technologies, Inc.) or SsoAdvanced™ SYBR Green (*Cart*, *Ghsr*; BioRad, Inc.,  
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47 239 Hercules, CA, USA) on CFX-Connect Real-time PCR Instrument (BioRad, Inc.). A standard  
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49 240 curve was generated for each primer pair using serial dilutions of BH cDNA in triplicate.  
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51 241 Efficiencies were calculated as a percent efficiency, listed in Table 2. Amplification protocol for  
52  
53 242 Table 2 genes was as follows: initial denaturing 95 °C for 10 min (PowerSYBR®) or 3 min  
54  
55 243 (SsoAdvanced™) followed by 40 cycles of amplification at 94 °C for 10 sec (denaturing), 60 °C  
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57 244 for 45 sec (annealing), and completed with a dissociation step for melting point analysis with 60  
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4 245 cycles of 95 °C for 10 sec, 65 °C to 95 °C (in increments of 0.5 °C) for 5 sec and 95 °C for  
5  
6 246 5 sec. The reference genes used were *β-actin* (PowerSYBR<sup>®</sup>) and *Gapdh* (SsoAdvanced<sup>™</sup>).  
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8  
9 247 Positive, negative, and water blank controls were included in the qPCR plate design.  
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11 248 Analysis of qPCR was done using the comparative C<sub>q</sub> method using a 1:20 diluted BH  
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13 249 cDNA (equivalent to 2 ng of RNA) sample from a male as the calibrator [39, 40]. All values were  
14  
15 250 normalized to oil controls and are expressed as relative mRNA expression. In all plates, we  
16  
17 251 maintained a consistent threshold level, set at the lowest but steepest slope of the exponential  
18  
19  
20 252 curve. We calculated the linear quantity of target genes using the formula  $2^{-\Delta\Delta C_q}$ . Data are  
21  
22 253 expressed as *n*-fold difference from the calibrator, normalized to oil controls. The *n*-fold  
23  
24 254 difference was used for statistical analysis.  
25

26 255

#### 28 29 256 *Statistical analyses*

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31 257 qPCR data from the TLDA in WT females were initially analyzed using Data Assist<sup>®</sup>  
32  
33 258 software (Life Technologies, Inc.) to determine significant differences between oil- and E2B-  
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35 259 treated samples using a *t*-test with a false discovery rate (Benjamini-Hochberg method) set to a  
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37  
38 260  $p < 0.05$ . All further statistical analyses were performed using GraphPad<sup>®</sup> Prism software  
39  
40 261 (GraphPad Software, Inc., La Jolla, CA, USA). Data were expressed as mean  $\pm$  SEM and  
41  
42 262 analyzed by a two-way ANOVA (genotype x treatment), followed by a *post-hoc* Bonferroni's  
43  
44 263 multiple comparison test between oil- and E2B-treated groups within each genotype (WT, KIKO,  
45  
46  
47 264 ERKO). Uterine weights were analyzed using a two-way ANOVA (genotype x treatment)  
48  
49 265 followed by Bonferroni's multiple comparison test between oil- and E2B-treated groups, within  
50  
51 266 each genotype (WT, KIKO, ERKO). Plasma E2 levels of all three genotypes were pooled  
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53 267 together for oil vs. E2B treatment analysis, as there was no genotype effect (data not shown),  
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56 268 and analyzed using a Student's *t*-test. In all experiments, a  $p < 0.05$  was considered to be  
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58 269 significant. To determine relative gene expression among genotypes, we compared oil-treated  
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270 WT, KIKO, and ERKO females. These data were analyzed using a one-way ANOVA followed by  
271 a *post-hoc* Bonferroni's multiple comparison test.

272

## 273 **Results**

### 274 *Uterine weights and plasma E2 levels*

275 Following sacrifice, we dissected out the uterus of each female to confirm the  
276 hypertrophic actions of E2, an ER $\alpha$ -mediated process [41]. Past studies in our lab have  
277 suggested that E2B (250 ng/dose) replacement every other day for 4 weeks significantly  
278 increased the uterine weight in WT females [12]. E2B significantly increased the uterine weight  
279 in WT females (Table 3; ANOVA: F(2,24) = 34.75, p < 0.0001), but did not increase uterine  
280 weight in KIKO and ERKO females. There was no significant difference in body weight at  
281 sacrifice for E2B-treated females in all genotypes. The age of sacrifice of females was as  
282 follows: WT: 12-23 weeks (average: 18.2  $\pm$  1.0 weeks); KIKO: 7-23 weeks (average: 17.2  $\pm$  1.6  
283 weeks); ERKO: 7-23 weeks (average: 13.9  $\pm$  1.8 weeks). There were no age-specific effects  
284 when we analyzed the 2 <sup>$\Delta\Delta$ Cq</sup>-values for all regulated genes across genotypes (data not shown).

285 We pooled plasma E2 data across genotypes (WT, KIKO, ERKO) because there was no  
286 genotype effect observed (data not shown). Plasma E2 concentrations were as follows: oil-  
287 treated: 5.2  $\pm$  0.4 pg/ml; E2B-treated: 28.82  $\pm$  7.0 pg/ml. There was a significant increase in  
288 plasma E2 levels 24 h post-injection between oil- and E2B-treated groups (p < 0.001).

289

### 290 *E2B dose regulates ARC gene expression*

291 E2B-treatment in ovx WT females significantly regulated the mRNA expression of 14  
292 genes in the ARC (Table 4). These genes include those that function as cation channels,  
293 receptors for hormones and neurotransmitters, and neuropeptides. E2 replacement significantly  
294 suppressed the mRNA expression of *Adra1b*, *Cart*, *Chrm1*, *Esr1*, *Kiss1*, *Pdyn*, *NKB* (*Tac2*), and

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295 *Tac3r* and significantly augmented expression of *Cacna1g*, *Esr2*, *Ghsr*, *Kcnmb1*, *Kiss1r*, and  
296 *Pgr*. The remaining genes in Table 4 were not regulated by E2B in WT females.

297 After studying WT ARC mRNA expression, we then analyzed all the genes in ARC  
298 tissue from KIKO and ERKO females injected with either sesame oil or E2B using individual  
299 Taqman® assays or custom primers. In comparing the genotypes, we found that the mRNA  
300 expression of two cation channels, which are involved in neuronal excitability, were upregulated  
301 by E2B in WT females only: *Cav3.1* (*Cacna1g*), a subunit of the T-type  $Ca^{2+}$  channels, (Figure  
302 1A; ANOVA:  $F(2,30) = 4.004$ ,  $p < 0.05$ ); and *Kcnmb1*, the  $\beta 1$  regulatory subunit for  $Ca^{2+}$ -  
303 activated potassium channel (Figure 1B; ANOVA:  $F(1,27) = 6.221$ ,  $p < 0.05$ ). The mRNA  
304 expression of both genes was increased more than two-fold in WT females injected with E2B.

305 In addition, multiple receptors involved in reproduction and energy balance showed a  
306 change in gene expression with E2B treatment. The mRNA expression of the cholinergic  
307 muscarinic receptor 1 (*Chrm1*) was suppressed threefold (Figure 2A; ANOVA:  $F(2,30) = 25.64$ ;  
308  $p < 0.0001$ ), and  $ER\alpha$  (*Esr1*) by ~35% (Figure 2B; ANOVA:  $F(2,29) = 4.143$ ;  $p < 0.05$ ) in WT  
309 females. E2B increased expression of growth hormone secretagogue receptor (*Ghsr*) (Figure  
310 2C; ANOVA:  $F(2, 30) = 28.45$ ;  $p < 0.0001$ ) and progesterone receptor (*Pgr*) (Figure 2D;  
311 ANOVA:  $F(2,29) = 13.43$ ;  $p < 0.0001$ ) in WT females. Expression of *Tac3r*, the NKB receptor,  
312 was suppressed twofold in both WT and KIKO females by E2B (Figure 2E; ANOVA:  $F(1,29) =$   
313  $40.58$ ,  $p < 0.0001$ ). Expression of adrenergic receptor, *Adra1b*, was suppressed by E2B across  
314 all genotypes (Figure 2F; ANOVA:  $F(1,34) = 17.64$ ,  $p < 0.001$ ). Expression of the kisspeptin  
315 receptor, *Kiss1r*, was increased by E2B across all genotypes (Figure 2G; ANOVA:  $F(1,29) =$   
316  $35.49$ ,  $p < 0.0001$ ). Finally,  $ER\beta$  (*Esr2*) expression was augmented by E2B in both WT and  
317 KIKO females (Figure 2H; ANOVA:  $F(2,28) = 4.452$ ,  $p < 0.05$ ). GPER/GPR30 expression was  
318 not regulated by E2 in the ARC of any genotype (Figure 2I).

