

PERINATAL EXPOSURE TO ORGANOPHOSPHATE FLAME RETARDANTS:
EFFECTS ON GENE EXPRESSION, METABOLISM, FEEDING AND
EXPLORATORY BEHAVIOR

By

SABRINA NICOLE WALLEY

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ABSTRACT OF THE THESIS

EFFECTS OF FLAME RETARDANTS ON ARCUATE GENE EXPRESSION AND ENERGY HOMEOSTASIS IN MICE

By SABRINA NICOLE WALLEY

Thesis Director:

Troy Adam Roepke

Following the phase out of polybrominated diphenyl ethers (PBDEs) due to their persistence in the environment and endocrine disrupting properties, organophosphate flame retardants (OPFR) massively increased in production. Because of this persistence, flame retardants (FR) are ubiquitous in the environment and can interact with multiple nuclear receptors, including the estrogen receptors (ERs) and peroxisome proliferating activated receptors (PPARs). While many studies have assessed the effects of developmental exposure to EDCs on energy homeostasis, little is known about FR like OPFRs, individual food intake, metabolic parameters and their effects on metabolic syndrome. Therefore, we investigated maternal OPFR exposure followed by adult high-fat diet (HFD) or low-fat diet (LFD) challenge results in sexually dimorphic differences in behavior, activity and neuropeptides through interactions with steroids and nuclear receptors (experiment 1) and if maternal OPFR exposure with a HFD or LFD challenge results in sexually dimorphic changes in gene expression and higher susceptibility to symptoms

of metabolic syndrome (experiment 2).

In experiment 1, WT C57Bl/6J dams were orally dosed with vehicle (oil) or an OPFR mixture {1mg/kg combination each of tris(1,3-dichloro-2-propyl)phosphate, triphenyl phosphate, and tricresyl phosphate} from gestation day 7 to postnatal day 14. During maternal exposure, anogenital distance (AGD) was measured in pups as an early sign of maternal influences on progeny. Males had a reduced AGD, exhibiting estrogenic or anti-androgenic effects. After weaning, pups were challenged with a high fat (HFD) or low fat diet (LFD). In order to evaluate anxiety-like behavior, we used the elevated plus maze (EPM) and open field test (OFT) and the comprehensive lab animal monitoring system (CLAMS) for general locomotor activity. EPM results found males exhibited more anxiogenic behavior, while females had the same effect in OFT. CLAMS showed a reduction in activity for males. Individual food intake, and meal patterns were quantified with the Biological Data Acquisition System (BioDAQ), which found that OPFR and HFD males ate more during acrophase. Increased energy intake was observed in OPFR HFD female mice. Arcuate (ARC) neuropeptide and hormone receptor expression were measured to assess changes in gene expression, which showed only females had an increase in ARC expression genes. Showing that OPFR, or an interaction of OPFR and diet had a sexually dimorphic effect.

In experiment 2, WT C57Bl/6J dams were orally dosed with vehicle (oil) or an OPFR mixture {1mg/kg combination each of tris(1,3-dichloro-2-propyl)phosphate, triphenyl phosphate, and tricresyl phosphate} from gestation day 7 to postnatal day 14. After weaning, pups were challenged with a high-fat (HFD) or low-fat diet (LFD). As symptoms of metabolic syndrome are not exclusive to obese individuals, we not only analyzed

bodyweight and body composition, but other metabolic activity parameters. OPFR altered substrate utilization in both sexes, altered carbon dioxide and oxygen consumption in females following CLAMS use. OPFR altered fasting glucose in females, and glucose and hepatic glucose homeostasis in males. Plasma leptin was reduced in males while liver enzymes and receptors were reduced in both sexes. These data suggest that OPFRs alter ARC and liver homeostatic gene expression and energy balance in a sex-dependent manner.

Glossary: 17- β estradiol (E2), 2,3,7,8-tetrachlorodibenzodioxin (TCDD), agouti-related protein (AgRP), α -melanocyte stimulating hormone (α -MSH), anogenital distance (AGD), arcuate nucleus (ARC), aryl hydrocarbon receptor (AhR), Biological Data Acquisition (BioDAQ), bisphenol A (BPA), bisphenol F (BPF), bisphenol S (BPS), cholecystikinin (CCK), chlorpyrifos (CPO), cocaine- and amphetamine-regulated transcript (CART), corticotropin-releasing hormone (CRH), dichlorodiphenyltrichloroethane (DDT), diethylstilbestrol (DES), dorsomedial hypothalamus (DMH), endocrine-disrupting compound (EDC), Environmental Protection Agency (EPA), estrogen receptor (ER), flame retardants (FR), gestational day (GD), high-fat (HFD), lateral hypothalamus (LH), low-fat diet (LFD), melanin-concentrating hormone (MCH), neuropeptide Y (NPY), nucleus tractus solitarius (NTS), organochlorines (OC), organophosphate FR (OPFR), parabrachial nucleus (PBN), parathion (PTN), paraventricular nucleus (PVN), perfluorinated compounds (PFC), perfluorooctanoic acid (PFOA), perfluorooctanesulfonic acid (PFOS),

peroxisome proliferating activated receptor (PPAR), persistent organic pollutant (POP), polybrominated diphenyl ether (PBDE), polychlorinated biphenyls (PCB), postnatal day (PND), proopiomelanocortin (POMC), steroidogenic factor 1 (SF1), respiratory exchange ratio (RER), thyroid hormone (TH), thyrotropin-releasing hormone (TRH), tricresyl phosphate (TCP), triphenyl phosphate (TPP), tris (1,3-dichloro-2-propyl) phosphate (TDCPP), ventromedial nucleus of the hypothalamus (VMH), wastewater treatment plants (WWTPs), women of child bearing potential (WOCBP)

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CHAPTER 1:
INTRODUCTION AND BACKGROUND

1. INTRODUCTION

Polybrominated diphenyl ethers (PBDE) were the successor to the earliest flame retardant (FR), polychlorinated biphenyls (PCB), after they were shown to have serious toxic effects around 1977. Similar to PCBs, PBDEs have many congeners, but the most commonly used are: tetra-, penta-, octa- and decaBDE. Marine sponges are also a contributor to worldwide PBDE concentrations but are not the major contributors (Carté *et al.*, 1981; Fu *et al.*, 1995). PBDEs are an additive FR that is applied to many consumer products like furniture, textiles, building materials and plastic products. The main feature of additive FRs is that they are not chemically bound to the polymer material, and thus, have the ability to leach into the environment. Currently, there are no studies to determine the migration rate of PBDEs, but estimates are 0.038%, 0.054%, and 0.39% for deca-, octa- and penta-BDEs, respectively (EU, 2001). Although the previous estimates are for worst-case emission factors, the cause for concern is raised when the main routes of elimination are incineration and landfills. Specifically, when higher brominated PBDEs can degrade to lower, and more harmful, PBDEs upon combustion and landfills can contaminate water via runoff.

Scrutinous testing found that PBDEs were also neurotoxic, leading to alterations in learning, increased ADHD and autism on the DSM IV scale and overall cognitive function in exposed young children and toddlers. This as well as high levels found in biota led to a manufacture ban in 2004 and eventually its overall use in the US by 2013. As a result, organophosphate flame retardants (OPFR) started replacing PBDEs in 2006 and are now the main FR used today. However, recent studies have also shown similar responses in children from exposure to OPFRs.

The impacts of developmental endocrine disrupting compounds (EDC) exposures on energy homeostasis may be contributing to the increase in metabolic syndrome and its sequelae, type II diabetes and obesity, in children and adults. Presence of EDCs are widespread and found in the work and home environment at concentrations potentially harmful to the developing fetus and neonate. EDCs exert their effects by interacting with nuclear receptors including steroid receptors and xenobiotic receptors or by altering the production of steroid hormones. Exposure to EDCs such as diethylstilbestrol (DES) and bisphenol A (BPA) can lead to metabolic disruption in rodent models (Golden *et al.*, 1998; vom Saal and Myers, 2008) and these effects are dependent on the concentration, duration, route, and developmental stage of exposure. Many studies have reported that a variety of EDCs including BPA, polychlorinated biphenyls (PCB), dioxins, and dichlorodiphenyltrichloroethane (DDT) cause disruption of energy or glucose homeostasis. These effects include elevated adult body weights, fat accumulation, triacylglycerol and cholesterol levels, and altered glucose and insulin homeostasis in both male and female adult offspring (Belcher *et al.*, 2014; Kojima *et al.*, 2013; La Merrill *et al.*, 2014; Miyawaki *et al.*, 2007; Newbold *et al.*, 2007; Pillai *et al.*, 2014; Rashid *et al.*, 2013; Rubin *et al.*, 2001; Suvorov *et al.*, 2009; Xi *et al.*, 2011; Xu *et al.*, 2011). However, very few studies fully characterize the effects of perinatal EDC exposure on feeding behaviors and meal pattern (size, frequency, duration) opting instead to examine simple crude food intake over the course of the experiment or for a short period as adults.

The control of energy homeostasis and feeding behavior has been extensively reviewed (Cowley *et al.*, 2001; Williams *et al.*, 2001) and will be described briefly herein. Many of the central and peripheral regulators of energy homeostasis and feeding behavior are

known. Food intake is controlled centrally through communication between the hindbrain and hypothalamus with inputs from the emotion and reward centers of the brain (Berthoud, 2002). The hypothalamus is regarded as the key center that regulates feeding behavior. Discrete hypothalamic nuclei project numerous reciprocal neural connections between each other and to other brain regions including the hindbrain. The hypothalamic nuclei involved include the arcuate nucleus (ARC), paraventricular nucleus (PVN), lateral hypothalamus (LH), the dorsomedial hypothalamus (DMH), and ventromedial nucleus of the hypothalamus (VMH) (Saper *et al.*, 2002).

ARC neurons are in a unique position because their axonal terminals have direct contact with peripheral circulation (incomplete blood-brain barrier) and thus are controlled by peripheral satiety factors such as glucose, insulin, and leptin (Schwartz *et al.*, 2000). ARC neurons integrate those peripheral signals with inputs from other brain regions regulating sensory attributes, reward expectancies, and emotional aspects of food while orexin neurons primarily control sleeping behavior and arousal (Cowley *et al.*, 2001; Elmquist *et al.*, 1999; Kalra *et al.*, 1999; Schlingemann *et al.*, 2003; Schwartz *et al.*, 2000). At least two distinct ARC neuronal populations act in opposition to each other to control energy homeostasis. Neurons expressing neuropeptide Y (NPY) and agouti-related protein (AgRP) are orexigenic while neurons expressing proopiomelanocortin (POMC) and cocaine- and amphetamine-regulated transcript (CART) are anorexigenic (Schwartz *et al.*, 2000). Specifically, the posttranslational POMC product, α -melanocyte stimulating hormone (α -MSH), reduces food intake via activation of the melanocortin receptors (MC-3/4) expressed in other hypothalamic nuclei such as the PVN. NPY and AgRP also act on

the same neurons to increase food intake with AgRP acting as an antagonist to melanocortin receptors, thus exerting an orexigenic influence (Saper *et al.*, 2002).

The VMH is a satiety center of the hypothalamus (Williams *et al.*, 2001). VMH neurons have direct connections with other nuclei such as the PVN and the DMH (Williams *et al.*, 2001) and ablation of VMH steroidogenic factor 1 (SF1) neurons leads to an age-dependent increase in food intake in mice (Kinyua *et al.*, 2016). The DMH expresses both the orexigenic peptide, NPY (Bi, 2007), and the anorexigenic peptide, CART (Elias *et al.*, 2001; Williams *et al.*, 2001). This nucleus controls thermoregulation (Dodd *et al.*, 2014) and food intake through cholinergic neurons (Jeong *et al.*, 2017), suggesting that it functions as an integrator of energy homeostasis and thermoregulation (Dimicco and Zaretsky, 2007). The PVN is a command center upon which the multiple signals from the LH and ARC converge to control energy expenditure and intake. The PVN is also the site where the hypothalamic control of stress (corticotropin-releasing hormone (CRH)) and metabolism (thyrotropin-releasing hormone (TRH)) intersects to control energy homeostasis and feeding (Arora and Anubhuti, 2006; Lechan and Fekete, 2006; Mastorakos and Zapanti, 2004; Williams *et al.*, 2001). The LH, a downstream target of ARC POMC and NPY neurons, is also a feeding center of the hypothalamus given that stimulation of the LH induces food intake. The primary LH neurons that control feeding are melanin-concentrating hormone (MCH) and orexin neurons (Arora and Anubhuti, 2006; Horvath, 2006; Nahon, 2006; Williams *et al.*, 2001). Activation of MCH neurons induces hyperphagia and MCH neuron deficiency causes hypophagia (Mystkowski *et al.*, 2000).

The other brain region involved in feeding behaviors is the hindbrain, specifically the nucleus tractus solitarius (NTS) and parabrachial nucleus (PBN). These two regions control ingestive or consummatory behaviors such as chewing, licking, and swallowing and have been extensively reviewed (Grill and Hayes, 2012; Riediger, 2012; Williams and Schwartz, 2011). Briefly, the NTS receives hypothalamic (PVN, ARC, LH) and gastrointestinal vagal inputs to integrate central and peripheral signals of energy status and meal ingestion (satiety). Neurons from the rostral NTS then project to the PBN and the parvocellular reticular formation leading to the control of feeding behaviors. One peripheral gut hormone that is a major satiety signal is cholecystokinin (CCK) (Schwartz and Moran, 1996) produced after gut distension. CCK triggers satiation and the cessation of feeding simultaneously with other signals such as serotonin (Hayes and Covasa, 2006; Mazda *et al.*, 2004). Interestingly, 17β -estradiol via activation of $ER\alpha$ potentiates the NTS response to CCK and lipid ingestion (Asarian and Geary, 2007), opening the door to disruption by estrogenic EDC exposure in females.

Because they elicit their effects through steroid and nuclear receptors that control feeding circuits, EDCs may alter the hypothalamic hindbrain circuits and disrupt normal feeding behavior. Development of this area of the brain is formed during the early stages of development (E12) and, therefore, can be altered by adverse conditions like EDC exposure. The exposure window to EDC is critical as the central control of feeding behaviors develops both in utero and neonatally (Toda *et al.*, 2017; Zhu *et al.*, 2016). A previous review in this journal described the potential interplay between EDC and maternal programming on the control of energy homeostasis (Schneider *et al.*, 2014). The authors also described the importance of sexual dimorphism that is programmed, in part, through

steroid production at discrete developmental time periods during gestation, lactation, and puberty. In particular, the organization of the hypothalamic and extrahypothalamic centers that control feeding, reward, and motivation are key targets for the hormonally-driven programming of energy homeostasis that may be impacted by EDC exposure. However, few studies have directly examined the hypothalamic-hindbrain circuits after perinatal EDC exposure. Furthermore, there is little data on EDC's effects on meal patterns (size, frequency, duration), the feeding response to peripheral peptides (leptin, ghrelin, cholecystokinin, etc.) after refeeding, or other feeding behavior paradigms.

2. PBDEs and Environment

It is well known that PBDEs are a persistent organic pollutant (POP) and can accumulate in many environmental areas, like sediment and sludge (Kovner, 2009). This excessive accumulation is due to slow biodegradation under aerobic or anaerobic conditions since photolysis can only occur within a few millimeters from the surface. Although there is little information on transformation and degradation of PBDEs, researchers from the Netherlands showed a time-dependent increase of PBDEs in soil (de Boer *et al.*, 2003). This observation paralleled the appearance of penta- and decaBDE 30 and 20 years before, respectively. Similar results were also found in soil samples from Eastern China and the Italian Alps (Dong *et al.*, 2014; Parolini *et al.*, 2012).

In developing countries like South Africa, consumer products are not properly disposed of leading to massive growth of municipal landfill sites composed of domestic and household waste (Daso *et al.*, 2013; Odusanya *et al.*, 2009; Sibiya *et al.*, 2017). In addition, business and commercial waste products also have extensive use of PBDEs in products and increase

the likelihood of PBDE accumulation (Sibiya *et al.*, 2017). Similar findings were observed in North America, with moderate PBDE contamination (0.2-2.5 ng/g) observed in Mexico, and high concentrations in India (15.98 - 132.72 ng/g) (Ontiveros-Cuadras *et al.*, 2019; Tiwari *et al.*, 2018). Though PBDE use was actively used in Australia, mean PBDE concentrations were relatively low, even when samples were distinguished between up-, mid-, and downstream collection areas (< 0.013 ng/g-1.98) (Anim *et al.*, 2017). In some nations, like China, explanation for the rapid increase in PBDE congeners in sediment is due to swift urbanization, industrialization, and absence of strict environmental policies (Da *et al.*, 2019). In areas of China and Ethiopia that enacted strict PBDE laws, though it is still present in sediment, it is not in the top layer nor in high concentrations. This shows following strict regulation of POPs can lead to reduced exposure, occurrences, spatial distribution, and ecological effects (Da *et al.*, 2019; Dirbaba *et al.*, 2018).

High concentrations of PBDE congeners is not just limited to sediment but has also been observed in water and sludge. In various countries, like China, freshwater lakes and other bodies of water were highly polluted (0.11-4.48 ng/L) (Li *et al.*, 2015; Li *et al.*, 2016; Liu *et al.*, 2018). Higher levels were observed in other bays north of China's Yellow Sea (0.16 – 49.9 ng/g) (Zhen *et al.*, 2016). Alarming, countries like Taiwan have not banned all PBDE products. Due to their persistent use of deca-BDE, PBDE concentrations have risen to an alarming 2.3 to 10,490 ng/g in the Danshui River basin, one of the largest rivers of Taiwan (Cheng *et al.*, 2018).

German sewage sludge samples were found to have tri- to heptaBDE samples while US Mid-Atlantic publicly owned treatment workers found varying concentrations of pentaBDE congeners (Andrade *et al.*, 2010; Hagenmaier *et al.*, 1992). In comparison,

German wastewater treatment plants (WWTP) between June 2009 and March 2010 had levels similar to those found in Taiwanese basins and Latvia, 158.3 to 9427 and 78 to 714 ng/g, respectively, with decaBDE playing the biggest role (Aigars *et al.*, 2017; Cincinelli *et al.*, 2012). Even higher levels were found in Canada ranging from 230-82,000 ng/g, with decaDBE dominating (Kim *et al.*, 2013). In contrast, low PBDE levels in Denmark were observed during high production and use (Christensen *et al.*, 2004). These studies show that residential waste, not atmospheric washout, during and after extensive PBDE use, persist and potentially cause adverse effects.

PBDE Animal Models

Numerous studies have found high levels of PBDEs in aquatic biota, with the highest levels corresponding to lower BDEs (Alaee *et al.*, 1999; Ikonomou *et al.*, 2002). In other words, a lower, and thus smaller, hydrophobic BDE congener can pass biological membranes more easily. European studies also found PBDE concentrations in aquatic biota were positively correlated with their location in the trophic levels and age (Evenset *et al.*, 2004; Olsson *et al.*, 2000). Similar results in the US supported these findings with the highest concentrations (57 ugBDE-47/kg lipid weight) found in bottom feeding fish (Hale *et al.*, 2001). In contrast, lower concentrations were found in harbor seals in San Francisco Bay, dolphins in the Gulf of Mexico, oysters in South Korea, and fish from the Great Lakes and Latvia (Aigars *et al.*, 2017; Crimmins *et al.*, 2012; Kuehl *et al.*, 1995; Lee *et al.*, 2018; She *et al.*, 2002). A recent study analyzed the same regions in fish from the Great Lakes and still found higher levels of PBDEs even after their ban on production and use (Gandhi *et al.*, 2017). Effects of behavior were found to be altered in zebrafish when exposed to the highest concentration. Specifically, zebrafish larvae exposed to 1,000 ug/kg 120 hours

post fertilization escaped but did not travel as far compared to control (Jin *et al.*, 2018). During this time there was also the first example of PBDEs causing adverse effects on neurodevelopment in zebra fish larvae (Chen *et al.*, 2012). Bioaccumulation in aquatic animals led to increased research, providing examples of PBDEs causing endocrine disrupting effects and developmental neurotoxicity.

