

**DIABETES EXPERIENCES STUDY
DEPARTMENT OF PSYCHOLOGY
RUTGERS UNIVERSITY**

CONSENT FORM

PURPOSE: You are invited to participate in a research study that is being conducted by Kristin August, Ph.D., an assistant professor in the Psychology Department at Rutgers University. The purpose of this research is to understand how middle-aged and older adults with diabetes manage their condition with the help of family, friends, and health care providers.

PROCEDURE: Approximately 200 participants between the ages of 45 and 85 years old will participate in the study, and each individual's participation will last approximately two hours. The study procedures include the completion of two questionnaires, an in-person interview, and non-invasive measurements of waist-to-hip ratio.

- Participants will first be asked to complete a pre-interview questionnaire at home, over the phone, or at the interview. This questionnaire will ask questions about health care usage, medications, and insurance information. The questionnaire will take approximately 15 minutes for you to complete.
- Then, an in-person interview will be conducted that includes questions about diabetes management, health care usage, health behaviors, and your relationships with family, friends, and health care providers. The interview will take approximately 1-1 ½ hours to complete.
- Next, participants will be asked to complete a short, supplemental questionnaire to assess mental health and well-being, as well as marital relationship information (if married). This questionnaire will take approximately 15 minutes for you to complete.
- Finally, participants will have waist and hip measured using non-invasive, benign procedures. The measurements will take approximately 5 minutes.

RISKS/BENEFITS: There are no serious risks associated with participation in this study. Completion of the interview may result in some fatigue; however, you are welcome to take as many breaks as you want. It is also possible that certain questions may upset you due to the issues covered. If you feel any distress as a result of your participation in this study, please tell the researcher and you will be referred to the Rutgers-Camden Health Center, which can provide referrals to non-Rutgers students. While your diabetes care is not likely to improve from participation in this research, the study may produce valuable data about the experiences of individuals with diabetes and inform interventions to improve diabetes care.

COMPENSATION: You will receive \$20.00 for completing the study. If you quit before the end of the study, you will still be compensated the full amount for your time. If you paid for parking on campus, you will be reimbursed for up to \$3.00 to cover this expense.

CONFIDENTIALITY: All information that you provide to us will be kept strictly confidential. This means that the research records will include some information about you, such as your name and contact information. All of your information will be kept confidential by storing the data in a secure location on the Rutgers-Camden campus, and destroyed after 10 years. The research team and the Institutional Review Board at Rutgers University are the only parties that will be allowed to see the data, except as may be required by law. In any publication or presentation of results, only group results will be used, and your name will not be associated with your data.

Participation in this study is voluntary. You may choose not to participate, and you may withdraw at any time during the study procedures without any penalty to you. In addition, you may choose not to answer any questions with which you are not comfortable.

QUESTIONS OR CONCERNS: If you have any questions about the study procedures, you are encouraged to talk with the researcher. You also may contact Dr. Kristin August at (856) 225-6784; kristin.august@camden.rutgers.edu. If you have any questions about your rights as a research participant, please contact an IRB Administrator at the Rutgers University, Arts and Sciences IRB:

Institutional Review Board
Rutgers University, the State University of New Jersey
Liberty Plaza / Suite 3200
335 George Street, 3rd Floor
New Brunswick, NJ 08901
Email: humansubjects@orsp.rutgers.edu

You will be given a copy of this consent form for your records.

Sign below if you agree to participate in this research study:

Participant _____ Date _____

Researcher _____ Date _____

(If applicable) Legally authorized representative _____

Date: _____