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4 319 E2B also regulated several important neuropeptide genes in the ARC. In WT females  
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6 320 only, prodynorphin (*Pdyn*) and neurokinin B (*Tac2*) expression were suppressed by E2B twofold  
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8 321 (Figure 3A: ANOVA:  $F(1, 29) = 9.322$ ,  $p < 0.01$ ) and fivefold (Figure 3B; ANOVA:  $F(2, 29) =$   
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10 322  $5.183$ ,  $p < 0.05$ ), respectively. Kisspeptin (*Kiss1*) gene expression was suppressed fivefold in  
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12 323 WT females and twofold in KIKO females (Figure 3C; ANOVA:  $F(1,28) = 27.63$ ,  $p < 0.0001$ ).  
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14 324 Interestingly, *Cart* expression was suppressed by E2B in WT and KIKO females, but was  
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16 325 increased by E2B in ERKO females (Figure 3D; ANOVA:  $F(2,42) = 7.719$ ,  $p < 0.01$ ).  
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18 326 Surprisingly, we did not find a significant change in other E2-regulated arcuate genes including  
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20 327 POMC and TH, which may be due to differences in treatment paradigms or rodent models [1,  
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22 328 42, 43].  
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#### 29 330 *ARC genes are differentially expressed in KIKO and ERKO ovx oil-treated females*

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31 331 Differences in gene expression across these genotypes may provide insight into  
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33 332 signaling and feedback mechanisms involved in ERE-dependent, ERE-independent and ER $\alpha$ -  
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35 333 independent signaling in the ARC. To determine if mRNA expression of the selected genes was  
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37 334 different between the genotypes, we calculated the relative mRNA expression for each gene by  
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39 335 normalizing the KIKO and ERKO oil groups to the WT oil group. Data were analyzed using a  
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41 336 one-way ANOVA followed by *post-hoc* Bonferroni's multiple comparison tests between WT vs.  
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43 337 KIKO, WT vs. ERKO, and KIKO vs. ERKO females. See Table 5 for results.  
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46 338 The mRNA levels of multiple genes were lower in KIKO and ERKO oil-treated females  
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48 339 as compared to WT females. Interestingly, *Cart* expression was lower in KIKO females but not  
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50 340 ERKO females compared to WT females. *Cart* expression in KIKO females was lower than in  
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52 341 ERKO females (ANOVA:  $F(2, 14) = 19.43$ ,  $p < 0.0001$ ). For eight genes, mRNA expression in  
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54 342 KIKO and ERKO females was lower compared to WT females, with no difference observed  
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56 343 between KIKO and ERKO females. These genes include: *Abcc8* (the regulatory subunit for  $K_{ATP}$   
57  
58 344 channels; ANOVA:  $F(2,14) = 15.63$ ,  $p < 0.001$ ), *Chrm1* (ANOVA:  $F(2,14) = 5.657$ ,  $p < 0.05$ ),  
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4 345 *Gad2* (glutamate decarboxylase 2; ANOVA:  $F(2,14) = 181.8$ ,  $p < 0.0001$ ), *Htr2c* (the 5HT2c  
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6 346 serotonin receptor, ANOVA:  $F(2,14) = 30.72$ ,  $p < 0.0001$ ), *Kiss1* (ANOVA:  $F(2,14) = 10.43$ ,  $p <$   
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8 347  $0.01$ ), *Pomc* (ANOVA:  $F(2,14) = 12.48$ ,  $p < 0.001$ ), *Tac2* (ANOVA:  $F(2,14) = 26.99$ ,  $p < 0.0001$ ),  
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10 348 and *Th* (ANOVA:  $F(2,14) = 47.44$ ,  $p < 0.0001$ ). For another two genes, mRNA expression was  
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12 349 lower in KIKO and ERKO females compared to WT females, with mRNA expression also lower  
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14 350 in ERKO females than in KIKO females. These genes were *Bcl2* (the anti-apoptotic gene B cell  
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16 351 leukemia/lymphoma 2; ANOVA:  $F(2, 14) = 124.8$ ,  $p < 0.0001$ ), and *Sirt1* (Sirtuin 1 or NAD-  
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18 352 dependent deactylase; ANOVA:  $F(2, 14) = 16.58$ ,  $p < 0.001$ ).

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22 353 The mRNA expression of three other genes was lower in ERKO females, but not KIKO  
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24 354 females, compared to WT females. These genes include *Gpr30* (ANOVA:  $F(2, 14) = 10.05$ ,  $p <$   
25  
26 355  $0.01$ ), *Kcnmb4* ( $Ca^{2+}$ -activated potassium channel subunit  $\beta 4$ ; ANOVA:  $(2, 14) = 10.04$ ,  $p < 0.01$ ),  
27  
28 356 and *Mtor* (mammalian target of rapamycin; ANOVA:  $F(2, 14) = 10.19$ ,  $p < 0.01$ ). Additionally, six  
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30 357 genes were expressed at lower levels in ERKO females compared to both WT and KIKO  
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32 358 females. These genes were *Cacna1h* (a subunit of the T-type  $Ca^{2+}$  channels; ANOVA:  $F(2, 14)$   
33  
34 359  $= 10.92$ ,  $p < 0.001$ ), *Esr1* (ANOVA:  $F(2,14) = 22.96$ ,  $p < 0.0001$ ), *Gad1* (glutamate  
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36 360 decarboxylase 1; ANOVA:  $F(2,14) = 15.48$ ,  $p < 0.001$ ), *Kcnj11* (Kir6.2, the channel subunit for  
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38 361  $K_{ATP}$  channels; ANOVA:  $F(2,14) = 20.18$ ,  $p < 0.0001$ ), *Ncoa* (a coactivator of transcription;  
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40 362 ANOVA:  $F(2,14) = 15.17$ ;  $p < 0.001$ ), and *Pik3r3* (PI3K  $p55\gamma$  subunit; ANOVA:  $F(2,14) = 6.116$ ,  
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42 363  $p < 0.05$ ). Interestingly, expression of calmodulin (*Calm1*) was lower in ERKO females  
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44 364 compared to KIKO females, but not WT females (ANOVA:  $F(2,14) = 5.163$ ,  $p < 0.05$ ).