Discovery of PBDE bioaccumulation prompted analysis of the location. Findings demonstrated a 300% increase in accumulation of PBDEs in adipose tissue than other areas of the body, with around 90 days to clear in rat adipose tissue (Siddiqi *et al.*, 2003). It was also noted that prenatal oral exposure can lead to increased weight gain or behavioral aberration, while newborn exposure caused learning and motor deficits that worsened with increasing age (Kuriyama *et al.*, 2007). In addition, endocrine disrupting effects from PBDE exposure altered thyroid hormone levels at low doses, with the LOAEL at 1ug/kg/day (Alaee *et al.*, 1999; Darnerud *et al.*, 2001; Smyth *et al.*, 1997); a NOEL has not been found. Together these studies show that bioaccumulation of PBDE congeners is higher in aquatic organisms compared to murine models orally dosed with PBDEs, but it is unknown why. These effects have spoken to other systemic effects like issues with neuropsychological development, enlarged kidneys, reduced hematocrit and red cell count in rodent models (EPA, 2014; Norris *et al.*, 1975). A possible explanation could be higher metabolic debromination in fish compared to murine models. PBDEs interact with steroid and nuclear receptors that control energy homeostasis and feeding behaviors including ER α , androgen receptors (AR), and PPAR γ (Kojima *et al.*, 2013; Lu *et al.*, 2014; Pillai *et al.*, 2014). However, there are few studies that record food intake or feeding behavior from perinatal exposures to PBDE. One adult exposure study focused

on the effects of PBDE-99 exposure by oral gavage on exploratory behaviors, locomotor activity, and spatial learning in male rats. The authors report finding no effects on food or water consumption (Daubie *et al.*, 2011). OPFR, the successors to PBDE, interact with a range of nuclear and steroid receptors including ER, AR, and PPARs (Belcher *et al.*, 2014; Kojima *et al.*, 2013; Pillai *et al.*, 2014), which are all involved in the control of energy homeostasis and the melanocortin neurocircuitry (Barros and Gustafsson, 2011; Long *et al.*, 2014).

Human Exposure

Humans can be exposed to PBDEs through inhalation, dermal absorption, and oral ingestion. PBDE concentrations in air in Taiwan and Japan ranged from 23-53 pg/m³ and 7.1-21 pg/m³ (Watanabe, 1992). The most common BDEs found in air samples were tetra- to hexaBDE because of their low vapor pressure, with tetraBDE traveling the furthest. While higher brominated BDEs, like deca- and octaBDE, are less likely to travel, in the presence of UV light can degrade to lower brominated BDEs. The distance traveled for PBDE can be vast after studies found concentrations of PBDEs in areas with no known consumption or production (Stern, 2000). The highest exposure of the three exposure pathways in the US is through indoor dust. Studies have found PBDE concentrations ranging from 1,300 - 106,624 ng/g, 0.68 -38 ng/g, and 0.59 – 260 ng/g in office space, vehicle and domestic dust, respectively (Batterman *et al.*, 2010; Muenhor *et al.*, 2018) Watkins *et al.*, 2011). Additionally, the most present PBDE congener present were tetra- and pentaBDE, compounds that were phased out in most countries, but not Thailand. Studies assessing PBDE dust concentrations in US residential homes are not well characterized. This poses a serious problem because the US has the highest levels of

PBDEs in indoor environments, and overall higher levels in tissue compared to other nations. Moreover, higher risk groups can spend more time at home potentially leading to adverse effects.

Toddlers are one of the most at risk groups because of multiple routes of exposure in addition to the previously mentioned. During pregnancy PBDEs, and their metabolites, can be transferred through cord blood or placental tissue with concentrations from 1 to about 400 ng/g in lipid (Frederiksen *et al.*, 2009; Gómara *et al.*, 2007; Leonetti *et al.*, 2016). Specifically, breast milk can transfer PBDEs, and their metabolites, from the mother to the child. While there are a few epidemiological PBDEs studies, the amount is still not sufficient. However, what is understood is maternal prenatal PBDE concentrations were associated with impaired attention at 5 years, incidences of cryptorchidism in newborn boys, in addition to other adverse effects increased with higher PBDE levels in breast milk (Chen *et al.*, 2015b; Eskenazi *et al.*, 2013; Lignell *et al.*, 2013a). A more in-depth study found pregnant mothers with higher levels of serum PBDE had a higher incidence of pregnancy loss (Choi *et al.*, 2019). Prevalence of impaired fetal growth in late pregnancy, reduced birth size and the potential to act as a developmental neurotoxicant later on in life are all increased from PBDE exposure, with some of the possible neurological targets being the prefrontal cortex and hypothalamus (Ding *et al.*, 2015; Lema *et al.*, 2008; Lopez-Espinosa *et al.*, 2015; Sagiv *et al.*, 2015).

Mechanism of Toxicity

The thyroid hormone (TH) mediated pathway appears to be one of the targets within the endocrine system. Important for its crucial role in normal brain development, PBDE

exposure can mimic T3 and T4 hormones and induce liver CYP1A1 and 2B (Legler *et al.*, 2003). This structural feature allows PBDEs to bind with high and low affinity to transthyretin and hormone receptors, TR- α 1 and TR β , respectively (Chen *et al.*, 2003; Marsh, 1998). Binding of PBDEs to transthyretin can explain some of the fetal effects seen as well as show its potential to play a role in T4 transportation to fetus and across the BBB.

Although studies showed TetraBDE reduced TH levels in female rats, rats may be more sensitive to TH disruption compared to humans (Hallgren, 1998; Hill *et al.*, 1998). In addition, parent and metabolite PBDEs can alter deiodinase and sulfotransferase activity and also have similar neurotoxic effects seen in PCBs (Butt *et al.*, 2013). They cause these changes in activity by preventing removal of the iodine moiety from the precursor molecule, T4, to its active compound T3, influencing gene expression in various tissues (Butt *et al.*, 2013). In comparison, sulfated THs are more readily deiodinated compared to non-sulfated analogues and have been found to play a critical role in regulating TH levels in the fetus (Chopra *et al.*, 1992).

A proposal of the estrogen receptor (ER) as a target from PBDE exposure was tested with 17 BDE congeners using human breast cell line assays (Meerts *et al.*, 2001b). Eleven of the 17 congeners showed estrogenic activity, in a dose dependent response, with the most potent being tri- to tetraBDEs. This shows that lower bromination has a greater effect on estrogenic activity, hydroxylation results in greater potency and overall can be an agonist for ER α (Meerts *et al.*, 2001b). Specifically, Yang found that hydrogen bonding with Glu353/Arg394 contributes to the estrogenic activity of hydroxylated BDEs in human

ER α (Lee *et al.*, 2017). This suggests that there are multiple endpoints by which hormone regulation may be impacted from PBDE exposure.

All of these studies led to the labeling of PBDEs as endocrine disrupting compounds (EDC) worldwide. Moreover, the Stockholm convention labeled PBDEs a persistent organic pollutant (POP) due to its stability and high lipid solubility from bromine. These properties allow PBDEs to become unreactive in hydrolytic and photolytic degradation, stably keeping them in the gas phase. Gaseous PBDE can then biomagnify by accumulating at sites where they were used or After the Organisation for Economic Co-operation and Development (OECD) recommended suspending the use of tetra- and pentaBDEs, the most problematic, and limiting exposure, the need for a replacement was urgent.

3. Organophosphate flame retardants

The replacement of PBDEs led to the production of organophosphate flame retardants (OPFRs) and within a short amount of time OPFR global consumption was well over 500,000 tons in 2011. Organophosphate flame retardants are used in upholstery, building materials, electronics, and plastics. OPFRs are structurally similar to their neurotoxic OP pesticides and PBDES in that they can be additive or reactive, with the most concern for additive OPFRs. The inability of additive OPFRs to chemically bind to their polymer material can lead to volatilization and leaching. Similar to PBDEs, OPFRs persist in air, but a definitive reason has yet to be determined. One study proposed the heterogeneous reactions between hydroxyl radicals and FR compounds as a possibility (Liu *et al.*, 2014). Phosphate (TCP), triphenyl phosphate (TPP), tris (1, 3 dichloro-2-propyl) phosphate (TDCPP) and tris (1-chloro-2-propyl) phosphate (TCPP) are the most commonly used FRs.

Additionally, these OPFRs, mixed with brominated and other non-halogen compounds, are found in Firemaster® 550 (FM550).

Sediment, Sludge, and Water

Similar to PBDEs, water is a major medium that contributes to OPFR distribution and acts as an input pathway into the marine environment. Specifically, OPFRs were found in air, snow, remote lakes and aquatic environments (Bacaloni *et al.*, 2008; Regnery *et al.*, 2009). The major entry mode into aquatic biota is atmospheric washout by precipitation and industrial wash off from factories and wastewater treatment plants (WWTPs) (Schreder *et al.*, 2014). This capability allows OPFRs to globally distribute and have ubiquitous presentation in environmental mediums.

Noted concentrations of TCPP were found in most of the European river and one of the biggest drinking water supplies for Europe, the Ruhr river (Fries *et al.*, 2001). These levels in Europe appeared to have notably increased in the past decade, ranging from 0.31 to 549 ng/g dry weight (Giulivo *et al.*, 2017). In China TCPP was the highest of nine found in airborne particles in the south sea and water samples (Lai *et al.*, 2015). Similarly, dry weight of OPFRs were for the range from 0.1 to 0.4 ng/g per 2g of sediment samples in Taiwan while higher samples (1.0 – 12.6 ng/g) were observed in marine and river sediments (Chung *et al.*, 2009). These findings are supported by a nearby country, Korea, supporting similar levels of OPFRs in their waters and sediment (Lee *et al.*, 2018). Though there are few studies examining OPFRs in these mediums, if consumers of this water do not make considerable efforts to pay the WWTPs to remove the xenobiotics from the water, it is estimated that an annual 300kg and 100kg of TCPP and TCP, respectively, would transport from the Ruhr to connecting rivers (Andresen *et al.*, 2004).

Animal Studies

OPFRs can be classified as bioaccumulative compounds, with biomagnification only calculated in aquatic food webs. The rapid replacement of PBDEs without proper assessment of their potential carcinogenic, neurological and endocrine disrupting effects leaves gaps in our knowledge of widely used chemicals. Early studies have already shown toxicity changes in neurodevelopment, similar to OP pesticides (Sprague *et al.*, 1984; Sprague *et al.*, 1981). In addition, sex specific effects led to changes in physiological responses and pup mortality, while liver and kidney weights showed no sexual dimorphism (NTP, 1994).

TDCPP was shown to affect embryonic survival, behavior and purkinje cells development in white leghorn chicken (Bradley *et al.*, 2015). Additionally, TDCPP inhibited DNA synthesis, reduced cell number and altered neurodifferentiation (Dishaw *et al.*, 2011). These findings provide evidence that the developing nervous system is vulnerable to OPFR exposure. In PC12 cells TDCPP showed signs of decreased replication and growth, increased oxidative stress and altered cellular differentiation can affect the developing brain thereby changing the overall nervous system function (Farhat *et al.*, 2013). Ta and colleagues assessed the same endpoints as well as mRNA and protein expression and found decreased cell growth and increased apoptosis as well as noticeable changes in gene expression and protein levels (Ta *et al.*, 2014). This effect has the potential to elicit neurotoxicity by disrupting the developing nervous system, leading to loss of PC12 cells, an increase in cell apoptosis, reduction of nerve nodes and failed formation of neural

network structures. High concentrations (45 µg/g) of TDCPP administered to chicken embryos led to shorter bill lengths, reduced body weight and smaller gallbladders. Low concentrations (7.64 µg/g) of TDCPP lowered free thyroxine in the blood (Farhat, et al., 2013). Hepatocyte and embryonic neural cells exposed to TDCPP and TCPP were found to alter gene expression in the chicken xenobiotic-sensing orphan nuclear receptor (CXR), the thyroid hormone (TH) pathway, lipid regulation and growth (Crump *et al.*, 2012). TDCPP alone was found to be hepatotoxic and elicit neural cell toxicity.

There is also evidence that TDCPP causes sex dependent effects on the HPG axis in zebrafish and Japanese medaka, with almost all the same effects seen in human cell lines (Liu *et al.*, 2012; Liu *et al.*, 2013c; Sun *et al.*, 2016; Wang *et al.*, 2015b). This proposes the idea that the effects seen are conserved across vertebrate species. TDCPP can adversely affect early life development in zebrafish by passing through the chorion and bioaccumulating in early stage fish tissues at levels that were not overly toxic (Dishaw *et al.*, 2014a). In addition, adult fish absorb OPFRs through gill and epithelial tissue rather than food web biomagnification (Malarvannan *et al.*, 2015; Sundkvist *et al.*, 2010). More recently, another aquatic organism, the crucian carp, was also found to show sex dependent accumulation of OPFRs in female eggs compared to male eggs (Choo *et al.*, 2018). Terrestrial birds and mammal OPFRs can be absorbed by ingestion of food, inhalation and water or dermal contact, but studies confirming this are sparse (Eulaers *et al.*, 2014). TDCPP carcinogenicity studies in rats for over two years revealed increased tumor formation in liver and brain as well as its metabolites (Biodynamics, 1981). These results eventually led to California listing TDCPP as a carcinogen. Just like TCP and TCPP, an

annual 100 kg of TDCPP is estimated to transport from the Ruhr to the Rhine river (Andresen, *et al.*, 2004).

TPP is one of many chemicals found in FM550, with similar effects to TDCPP. Zebrafish exposed to TPP for 14 or 21 days exhibited decreased fecundity, altered sex steroid levels and changes in mRNA expression of HPG axis related genes. In the nematode, *c. elegans*, it was one of the six aromatic OPFRs that had similar toxicity to PBDEs (Behl *et al.*, 2016). Furthermore, TPP exposure inhibited larval development and reproduction at similar levels to PBDEs due to their high sensitivity to mitochondrial function.

Few, if any studies characterize the effects of perinatal OPFR exposure on food intake or feeding behavior. In a recent study using a common OPFR mixture, Firemaster® 550, perinatal exposure to 100 or 1000 µg/day via food in rats increased body weight while decreasing exploratory activity in males and females without any determination of food intake or feeding behavior (Patisaul *et al.*, 2013).

Human Exposure

Just like PBDEs, OPFR exposure can occur through inhalation, dermal contact or ingestion. Building materials are a significant source of OPFRs and have been found to be higher than that of PBDEs, but have low levels in the atmosphere. The major concern is ingestion from food and drinking water. Many studies have documented levels of OPFRs in drinking water and food with OPFR packaged plastic, but these are only indoor estimates (Benotti *et al.*, 2009; Li *et al.*, 2014). The indoor studies have found that a reference dose of $22.6 \mu\text{g}^*(\text{kgd})^{-1}$ was not met in adults, but was exceeded in children, including their mothers (Butt *et al.*, 2014). This finding can be altered depending on where the child spends a majority of their

time. Those that attended daycare centers were found to have higher level of TDCPP in their urine (Hoffman *et al.*, 2015). This could be due to a higher hand to mouth ratio, lower body weight and more time spent at home. However, men that are exposed to house dust containing TDCPP showed generally stable metabolites over time, reduced sperm counts and altered levels of hormones related to fertility and thyroid function while women showed high levels of TPP (Meeker *et al.*, 2013). Providing evidence that low concentrations can have an effect.

There are only a few studies concerning OPFR ingestion. Zhang is one of the few studies that assessed rice ingestion as the major route of OPFR exposure and found detectable levels in more than half of human hair samples analyzed (Zhang *et al.*, 2016). The second highest OPFR concentration was in vegetables and showed that OPFRs translocated and uptake in certain regions of plants and vegetables (Eggen *et al.*, 2013). Based on the recommended amount of fish consumption of 375 g/week an estimated $20 \mu\text{g} \cdot (\text{kg d})^{-1}$ of OPFR is consumed according to the National Food Administration. Babies were estimated to consume $0.67 \mu\text{g} \cdot (\text{kg d})^{-1}$ for one liter of breast milk ingested per day.

Low TCP levels have been analyzed in humans and were found to cause behavioral changes, like memory and learning, which was not seen until adulthood (Eaton *et al.*, 2008). TPP is one of many chemicals found in FM550, with similar effects to TDCPP. Although similar results were seen in human cell lines, neurotoxicity was not observed (Hendriks *et al.*, 2014; Liu, *et al.*, 2012).

Mechanism

Not much is known regarding the mechanism of OPFRs. What is known is that OPFRs can bind to the estrogen receptor (ER) when hydroxylated (Kojima *et al.*, 2016). PPAR γ is also a potential target for OPFRs, with binding primarily driven by TPP. The result of this interaction in BSM2 cells is increased transcriptional activity leading to induced lipid accumulation and perilipin protein expression (Pillai *et al.*, 2014). Their affinity for lipids is not completely associated compared to PBDEs, due to limited affinity for lipid content in fish (Brandsma *et al.*, 2015; Kim *et al.*, 2011; Malarvannan, *et al.*, 2015).

4. Bisphenol A

One of the most widely studied EDCs, BPA is directly applied to metal or plastic products to prevent leeching of metals into food. The structure of BPA is similar to endogenous ligands and can activate transcription factors like peroxisome proliferator-activated receptor gamma (PPAR γ), estrogen receptor (ER) α/β , and estrogen response element gamma (ERR γ). Activation of these receptors by BPA may have adverse effects on feeding behavior (Anderson *et al.*, 2013). Numerous studies have found changes in glucose homeostasis and activity, which are related to feeding behavior, but do not directly assess its connection with EDCs.

There are few experiments that specifically examine food intake and perinatal BPA exposure. The studies discussed below have reported food intake or related endpoints. California mice are frequently used in studies to assess reproductive behaviors due to their preference in monogamous mating. Following perinatal exposure to BPA (50 mg/kg in diet) in pregnant California mice, male offspring were found to have the same exploratory

behavior compared to females with no change in body weight (Williams *et al.*, 2013). An experiment using the same animal model examined the effects of periconceptual and perinatal, diet-based, BPA exposure on metabolic and voluntary physical activity. Significant sex-dependent effects were found with body weight, water consumption, drinking episodes, and voluntary activity (Johnson *et al.*, 2015). While there were no differences in overall food intake due to BPA exposure, BPA-exposed males did not exhibit a distinct diurnal food intake pattern as was observed in the controls. Conversely, BPA-exposed females consumed less food during the dark cycle compared to the light cycle, which was not observed in the positive control (ethinyl estradiol) and spent the same amount of time eating in the light and dark cycle, unlike both negative and positive control groups (Johnson *et al.*, 2015). Water consumption in BPA exposed males increased significantly in both light and dark cycles, while no effect was seen in females. BPA exposure produced an opposite effect in drinking episodes with females exhibiting a decrease in episodes during the dark cycle and no change observed in males. The authors explained their sex-dependent findings by attributing the amount of time spent in spontaneous activity was a strong predictor of adiposity and weight gain, with evidence from other papers to support their conclusion (Perez-Leighton *et al.*, 2013; Perez-Leighton *et al.*, 2012).

Rubin and Soto have written extensive reviews on the developmental effects of BPA and their own studies have also confirmed perinatal exposure to both high and low doses of BPA through drinking water increase body weight in offspring compared to control (Rubin *et al.*, 2001). They also showed females had a difference in mean body weight between high and low doses of BPA on day 28 compared to their male littermates (Rubin *et al.*,

2001). However, Anderson et al. (2013) observed the opposite effect in energy expenditure and body weight from perinatal exposure to BPA (Anderson *et al.*, 2013). Effects of maternal exposure to BPA recorded at 3, 6, and 9 months of age showed increased energy expenditure in females at all concentrations and a decrease in food intake compared to controls (Anderson *et al.*, 2013). Males also had significant changes in increased energy expenditure at 3 and 9 months, which can be explained by the increase in ambulatory activity in males and horizontal activity in both sexes. Nevertheless, no significant effect on food intake was observed.