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47 365 We observed other gene-expression differences between genotypes. *Adra1b* expression  
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49 366 was higher in KIKO females compared to WT females (ANOVA:  $F(2,14) = 10.82$ ,  $p < 0.01$ ).  
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51 367 Additionally, expression of *Cacna1g* (ANOVA:  $F(2,14) = 14.64$ ,  $p < 0.001$ ) and *Pgr* (ANOVA:  
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53 368  $F(2,14) = 14.04$ ,  $p < 0.001$ ) was higher in both KIKO and ERKO females compared to WT  
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55 369 females. Expression of *Kiss1r* (ANOVA:  $F(2,12) = 16.29$ ,  $p < 0.001$ ) and *Kcnmb1* (ANOVA:  
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57 370  $F(2,14) = 18.41$ ,  $p < 0.001$ ) was higher in ERKO females compared to both WT and KIKO  
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4 371 females. Interestingly, expression of *Pdyn* was higher in KIKO females compared to WT  
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6 372 females and lower in ERKO compared to KIKO females (ANOVA:  $F(2,14) = 16.41$ ,  $p < 0.001$ ).  
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8 373 Finally, there was no change observed in *Esr2*, *Ghsr*, *Npy*, *Tac3r*, and *Kcnq5* (a subunit of the  
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10 374 potassium channel that produces the M-current) in the ARC across oil-treated females in WT,  
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13 375 KIKO, and ERKO genotypes.  
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## 17 377 **Discussion**

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20 378 Previous studies have demonstrated that E2 regulates ARC gene expression to control  
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22 379 homeostatic functions through ER $\alpha$ -mediated mechanisms. In the present study, to distinguish  
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24 380 between ERE-dependent and ERE-independent transcriptional mechanisms, we compared  
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26 381 gene expression in WT, ER $\alpha$  KO and an ER $\alpha$  KIKO mouse models. Previously, this KIKO  
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28 382 model, which lacks ER $\alpha$ -mediated ERE-dependent signaling, was has been used to delineate  
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31 383 such ER $\alpha$ -mediated signaling in the uterus [44] and the HPG axis [34, 45]. Studies on  
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33 384 osteoblasts suggested that E2 regulation of gene transcription occurs through both ERE-  
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35 385 dependent and ERE-independent mechanisms (including non-genomic mechanisms) [46]. The  
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37 386 classical ER $\alpha$  signaling pathway is genomic ERE-dependent gene transcription in which E2  
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39 387 binds to ER $\alpha$  in the nucleus and then ER $\alpha$  binds to ERE to regulate expression of multiple  
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42 388 genes. In addition to the classical ER $\alpha$  regulation of gene expression, there are ERE-  
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44 389 independent mechanisms that include ER $\alpha$ / $\beta$ -mediated, non-genomic second messenger  
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46 390 pathways and ER $\alpha$ / $\beta$ -independent signaling through membrane estrogen receptors [7, 8]. ERE-  
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48 391 independent signaling includes PI3K and mitogen-activated protein kinase second messenger  
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50 392 signaling cascades from membrane-associated ER $\alpha$ / $\beta$ , protein-protein interactions with other  
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52 393 transcription factors and ligand-independent mechanisms [2].  
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54 394 Recent evidence suggests that E2 signals through multiple membrane ERs including  
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56 395 GPER (GPR30) [1, 3]. However, there are few studies that determine how E2 signals through  
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4 396 ERE-dependent and ERE-independent mechanisms to regulate gene expression in the  
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6 397 hypothalamus. This present study compared gene expression in WT, KIKO, and ERKO mouse  
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8 398 models to characterize mechanisms of E2 regulation of ARC gene expression. We determined  
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10 399 that regulation of ARC gene expression by E2B, with E2 being the active hormone, occurs  
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12 400 through both ERE-dependent and ERE-independent mechanisms. The genes regulated by  
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14 401 ER $\alpha$ -mediated, ERE-dependent and ERE-independent mechanisms in this study include cation  
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16 402 channels, receptors, and neuropeptides associated with reproduction, energy balance, stress,  
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18 403 and other homeostatic functions. However, it is necessary to note that our ERE-independent  
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20 404 KIKO mouse model is nonselective to other hormone response element (HRE) motifs and may  
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22 405 bind to other HREs to regulate transcription [47]. The development of an “EAAE” ER $\alpha$  mouse  
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24 406 that lacks ERE- and HRE-dependent signaling would be useful in future studies to distinguish  
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26 407 between those two types of signaling [47].  
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31 408           In the current study, E2 (or treatment with E2B) increased channel expression of  
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33 409 *Cacna1g* and *Kcnmb1* in WT females only, a finding supported by previous studies, but not in  
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35 410 KIKO or ERKO [16, 17, 19]. Voltage-dependent T-type calcium channel subunit alpha-1G  
36  
37 411 (*Cacna1g*, also known as *Cav3.1*) is one subunit of low voltage-activated (T-type) calcium  
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39 412 channels that is important in burst firing and neurotransmitter release. The elevated expression  
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41 413 of *Cacna1g* expression in KIKO and ERKO females suggests that ER $\alpha$ -mediated, ERE-  
42  
43 414 mediated signaling independent of ligand differentially regulates *Cacna1g* expression. Past  
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45 415 studies have suggested that E2 regulates expression of the *Cav3* subunits [13, 15]. For  
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47 416 example, in GnRH neurons of the preoptic area (POA), a high E2B dose increased *Cacna1g*  
48  
49 417 expression transiently [13]. Increased expression of *Cacna1g* in the ARC led to increased  
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51 418 neuronal excitability and burst firing to regulate hypothalamic neurons involved in reproduction  
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53 419 and energy homeostasis [13, 15].  
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420 E2 has been found to regulate mRNA expression of a range of potassium channels in  
421 the guinea pig [16]. In the current study, we found that expression of *Kcnmb1*, a calcium-  
422 activated potassium channel (a MaxiK channel), was increased by E2B treatment in WT  
423 females only. Collectively, these studies emphasize the role of E2 regulation of channel  
424 expression in the ARC, which may translate to regulation of electrophysiological properties of  
425 ARC neurons [48]. Future studies in our lab will investigate the neurophysiological effects of the  
426 E2-induced gene expression. Furthermore, the results of our study indicate that in the mouse  
427 ARC, *Kcnmb1* MaxiK channel expression is regulated through ERE-dependent mechanisms.  
428 Elevated expression of *Kcnmb1* in oil-treated ERKO females also indicates that the loss of ER $\alpha$   
429 positively affects ARC *Kcnmb1* gene expression.

430 In addition to the above findings related to channel expression regulation, the results of  
431 this study indicate that, through multiple ER-mediated mechanisms, E2B regulates several  
432 hormone and neurotransmitter receptors in the ARC. These receptors are involved in a number  
433 of functions including reproduction, neuronal excitability, and energy balance. Collectively, our  
434 data suggest that E2B regulates the expression of several receptors involved in feeding, stress,  
435 and neurotransmission through multiple receptor-mediated mechanisms. *Chrm1* is a muscarinic  
436 acetylcholine receptor involved in a number of functions including memory consolidation,  
437 neuronal excitability and signal transduction [49]. Only a few studies to date have examined  
438 *Chrm1* expression in the ARC. In the present study, E2B suppressed *Chrm1* expression in the  
439 ARC through ERE-dependent signaling. Past studies in the rat hippocampus also suggest that  
440 *Chrm1* is decreased in response to immediate E2 replacement following ovx [50]. The current  
441 study used a different E2 replacement paradigm, yet it would be informative to examine *Chrm1*  
442 expression at different time points after E2B administration in the ARC to determine the time-  
443 dependent regulation of *Chrm1* expression. We also found suppressed *Chrm1* expression in  
444 KIKO and ERKO females compared to WT. This difference may result in a decrease in  
445 muscarinic signaling in the ARC of KIKO and ERKO females, which can be examined in future

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4 446 experiments using electrophysiology to assess muscarinic activity in ARC neurons.  
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6 447 Furthermore, the role of muscarinic receptors in the control of homeostatic functions in the ARC  
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9 448 has not been previously investigated and the effects of the suppression by E2 in these functions  
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11 449 are unknown.

12  
13 450 Expression of another neurotransmitter receptor, *Adra1b*, was suppressed by E2B  
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15 451 treatment in WT, KIKO and ERKO females. Alpha-1B adrenergic receptor (*Adra1b*) is a receptor  
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17 452 for catecholamines (norepinephrine/epinephrine) involved in arousal, feeding behaviors, cell  
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19 453 growth, and proliferation. Previous studies in rats report that E2 increases *Adra1b* expression in  
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21 454 the hypothalamus and POA [51-53]. E2 was administered via subcutaneous injection 24- and  
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23 455 48-hours prior to sacrifice, similar to the present study. The difference between those studies  
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25 456 and the current study indicate the differential effects of E2 on adrenergic signaling between  
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27 457 rodent species and between discrete hypothalamic nuclei. Furthermore, previous reports  
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29 458 suggest that E2 inhibits catecholamine secretion *in vitro* [54, 55]. It should be noted that *Adra1b*  
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31 459 suppression occurs in ERKO animals, suggesting that this is an ER $\alpha$ -independent mechanism.  
32  
33 460 A decrease of *Adra1b* expression in the ARC would suppress, in part, the actions of  
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35 461 noradrenergic/adrenergic signals from the hindbrain that control hypothalamic functions  
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37 462 including arousal, feeding behavior, and energy expenditure [56, 57]. Genotype-specific  
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39 463 analysis indicates that *Adra1b* expression and activity is different between KIKO and WT  
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41 464 females, which may be a mechanism behind the differences in feeding behavior between the  
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43 465 genotypes [12]. Future studies should examine if the difference in expression correlates with  
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45 466 changes in noradrenergic signaling in ARC neurons, specifically NPY neurons.

46  
47 467 The growth hormone secretagogue receptor, GHSR, is a GPCR involved in ghrelin  
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49 468 signaling. E2B treatment has been shown to increase *Ghsr* expression in the ARC in mice [30].  
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51 469 We determined that the increase in ARC *Ghsr* expression by E2, which is regulated by ERE-  
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53 470 dependent mechanisms, as E2B-treatment did not affect *Ghsr* expression in KIKO or ERKO  
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55 471 females. Ghrelin signaling in the hypothalamus illuminates the relationship of E2 on feeding  
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4 472 behavior control by ARC neurons. *Ghsr* activation by ghrelin excites NPY neurons [58] and  
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6 473 initiates a signaling cascade that increases transcription of NPY and AgRP [59]. Activation of  
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9 474 NPY neurons is associated with an increase in food intake, which is opposed by the actions of  
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11 475 E2 [60]. However, *Ghsr* is expressed throughout the heterogeneous population of ARC neurons  
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13 476 including POMC, TH, and KNDy neurons [30, 61, 62], and the increase in ARC *Ghsr* expression  
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15 477 by E2 is most likely involved in other homeostatic functions of these neurons. Cell-type specific  
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18 478 analysis will be necessary to address this contradictory information of E2's regulation of GHSR  
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20 479 signaling in the ARC.

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22 480 Our results also indicate that steroid receptors associated with reproduction are  
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24 481 regulated by E2 through both ERE-dependent and ERE-independent mechanisms. The  
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26 482 classical role of E2 in the control of reproduction is through feedback mechanisms of the HPG  
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29 483 axis and regulation of steroid receptor expression. The results of this study agree with past  
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31 484 studies on E2 regulation of the estrogen receptor, ER $\alpha$  (*Esr1*). In the hypothalamus, E2 has  
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33 485 been shown to decrease expression of *Esr1* [63]. This is supported by our study, which  
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35 486 suggests that the E2-mediated *Esr1* suppression occurs through ERE-dependent mechanisms.  
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38 487 There are no previous studies that identify the mechanism for this E2-mediated *Esr1* decrease.  
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40 488 Furthermore, E2B treatment augmented the expression of ER $\beta$  (*Esr2*) in WT and KIKO females.  
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42 489 These data indicate that, unlike with ER $\alpha$ , ER $\beta$  is regulated in the ARC by ERE-independent,  
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45 490 ER $\alpha$ -mediated signaling. GPER/GPR30, a membrane estrogen receptor, was not regulated by  
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47 491 E2 in any genotype. ER $\alpha$  (*Esr1*) expression was lower in ERKO compared to WT and KIKO  
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49 492 females. GPER (*Gpr30*) expression was lower in ERKO compared to WT females. Lastly, there  
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52 493 was no difference in expression of ER $\beta$  (*Esr2*) between all genotypes.

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54 494 In addition, E2B treatment increased expression of *Pgr* in WT females only. These  
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56 495 results are consistent with multiple studies that suggest E2B increases *Pgr* in the hypothalamus,  
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59 496 priming the brain for progesterone's reproductive and behavioral actions [64, 65], but also

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497 suggest that *Pgr* is regulated through ERE-dependent, ER $\alpha$ -mediated signaling pathway. *Pgr*  
498 expression is two- to threefold higher in both KIKO and ERKO females compared to WT  
499 females. Interestingly, the relative expression of *Pgr* in oil-treated KIKO and ERKO females is  
500 equal to the relative levels of *Pgr* in E2B-treated, WT females. Higher expression of *Pgr* in the  
501 ARC may play a role in the lack of normal estrous cycles in KIKO and ERKO females.

502 In the present study, E2B treatment regulated multiple neuropeptides that are  
503 coexpressed in KNDy neurons of the ARC and their receptors. Kisspeptin-expressing neurons  
504 are expressed in two main regions in the rodent hypothalamus [32]. The first region is the  
505 anteroventral periventricular (AVPV) nucleus, which is referred to as the surge center for its role  
506 in the LH surge in female rodents [32]. The second region is the ARC, which contains kisspeptin  
507 neurons that coexpress Kisspeptin (*Kiss1*), Neurokinin B (*Tac2*) and Dynorphin (*Dyn*, *Pdyn*)  
508 [66]. These KNDy neurons are known for their contribution to negative feedback of E2 on the  
509 HPG axis and are hypothesized to be the pulse generator for the secretion of GnRH into the  
510 median eminence [67, 68]. Additional studies suggest that kisspeptin neurons directly contact  
511 GnRH neurons in the median eminence to control GnRH excitability and pulsatility [68]. Since  
512 then, KNDy neurons have also been shown to integrate feeding signals through input from  
513 peptides such as ghrelin, leptin, and insulin [69, 70]. Our results corroborate previous data  
514 demonstrating that *Kiss1* regulation by E2 is nonclassically mediated [34]. *Kiss1* expression also  
515 was lower in both KIKO and ERKO females than WT females. Because ARC *Kiss1* is involved  
516 in negative feedback, perhaps the lower expression indicates that negative feedback is  
517 disrupted in these genotypes, in part, due to lower expression of *Kiss1* [67, 68].

518 Amongst the other two KNDy neuropeptides, Neurokinin B (*Tac2*) expression is  
519 suppressed by E2 in WT females only. Our data suggest that *Tac2* expression is primarily  
520 controlled by ERE-dependent signaling much like *Pdyn* [29, 41]. As with *Kiss1*, *Tac2* expression  
521 is lower in both KIKO and ERKO females. The suppressed expression of *Tac2* in these  
522 genotypes also supports the hypothesis that lower expression of both *Kiss1* and *Tac2* play a

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4 523 role in the disruption of negative feedback in these genotypes. Because Neurokinin B (NKB,  
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6 524 *Tac2*) is involved in GnRH pulse generation, the lower expression in KIKO and ERKO  
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9 525 contributes to the dysregulation of the GnRH actions on the gonadotropes in these genotypes  
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11 526 [67, 68]. Since *Kiss1* is the only KNDy gene that is regulated by ER $\alpha$  ERE-independent  
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13 527 mechanisms, the KNDy pulse generator (NKB, Dyn) for GnRH secretion is primarily controlled  
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15 528 by ERE-dependent mechanisms. Finally, *Pdyn* expression, the other KNDy neuropeptide, is  
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18 529 suppressed by E2B through ERE-dependent transcription. These data support previous studies  
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20 530 and was used in this study as a “negative” control for ERE-independent signaling [34].  
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22 531 Interestingly, *Pdyn* expression was higher in KIKO females compared to WT females unlike  
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24 532 *Kiss1* and *Tac2* expression. Elevated *Pdyn* may further disrupt the pulse generator in this  
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27 533 genotype as this neuropeptide is considered a negative regulator of the pulse generator [67,  
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29 534 68].