While perinatal BPA exposure may alter the melanocortin neurocircuitry in mice, many other studies have not found a clear effect on crude food intake. Using an isogenic mouse model, perinatal BPA exposure through maternal diet increased energy expenditure due, in part, to increased horizontal and vertical activity and a decrease in food intake in females (Anderson *et al.*, 2013). In a rat study, perinatal BPA exposure by oral gavage did not alter energy intake on a low-fat diet despite an increase in body weight indicating that the primary effect was a decrease in metabolism (Wei *et al.*, 2011). A multi-generational study in Wistar rats explored the effects of low-dose perinatal BPA exposure (oral pipette) on flavor preference and food intake. In the unexposed F2 generation, body weight was higher without any clear effect on crude food or water intake (Boudalia *et al.*, 2014). The F2 generation rats also preferred sweeter water solutions, salt, and fat compared to both F1 and control (Boudalia *et al.*, 2014). Similar findings on food or flavor preference for high sucrose/saccharin solutions have also been observed after BPA (subcutaneous) injection in adolescent rats (Diaz Weinstein *et al.*, 2013). Analysis of food intake by crude measurements is a common method in many studies that find no effect on food intake after

perinatal BPA exposure (Somm *et al.*, 2009). However, crude food intake determination may not capture subtle changes to meal pattern or food preferences.

Due to potential reproductive and metabolic disturbances by perinatal BPA exposure, the use of BPA in infant bottles, toys, and adult food and liquid storage containers has been reduced in the past decade. Industry has replaced BPA with closely related chemical substitutes such as bisphenol S (BPS) and bisphenol F (BPF). BPS and BPF are currently a concern because they are detectable in foodstuffs and human serum (Liao and Kannan, 2013). A few studies have examined the metabolic effects of these compounds in rodent models. In one study, CD-1 pregnant mice were orally dosed with BPS from gestation day (GD) 8 until postnatal day (PND) 21. BPS-exposed male mice exhibited reduced bodyweight until week 20 and increased mean velocity of movement compared to controls (Kim *et al.*, 2015). In contrast, another study reported an increase in body weight in males exposed to 1.5 and 50 $\mu\text{g/kg bw/d}$ BPS perinatal and chronically through adulthood when fed a high-fat diet (Ivry Del Moral *et al.*, 2016). No effect on 24 h food intake was observed. Clearly, further investigation is needed to determine if BPS/F alters adult energy homeostasis, feeding behaviors, or the hypothalamic melanocortin circuitry like BPA.

5. Phytoestrogens

Phytoestrogens are the main ingredient in soy-based products and are another well-known EDC exerting their effects through interactions with ERs. Pregnant women that consume a high soy-based diet or bottle feed their infants a high soy-based formula are potentially at risk for adverse effects on fetal and neonatal development. Few studies that have focused

on the effects of perinatal phytoestrogen exposure on feeding behaviors or crude food intake. To understand the influence of a high phytoestrogen diet on energy balance and metabolism, one study fed dams and offspring a high or low phytoestrogen diet with continuous phytoestrogen exposure from preconception (6 weeks prior to mating) through to adulthood. Continuous exposure led to lighter and more lean mice from 10 weeks onward (Cederroth *et al.*, 2007). Mice fed the high phytoestrogen diet consumed more food at 3 and 6 months compared to the low phytoestrogen diet with an increase in metabolic rate and energy expenditure, but a decrease in respiratory exchange ratio (RER). These findings correlate with a decrease in AgRP expression and an increase in orexin A, MCH, and TRH (Cederroth *et al.*, 2007). Another study found that consumption of soy-based maternal diet led to an increase in crude food intake in male and female offspring compared to a casein-based maternal diet. When administered in conjunction with BPA during development, crude food intake was also elevated leading to greater body weight gain (Cao *et al.*, 2015). Early life (PND1–22) oral doses of genistein, a common phytoestrogen, were conducted in rat pups mimicking blood levels in infants fed a soy formula. Post-weaning body weight was reduced in males and females despite an increase in energy intake. This effect was also observed when rats were challenged with a high-fat diet (Strakovsky *et al.*, 2014). Interestingly, the low levels of phytoestrogens in the maternal diet can also disrupt energy and glucose homeostasis in offspring in a sex-dependent manner (Ruhlen *et al.*, 2008). Nevertheless, no discrete measurement of food intake was collected.

6. Dioxins

Dioxins are a very potent and persistent environmental chemical that cause serious toxicity and teratogenicity in animal models. The most potent and well-studied dioxin is 2,3,7,8-tetrachlorodibenzodioxin (TCDD), which produces its effects through interactions with the aryl hydrocarbon receptor (AhR). In adult rodent models, intraperitoneal injection of TCDD reduced food and water intake and altered flavor and macronutrient preference (Pohjanvirta and Tuomisto, 1990; Pohjanvirta *et al.*, 1998; Tuomisto *et al.*, 2000). The aversion to food and water appears to involve changes in the hypothalamic-pituitary-adrenal axis, the melanocortin neurocircuitry, and the neuropeptides that control fluid intake (Moon *et al.*, 2008; Seefeld *et al.*, 1984). Interestingly, there are few reports on perinatal TCDD exposure and metabolism with little data on food intake or meal pattern despite an increase in body weight and adiposity (La Merrill *et al.*, 2009; Sugai *et al.*, 2014; van Esterik *et al.*, 2015). In a study published in 2000, Schantz and colleagues reported that oral gavage dosing of TCDD, and PCB, to dams during gestation and lactation decreased saccharin consumption and preference in female rat offspring (Amin *et al.*, 2000). These effects on saccharin consumption and preference may be due to metabolic disturbances, which were not examined by the authors, or by an impairment in the motivation and reward circuitries. While perinatal TCDD exposure disrupt energy homeostasis, the impacts on the hypothalamic-hindbrain feeding circuits and on meal patterns are largely uncharacterized and unknown.

7. Perfluorooctanoic acid and perfluorooctanesulfonic acid (PFOA/PFOS)

Perfluorinated compounds (PFC) are widely used as environmental surface protectants to reduce the occurrence of stains, friction, and waterproofing of furniture (Domingo and Nadal, 2017). Like other EDCs, PFCs are persistent in the environment due to slow degradation rates but do not bioaccumulate in adipose tissue. Two well-studied PFCs are perfluorooctanoic acid (PFOA) and perfluorooctanesulfonic acid (PFOS). When administered in adulthood, these compounds exert their effects on food intake through the PPAR α (Asakawa *et al.*, 2007; Asakawa *et al.*, 2008). Again, there are few studies that record food intake or feeding behavior from perinatal PFC exposure. In one perinatal exposure study, dams were dosed by gavage to four different concentrations of PFOA/PFOA from GD1–17 to determine any obesogenic effects. The only treatment to alter body weights was the highest PFOA dose (3.0 mg/kg/day), which reduced body weight with no change in food intake (Ngo *et al.*, 2014).

8. Polychlorinated biphenyls

PCBs are mainly used as a lubricant, cooling fluid, plasticizer, and adhesive in commercial products and are persistent in the environment despite a ban in the US since the late 1970s. While there are numerous studies on the perinatal effects of PCB exposure (Boucher *et al.*, 2009), few have closely examined food intake or feeding behavior. One perinatal study investigated how social behavior in adult offspring was impacted when dams were fed a diet containing PCBs. Exposure to 12.5 or 25 ppm PCB-47 and -77 reduced the area of the periventricular nucleus of the hypothalamus in male rats; however, there were no changes

in food consumption or body weight (Jolous-Jamshidi *et al.*, 2010). In a few studies, saccharin or sweet taste preference was examined. Males exposed perinatally to PCB in the maternal diet increased the preference for sweet (saccharin) taste but without an increase in overall food consumption (Hany *et al.*, 1999; Kaya *et al.*, 2002).

9. Organochlorines

Organochlorines (OC), like DDT, are a type of pesticide that act on the central nervous system to confer their toxicity. Their mechanism of action is through either the GABA A receptor (i.e. cyclodienes and toxaphene) or voltage-dependent potassium and sodium channels. Though DDT is labeled as moderately toxic compared to other organochlorines, it was banned by the Environmental Protection Agency (EPA) due to unintended toxicity in wildlife and humans (Li and Jennings, 2017). There are several studies investigating how perinatal DDT exposure influences metabolism in humans (de Cock and van de Bor, 2014). In animal models, there are few studies that directly measure or report food intake or feeding behavior. In mice, maternal DDT exposure from GD11.5 to PND5 via oral gavage reduced energy expenditure and core body temperature and promoted adiposity in female offspring. DDT exposure also augmented the effects of a high-fat diet challenge leading to glucose intolerance, hyperinsulinemia, and dyslipidemia (La Merrill *et al.*, 2014). No effect on crude food intake was found during the study. Methoxychlor, a pesticide employed as a replacement for DDT and subsequently banned in the US, has also been implicated as an EDC (Padmanabhan *et al.*, 2010). In a multi-generation exposure to methoxychlor, the two higher doses (500 and 1500 ppm), reduced growth rate during the

growth period and body weight in males and females prior to weaning. Methoxychlor treatment via maternal diet also reduced crude food consumption, although the data was not shown (Aoyama *et al.*, 2012). DDT, methoxychlor, or their metabolites are potential ligands for ER α (Kim *et al.*, 2014; Wang *et al.*, 2017), which is involved in the developmental programming of energy homeostasis, especially in females (Roepke *et al.*, 2017). Perinatal treatment of another organochlorine, the insecticide chlorpyrifos (CPO), from GD7-PND21 via gavage produced heavier male offspring after puberty and increased body volume (Lassiter and Brimijoin, 2008). No measurement of food intake or feeding behavior was noted. A similar study using the pesticide parathion (PTN) subcutaneously injected into neonatal rats from PND1–4 reported that treated mice exhibited weight gain on a low-fat diet, symptoms of pre-diabetes, and impaired fat metabolism (Lassiter *et al.*, 2008). In another study by Lassiter and colleagues, neonatal PTN injection caused a reduction in weight gain in both sexes, but only in females at 0.2 mg/kg. All sexes fed a high-fat diet showed around a 37% reduction in food consumption. However, intake was found to be isocaloric since the high-fat diet has ~ 37% more calories per gram, even though mice gained more weight (Lassiter *et al.*, 2010).

10. Tributyltin

Tributyltin (TBT) is a well-known, toxic biocide primarily used to prevent the growth of marine aquatic life on the hulls of large ships, buoys, docks, and fishnets. Perinatal TBT exposure impacts offspring metabolism and adiposity via interactions with PPAR γ and retinoid X receptor (RXR) (Kirchner *et al.*, 2010). One such perinatal study attempted to understand how maternal TBT dosing via gavage from GD8 until birth combined with

postweaning pup gavage until euthanasia at PND30 altered offspring homeostasis in rats. TBT exposure did not alter food consumption in females but produced a small increase in male offspring. Interestingly, feeding efficiency was augmented in females but suppressed in males (Cooke *et al.*, 2004). It is unknown if the perinatal effects on food intake by TBT exposure involve developmental programming through PPAR γ and RXR.

11. Conclusions

While not exhaustive, this review has attempted to highlight the few studies that measured food or energy intake in rodent models perinatally exposed to a range of EDC and raise a call to action for more development studies on OPFRs. Despite widespread use of OPFRs in home environments, structural similarity to neurotoxic OP pesticides, human exposure, and thus health effects remain largely unknown. Vulnerable populations are of most concern, like women of child bearing potential (WOCBP) and children, specifically in California due to higher flammability standards leading to higher exposures. A few of these studies report findings that were not consistent between them. These inconsistencies may be due to differences in species, dosages, routes of exposure or administration of EDC (oral (regular chow, novel food, or gavage); subcutaneous injection; fluid intake), or the developmental timing of exposures (gestational, lactational, pubertal). Future studies should attempt to mimic human exposures, both in concentration and route, encompass all neuroendocrine developmental periods including puberty, and examine the steroidal control of feeding behaviors in adults (Schneider *et al.*, 2014).

This review is a call for further investigation into the effects of EDC on developmental programming of feeding behaviors and the hypothalamic hindbrain neurocircuitry that

controls these behaviors. Few studies go beyond simple crude measurements of food or energy intake or measurements of melanocortin neuropeptides (α -MSH, CART, AgRP) of the hypothalamus. Two recent studies by Abizaid and colleagues are excellent examples of interrogating the impacts of perinatal EDC exposure on the hypothalamic melanocortin neurocircuitry and on peripheral peptide hormone (leptin) sensitivity. More studies on the wide array of EDC should incorporate similar endpoints while also employing behavioral instruments that measure meal patterns. Aside from crude food and liquid intake, there are other methods to record feeding behavior in rodents such as monitoring of feeding behaviors over a period of 7–14 days in instruments such as Research Diets Biological Data Acquisition (BioDAQ). This automated system can record food intake or preference, liquid intake or choice, place or taste preference, intermittent access, or a combination in up to 32 individually housed rodent models. The BioDAQ system documents the date, time, and duration of changes in weight per time period (bouts), which can be converted into meal size, duration, and frequency. Finally, another aspect of feeding behavior that should be considered is incidence of eating disorders. If perinatal (or adult) exposures to EDC can alter feeding patterns, the neurocircuitry of feeding and reward, or the sensitivity to anorectic or orexigenic hormones, these compounds potentially increase the risk for anorexia nervosa or binge eating disorders. Any relation between EDC exposures and eating disorders is largely unknown.

CHAPTER 2:**INTERACTIONS OF MATERNAL OPFR EXPOSURE AND ADULT HIGH-FAT
DIET ON FEEDING, ACTIVITY, AND EXPLORATORY BEHAVIOR IN A
SEXUALLY DIMORPHIC MANNER****ABSTRACT**

Increased production of flame retardants (FRs) like organophosphate FRs (OPFR) can accumulate in the body and interact with nuclear receptors, like the estrogen receptor (ER). There is a lack of studies researching OPFR effects on mammalian neuroendocrine functions. Therefore, we investigated if maternal OPFR exposure followed by adult high fat diet (HFD) or low-fat diet (LFD) challenges results in sexually dimorphic differences in behavior, activity and neuropeptides through interactions with steroid and nuclear receptors. WT C57Bl/6J dams were orally dosed with vehicle (oil) or an OPFR mixture

{1mg/kg combination each of tris(1,3-dichloro-2-propyl)phosphate, triphenyl phosphate, and tricresyl phosphate} from gestation day 7 to postnatal day 14. After weaning, pups were challenged with a HFD or LFD. Anxiety like behavior was evaluated with the elevated plus maze (EPM) and open field test (OFT), while general locomotor activity was assessed with the comprehensive lab animal monitoring system (CLAMS). EPM and OFT results showed more anxiogenic behavior in males and females, respectively, while CLAMS showed a reduction in activity for males. The Biological Data Acquisition System (BioDAQ) measured individual food intake and meal patterns, which found that OPFR and HFD males ate more during acrophase. Increased energy intake was observed in OPFR HFD female mice. Arcuate (ARC) neuropeptide and hormone receptor expression were measured to assess changes in gene expression, which showed only females had an increase in ARC expression genes. Showing that OPFR, or an interaction of OPFR and diet had a sexually dimorphic effect. The physiological implications are that males are more sensitive to OPFR exposure, and that these effects are mediated by nuclear receptors including ER α .

Glossary: 17- β estradiol (E2), agouti-related peptide (AgRP), anogenital distance (AGD), apolipoprotein E (ApoE), arcuate nucleus (ARC), beta-actin (*Actb*), basal hypothalamus (BH), biological data acquisition system (BioDaQ), bisphenol A (BPA), body weight (BW), cocaine- and amphetamine-regulated transcript (CART), complementary DNA (cDNA), comprehensive lab animal monitoring system (CLAMS), elevated plus maze

(EPM), endocrine-disrupting compound (EDC), estrogen receptor (ER), estrogen receptor alpha (*Esr1*), flame retardants (FR), gestational day (GD), glyceraldehyde-3-phosphate dehydrogenase (*Gapdh*), growth hormone-releasing hormone (GHRH), growth hormone secretagogue receptor (*Ghsr*), hypoxanthine-guanine phosphoribosyltransferase (*Hprt*), hepatocyte nuclear factor 4 alpha (HNF4 α), high-fat diet (HFD), insulin receptor (*Insr*), kisspeptin (*Kiss1*), kisspeptin-neurokinin B (*Tac2*)-dynorphin (KNDy), knockout (KO), leptin receptor (*Lepr*) low-fat diet (LFD), neuropeptide Y (NPY), open field test (OFT), organophosphate FR (OPFR), peroxisome proliferator activated receptor (PPAR), PPAR gamma (*Pparg*) polybrominated diphenyl ether (PBDE), postnatal day (PND), proopiomelanocortin (POMC), quantitative real-time PCR (qpCR), RNA integrity number (RIN), tricresyl phosphate (TCP), triphenyl phosphate (TPP), tris (1,3-dichloro-2-propyl) phosphate (TDCPP)

INTRODUCTION

Production and use of polybrominated diphenyl ethers (PBDE) were quickly phased out in 2004 after numerous studies discovered they bioaccumulate in the environment (Darnerud, *et al.*, 2001). This led to many human studies assessing their affects and finding that PBDEs affect the endocrine, neurological, and reproductive systems (Costa *et al.*, 2007; Herbstman *et al.*, 2014). Specifically, they have been found to target nuclear receptors involved with homeostasis, like peroxisome proliferator activated receptor (PPAR) and the estrogen receptor (ER) (Fang *et al.*, 2015; Liu *et al.*, 2015). As a result, PBDEs were labeled as an

endocrine disrupting compound (EDC) and human concentrations have steadily declined since their phase out.

As a consequence, the production of another class of flame retardants (FR) known as organophosphate flame retardants (OPFR) was increased in many products. It is well known that OPFRs are similar in structure to PBDEs and are not chemically bound to most products. Because of this property, OPFRs can be released into dust, air, and food. Low concentrations (1.58 $\mu\text{g/g}$ - 12.5 $\mu\text{g/g}$) of OPFRs have been found in homes (He *et al.*, 2015), offices (Carignan *et al.*, 2013), and in the air of offices and aircrafts (Yang *et al.*, 2014). Furthermore, high levels were found in cereals (Poma *et al.*, 2017), pastries (Poma, *et al.*, 2017), sweets and beverages (Poma, *et al.*, 2017), and breast milk (Hoffman *et al.*, 2014; Kim *et al.*, 2014). *In vitro* studies have shown that OPFRs interact with a variety of nuclear receptors, like PPAR γ and ER α (Belcher *et al.*, 2014; Liu, *et al.*, 2015). Specifically, triphenyl phosphate (TPP) and tricresyl phosphate (TCP) are ER α agonists (Liu, *et al.*, 2012; Pillai, *et al.*, 2014), while Tris (1,3-dichloro-2-propyl)phosphate (TDCPP) was found to be an ER α antagonist and upregulate ER α target genes (Liu *et al.*, 2013a; Liu, *et al.*, 2013c). It should be noted that transactivation assays of TPP and TCP did show an activation of ER α/β , but were not as potent as the endogenous ligand, 17 β -estradiol (E2) (Liu, *et al.*, 2012; Pillai, *et al.*, 2014).

Though there are studies expanding our knowledge on OPFR exposure, the effects on neuroendocrine control are few and far between. Studies in zebrafish were found to impact steroidogenesis (Wang *et al.*, 2015a), liver functions (Wang, *et al.*, 2015a), lipogenesis (Dishaw *et al.*, 2014b), glucose homeostasis (Wang, *et al.*, 2015a), neural growth and

hypothalamic functions during early developmental stages (Liu, *et al.*, 2013a); these findings were also found in chicks. Furthermore, OPFR exposure in chicks was found to induce cholestatic liver and biliary fibrosis, disrupt lipid metabolism, reduce plasma cholesterol, and alter apolipoprotein E (ApoE), hepatocyte nuclear factor 4 alpha (HNF4 α), and PPAR α expression (Liu, *et al.*, 2013a; Liu, *et al.*, 2013c). Studies conducted by the Patisaul lab are one of few that assess developmental OPFR effects in rodent models and have found OPFR found in FM550 accumulate in the placenta in a sex-specific manner, alter exploratory behaviors in offspring and male cardiac physiology at levels lower than the purported NOAEL (Baldwin *et al.*, 2017; Patisaul *et al.*, 2013a). Together, these studies show that maternal or early developmental exposures can impact ER and PPAR signaling, potentially causing a change in neural growth, exploratory behavior, steroid- and lipogenesis, and hypothalamic function.

The hypothalamus is the master regulator of energy homeostasis in the brain and also includes the arcuate nucleus. This area encompasses many different types of neurons, like kisspeptin-neurokinin B (*Tac2*)-dynorphin (KNDy), proopiomelanocortin (POMC), neuropeptide Y (NPY), agouti-related peptide (AgRP), and growth hormone-releasing hormone (GHRH) neurons. These neurons are associated with local and peripheral hormones throughout the body, and consequently, their ability to send and receive information regarding energy homeostasis is due to their proximity to a “leaky” area of the blood-brain barrier (Morton *et al.*, 2006; Schwartz *et al.*, 2000).

ER α is highly expressed in the ARC, and thus there is the potential for OPFR exposure to disrupt ER α mediated pathways (Roepke *et al.*, 2007). However, most experiments only

noted changes in early developmental stages in non-rodent models, so it should be of high concern to understand the effects of developmental OPFR exposure in an adult rodent model.

A well known scientist updated the barker theory, stating that that diet can alter hypothalamic developmental programming (Barker *et al.*, 1990; Simmons, 2009). Due to rising incidences of obesity, type 2 diabetes, cardiovascular disease, and changes in lipogenesis, these symptoms and diseases can be characteristic of metabolic syndrome. Furthermore, symptoms of metabolic syndrome could have long lasting effects on the fetus of a pregnant mother because of its sensitivity to hormones and EDCs. Taken together, if few rodent models have shown the large phenotypic effect ER α potentially has, and diet alters hypothalamic programming, then more research is needed. This gap in knowledge led our hypothesis that maternal OPFR exposure followed by adult high-fat diet (HFD) or low-fat diet (LFD) challenges results in sexually dimorphic differences in behavior, activity and neuropeptides through interactions with steroid and nuclear receptors. The purpose of these studies is to understand the effects of maternal exposure on behavior, activity, and gene expression.

MATERIALS AND METHODS

Animal Care

All animal treatments and procedures were completed in accordance with institutional guidelines based on National Institutes of Health standards and were performed with Institutional animal Care and Use Committee approval at Rutgers University. Wild-type C57Bl/6J female and male mice were bred in-house, maintained under controlled

temperature (25°C) and 12/12h light/dark cycle with water and food *ad libitum*. All mice prior to experimentation had *ad libitum* access to a standard chow diet (LabDiet PicoLab Verified 5v75 IF, <75 ppm phytoestrogens) and water.

Maternal Exposures

Prior to mating, dams (8-12 weeks of age, n = 20 per treatment) were habituated to peanut butter 3-4 days. Gestation day (GD) 0 was determined with confirmation of a vaginal plug or evidence of intromission. Females were housed with males for one week. Dams were weighed every three days to ensure appropriate dosing. From GD7 to postnatal day (PND) 14, dams were dosed with sesame seed oil or a mixture of OPFR (tris(1,3-dichloro-2-propyl)phosphate (TDCPP, Sigma Aldrich, St. Louis, MO), triphenyl phosphate (TPP, Sigma Aldrich, St. Louis, MO), and tricresyl phosphate (TCP, AccuStandard, New Haven, CT), each at 1mg/kg), in a sesame seed vehicle. Both treatments were delivered orally using dried peanut butter. To prepare the OPFR stock, each compound was then dissolved into 1 ml of acetone for a stock solution. 100 ul of stock solution was dissolved into 10mL of sesame oil and allowed to vent for 24-48 h, as previously reported (Krumm *et al.*, 2018). Daily ingestion of the OPFR mixture or sesame oil occurred at 1000h. Dams were given a standard breeder diet (25% fat kCal, 3.83 kcal/g, Lab Diet 5015; Lab Diet, St. Louis, MO, USA) *ad libitum*. Only litters between 6 and 8 pups were used to reduce the effects of litter size on offspring energy homeostasis (Roepke *et al.*, 2017). Litters less than 6 were culled or paired with other litters.

Male and female pup body weights were measured on postnatal day (PND) 2, 7, and 14. Anogenital distance (AGD) was recorded on post-natal day 7 (PND7) to determine the

feminization or masculinization of male and female pups, respectively. At week 3, pups were weaned, housed by sex within litter (2-4 per cage), and fed a low-fat (LFD, 10% kCal fat, Cat D12450K, Research Diets, New Brunswick, NJ, USA) or high-fat (HFD, 45% kCal fat, Cat D12451, Research Diets) diet *ad libitum*. All mice were weighed weekly along with food intake per cage. Weekly food intake was calculated as grams per cage per mouse. Two consecutive experiments with 3-4 litters per treatment in the first experiment and 4-5 litters per treatment in the second. After the first batch of experimental litters, we gained access to an open field box, elevated plus maze, and a Biological Data Acquisition System (BioDAQ®) (Research Diets, Inc., New Brunswick, NJ, USA). Between week 19 and 24, mice were run through a battery of test including open field test (OFT), elevated plus maze (EPM), locomotor activity (Comprehensive Lab Animal Monitoring System (CLAMS), and Biological Data Acquisition System (BioDAQ).

Assessment of locomotor, exploratory, and feeding behaviors

Exploratory behavior assessments were completed in each mouse at week 19. Mice were first tested using an open field test (OFT) followed by elevated plus maze (EPM) 5 days later to eliminate an ordering effect. Mice were acclimated by moving the home cage to the behavior testing room 1 day prior to the start of the exploratory behavior tests.

At the start and end of testing for each mouse, the testing apparatus was sanitized. The main lights in the behavior room were turned off while a spotlight illuminated the testing area until all tests were completed for the day. Mice were returned to their home cage and placed back in their original housing area upon completion of OFT and EPM testing.

Minimization of stress and potential biases were done by avoiding any excessive movements and sounds.

For the OFT, testing started at 1000h and mice were placed into the middle of the chamber and allowed to explore the novel testing area for a full, uninterrupted 10 minute span. Video scoring was blind to three investigators. Analysis of OFT videos compared the velocity, number of crossings, time spent in inner and outer portions of the apparatus based on diet, treatment, sex, or a combination. For the EPM, testing started at 1000h and mice were placed into the middle of the maze and allowed to explore the novel testing area for a full, uninterrupted 5 minute span. Video scoring was blind to three investigators. Analysis of EPM videos compared the total number of closed and open arm entries and the average time in closed and open arms based on diet, treatment, sex, or a combination.

At week 20, mice were placed in a Comprehensive Lab Animal Monitoring System (CLAMS) (Columbus Instruments, Columbus, OH, USA) unit to measure activity in the X and Z plane for 48h. The last 24 h of recording was used to calculate general locomotor activity, x total, and x ambulatory activity. At week 21, assessment of feeding behaviors and meal patterns were measured individually using the for 7 days using the BioDAQ. The first 4 days of each trial were considered the acclimation period and the final 3 days of recording were used for data collection. Assessment of total ingested (g), daily food intake (g), average hourly food intake (g), meal frequency (meals/h), meal size (g), average meal duration (min), number of meals and meals per day were completed based on diet, treatment, sex, or a combination, during the day or night.

Arcuate RNA Extraction and quantitative real-time PCR

At the end of all physiological and behavioral assessments, each mouse was allowed to recover for 5-6 days. For collection of hypothalamic nuclei, mice were decapitated after an injection of ketamine at 1000h (100 μ L of 100 mg/mL, IP) and the brain was extracted from the skull and rinsed in ice-cold Sorensen's buffer for 30 sec. Brain slices were done using a brain matrix (Ted Pella, Redding, CA, USA) that cut the brain into 1-mm thick coronal rostral and caudal blocks corresponding to Plates 42 to 47 and Plates 48 to 53, respectively, from *The Mouse Brain in Stereotaxic Coordinates* (Paxinos & Franklin 2008, 3rd Edition). Blocks of the basal hypothalamus (BH) were transferred to RNAlater (Life Technologies) and stored overnight at 4 °C. The rostral and caudal parts of the arcuate nucleus were dissected from slices using a dissecting microscope and stored at -80 °C until needed for extraction.

Pure RNA was extracted from the arcuate nucleus (ARC) using Ambion RNAqueous[®] Micro Kits (Life Technologies, Carlsbad, CA, USA) according to the manufacturer's protocol, followed by DNase-I treatment to remove contamination by genomic DNA (Life Technologies). Quantity of RNA was assessed by the NanoDrop[™] ND-2000 spectrophotometer (ThermoFisher, Inc., Waltham, MA, USA), followed by the RNA 6000 Nano Kit (Agilent Technologies, Inc., Santa Clara, CA, USA) to assess quality. Samples with an RNA integrity number (RIN) greater than 8 were used for quantitative real-time PCR (qpCR). Complementary DNA (cDNA) was synthesized from 250 ng of total ARC RNA using Superscript III reverse transcription (Life Technologies), 4 μ L 5 \times buffer, 25 mM MgCl₂, 10 mM dNTP (Clontech Laboratories, Mountain View, CA), 100 ng random hexamer primers (Promega, Madison, WI), 40 U/ μ L Rnasin (Promega), and 100 mM dithiothreitol in diethylpyrocarbonate-treated water (Bioexpress, Kaysville, UT) in a total

volume of 20 μ L. Reverse transcription was conducted using the following protocol: 5 minutes at 25°C, 60 minutes at 50°C, and 15 minutes at 70°C. cDNA was diluted to 1:20 with nuclease-free water (Gene Mate/Bioexpress) for a final cDNA concentration of 0.5 ng/ μ L and stored at –20°C. Untreated ARC tissue RNA was used for the calibrator and negative control (no reverse transcription) and processed simultaneously with the experimental samples. All values were normalized and are expressed as relative mRNA expression.

Efficiencies were calculated as a percent efficiency and are approximately equal (90%–110% or one doubling per cycle, See Table 1 for a list of primer sequences). Amplification protocol for genes was as follows initial denaturing at 95 °C for 3 (SsoAdvanced) or 10 minutes (PowerSYBR) followed by 40 cycles of amplification at 94°C for 10 seconds (denaturing), 60°C for 45 seconds (annealing), and completed with a dissociation step for melting point analysis with 60 cycles of 95 °C for 10 seconds, 65 °C to 95 °C (in increments of 0.5 °C) for 5 seconds and 95°C for 5 seconds. The reference genes used were *Gapdh*, *Hprt*, and *Actb*. Positive, negative and water blank controls were included in the qPCR plate design. The geomean of the Cq values from each reference gene was used to calculate relative gene expression (Yasrebi *et al.*, 2017).

Statistical Analysis

All data are expressed as mean \pm SEM and were analyzed using GraphPad Prism software (GraphPad Software, Inc., La Jolla, CA, USA) or Statistica (StatSoft, Tulsa, OK, USA). Body weight gain, AGD, average weekly food intake, BioDAQ, activity, EPM, and OFT

data were analyzed using a multifactorial (sex, diet, OPFR exposure) ANOVA with a *post hoc* Newman-Keuls test. All gene expression data were analyzed using 2-way ANOVA with a *post hoc* Newman-Keuls test within each genotype. In all experiments, effects were considered significant at $\alpha \leq 0.05$.

RESULTS

Anogenital Distance and Adult Body Weights

To determine if OPFR exposure has potential estrogenic or androgenic effects on the developing pups, we measured anogenital distance on PND7. OPFR-exposed male pups had a reduced AGD compared to control (Fig. 2a; sex = $F(1,32) = 441.0$, $P < 0.0001$; sex*EDC = $F(1,32) = 9.692$). OPFR-exposed males had an average AGD ($AGD/\sqrt[3]{\text{Body Weight}}$) of 1.68 ± 0.4 , while oil-exposed males had an average AGD of 1.81 ± 0.2 ($P < 0.05$). At 20 weeks average bodyweight for all mice was measured and analyzed by litter. Male body weight was only altered by diet ($F(1, 27) = 110.5$, $P < 0.0001$, Fig. 2b). HFD-fed Males from oil- and OPFR-treated dams weighed 44.6 ± 1.3 g and 42.9 ± 0.8 g, respectively, which was higher than their LFD-fed counterparts (oil: 33.3 ± 1.1 g, $P < 0.0001$; OPFR: 32.9 ± 0.5 g, $P < 0.0001$). Females were also only affected by diet ($F(1, 28) = 19.21$, $P < 0.0001$, Fig. 2c) fed a HFD also weighed more (26.0 ± 0.9 g (oil) vs. 26.5 ± 1.2 g (OPFR)) than LFD-fed females (oil: 22.5 ± 0.5 g, $P < 0.01$; OPFR: 22.1 ± 0.5 g, $P < 0.01$), regardless of maternal treatment. Overall, these studies identified a feminization of male mice from OPFR exposure.

Food intake and meal patterns

Average weekly food intake was measured for all mice from weaning until tissue collection. Average weekly energy intake was altered by diet in males ($F(1, 27) = 18.65$, $P < 0.0001$, Fig. 2b) and females ($F(1, 27) = 10.33$, $P < 0.001$; Fig. 2d). In contrast, there was no effect of EDC or diet on average weekly food intake in males (Fig. 3a) or females (Fig. 3c). HFD-fed males consumed more energy than LFD in both the oil-exposed ($P < 0.01$) and OPFR-exposed ($P < 0.05$) groups. However, only OPFR-exposed HFD females consumed more energy ($P < 0.05$) compared to LFD.

At 21 weeks, we analyzed meal patterns using a BioDAQ system. In the last 72 h of run, oil-exposed, HFD-fed males consumed less than the oil-exposed, LFD-fed males ($P < 0.001$; Fig. 4a). However, in OPFR-exposed males there was no difference between diets in total food ingested. In fact, HFD-fed males exposed to OPFR consumed more HFD than oil-exposed males ($P < 0.01$, diet: $F(1, 12) = 7.03$, $P < 0.05$; interaction of diet and OPFR: $F(1, 12) = 5.98$, $P < 0.05$). When separated into daily food ingested, oil-exposed, LFD-fed males consumed more than HFD-fed males ($P < 0.001$), which consumed less food than OPFR-exposed, HFD-fed males ($P < 0.001$). While there was no difference in day 2, oil-exposed, HFD-fed males consumed less food than their LFD-fed counterparts ($P < 0.05$, adult diet: $F(1, 12) = 5.44$, $P < 0.05$; adult diet*OPFR: $F(1, 12) = 8.08$, $P < 0.05$). During the last 72 h, hourly consumption of food was altered by time and an interaction of time and OPFR (time: $F(23, 276) = 8.56$, $P < 0.0001$; time*EDC: $F(23, 276) = 1.76$, $P < 0.05$; Fig. 4c). LFD-fed, oil-exposed males consumed more food at 0800h, 1700h, and 2000h ($P < 0.05$), compared to both HFD-fed, oil-exposed and LFD-fed, OPFR-exposed. In females, there was no effect of maternal treatment or diet on total ingested (Fig. 4d) or daily food

intake (Fig. 4e). However, hourly food intake was affected by time and interactions of time and OPFR and time and diet (time: $F(23, 276) = 9.1$, $P < 0.0001$; time*OPFR: $F(23, 276) = 2.56$, $P < 0.0001$; time*adult diet: $F(23, 276) = 1.55$, $P < 0.05$; Fig. 4f). The effects were observed during the night, specifically, at 1900, 2200, and 2300h when oil-exposed LFD females consumed less than their HFD-fed counterparts ($P < 0.05$) and their OPFR-exposed counterparts ($P < 0.01$).

Meal parameters were determined from the last 72h of each run. There was no effect of diet or maternal treatment on meal frequency (Fig. 5a and Fig. 5d) or meal size (Fig. 5b and Fig. 5e) for male and female mice. However, meal duration was longer in oil-exposed, LFD-fed male mice than their HFD-fed counterparts (Fig 5c; $P < 0.05$, diet: $F(1, 12) = 5.09$, $P < 0.05$), but no effect of diet was observed in the OPFR-exposed males or in female mice (Fig. 5f). No effect of diet or maternal treatment on total number of meals or meals per day was observed in males or females (data not shown). Overall, these studies identified sexual dimorphism from diet and maternal OPFR exposure..

Locomotor Activity and Exploratory Behaviors

Locomotor activity was measured using a CLAMS and collected from the last 24 h of each run. Total x-plane, ambulatory x-plane, and z-plane activity was measured. In males, OPFR exposure reduced nighttime activity (total and ambulatory x) in LFD-fed males and reduced the effects of HFD on activity ($P < 0.05$, Fig. 6a & b). Collectively, total and ambulatory x-plane activity were affected by diet ($F(1, 54) = 8.33$; $P < 0.01$), time ($F(1, 54) = 34.42$; $P < 0.0001$), and maternal treatment ($F(1, 54) = 6.43$; $P < 0.05$). A similar pattern was found in the z plane activity although there were few pairwise differences (diet:

$F(1, 54) = 6.50$; $P < 0.05$, time: $F(1, 54) = 16.18$; $P < 0.001$, and maternal treatment: $F(1, 54) = 6.79$; $P < 0.05$; Fig. 6c). Female activity (total and ambulatory x and z) were not altered by diet or maternal treatment but were subjected to an influence of time (x: $F(1, 54) = 23.32$; $P < 0.0001$ and z: $F(1, 56) = 19.16$; $P < 0.0001$; Fig. 6d, 6e, & 6f).

Because EDC are known to alter exploratory behaviors (Baldwin, *et al.*, 2017; Jarema *et al.*, 2015; Patisaul, *et al.*, 2013a), we tested males and females from 4-5 litters on an open field test and an elevated plus maze. When fed a HFD, OPFR exposure reduced total number of closed entries (Fig. 7a; $F(1,14) = 4.925$; $P < 0.05$) and the total number of open entries for in males (Fig. 7c; $F(1,14) = 7.021$; $P < 0.01$). An effect of diet was found for both oil- and OPFR-exposed male mice spending more time in the closed arms (Fig. 7e; $F(1,14) = 8.508$; $P < 0.05$; $P < 0.01$) and less in the open arms (Fig. 7g; $P < 0.05$; $P < 0.01$) compared to LFD-fed male mice. No effect of diet or OPFR was observed in the number of closed or open arm entries in females (Fig., 7b & 7d). However, there was an overall effect of diet in average time spent in closed arms (Fig. 7f; $F(1,14) = 4.613$; $P < 0.05$) and in open arms (Fig 7h; $F(1,14) = 4.981$, $P < 0.05$) for females.

For the open field test, OPFR exposure reduced the time in the inner zone in females fed a HFD (Fig. 8b; $F(1,14) = 4.936$, $P < 0.05$). However, the total number of crossings was higher in HFD-fed females only after OPFR exposure (Fig. 8c; $F(1,14) = 8.661$; $P < 0.05$). There was no effect on velocity or time spent in the outer zone. Average distance traveled was reduced by OPFR exposure in LFD-fed females (Fig. 8f; $F(1,14) = 4.799$; $P < 0.05$), while OPFR exposure increased outer distance traveled (Fig 8g; $F(1,14) = 4.832$; $P < 0.05$), and total distance traveled (Fig 8i; $F(1,14) = 5.306$; $P < 0.05$) in HFD-fed females. Finally, HFD increased the distance traveled in the inner zone only in OPFR-exposed females (Fig.