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31 535 KNDy-associated receptors are also regulated by E2. *Tac3r*, the NKB receptor, is  
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33 536 suppressed in WT and KIKO females by E2B treatment, suggesting that, like *Kiss1*, *Tac3r*  
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36 537 suppression is through an ER $\alpha$ -mediated, ERE-independent pathway [71]. These results  
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38 538 suggest that both ERE-dependent and ERE-independent mechanisms are involved in the  
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40 539 control of KNDy neuropeptides and their receptors and are necessary to maintain a functional  
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42 540 HPG axis. In fact, current evidence suggests that mutations in *Tac3r* lead to problems in  
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44 541 reproductive development including hypogonadotrophic hypogonadism, similar to mutations in  
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47 542 *Kiss1r* [72, 73]. The decrease in *Tac3r* and *Tac2* associated with E2B treatment may both be  
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49 543 involved in KNDy-mediated control of negative feedback and the GnRH pulse generator.

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51 544 *Kiss1r*, the receptor for *Kiss1*, is increased by E2B treatment in all three genotypes. This  
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53 545 upregulation suggests that E2 regulation of *Kiss1r* expression is ER $\alpha$ -independent and  
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56 546 potentially mediated by ER $\beta$ , GPER, or perhaps the putative STX-responsive, Gq-coupled mER  
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58 547 (Gq-mER) [1, 16, 74]. Alternatively, the increase in *Kiss1r* expression may be due, in part, to a  
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548 decrease in the desensitization of the receptor, as Kiss1 peptide and gene expression is highly  
549 reduced by E2 in the ARC [25, 32, 75]. Future studies should examine E2 regulation of Kiss1r  
550 peptide expression selectively in the median eminence, where KNDy neurons contact GnRH  
551 neurons expressing the kisspeptin receptor [19, 66]. *Kiss1r* expression was higher in ERKO  
552 females compared to their WT and KIKO females, which correlated with a decrease in the  
553 ligand expression in the ERKO. However, the effect of E2 across the genotypes was similar,  
554 suggesting that the E2-mediated increase is robust and not dependent on relative baseline  
555 expression levels.

        Lastly, *Cart* gene expression, which produces a neuropeptide involved in reward, stress,  
556 and feeding behavior [76, 77], is differentially regulated by E2 in the three genotypes. CART  
557 activity has been shown to suppress feeding much like E2 in rodents and primates [76, 77].  
558 However, in this experiment, E2B treatment suppressed *Cart* in WT and KIKO females. These  
559 results are supported by previous studies that have reported the suppression of *Cart* by E2 in  
560 the rodent ARC [38] and suggest that the suppression of the *Cart* gene in the ARC is a  
561 compensatory homeostatic response for the increase in CART protein activity in the  
562 paraventricular nucleus to suppress feeding [78]. Interestingly, E2B augmented *Cart* expression  
563 in ERKO females. The mechanism behind this effect of E2B is unknown, but certainly involves  
564 the other ER in the ARC. To date, there have been no studies that examine which ER-mediated  
565 mechanism regulates *Cart* expression or their contribution to the physiological effects of CART  
566 in the hypothalamus.

        There are a number of additional receptors that can be involved in ER $\alpha$ -independent, E2  
567 signaling and may be involved in the control of *Kiss1r*, *Adra1b*, and *Cart*. In addition to ER $\alpha$ , the  
568 classical receptor ER $\beta$  can also regulate E2-responsive genes through ERE-dependent and  
569 ERE-independent signaling. Although ER $\alpha$  is more highly expressed in the ARC compared to  
570 ER $\beta$ , studies suggest that ER $\beta$  signaling is still present [27] and may function as a  
571 compensatory mechanism for gene regulation by E2 in the ERKO since *Esr2* is expressed in



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ARC during development [79]. In addition, non-nuclear ER-mediated E2 signaling can also regulate gene expression through G-protein coupled membrane estrogen receptors (GPER) and the putative Gq-mER [80]. Evidence suggests that GPER is activated by E2 and is important for rapid cell signaling and homeostatic functions, although is it not regulated by E2 in the ARC [81, 82]. Gq-mER activates PLC-PKC signal transduction pathway and functions in energy homeostasis, bone remodeling, and core body temperature including activation of hypothalamic neurons [7] as well as control of ARC gene expression [1].

We found that there were a number of genes that were not regulated by E2B but did show differences in expression amongst genotypes. These genes include *Abcc8*, *Bcl2*, *Cacna1h*, *Calm1*, *Gad1*, *Gad2*, *Gpr30*, *Htr2c*, *Kcnj11*, *Kcnmb4*, *Mtor*, *Ncoa1*, *Pik3r3*, *Pomc*, *Sirt1*, and *Th*. The range of expression differences amongst the genotypes differs for each gene. While there is no easily discernable pattern of expression differences, these changes may result in deleterious effects of ER $\alpha$  loss (knockout) on reproductive and energy homeostasis. Furthermore, it is important to note that the present study only examined differences in gene expression among oil-treated genotypes, which may not produce functional differences in ARC neurons or in the protein of these enzymes, signaling molecules, receptors, and cation channels. Future experiments will be needed to confirm these potential effects and if these differences are due to a developmental role of ER $\alpha$  signaling, both ERE-dependent and ERE-independent, in ARC gene expression. Nonetheless, comparison of gene expression across genotypes is an important tool for enhancing our understanding of ER $\alpha$ 's role in ARC gene expression and homeostatic functions.

While past studies have examined regulation of gene expression by E2 in the ARC, few studies to date have used the ER $\alpha$  KIKO transgenic mouse model as a tool to identify molecular mechanisms of E2 regulation. The results of our study indicate that genes involved in hypothalamic functions such as reproduction, energy homeostasis, and neuronal excitability are

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4 599 regulated by E2 through multiple ER $\alpha$ -mediated and ER $\alpha$ -independent pathways as has been  
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6 600 previously suggested [1]. It is important to note that gene expression in our study is a  
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8 601 measurement of the steady-state mRNA expression. Unfortunately, due to the small size of the  
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10 602 ARC nucleus in mice, it is not possible to conduct immunoblotting of protein expression within a  
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12 603 single animal. Because mRNA and protein levels seldom correlate when comparing gene  
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14 604 expression and immunohistochemistry [25], future studies will examine the expression and  
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16 605 activity of many of these genes, especially the cation channels and GPCRs, using  
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18 606 electrophysiology. These experiments would further characterize the role of ER $\alpha$ -mediated,  
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20 607 ERE-dependent and -independent signaling on ARC gene expression and neuronal functions.  
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22 608 Determining these signaling pathways is key to understanding the physiological effects of  
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24 609 estrogens during the reproductive cycle and in hormone replacement therapies.  
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### 31 611 **Acknowledgements**

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33 612 The authors wish to thank Dr. Michael Pierce and the Rutgers SEBS Core Facility for the use of  
34  
35 613 the StepOne Plus™ Real-Time PCR System. The University of Virginia Center for Research in  
36  
37 614 Reproduction Ligand Assay and Analysis Core is supported by the Eunice Kennedy Shriver  
38  
39 615 NICHD/NIH (SCCPIR) Grant U54-HD298934. This research is supported by National Institutes  
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41 616 of Health Grant R00DK083457 (T.A.R.) and NJ06107 (USDA-NIFA) (T.A.R.).  
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832 **Table 1. List of genes analyzed in the Taqman<sup>®</sup> Low Density Array (TLDA)**

Gene Name	Gene Abbreviation	Taqman Assay #
ATP-binding cassette, subfamily C	<i>Abcc8</i>	Mm00803450_m1
B cell leukemia/lymphoma 2	<i>Bcl2</i>	Mm00477631_m1
Cav3.1	<i>Cacna1g</i>	Mm00486572_m1
Cav3.2	<i>Cacna1h</i>	Mm00445382_m1
Calmodulin 1	<i>Calm1</i>	Mm01336281_g1
Estrogen receptor $\alpha$	<i>Esr1</i>	Mm00433149_m1
Estrogen receptor $\beta$	<i>Esr2</i>	Mm00599821_m1
Glutamate decarboxylase 1	<i>Gad1</i>	Mm04207432_g1
Glutamate decarboxylase 2	<i>Gad2</i>	Mm00484623_m1
G protein-coupled receptor 30	<i>Gpr30</i>	Mm01194815_m1
Growth hormone	<i>Gh</i>	Mm00433590_g1
Serotonin receptor 2C	<i>Htr2c</i>	Mm00434127_m1
Calcium-activated potassium channel subunit $\beta$ 1	<i>Kcnmb1</i>	Mm00466621_m1
Kir6.2	<i>Kcnj11</i>	Mm00440050_s1
Calcium-activated potassium channel subunit $\beta$ 4	<i>Kcnmb4</i>	Mm00465684_m1
KCNQ5 (Kv7.5)	<i>Kcnq5</i>	Mm01226041_m1
Kisspeptin 1	<i>Kiss1</i>	Mm03058560_m1
Kisspeptin receptor	<i>Kiss1r</i>	Mm00475046_m1
Neuropeptide Y	<i>Npy</i>	Mm03048253_m1
Prodynorphin	<i>Pdyn</i>	Mm00457573_m1
Progesterone receptor	<i>Pgr</i>	Mm00435628_m1
PI3K p55 $\gamma$	<i>Pik3r3</i>	Mm00725026_m1
Proopiomelanocortin	<i>Pomc</i>	Mm00435874_m1
Tachykinin 2	<i>Tac2</i>	Mm00436885_m1
Tachykinin 3 receptor	<i>Tac3r</i>	Mm00445346_m1
Tyrosine hydroxylase	<i>Th</i>	Mm00447557_m1
Nuclear receptor coactivator 1	<i>Ncoa</i>	Mm01318933_m1
Mammalian target of rapamycin	<i>Mtor</i>	Mm00444968_m1
Sirtuin 1	<i>Sirt1</i>	Mm00490758_m1
Beta actin	<i>Actb</i>	Mm01205647_g1
18s ribosomal RNA	<i>18S</i>	Hs99999901_s1

833 Genes that were analyzed using a TLDA and their respective Taqman<sup>®</sup> assay #s are listed. For  
 834 KIKO and ERKO analysis, identical Taqman<sup>®</sup> assays were used.



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835 **Table 2. List of genes using designed primers**

Gene Name	Product length	% Eff	Primer sequence	Base pair #	Accession #
<i>Adra1b</i>	84	100	F: CTTTCATCGCTCTCCCACTTG	1174-1193	NM_007416
			R: TAGCCCAGCCAGAACACT	1240-1257	
$\beta$ -actin	63	100	F: GCCCTGAGGCTCTTTTCCA	849-867	NM_007393.3
			R: TAGTTTCATGGATGCCACAGGA	911-990	
<i>Cart</i>	169	93	F: GCTCAAGAGTAAACGCATTCC	277-297	NM_013732
			R: GTCCCTTCACAAGCACTTCAA	425-445	
<i>Chrm1</i>	272	110	F: AGCAGCTCAGAGAGGTACAGCCA	1331-1354	NM_001112697
			R: GGCCTCTTGACTGTATTTGGGGA	1580-1603	
<i>Gapdh</i>	98	93	F: TGACGTGCCGCCTGGAGAAA	852-875	NM_008084
			R: AGTGTAGCCCAAGATGCCCTTCAG	106-125	
<i>Ghsr</i>	122	110	F: CAGGGACCAGAACCACAAAC	1003-1022	NM_177330
			R: AGCCAGGCTCGAAAGACT	1107-1124	

836 The genes listed are those that were not included in the TLDA. Sense primer is listed first with  
837 the antisense primer below. Primer pairs were ordered from Life Technologies and designed to  
838 span exon-exon junctions using Clone 5 software. *Adra1b*, alpha-1B adrenergic receptor;  $\beta$ -  
839 *actin*, beta actin; *Cart*, cocaine- and amphetamine- regulated transcript; *Chrm1*, cholinergic  
840 muscarinic 1 receptor; *Gapdh*, glyceraldehyde-3-phosphate dehydrogenase; *Ghsr*, growth  
841 hormone secretagogue receptor.

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842 **Table 3. Body and uterine weights**

Genotype	Treatment	Body weight (g)	Uterine weight (mg)
WT	Oil	24.0 ± 0.6	27.5 ± 0.9
	E2B	23.6 ± 0.7	98.3 ± 2.1****
KIKO	Oil	22.1 ± 1.6	38.8 ± 5.3
	E2B	22.4 ± 0.9	43.0 ± 5.1
ERKO	Oil	19.5 ± 0.3	10.0 ± 1.3
	E2B	21.0 ± 0.9	13.2 ± 2.4

843 Uterine weights are expressed relative to body weight. Data  
844 were analyzed with a two-way ANOVA with Bonferroni's  
845 multiple comparison tests (\*\*\*\*p < 0.0001).

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**Table 4. TLDA Gene Expression Analysis**

Gene Name	Functional Name (Protein)	Oil	E2B	p
<i>Abcc8</i>	ATP-binding cassette, subfamily C member 8	1.02 ± 0.10	0.97 ± 0.11	-
<i>Adra1b</i>	Alpha-1B adrenergic receptor	1.02 ± 0.04	0.67 ± 0.03	****
<i>Bcl2</i>	Apoptosis regulator Bcl-2	1.00 ± 0.03	0.99 ± 0.06	-
<i>Cacna1g</i>	Voltage-dependent T-type calcium channel subunit alpha-1G	1.01 ± 0.08	1.61 ± 0.17	***
<i>Cacna1h</i>	Voltage-dependent T-type calcium channel subunit alpha-1H	1.01 ± 0.05	1.03 ± 0.06	-
<i>Calm1</i>	Calmodulin	1.01 ± 0.07	1.13 ± 0.05	-
<i>Cart</i>	Cocaine- and amphetamine-regulated transcript protein	1.08 ± 0.08	0.54 ± 0.02	*
<i>Chrm1</i>	Muscarinic acetylcholine receptor M1	1.08 ± 0.03	0.33 ± 0.04	****
<i>Esr1</i>	Estrogen receptor α	1.01 ± 0.06	0.66 ± 0.08	*
<i>Esr2</i>	Estrogen receptor β	1.03 ± 0.13	1.60 ± 0.12	*
<i>Gad1</i>	Glutamate decarboxylase 1	1.01 ± 0.06	0.94 ± 0.07	-
<i>Gad2</i>	Glutamate decarboxylase 2	1.01 ± 0.05	1.03 ± 0.06	-
<i>Gh</i>	Growth Hormone (Somatotropin)	1.03 ± 0.11	1.01 ± 0.11	-
<i>Ghsr</i>	Growth hormone secretagogue receptor type 1	1.16 ± 0.09	2.47 ± 0.15	****
<i>Gpr30</i>	G-protein coupled estrogen receptor 1	1.03 ± 0.12	0.84 ± 0.04	-
<i>Htr2c</i>	5-hydroxytryptamine receptor 2C	1.01 ± 0.09	1.20 ± 0.14	-
<i>Kcnj11</i>	ATP-sensitive inward rectifier potassium channel 11	1.01 ± 0.07	0.92 ± 0.05	-
<i>Kcnmb1</i>	Calcium-activated potassium channel subunit beta-1	1.16 ± 0.25	2.45 ± 0.41	**
<i>Kcnmb4</i>	Calcium-activated potassium channel subunit beta-4	1.03 ± 0.11	1.30 ± 0.07	-
<i>Kcnq5</i>	Potassium voltage-gated channel subfamily KQT member 5	1.00 ± 0.04	1.12 ± 0.11	-
<i>Kiss1</i>	Kisspeptin	1.02 ± 0.11	0.12 ± 0.02	***
<i>Kiss1r</i>	Kisspeptin receptor	1.00 ± 0.02	1.29 ± 0.05	**
<i>Mtor</i>	Serine/threonine-protein kinase mammalian target of rapamycin	1.00 ± 0.04	1.08 ± 0.06	-
<i>Ncoa</i>	Nuclear receptor coactivator 1	1.00 ± 0.05	1.07 ± 0.04	-
<i>Npy</i>	Neuropeptide Y	1.13 ± 0.25	0.99 ± 0.19	-
<i>Pdyn</i>	Prodynorphin	1.04 ± 0.15	0.55 ± 0.03	**
<i>Pgr</i>	Progesterone receptor	1.00 ± 0.04	2.12 ± 0.20	****
<i>Pik3r3</i>	Phosphatidylinositol-4,5 bisphosphate 3-kinase regulatory subunit gamma	1.00 ± 0.03	1.12 ± 0.06	-
<i>Pomc</i>	Pro-opiomelanocortin	1.01 ± 0.08	0.94 ± 0.10	-
<i>Sirt1</i>	NAD-dependent protein deacetylase sirtuin-1	1.00 ± 0.04	1.06 ± 0.03	-
<i>Tac2</i>	Tachykinin 2 (Neurokinin B)	1.04 ± 0.16	0.19 ± 0.03	****
<i>Tac3r</i>	Tachykinin 3 receptor	1.04 ± 0.15	0.35 ± 0.06	****
<i>Th</i>	Tyrosine hydroxylase	1.04 ± 0.13	1.01 ± 0.05	-