8h; $F(1,14) = 8.414$, $P < 0.05$). For males, there were few effects of diet or OPFR on OFT parameters. OPFR exposure reduced time spent in the inner zone in HFD-fed males (Fig. 9b, $F(1, 14) = 4.75$, $P < 0.05$). Similarly, OPFR exposure reduced average distance in LFD-fed males (Fig. 9f; $F(1, 14) = 4.79$, $P < 0.05$). Overall these studies identified a sexual dimorphic effect from diet and maternal OPFR exposure.

Arcuate Gene Expression

To determine if maternal OPFR exposure altered hypothalamic expression of neuropeptides and receptors involved in energy homeostasis and feeding behaviors, we analyzed gene expression in the arcuate nucleus of the hypothalamus. In males (Table 2), there was no effect of diet or OPFR exposure on any of the ten genes analyzed. Conversely, in females (Table 3), adult diet altered the expression of *Pparg* ($F(1, 26) = 6.96$, $P < .05$), *Pomc* ($F(1, 26) = 7.42$, $P < .05$), *Cart* ($F(1, 26) = 6.51$, $P < .05$), and *Kiss1* ($F(1, 26) = 4.96$, $P < .05$). Exposure to OPFR altered the expression of *Agrp* ($F(1, 26) = 12.27$, $P < .01$) and *Esr1* ($F(1, 26) = 6.70$, $P < .05$). Overall, these studies identified a sexual dimorphic effect in gene expression from diet and maternal OPFR exposure.

DISCUSSION

Understanding the impact of maternal OPFR exposure on offspring behaviors, activity and neuropeptides is one of many factors in addressing signs and symptoms related to metabolic syndrome. While there are few studies on the effects of OPFR exposure during development, we hypothesized that that maternal OPFR exposure along with a high-fat diet (HFD) challenge results in sexually dimorphic differences in behavior, activity, and

neuropeptide expression through interactions with steroid and nuclear receptors and, in particular, ER α or PPAR γ .

As previously mentioned, chemicals during pregnancy can have long lasting effects on physiological and endocrine processes controlled by the hypothalamus. An example of this is the anogenital distance (AGD), which is a biomarker of perinatal androgen exposure. In males, a shorter AGD is a sign of reduced androgen production, while in females an increased AGD is increased androgen production (Macleod *et al.*, 2010; Vandenberg *et al.*, 1995). In our current study, OPFR exposure reduced AGD in male mice demonstrating a feminization in male mice, that, in our study, is from maternal OPFR exposure. This observation was also found in PBDE experiments on Long Evans rats (Kodavanti *et al.*, 2010; Lilienthal *et al.*, 2006). However, one of the experiments did not have statistical significance, most likely due to low dose exposure (Kodavanti, *et al.*, 2010). AGD in rodents exposed to bisphenol A (BPA) was found to be reduced in males for prenatal exposure, but increased in multigenerational studies that had prenatal and postnatal exposure (Gupta, 2000; Honma *et al.*, 2002; Talsness, 2000; Tyl *et al.*, 2008; Tyl *et al.*, 2002). These findings also translated to human studies as well (Mammadov *et al.*, 2018; Sun *et al.*, 2018).

It is also known that androgen-dependent behavioral and physiological observations, like increased body weight, during adulthood is correlated to the degree of androgenization (Vandenberg, *et al.*, 1995). Although we did find an increase in body weight across both sexes and treatments due to HFD, the absence of an increase in body weight due to OPFR exposure on a LFD suggests that the mechanism is not an androgenization effect. Furthermore, our findings are supported by Daubie and colleagues, but contradicts the

well-known study by Rubin and Soto (Daubie *et al.*, 2011; Rubin *et al.*, 2009). Furthermore, we are the first to show food intake on a HFD in male mice is suppressed by OPFR in the meal pattern studies, providing more evidence that OPFR potentially produces sex-specific effects in feeding behaviors (Fig. 4a, b). No effects were seen in total ingested and daily intake for female mice, which is supported by a study that assessed crude food intake in mice (Taylor *et al.*, 2018). Both sexes consumed more during, or right before, lights out (1700-1800), but this is expected as they are most active during this time.

Our exploratory tests illustrated an interactive effect of HFD and OPFR exposure. Specifically, OPFR-exposed females spent less time in the inner section, but crossed more times compared to their counterparts with the same maternal exposure fed a LFD, while oil HFD spent more time in inner compared to oil LFD. These findings are supported by Chen and colleagues, but they did not assess sex differences when exposing mice to BPA (Chen *et al.*, 2015a). A recent OPFR study observed different results, stating there was no difference in OFT time in the center or center entries for either sex or exposure to OPFR in rats (Baldwin, *et al.*, 2017). However, the toxicokinetics between the two rodents models could explain the differences. An additional study also found no difference in OFT from female rats exposed to BPA, while another saw no difference in number of crossings but did notice males spent more time in the center compared to females (Kubo *et al.*, 2001; Xu *et al.*, 2015). Though we did not notice a difference in time spent in OPFR exposed females compared to males, we did notice, that average distance was reduced in OPFR LFD females, total distance traveled was increased in OPFR HFD, and regardless of diet, travel increased in the outer and inner areas for HFD females. In males, it appeared that EDC alone caused the reduction in time and average distance for OPFR HFD and OPFR LFD,

respectively. These results suggest there are sex differences in males and females from maternal exposure and diet.

Likewise, EPM results only showed changes in male activity. Specifically, males spent more time in the center of the EPM than anywhere else and regardless of exposure, HFD males spent more time in the closed arms compared to open when they did explore which is supported by one study (Aslani *et al.*, 2015). A similar study assessing perinatal exposure to BPA with a HFD challenge noted no difference in diet or EDC (Wise *et al.*, 2018). Possible explanation of our findings could be due to increased BW, causing less movement overall and reduced likelihood of males to explore compared to females. Though findings were also evident in numerous rats studies of varying EDCs at lower doses (15-1500 $\mu\text{g/kg}$), with a few contradicting other papers, it should be noted for most of these only one sex was used and no sex differences were found in controls (Funabashi *et al.*, 2004; Negishi *et al.*, 2004; Patisaul *et al.*, 2008). No effects were observed in females. Taken together, these results show that OPFR can have an anxiogenic effect. This finding is supported by numerous studies that exposed mice to bisphenol A (BPA) and assessed their anxiogenic effects with EPM or OFT. Since it is known that EDC can alter exploratory behaviors and our findings are supported by another report that tests a known EDC, this provides evidence that OPFRs can be a potential EDC (Baldwin, *et al.*, 2017; Jarema, *et al.*, 2015; Patisaul, *et al.*, 2013a).

Similar findings were observed for locomotor activity in CLAMS. That is, most effects were observed in males, while only x total activity changed in females. Specifically, both sexes, only HFD for females, had a higher x total count at night compared to day. Increased x total activity is expected to occur at night due to our animal model choice. However, a

reduction in x total activity in OIL-exposed HFD males compared to LFD at night was not. These exact effects were also observed in male x ambulatory activity. Z total activity, or rearing, was increased at night in oil-exposed LFD males compared to day but decreased at night in oil-exposed HFD males compared to LFD. Possible explanation for the data departing from expectations could be due to changes in the lateral hypothalamus, ARC, and ventromedial hypothalamus, and paraventricular nucleus all of which play a critical role in sleeping behavior and arousal, food intake, and feeding behavior. Other studies have contradicting results, even with differing exposure windows, EDC, and an absence of a diet challenge (Batista *et al.*, 2012; Chen *et al.*, 2013; Eriksson *et al.*, 2001; Eriksson *et al.*, 2002; Riu *et al.*, 2011; Zhao *et al.*, 2014). Overall, these changes in neurological pathways and reductions in exploratory behavior from maternal OPFR exposure during acrophase in a mouse can increase susceptibility of obesity and metabolic syndrome.

We also sought to understand if there were any effects in arcuate expression of neuropeptides and hormone receptors since any changes could explain any differences observed. Though there were no changes in males, there was a notable increase in *Pparg*, *Cart*, *Agrp*, and *Pomc*, *Kiss1*, and *Esr1* in female mice, all of which play critical roles in energy balance, appetite, or locomotor behavior (Table 3). A derivative of BPA, bisphenol S, was also found to increase *Agrp* with no change in *Pomc*, or *Cart*, but was only noted in male mice as they didn't include females (Rezg *et al.*, 2018). These modest changes in *Agrp* signify the mice are more orexigenic. In comparison, perinatal BPA exposed mice had a reduction in *Pomc* with no change in *Agrp*, while Salehi and colleagues saw an increase in *Pomc* relating it to PPAR γ mediated mechanisms (MacKay *et al.*, 2017; Salehi *et al.*, 2019). This could potentially explain the increased in total ingested for OPFR-

exposed HFD males compared to control in the BioDAQ as well as the increase in both *Pomc* and *Pparg* gene expression.

In regards to epigenetic changes with nuclear receptors following postnatal exposure to BPA, two studies noticed an increase in *esr1* and *kiss1* in a mouse and zebrafish model (Johnson *et al.*, 2018; Qiu *et al.*, 2016). Though in the zebrafish model changes were only observed at higher concentrations (100 and 1000 µg/L) (Qiu, *et al.*, 2016). As these receptors play a crucial role in neurodevelopment, behavior, and maturation, this could explain the AGD differences in OPFR-exposed males.

To conclude, our findings along with other studies from known EDCs, appear to support the hypothesis that maternal OPFR exposure along with a high-fat diet (HFD) or low-fat diet (LFD) challenge results in sexually dimorphic differences in behavior, activity, and neuropeptides through interactions with steroid and nuclear receptors. Though these interactions are multiple and complex, we were the first to show food intake on a HFD in male mice is suppressed by OPFR in the meal pattern studies, providing more evidence that OPFR potentially produces sex-specific effects in feeding behaviors. Furthermore, there are a few that refute our findings, but these studies did not measure the exact parameters we tested such as crude versus individual food intake, different exposure windows, or only testing in one sex. However, in studies that have ablated ER α they have found that it blocks the influence of diet of energy homeostasis, hypothalamic and liver gene expression in comparison to PPAR γ KO mice showing signs of enhanced emotional response from stress and anxiety (Domi *et al.*, 2016; Roepke, *et al.*, 2017). In addition, a study noted that a diet low in phytoestrogens, like our study, can lead to higher body fat

and serum leptin levels, which we observed in this study and an unpublished study by our lab (Ruhlen *et al.*, 2008).

Though our experiments have found many new, exciting results from OPFR exposure, more tests could be conducted to further understand the effect of maternal exposure and diet on behavior, activity, and gene expression. As mentioned before, ER α and PPAR γ play a critical role in development. If we were to use a ER α knockout model (KO) mouse model, we could expand our knowledge on the role ER α plays in behavior, activity and gene expression. Additionally, ovariectomizing female mice to understand the potential effects amongst pair housed females, and potentially even males would be interesting to assess if the same results are observed. For a PPAR γ mice, tissue specific KO models would be used (i.e. full PPAR γ KO's are fatal) to understand food and energy intake and whether KO in one tissue has a greater effect on gene expression than another. Therefore, it would be interesting to repeat these studies to determine if behavioral and gene expression patterns are also observed in a PPAR γ or ER α .

Table 1. Primer Sequences.

Gene Name	Forward Primer	Reverse Primer	Accession #
<i>Actb</i> *	GCCCTGAGGCTTTTCCA	TAGTTTCATGGATGCCACAGGA	NM_007393.3
<i>Agrp</i>	CTCCACTGAAGGGCATCAGAA	ATCTAGCACCTCCGCCAAA	NM_007427.2
<i>Cart</i>	GCTCAAGAGTAAACGCATTCC	GTCCCTTCACAAGCACTTCAA	NM_013732
<i>Esr1</i>	GCGCAAGTGTTACGAAGTG	TTCGGCCTTCCAAGTCATC	NM_007956
<i>Gapdh</i> *	TGACGTGCCGCCTGGAGAAA	AGTGTAGCCCAAGATGCCCTTCAG	NM_008084.2
<i>Ghsr</i>	CAGGGACCAGAACCACAAAC	AGCCAGGCTCGAAAGACT	NM_177330
<i>Hprt</i> *	GCTTGCTGGTGAAAAGGACCTCTCGAAG	CCCTGAAGTACTCATTATAGTCAAGGG CAT	NM_013556
<i>Insr</i>	GTGTTTCGGAACCTGATGAC	GTGATACCAGAGCATAGGAG	NM_010568
<i>Kiss1</i>	TGATCTCAATGGCTTCTTGGCAGC	CTCTCTGCATACCGCGATTCTTT	NM_178260
<i>Lepr</i>	AGAATGACGCAGGGCTGTAT	TCCTTGTGCCCAGGAACAAT	NM_146146.2
<i>Npy</i>	ACTGACCCTCGCTCTATCTC	TCTCAGGGCTGGATCTCTTG	NM_023456
<i>Pomc</i>	GGAAGATGCCGAGATTCTGC	TCCGTTGCCAGGAAACAC	NM_008895
<i>Pparg</i>	CTGCTCAAGTATGGTGTCCATGAG	GAGGAACTCCCTGGTCATGAATC	NM_011146.3

Actb, beta-actin; *Agrp*, agouti-related peptide; *Cart*, cocaine- and amphetamine-regulated transcript; *Esr1*, estrogen receptor alpha; *Gapdh*, glyceraldehyde-3-phosphate dehydrogenase; *Ghsr*, growth hormone secretagogue receptor; *Hprt*, hypoxanthine-guanine phosphoribosyltransferase; *Insr*, insulin receptor; *Kiss1*, kisspeptin; *Lepr*, leptin receptor; *Npy*, neuropeptide Y; *Pomc*, proopiomelanocortin; *Pparg*, peroxisome proliferator-activated receptor γ . *denotes reference genes.

Table 2. Arcuate expression of neuropeptides and hormone receptors in males.

Gene	Oil		OPFR	
	LFD	HFD	LFD	HFD
<i>Agrp</i>	1.1 ± 0.1	0.7 ± 0.1	1.6 ± 0.5	0.8 ± 0.2
<i>Cart</i>	1.1 ± 0.1	1.2 ± 0.1	1.0 ± 0.1	0.9 ± 0.1
<i>Esr1</i>	1.0 ± 0.1	1.3 ± 0.4	1.5 ± 0.3	0.9 ± 0.2
<i>Ghsr</i>	1.0 ± 0.1	0.8 ± 0.1	1.4 ± 0.3	1.1 ± 0.2
<i>Insr</i>	1.0 ± 0.1	1.3 ± 0.1	1.5 ± 0.3	1.2 ± 0.2
<i>Kiss1</i>	1.1 ± 0.1	1.3 ± 0.2	1.4 ± 0.3	1.3 ± 0.2
<i>Lepr</i>	1.0 ± 0.1	1.4 ± 0.2	1.6 ± 0.4	0.8 ± 0.2
<i>Npy</i>	1.1 ± 0.2	0.5 ± 0.0	1.1 ± 0.2	0.9 ± 0.2
<i>Pomc</i>	1.1 ± 0.1	1.0 ± 0.1	1.1 ± 0.2	1.3 ± 0.2
<i>Pparg</i>	1.1 ± 0.1	1.3 ± 0.2	1.6 ± 0.9	0.9 ± 0.1

All data were normalized to oil-treated within each sex, $n = 7-9$ litters.

Table 3. Arcuate expression of neuropeptides and hormone receptors in females.

Gene	Oil		OPFR	
	LFD	HFD	LFD	HFD
<i>Agrp</i>	1.1 ± 0.2	0.9 ± 0.1	2.2 ± 0.4 A	2.0 ± 0.4 A
<i>Cart</i>	1.0 ± 0.2	1.8 ± 0.5	1.3 ± 0.2	2.5 ± 0.5 a
<i>Esr1</i>	1.0 ± 0.1	1.5 ± 0.3	1.6 ± 0.2	2.0 ± 0.2
<i>Ghsr</i>	1.1 ± 0.1	1.5 ± 0.4	1.8 ± 0.5	1.4 ± 0.3
<i>Insr</i>	1.2 ± 0.2	1.4 ± 0.4	0.9 ± 0.2	1.7 ± 0.6
<i>Kiss1</i>	1.1 ± 0.2	1.8 ± 0.5	1.6 ± 0.3	2.5 ± 0.4
<i>Lepr</i>	1.1 ± 0.2	1.4 ± 0.3	1.3 ± 0.4	1.7 ± 0.5
<i>Npy</i>	1.2 ± 0.2	0.9 ± 0.1	2.0 ± 0.6	1.3 ± 0.2
<i>Pomc</i>	1.0 ± 0.2	1.7 ± 0.5	1.4 ± 0.1	2.6 ± 0.4 a
<i>Pparg</i>	1.1 ± 0.2	2.2 ± 0.4	1.1 ± 0.2	1.8 ± 0.5

All data were normalized to oil-treated within each sex. Lowercase letters denote differences within maternal treatment between adult diets. Uppercase letters denote differences within adult diets between maternal treatments. **a** = $P < 0.05$; **b** = $P < 0.01$; **c** = $P < 0.001$; **d** = $P < 0.0001$. $n = 7-9$ litters.

Figure 1. Experimental design. Prior to mating dams were habituated to peanut butter for 3-4 days before mating. Pairing of the male and female mice was noted as gestation day (GD) 0. From GD7 until post-natal day (PND) 14, dams were dosed with the OPFR mixture (1 mg/kg/day of each OPFR) or sesame oil vehicle mixed with dried peanut butter. At week 3, pups were weaned, separated by sex and housed within litter. Offspring were fed either a low-fat diet (LFD) or a high-fat diet (HFD) for a total of 7-9 litters per treatment per diet. Between week 19 and 24, mice were tested for differences in behavior (open field test (OFT), elevated plus maze (EPM), body composition (MRI), metabolic rate, substrate utilization, and locomotor activity (Comprehensive Lab Animal Monitoring System (CLAMS)), Biological Data Acquisition System (BioDAQ)), hemodynamics (CODA).

Figure 2. Anogenital distance at PND7 and adult body weights for mice fed a LFD or HFD at week 20. A: Anogenital Distance (AGD/body weight) for male and female pups at PND7. B: Body weights for adult male (B) and female (C) mice (age 20 weeks) on a low-fat diet (LFD) or a high-fat diet (HFD). Column number represents the sample size (number of litters) per treatment per sex. Capped lines with letters denote significance between adult diets within maternal treatments (a = $P < 0.05$; b = $P < 0.01$; d = $P < 0.0001$).

Figure 3. Average weekly food and energy intake in oil- and OPFR-exposed mice fed a LFD or HFD from week 4 to week 20. Average weekly food intake (g) for male (A) and female (C) mice. Average weekly energy intake (kCal) for male (B) and female (D) mice. Column number represents the sample size (number of litters) per treatment per sex. Capped lines with letters denote significance between adult diets within maternal treatments (a = $P < 0.05$; b = $P < 0.01$).

Figure 4. Total ingested over 72 h; daily food intake and hourly food intake from BioDAQ for oil- and OPFR-exposed mice fed a LFD or HFD. Total ingested (g) for male (A) and female (D) mice. Daily food intake (g) for male (B) and female (E) mice. Average hourly food intake (g) for male (C) and female (F) mice. Thick lines in C and F denote nighttime compared to daytime recording. Data was collected from the last 96 h of a 7-day run on the BioDAQ. Column number represent sample size (number of litters) per treatment. For A, B, D, and E, capped lines with letters denote significance between diets within maternal treatments. Letters denote significance between maternal treatments within adult diets. For C and F, lower case letters denote significance between adult diets within maternal treatment and uppercase letters denote significance between maternal treatments within adult diets (a, A = $P < 0.05$; b, B = $P < 0.01$, c = $P < 0.001$).

Figure 5. Meal frequency, meal size, and meal duration in BioDAQ for oil and OPFR-exposed mice fed a LFD or HFD. Meal frequency (meals/h) for male (A) and female (D) mice. Average meal size (g) for male (B) and female (E) mice. Average meal duration (min) for male (C) and female (F). Data was collected from the last 96 h of a 7-day run in the BioDAQ. Column number represent sample size (number of litters) per treatment. Capped lines with letters denote significance between adult diets within maternal treatments (a = $P < 0.05$).

Figure 6. Day and night locomotor activity in the CLAMS for oil- and OPFR-exposed mice fed a LFD or HFD at week 20. A: X total activity (counts). B: X ambulatory activity (counts). C: Z total activity (counts). D: X total activity (counts). E: X ambulatory activity (counts). F: Z total activity (counts). Capped lines with letters denote significance between adult diets within maternal treatments. Letters denote significance between maternal treatments within adult diets (a = $P < 0.05$; c = $P < 0.001$).

Figure 7. Exploratory behavior for oil- and OPFR-exposed mice fed a LFD or HFD in an elevated plus maze. Total number of closed entries for male (A) and female (B). Total number of open entries for oil- and OPFR-exposed male (C) and female (D) mice. Average time in closed arms for male (E) and female (F) mice. Average time in open arms for male (G) and female (H) mice. Column number represent sample size (number of litters) per treatment. Capped lines with letters denote significance between adult diets within maternal treatments. Letters denote significance between maternal treatments within adult diet (a = $P < 0.05$; b = $P < 0.01$).

Figure 8. Open field test for oil- and OPFR-exposed female mice fed a LFD or HFD. Time spent in outer (A) and inner (B) section of open field and the number of crossings (C); velocity in the outer (D) and inner (E) sections of open field; distance traveled: Average (F), outer (G), inner (H), and total (I). Column number represent sample size (number of litters) per treatment. Capped lines with letters denote significance between adult diets within maternal treatments. Letters denote significance between maternal treatments within adult diet (a = $P < 0.05$).

Figure 9. Open field test for oil- and OPFR-exposed male mice fed a LFD or HFD. Time spent in outer (A) and inner (B) section of open field and the number of crossings (C); velocity in the outer (D) and inner (E) sections of open field; distance traveled: Average (F), outer (G), inner (H), and total (I). Column number represent sample size (number of litters) per treatment. Capped lines with letters denote significance between adult diets within maternal treatments. Letters denote significance between maternal treatments within adult diet (a = $P < 0.05$).

Figure 1.

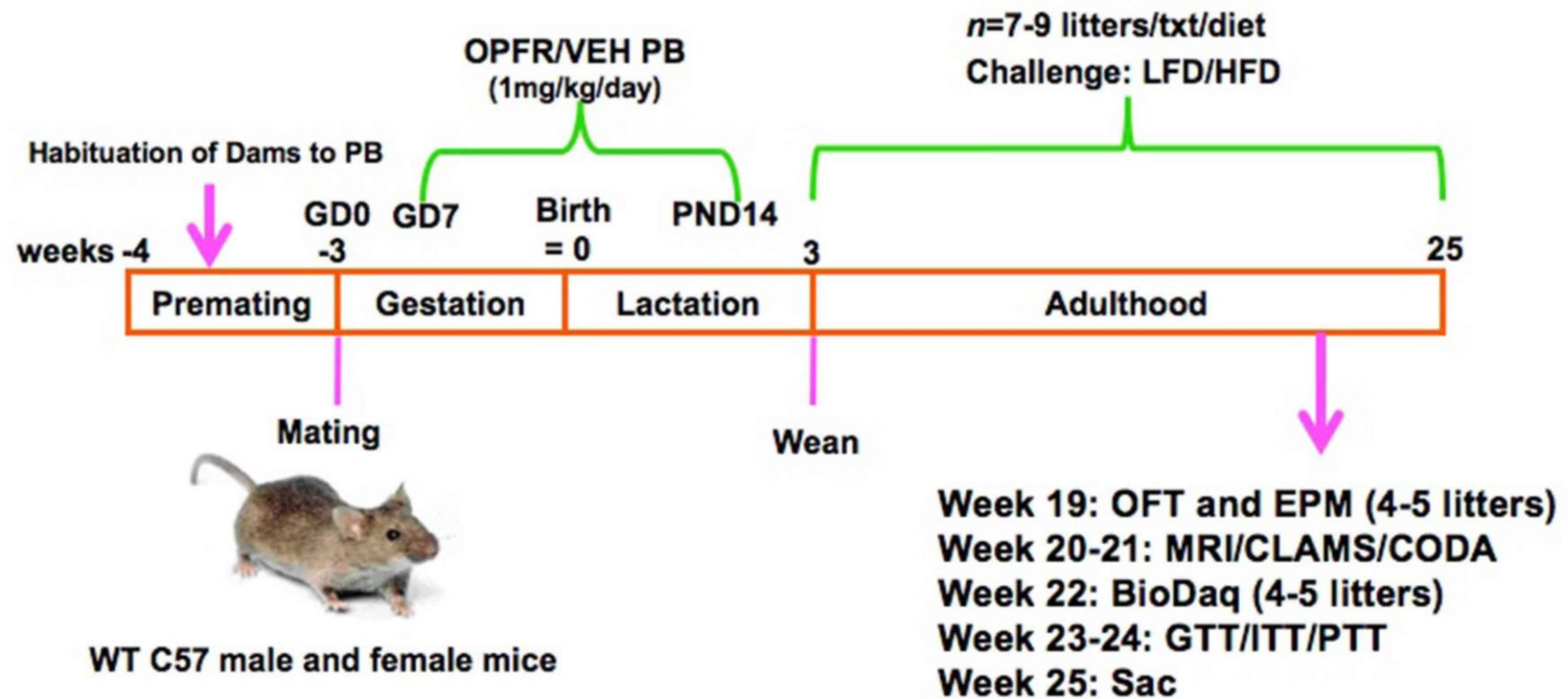


Figure 2.

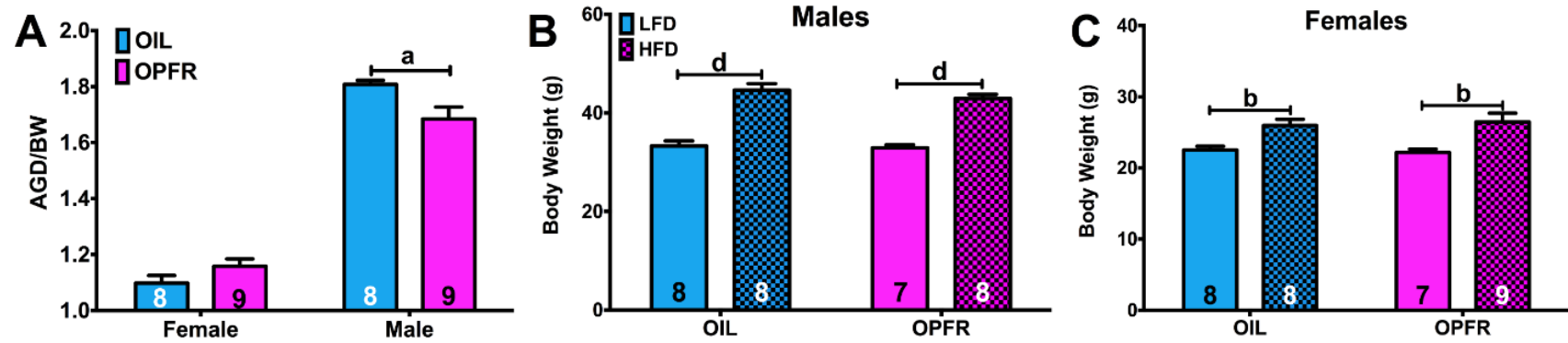


Figure 3.

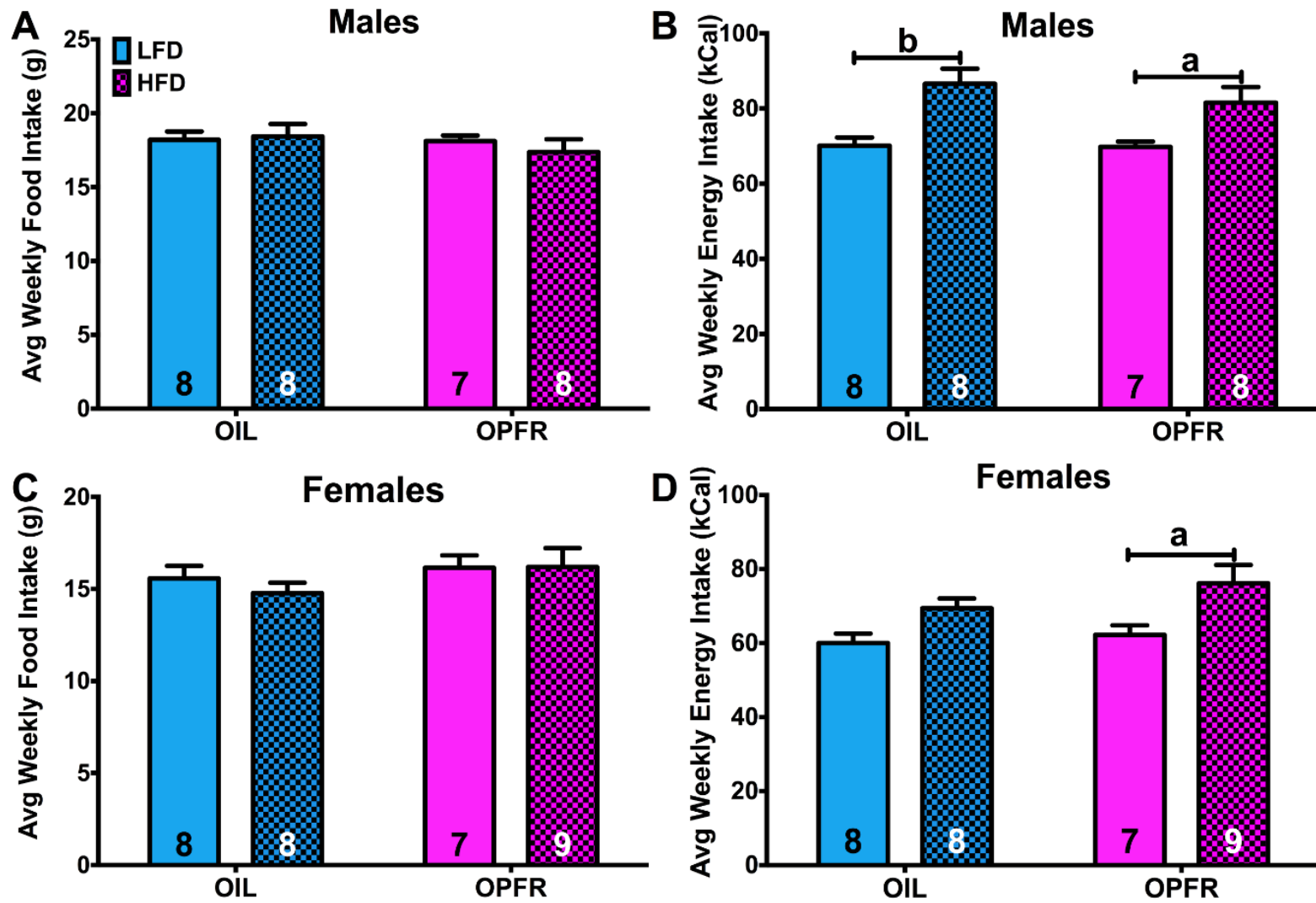


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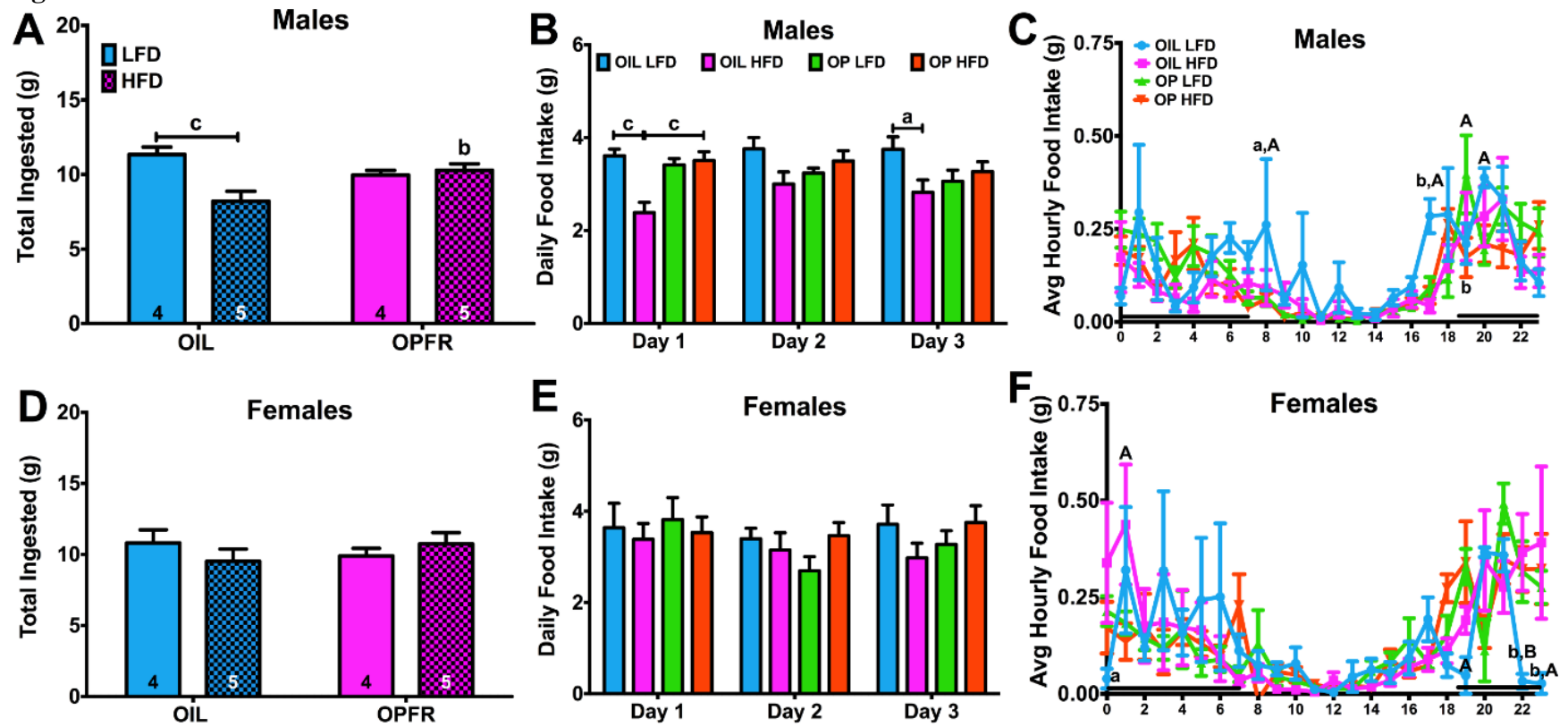


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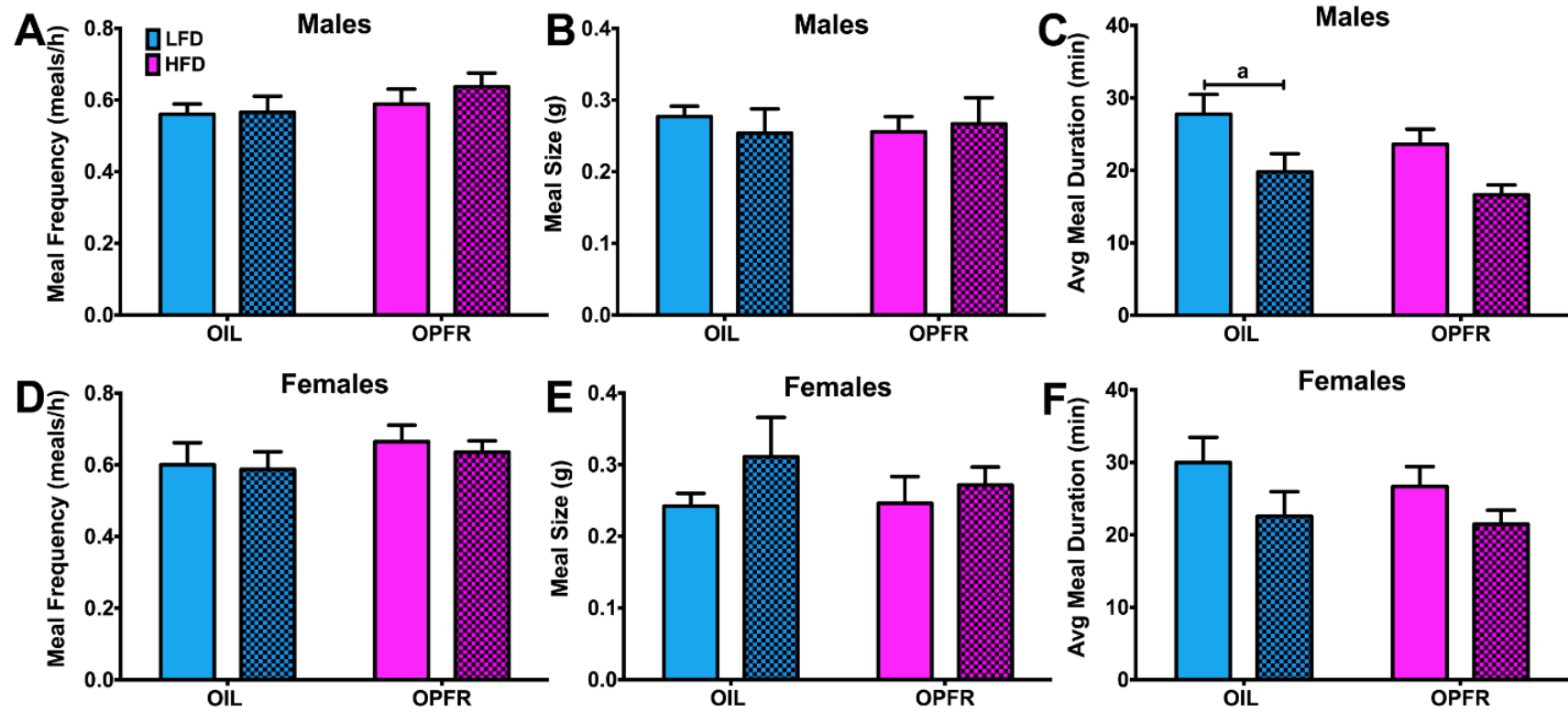