Data were analyzed by a Students *t*-test for each gene (\**p* < 0.05; \*\**p* < 0.01; \*\*\**p* < 0.001; \*\*\*\**p* < 0.0001).

852 **Table 5. Comparison of gene expression between genotypes in oil-treated females**

Gene List	WT	KIKO	ERKO
<i>Abcc8</i>	1.02 ± 0.10	0.32 ± 0.14 b	0.21 ± 0.08 c
<i>Adra1b</i>	1.03 ± 0.12	3.97 ± 0.64 b	2.64 ± 0.29
<i>Bcl2</i>	1.00 ± 0.03	0.24 ± 0.07 d	0.02 ± 0.01 d D
<i>Cacna1g</i>	1.01 ± 0.08	1.97 ± 0.15 b	2.36 ± 0.24 c
<i>Cacna1h</i>	1.01 ± 0.05	0.82 ± 0.21	0.09 ± 0.02 c B
<i>Calm1</i>	1.01 ± 0.07	1.07 ± 0.35	0.18 ± 0.05 A
<i>Cart</i>	1.02 ± 0.10	0.19 ± 0.05 d	0.77 ± 0.12 B
<i>Chrm1</i>	1.10 ± 0.31	0.34 ± 0.07 a	0.34 ± 0.06 a
<i>Esr1</i>	1.01 ± 0.06	0.97 ± 0.09	0.44 ± 0.03 c C
<i>Esr2</i>	1.03 ± 0.13	1.80 ± 0.45	2.00 ± 0.32
<i>Gad1</i>	1.01 ± 0.06	0.66 ± 0.16	0.16 ± 0.06 c A
<i>Gad2</i>	1.01 ± 0.05	0.15 ± 0.03 d	0.09 ± 0.02 a
<i>Ghsr</i>	1.01 ± 0.07	1.58 ± 0.42	1.11 ± 0.14
<i>Gpr30</i>	1.03 ± 0.12	0.61 ± 0.21	0.12 ± 0.03 b
<i>Htr2c</i>	1.01 ± 0.09	0.26 ± 0.09 d	0.18 ± 0.07 d
<i>Kcnj11</i>	1.01 ± 0.07	0.83 ± 0.15	0.13 ± 0.06 c C
<i>Kcnmb1</i>	1.16 ± 0.25	6.87 ± 1.45	14.04 ± 1.91 d A
<i>Kcnmb4</i>	1.03 ± 0.11	0.50 ± 0.20	0.13 ± 0.06 b
<i>Kcnq5</i>	1.00 ± 0.04	0.85 ± 0.33	0.20 ± 0.06
<i>Kiss1</i>	0.92 ± 0.27	0.02 ± 0.01 b	0.17 ± 0.05 a
<i>Kiss1r</i>	1.48 ± 0.53	0.45 ± 0.11	6.84 ± 1.66 b C
<i>Mtor</i>	1.00 ± 0.04	0.54 ± 0.18	0.23 ± 0.06 b
<i>Ncoa</i>	1.00 ± 0.05	0.67 ± 0.16	0.18 ± 0.04 c A
<i>Npy</i>	1.13 ± 0.25	0.87 ± 0.49	0.45 ± 0.23
<i>Pdyn</i>	1.04 ± 0.15	2.39 ± 0.23 c	1.50 ± 0.10 B
<i>Pgr</i>	1.00 ± 0.04	3.42 ± 0.35 c	2.59 ± 0.38 a
<i>Pik3r3</i>	1.00 ± 0.03	1.01 ± 0.28	0.24 ± 0.09 a A
<i>Pomc</i>	1.01 ± 0.08	0.44 ± 0.17 a	0.17 ± 0.07 c
<i>Sirt1</i>	1.00 ± 0.04	0.59 ± 0.15 a	0.18 ± 0.02 c A
<i>Tac2</i>	1.08 ± 0.18	0.01 ± 0.01 d	0.13 ± 0.05 c
<i>Tac3r</i>	1.38 ± 0.83	0.05 ± 0.02	0.12 ± 0.03
<i>Th</i>	1.04 ± 0.13	0.23 ± 0.05 d	0.05 ± 0.01 d

853 Data were normalized to WT oil and analyzed by a one-way ANOVA followed by post-hoc  
854 Bonferroni's multiple comparison test, within gene. Lowercase letters denote changes observed  
855 between WT and KIKO or ERKO (**a**=p < 0.05; **b**=p < 0.01; **c**=p < 0.001; **d**=p < 0.0001).  
856 Uppercase letters sign denotes changes observed between KIKO and ERKO females (**A**=p <  
857 0.05; **B**=p < 0.01; **C**=p < 0.001; **D**=p < 0.0001).

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## 861 Figure Legends

862 **Figure 1. E2B regulates channel gene expression in the ARC.** (A) *Cacna1g* and (B)  
863 *Kcnmb1*. Results of qPCR analyses represent gene expression of oil- (black bars) and E2B-  
864 (gray bars) treated females in WT, KIKO, and ERKO genotypes. The number of animals in each  
865 treatment group is listed within each bar. Genes are expressed as relative *n*-fold changes,  
866 normalized to oil controls, within each genotype (WT, KIKO, ERKO). A two-way ANOVA  
867 (genotype x treatment) followed by *post-hoc* Bonferroni's multiple comparison test was used to  
868 determine significant differences between treatments, within genotype. \*\**p* < 0.01; \*\*\**p* < 0.001.

870 **Figure 2. E2B regulates receptor gene expression in the ARC** (A) *Chrm1*, (B) *Esr1*, (C)  
871 *Ghsr*, (D) *Pgr*, (E) *Tac3r*, (F) *Adra1b*, (G) *Kiss1r*, (H) *Esr2*, [and \(I\) \*Gpr30\*](#). Results of qPCR  
872 analyses represent gene expression of oil- (black bars) and E2B- (gray bars) treated females in  
873 WT, KIKO, and ERKO genotypes. The number of animals in each treatment group is listed  
874 within each bar. Genes are expressed as relative *n*-fold changes, normalized to oil controls,  
875 within each genotype (WT, KIKO, ERKO). A two-way ANOVA (genotype x treatment) followed  
876 by *post-hoc* Bonferroni's multiple comparison test was used to determine significant differences  
877 between treatments, within genotype. \**p* < 0.05; \*\**p* < 0.01; \*\*\**p* < 0.001; \*\*\*\**p* < 0.0001.