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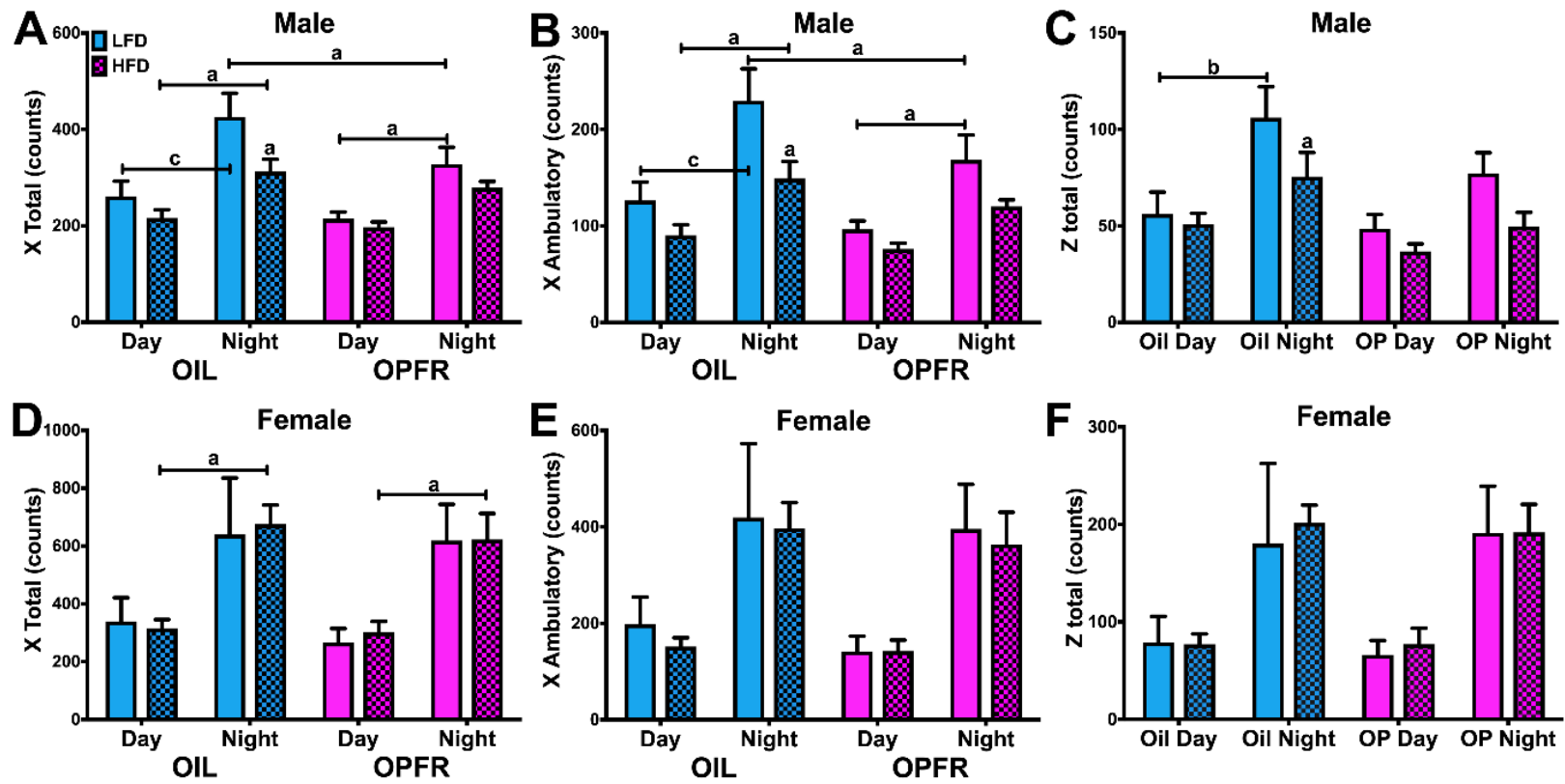


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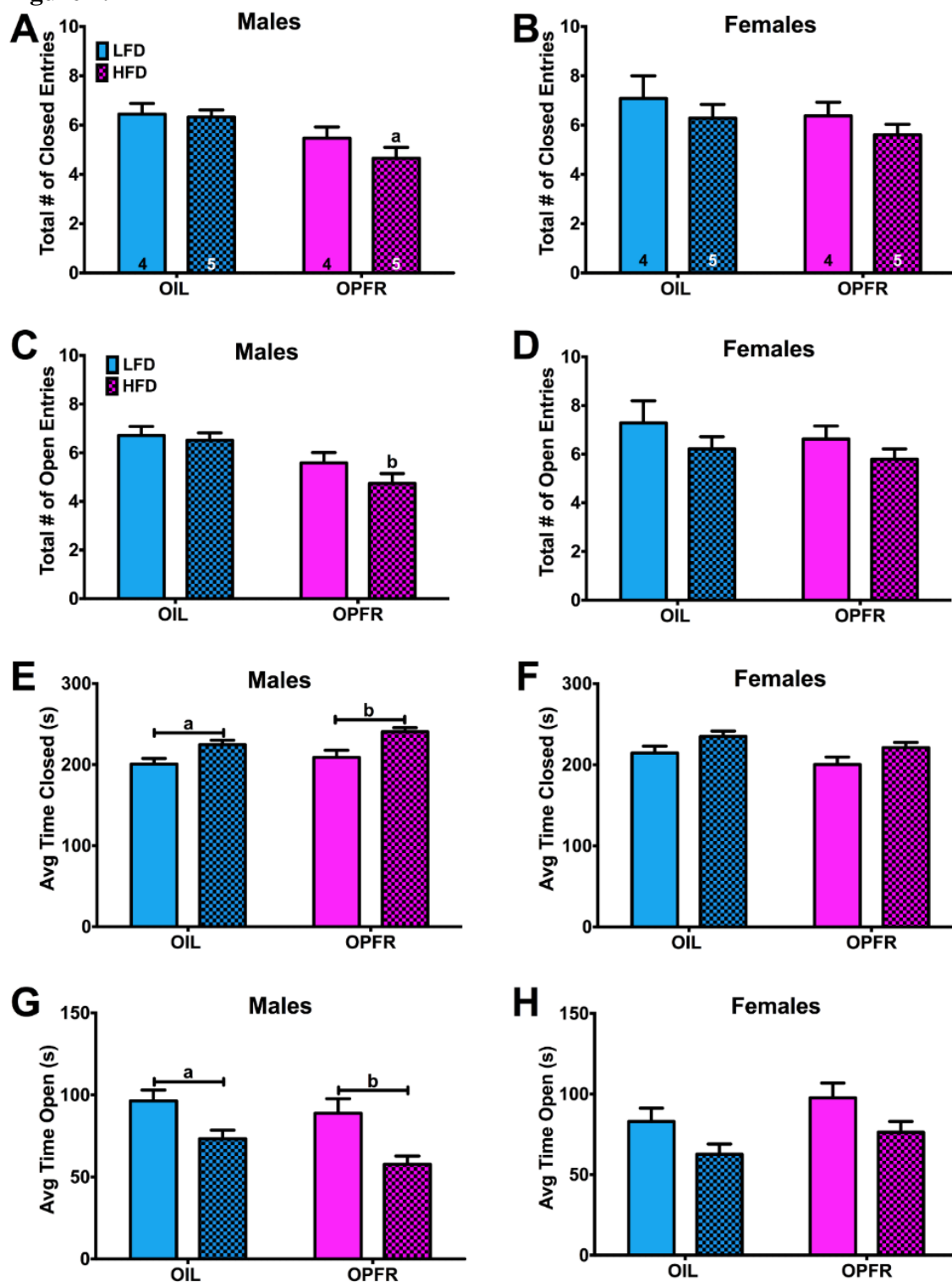


Figure 8.

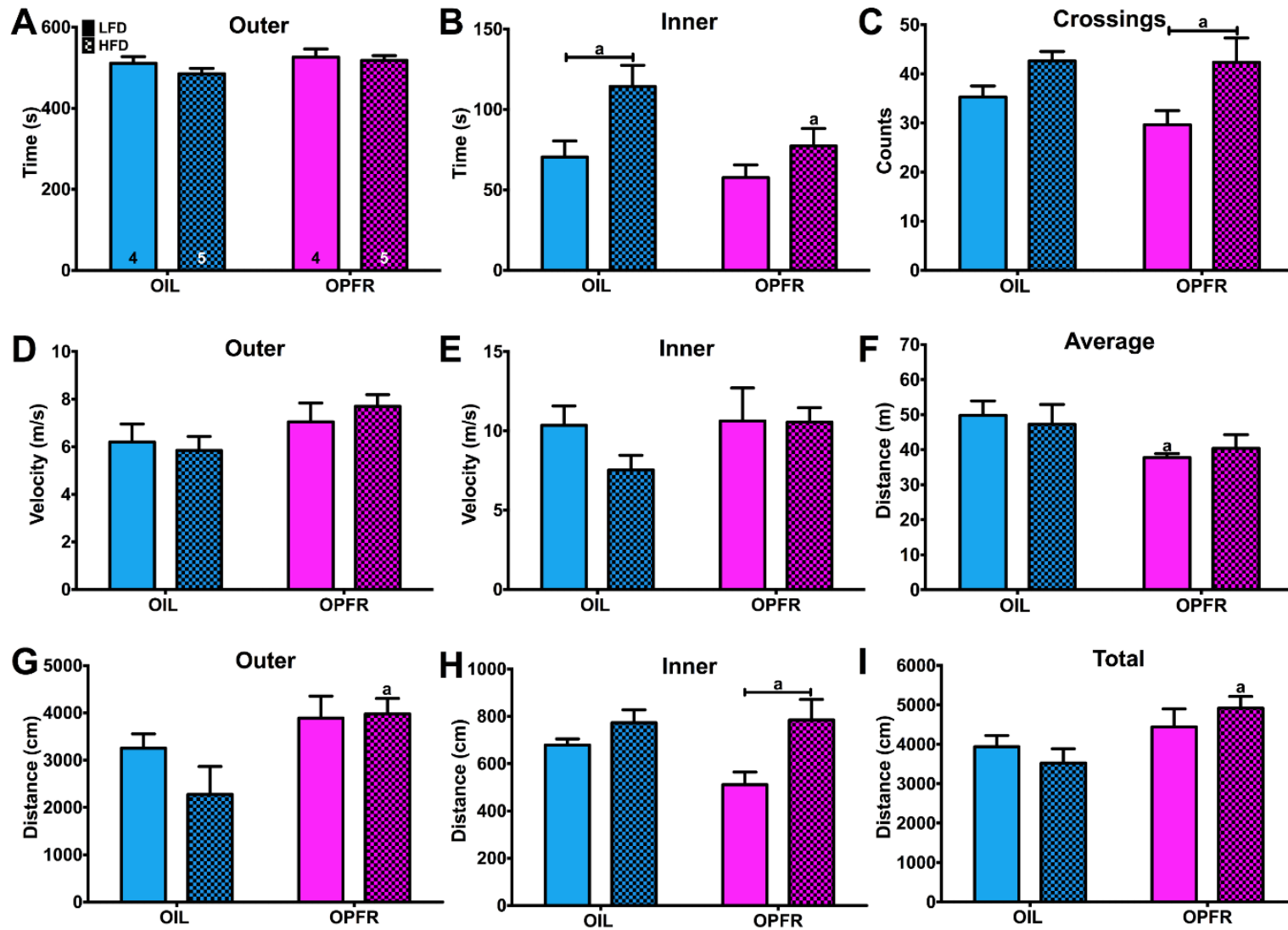
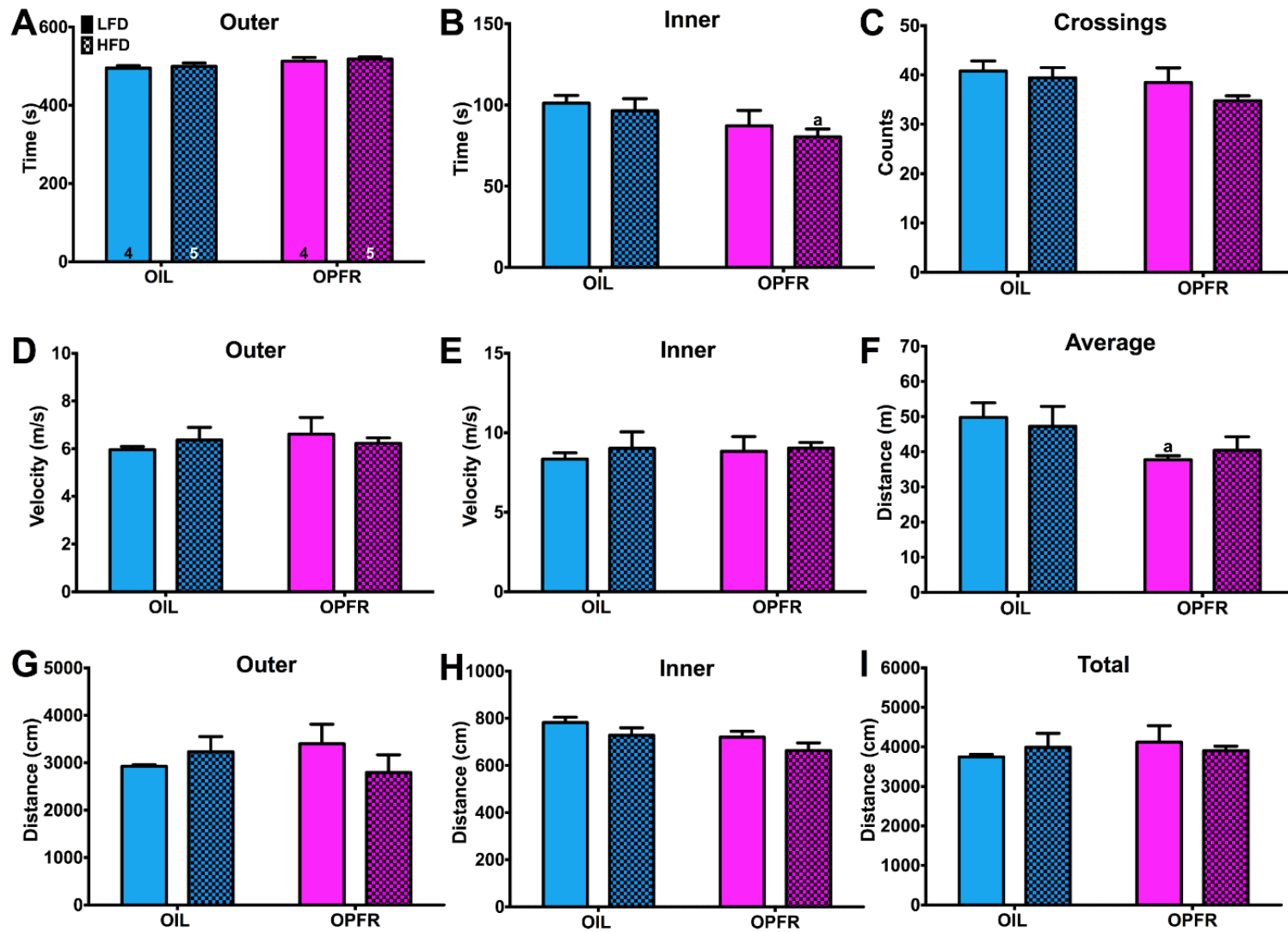


Figure 9.



CHAPTER 3:

INTERACTIONS OF MATERNAL OPFR EXPOSURE AND ADULT HIGH-FAT
DIET ON ENERGY AND GLUCOSE METABOLISM, HEMODYNAMICS, AND
LIVER GENE EXPRESSION IN A SEXUALLY DIMORPHIC MANNER

ABSTRACT

Persistent organic pollutant flame retardants (FRs) like polybrominated diphenyl ethers and organophosphate FRs (OPFR) can accumulate in the body and interact with nuclear receptors, like the estrogen (ER) and peroxisome proliferating activated receptor (PPAR). Still, there is little research on OPFR effects on mammalian neuroendocrine functions. Therefore, we investigated if maternal OPFR exposure with a high-fat diet (HFD) or low-fat diet (LFD) challenge results in sexually dimorphic changes in gene expression and higher susceptibility to symptoms of metabolic syndrome. WT C57Bl/6J dams were orally dosed with vehicle (oil) or an OPFR mixture {1mg/kg combination each of tris(1,3-dichloro-2-propyl)phosphate, triphenyl phosphate, and tricresyl phosphate} from gestation day 7 to postnatal day 14. After weaning, pups were challenged with a high-fat (HFD) or low-fat diet (LFD). To assess symptoms of metabolic syndrome, we not only analyzed bodyweight and body composition, but other metabolic activity parameters. OPFR altered substrate utilization in both sexes, altered carbon dioxide and oxygen consumption in females following CLAMS use. OPFR altered fasting glucose in females, and glucose and hepatic glucose homeostasis in males. Plasma leptin was reduced in males while liver enzymes and receptors were reduced in both sexes. The physiological implications are that OPFRs alter ARC and liver homeostatic gene expression and energy balance in a sex-dependent manner, and that these effects are mediated, in part, by ER α and PPAR γ .

Glossary: 17- β estradiol (E2), anogenital distance (AGD), apolipoprotein E (ApoE), area under the curve (AUC), bisphenol A (BPA), body weight (BW), cardiovascular diseases (CVD), comprehensive lab animal monitoring system (CLAMS), diacylglycerol

transferase (*Dgat2*), endocrine-disrupting compound (EDC), estrogen receptor (ER), estrogen receptor alpha (*Esr1*), fatty acid synthase (*Fasn*), flame retardants (FR), Forkhead box protein O1 (*Foxo1*), gestational day (GD), glucose-6-phosphatase catalytic subunit (*G6pc*), glucose tolerance test (GTT), hepatocyte nuclear factor 4 alpha (HNF4 α), high-fat diet (HFD), Insulin receptor (*Insr*), insulin tolerance test (ITT), intraperitoneally (ip), knockout (KO), Leptin receptor (*Lepr*), low-fat diet (LFD), no observable adverse effect level (NOAEL), organophosphate FR (OPFR), peanut butter (PB), peroxisome proliferator activated receptor (PPAR), PPAR alpha (*Ppara*), PPAR gamma (*Pparg*), Phosphoenolpyruate carboxykinase (*Pepck*), polybrominated diphenyl ether (PBDE), postnatal day (PND), pyruvate tolerance test (PTT), respiratory exchange ratio (RER), tricresyl phosphate (TCP), triphenyl phosphate (TPP), tris (1,3-dichloro-2-propyl) phosphate (TDCPP)

INTRODUCTION

Increased production and use of organophosphate flame retardants (OPFR) are due to the phase out of polybrominated diphenyl ethers (PBDE). This is because numerous studies discovered PBDE bioaccumulation in the environment (Darnerud, *et al.*, 2001). As a result, many human studies assessed PBDE affects and found that they can affect endocrine and neurological systems. Specifically, they have been found to target nuclear receptors involved with homeostasis, like peroxisome proliferator activated receptor (PPAR) and the estrogen receptor (ER) (Fang, *et al.*, 2015; Liu, *et al.*, 2015). Subsequently, PBDEs were labeled as an endocrine disrupting compound (EDC) and human concentrations have steadily declined since their phase out.

Consequently, another class of flame retardants (FR), organophosphate FR (OPFR) were produced and used as a replacer for PBDE. In addition to their similar structure to PBDEs, OPFR are not chemically bound to most products they are applied to and can be released into dust, air, and food. Although low levels of OPFRs have been found in homes (He, *et al.*, 2015), offices (Carignan, *et al.*, 2013), and in the air of offices and aircrafts (Yang, *et al.*, 2014), high levels were found in cereals, pastries, sweets and beverages (Poma, *et al.*, 2017), and breast milk (Hoffman, *et al.*, 2014; Kim, *et al.*, 2014). *In vitro* studies have shown that OPFRs interact with a variety of nuclear receptors, like PPAR and ER (Belcher, *et al.*, 2014; Liu, *et al.*, 2015).

PBDEs have been detected in similar products and in humans and land animals (Betts, 2002; Goralczyk *et al.*, 2002; Hale *et al.*, 2003; Herzke *et al.*, 2003; Hooper *et al.*, 2000; Hooper *et al.*, 2003; Linares *et al.*, 2015; Meironyte Guvenius *et al.*, 2001). Extensive presence of PBDEs is because they are not chemically bound to the commercial and

household goods they are applied to and are more prone to degradation and persistence from their weak carbon-bromine bonds (Burreau *et al.*, 2000; Hale, *et al.*, 2003). Therefore, PBDEs have been shown to activate ER and PPAR mediated pathways involving hepatic enzyme activity, behavior and fetal development like cardio- and hepatic physiology (Darnerud, *et al.*, 2001; Dellovade *et al.*, 1996; Fang, *et al.*, 2015; Meerts *et al.*, 2001a; Riu, *et al.*, 2011; Zhou *et al.*, 2001).