879 **Figure 3. E2B regulates neuropeptide gene expression in the ARC.** (A) *Pdyn*, (B) *Tac2*, (C)  
880 *Kiss1*, and (D) *Cart*. Results of qPCR analyses represent gene expression of oil- (black bars)  
881 and E2B- (gray bars) treated females in WT, KIKO, and ERKO genotypes. The number of  
882 animals in each treatment group is listed within each bar. Genes are expressed as relative *n*-  
883 fold changes, normalized to oil controls, within each genotype (WT, KIKO, ERKO). A two-way  
884 ANOVA (genotype x treatment) followed by *post-hoc* Bonferroni's multiple comparison test was  
885 used to determine significant differences between treatments, within genotype. \**p* < 0.05; \*\**p* <  
886 0.01; \*\*\**p* < 0.001; \*\*\*\**p* < 0.0001.

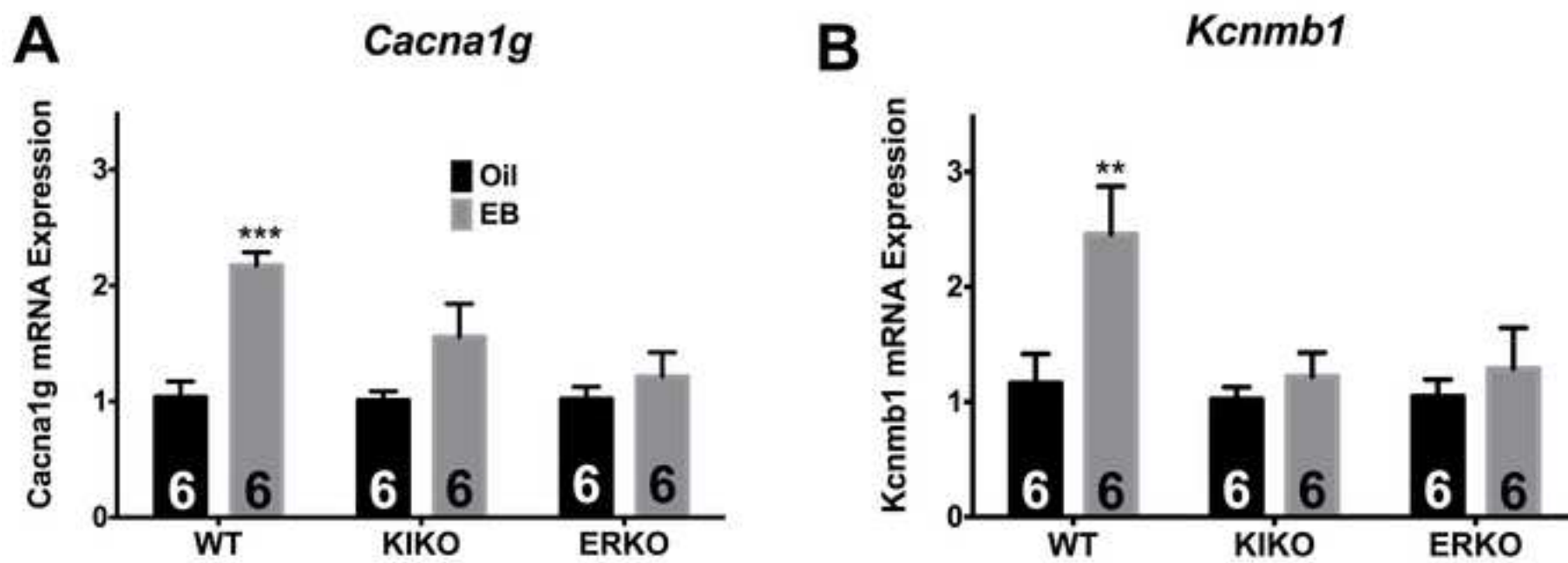


Figure 2  
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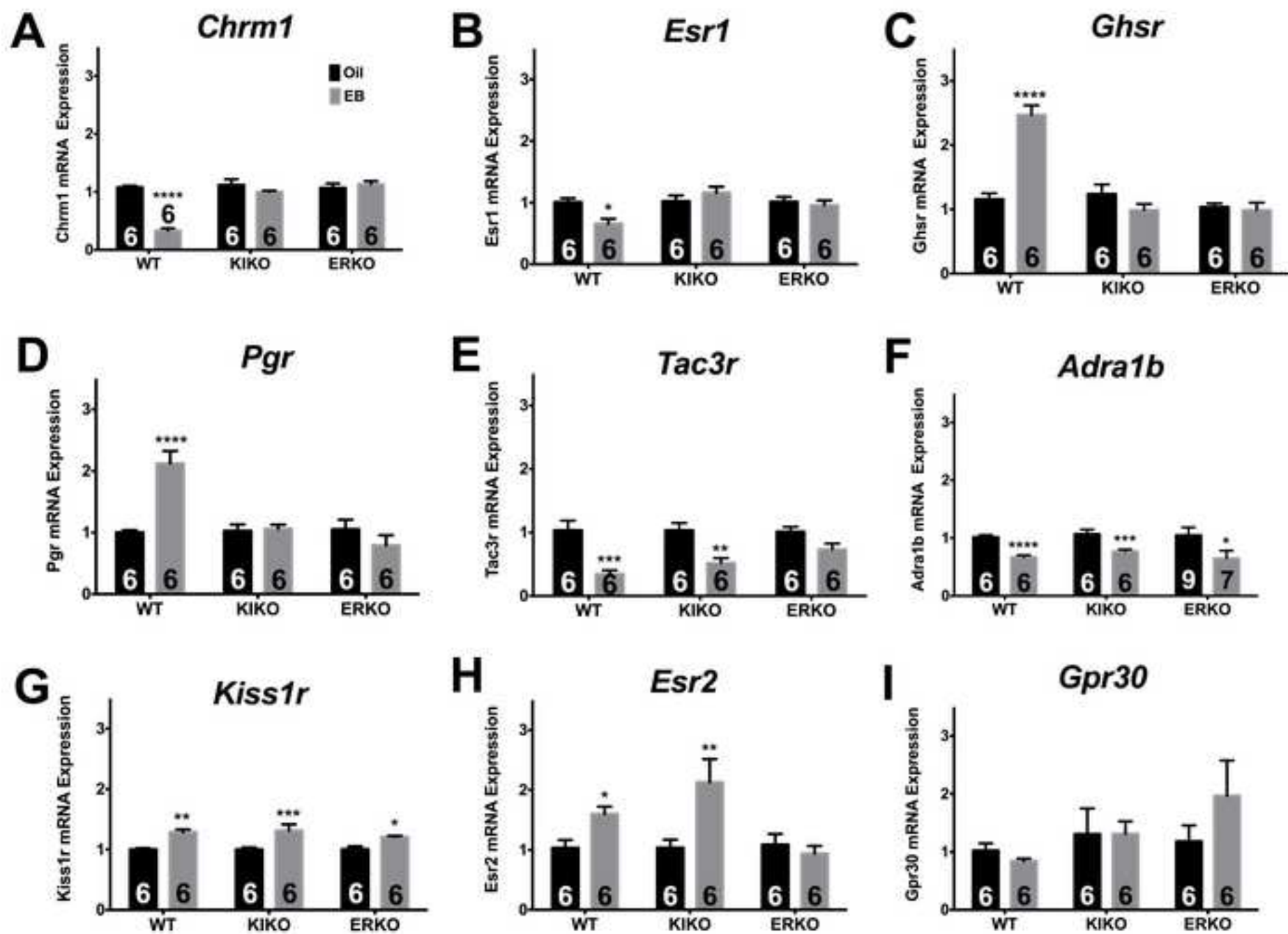


Figure 3  
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