While studies on OPFR exposure is expanding, the consequences on the neuroendocrine system are few and far between. Studies in zebrafish were found to impact steroidogenesis (Wang, *et al.*, 2015a), liver functions (Wang, *et al.*, 2015a), lipogenesis (Dishaw, *et al.*, 2014b), glucose homeostasis (Wang, *et al.*, 2015a), neural growth and hypothalamic functions during early developmental stages (Liu, *et al.*, 2013a); these findings were also found in chicks. Furthermore, OPFR exposure in chicks was found to induce cholestatic liver and biliary fibrosis, disrupt lipid metabolism, reduce plasma cholesterol, and alter apolipoprotein E (ApoE), hepatocyte nuclear factor 4 alpha (HNF4 α), and PPAR γ expression (Liu, *et al.*, 2013a; Liu, *et al.*, 2013c). Studies conducted by the Patisaul lab are one of the few that assess developmental OPFR effects in rodent models and have found OPFR in FM550 accumulate in the placenta in a sex-specific manner, increased running wheel activity in females, and alter male cardiac physiology at levels lower than the purported no observable adverse effect level (NOAEL) (Baldwin, *et al.*, 2017; Patisaul, *et al.*, 2013a). Together, these studies show that maternal or early developmental exposures can impact ER and PPAR signaling, potentially causing a change in neural growth, exploratory behavior steroid- and lipogenesis, glucose homeostasis, and liver function. Specifically, triphenyl phosphate (TPP) and tricresyl phosphate (TCP) are ER α agonists

(Liu, *et al.*, 2012; Pillai, *et al.*, 2014), while Tris (1,3-dichloro-2-propyl)phosphate (TDCPP) was found to be an ER α antagonist and upregulate ER α target genes (Liu, *et al.*, 2013a; Liu, *et al.*, 2013c). It should be noted that transactivation assays of TPP and TCP did show an activation of ER α / β , but were not as potent as the endogenous ligand, 17 β -estradiol (E2) (Liu, *et al.*, 2012; Pillai, *et al.*, 2014).

Presence of both ER α and PPAR γ are not only present in the hypothalamus, but also the liver. Signals from this “leaky area” allows the brain to send and receive signals to other regions of the body (Morton, *et al.*, 2006; Schwartz, *et al.*, 2000). Ultimately, this has the potential to disrupt ER α /PPAR mediated pathways (Roepke, *et al.*, 2007; Tyagi *et al.*, 2011). Recent studies noted that ER α knockout (KO) female mice are phenotypically obese and resistant to E2’s effects on energy balance and glucose clearance in adulthood, while PPAR α / γ KO mice were found to be resistant to HFD induced obesity and insulin resistance (Guerre-Millo *et al.*, 2001; Jones *et al.*, 2005; Shi *et al.*, 2013; Yasrebi *et al.*, 2016). However, most experiments only noted changes in early developmental stages in non-rodent models, so it should be of high concern to understand the effects of OPFR exposure in a rodent model. EDC’s like FR’s and BPA, have the potential to disrupt metabolic function and can be classified as “metabolic disrupting chemicals” when implicated in the etiology of metabolic disease (Heindel *et al.*, 2017).

The rise of obesity, diabetes, dyslipidemia, cardiovascular diseases (CVD) and those related together are known as metabolic syndrome. As metabolic syndrome has steadily increased so has the economic burden and understanding its etiology. EDCs have recently been regarded as the answer for the steady increase observed worldwide. Due to the

many causative factors associated with metabolic disease there is much to understand. This includes, but is not limited to, the liver and pancreas which can lead to changes in glucose homeostasis, plasma peptide hormones, cellular apoptosis, hemodynamics, and other metabolic parameters. Specifically, it has been shown that exposure to EDCs during critical windows of development can alter glucose intolerance in mice (Asahi *et al.*, 2010; Bindhumol *et al.*, 2003; Moon *et al.*, 2012; Nakagawa *et al.*, 2000). Many proteins and plasma peptide hormones can affect glucose homeostasis, and thus, metabolic syndrome. Furthermore, they can up- and downregulate based on environmental conditions or exposure (Camargo *et al.*, 2010; Gallou-Kabani *et al.*, 2005; Grayson *et al.*, 2011). Taken together, rodent models have shown that ER α and PPAR α/γ are potential targets of EDC altering hypothalamic programming. However, little is known about the role of these receptors in the effects of maternal OPFR exposure on energy balance. This gap in knowledge led our hypothesis that maternal OPFR exposure along with a high-fat diet (HFD) or low-fat diet (LFD) challenge results in sexually dimorphic changes in gene expression and higher susceptibility to symptoms of metabolic syndrome like metabolic parameters, glucose homeostasis, and hemodynamics through interactions with steroid and nuclear receptors. Therefore, the purpose of these studies was to understand the effects of diet and maternal exposure on symptoms of metabolic syndrome and gene expression.

MATERIALS AND METHODS

Animal Care

All animal treatments and procedures were completed in accordance with institutional guidelines based on National Institutes of Health standards and were performed with Institutional animal Care and Use Committee approval at Rutgers University. Wild-type C57Bl/6J female and male mice were bred in-house, maintained under controlled temperature (25°C) and 12/12h light/dark cycle with water and food *ad libitum*. Mice were fed *ad libitum* a chow diet (LabDiet PicoLab Verified 5v75 IF, <75 ppm phytoestrogens) and water.

Maternal Exposures

Prior to mating Dams were habituated to PB 3-4 weeks before mating. Pairing of the male and female mouse for mating was noted as gestation day (GD) 0. Females were housed with males for one week and acclimated to peanut butter at least three days prior to male removal. Dams were weighed every three days to ensure appropriate dosing and after confirmation of successful copulation (vaginal plug). From GD7, through birth, until post-natal day (PND) 14, Dams were dosed with OPFR (1 mg/kg/day) or vehicle peanut butter (PB) to maternally expose pups via breast milk.

The OPFR mixture was a 1mg/kg combination of tris(1,3-dichloro-2-propyl)phosphate (TDCPP, Sigma Aldrich, St. Louis, MO), triphenyl phosphate (TPP, Sigma Aldrich, St. Louis, MO), and tricresyl phosphate (TCP, AccuStandard, New Haven, CT) at 1mg/kg each. Each compound was then dissolved into acetone for a stock solution and 100 ul of stock was dissolved into 10mL of sesame oil and allowed to vent for 24h. Daily ingestion

of the OPFR mixture or sesame oil mixed with powdered peanut butter at 1000 was the route of exposure for Dams. Dams were given a standard breeder diet (25% fat kCal, 3.83 kcal/g, Lab Diet 5015; Lab Diet, St. Louis, MO, USA) *ad libitum*. Litters were between 6 and 8 pups to reduce the effects of litter size on offspring energy homeostasis (Roepke, et al., 2017).

During maternal exposure to OPFRs, male and female pup body weights were measured on postnatal day (PND) 2, 7, and 14. Anogenital distance (AGD) was recorded on postnatal day 7 (PND7) to determine the feminization or masculinization of male and female pups. At week 3, pups were weaned, pair housed by treatment, and challenged with a LFD or HFD diet *ad libitum* for a total of 7-9 litters per treatment per diet. All mice were weighed weekly along with weekly food intake per cage. Weekly food intake was calculated as grams per cage per mouse basis. We ran two successive maternal experiments with 3-4 litters per treatment in the first experiment and 4-5 litters per treatment in the second. Between week 19 and 24, all mice were tested for body composition, and metabolic rate, substrate utilization, hemodynamics, and glucose, insulin, and pyruvate tolerance test.

Assessment of metabolism

To determine oxygen consumption, substrate utilization, and energy expenditure, each mouse was placed in a Comprehensive Lab Animal Monitoring System (CLAMS) (Columbus Instruments, Columbus, OH, USA) unit for 48 h with the last 24 h of recording used for analysis. $\dot{V}O_2$ (ml/min/kg), $\dot{V}CO_2$ (ml/min/kg), respiratory exchange ratio (RER) ($\dot{V}CO_2/\dot{V}O_2$), and energy expenditure (kCal/hr/lean mass (g)) were assessed in after 17 weeks on a LFD or HFD.

Assessment of cardiovascular parameters

For the second round 4-5 litters, we were given access to a CODA[®] (Kent Scientific, Torrington, CT, USA). During week 23, mice were run through CODA[®] to determine if maternal OPFR exposure affected blood pressure and heart rate. Mice were acclimated to CODA for 20-30 min in a quiet room for 4 days followed by the experimental day (day 5). One run for each mouse was 25 cycles with the first 5 cycles as acclimation. One cycle was about 1 minute. More than 3 accepted recordings were required for each run. Results from this non-invasive tail-cuff blood pressure system include diastolic, systolic, average blood pressure, heart rate, and tail volume blood flow.

Assessment of glucose metabolism

Following the week of CODA data collection, each mouse was prepared for a glucose tolerance test (GTT) to determine glucose clearance. Mice were fasted 5 h in a new cage with access to water and all experiments starting between 1300 and 1400h. Thirty minutes after local anesthetizing of the tail with lidocaine, mice were placed in a plexiglass restrainer and tails were nicked to collect a baseline (time = 0) glucose reading using a glucometer (AlphaTRAK2). Immediately after baseline, mice were injected intraperitoneally (ip) with a bolus of glucose (2.0 g/kg body weight) and then individually put into clean cages with no food. Tail blood samples were collected at 15, 30, 60, 90, and 120 min post-injection. After sufficient recovery (~4 d), an insulin tolerance test (ITT) was performed after a 4 h fast in a similar manner as the GTT with an ip injection of insulin made the same day (0.75 units/kg in sterile saline). Blood samples were collected from the

tail in individual cages at 0, 15, 30, 60, 90, and 120 min post-injection. To assess hepatic glucose production, a pyruvate tolerance test (PTT) was conducted ~4 d post-ITT with an ip injection of pyruvate (2.0 g/kg body weight) following a 5 h fast. Post injection, tail blood samples were collected at 0, 15, 30, 60, 90, and 120 min. After each test, each mouse was returned to its home cage with its original cage mate with *ad libitum* access to water and food.

Tissue collection, RNA extraction, and quantitative real-time PCR

At week 25 after suitable recovery (4-5 d) prior to tissue and blood collection. On the day of tissue collection, all mice were fasted for 1 h and decapitated after sedation with ketamine at 1000. Trunk blood was immediately collected in a K⁺ EDTA collection tube with the addition of a protease inhibitor, 4-(2-aminoethyl) benzenesulfonyl fluoride hydrochloride (AEBSF) (1 mg/ml, Sigma-Aldrich, St. Louis, MO, USA), for peptide hormone analysis. Samples were maintained on ice until centrifugation at 1, 100 rcf for 15 min at 4 °C and stored at –80 °C until analysis. Plasma insulin and leptin levels were determined by multiplex assay (MMHMAG-44 K, EMD Millipore, Billerica, Massachusetts).

The left lateral lobe of the liver was fixed in RNAlater (Life Technologies, Grand Island, NY, USA), and stored at –80 °C. Liver RNA was extracted using a standard TRIzol® extraction (Life Technologies) coupled with Macherey-Nagel NucleoSpin® RNA extraction and DNase-1 kit (Bethlehem, PA, USA). Total RNA was treated with DNase I using the extraction kit protocol at 37 °C for 30 min to minimize any genomic DNA contamination. RNA quantity and quality were determined using a NanoDrop ND-2000

spectrophotometer (ThermoFisher, Waltham, MA, USA) and an Agilent 2100 Bioanalyzer and RNA Nano Chips (Agilent Technologies, Santa Clara, CA, USA). Only samples with RNA Integrity Number (RIN) greater than 8 were used. Complementary DNA (cDNA) was synthesized from 500 ng of total liver RNA using Superscript III reverse transcription (Life Technologies), 4 μ L 5 \times buffer, 25 mM MgCl₂, 10 mM dNTP (Clontech Laboratories, Mountain View, CA), 100 ng random hexamer primers (Promega, Madison, WI), 40 U/ μ L Rnasin (Promega), and 100 mM dithiothreitol in diethylpyrocarbonate-treated water (Bioexpress, Kaysville, UT) in a total volume of 20 μ L. A 1:20 dilution of the cDNA was made with nuclease-free water (Gene Mate) for a final cDNA concentration of 0.5 ng/ μ L and stored at -20 °C until needed. Reverse transcription was conducted using a standard Superscript III reverse transcriptase protocol: 5 min at 25 °C, 60 min at 50 °C, and 15 min at 70 °C.

All primers were designed to span exon-exon junctions and synthesized by Life Technologies, using Clone Manager 5 software (Sci Ed Software, Cary, NC, USA, See Table 1 for a list of primer sequences). A standard curve was generated for each primer pair using serial dilutions of ARC and liver cDNA in triplicate. Efficiencies were calculated as a percent efficiency and are approximately equal (90%–110% or one doubling per cycle). Untreated liver tissue RNA was used for the calibrator and negative control (no reverse transcription) and processed simultaneously with the experimental samples. All values were normalized and are expressed as relative mRNA expression. Amplification protocol for genes was as follows: initial denaturing at 95 °C for 3 (SsoAdvanced) or 10 minutes (PowerSYBR) followed by 40 cycles of amplification at 94 °C for 10 seconds (denaturing), 60 °C for 45 seconds (annealing), and completed with a dissociation step for

melting point analysis with 60 cycles of 95 °C for 10 sec, 65 °C to 95 °C (in increments of 0.5 °C) for 5 seconds and 95 °C for 5 seconds. The reference genes used were *Gapdh*, *Hprt*, and *Actb*. The geomean of the Cq values from each reference gene was used to calculate relative gene expression. Positive, negative and water blank controls were included in the qPCR plate design.

Statistical Analysis

All data are expressed as mean \pm SEM and were analyzed using GraphPad Prism software (GraphPad Software, Inc., La Jolla, CA, USA) or Statistica (StatSoft, Tulsa, OK, USA). Data from cumulative body weight gain, GTT/ITT/PTT, body composition, CLAMS, EPM, OFT, and CODA were analyzed using a multifactorial (sex, diet, OPFR exposure) ANOVA with a *post hoc* Newman-Keuls test. All gene expression data were analyzed using 2-way ANOVA with a *post hoc* Newman-Keuls test. In all experiments, effects were considered significant at $\alpha \leq 0.05$.

RESULTS

Body weights and body composition

All mice were weighed weekly during the study. HFD-fed males weighed more than LFD-fed males by week 7 in OPFR-exposed males and by week 8 in oil-exposed males (Fig. 1a; diet: $F(1, 27) = 78.72$, $P < 0.0001$; time: $F(17, 459) = 950.2$, $P < 0.0001$; time*diet: $F(17, 459) = 52.07$, $P < 0.0001$). HFD-fed females weighed more than LFD-fed females by week

10 in OPFR-exposed mice and by week 12 in oil-exposed mice (Fig. 1b; diet: $F(1, 28) = 20.39$, $P < 0.0001$; time: $F(17, 476) = 499.9$, $P < .0001$; time*diet: $F(17, 476) = 13.45$, $P < 0.0001$). After 20 weeks, regardless of sex and chemical exposure, HFD increased fat mass normalized to body weight compared to LFD (Fig. 1c & 1d; male: $F(1, 27) = 52.08$, $P < 0.0001$; female: $F(1, 28) = 15.53$, $P < 0.001$). In males, lean mass normalized to body weight was lower in HFD-fed males, regardless of maternal treatment (Fig. 1e; $F(1, 27) = 25.33$, $P < 0.0001$). Lean mass in females was also affected by adult diet (Fig. 1f; $F(1, 28) = 7.58$, $P < 0.05$). Overall, these studies showed an effect of diet on body weight and composition.

Metabolic parameters

Metabolic parameters were measured in a 48 h run on CLAMS with the last 24 h of recorded data used for analysis. HFD-fed males consumed less oxygen than LFD-fed males exposed to OPFR day and night, showing an effect of adult diet (Fig. 2a; $F(1, 54) = 15.59$, $P < 0.001$), time (Fig. 2a; $F(1, 54) = 4.13$, $P < 0.05$), and an interaction of OPFR and diet (Fig. 2a; $F(1, 54) = 3.98$, $P < 0.05$). An effect of time was observed in females (Fig. 3a; $F(1, 56) = 5.25$, $P < 0.05$). In LFD-fed males, carbon dioxide production was greater at night than during the day for control and was overall greater than HFD-fed males, showing an effect of adult diet (Fig. 2b; $F(1, 54) = 64.58$, $P < 0.0001$) and time: (Fig. 2b; $F(1, 54) = 5.29$, $P < 0.05$). HFD-fed females showed an effect of diet (Fig 3b; $F(1, 56) = 16.814$, $P < 0.0001$), and time (Fig 3b; $F(1, 56) = 4.41$, $P < 0.05$) by producing less carbon dioxide than LFD at night. RER, a measure of substrate utilization (fat vs. carbohydrates) was affected by OPFR (Fig. 2c; $F(1, 54) = 10.39$, $P < 0.01$) and adult diet (Fig. 2c; $F(1, 54) = 122.9$, $P < 0.0001$) in that OPFR exposed LFD-fed males had a higher RER compared to control

and all HFD-fed mice. The same effects, OPFR (Fig. 3c; $F(1, 56) = 17.20$, $P < 0.001$), adult diet (Fig. 3c; $F(1, 56) = 176.4$, $P < 0.0001$), as well as interaction of OPFR and diet (Fig. 3c; $F(1, 56) = 12.69$, $P < 0.001$) were observed in females. In HFD-fed males, energy expenditure was affected by OPFR (Fig. 2d; $F(1, 54) = 9.55$, $P < 0.01$), adult diet (Fig. 2d; $F(1, 54) = 32.3$, $P < 0.00001$), time (Fig. 2d; $F(1, 54) = 11.43$, $P < 0.01$), and an interaction of OPFR and adult diet (Fig. 2d; $F(1, 54) = 6.1$, $P < 0.05$). The same, OPFR (Fig. 3d; $F(1, 56) = 12.37$, $P < 0.001$), adult diet (Fig. 3d; $F(1, 56) = 23.12$, $P < 0.00001$), time (Fig. 3d; $F(1, 56) = 11.09$, $P < 0.01$), and an interaction of OPFR and adult diet (Fig. 3d; $F(1, 56) = 5.1$, $P < 0.05$). Overall, these studies showed an sexual dimorphic effect from diet, OPFR exposure, and an interaction of diet and OPFR exposure.

Hemodynamics

Using a CODA instrument, we measure blood pressure, heart rate, and blood flow and volume in mice from 4-5 litters from each treatment. In males, OPFR exposure increased blood pressure, systolic (Fig. 4a; $F(1, 14) = 16.06$, $P < 0.01$), diastolic (Fig 4b; $F(1, 14) = 11.19$, $P < 0.01$), and mean pressure (Fig. 4c; $F(1, 14) = 12.13$, $P < 0.01$) in male mice. There was no effect of adult diet or maternal treatment on heart rate (Fig. 4d) or blood flow (Fig. 4e). There was an effect of adult diet on tail blood volume (i.e. ml of blood in tail) (Fig. 4f, $F(1, 14) = 5.23$, $P < 0.05$), although there no pairwise differences. There was no effect of adult diet or maternal treatment on hemodynamic parameters in females (data not shown). Overall, these studies showed OPFR-exposed males were more susceptible to changes in cardiovascular parameters.

Glucose homeostasis

To determine the effects of maternal OPFR exposure on glucose homeostasis, we conducted glucose, insulin, and pyruvate tolerance tests on all mice. In males, HFD mice decreased glucose clearance in both oil- and OPFR-exposed mice (Fig. 5a; $F(1, 27)=32.728$, $P < 0.00001$). In oil-exposed, HFD-fed males, glucose levels were higher by 30 min post-injection compared to LFD-fed males ($P < 0.05$). While in OPFR-exposed, HFD-fed males, glucose levels were not higher until 60 min post-injection, both showing an effect of diet (Fig. 5a; $F(1, 27)=32.728$, $P < 0.00001$), time (Fig. 5a; $F(5, 135)=174.02$, $P < 0.0001$), and interaction of diet and time (Fig. 5a; $F(5, 135)=26.611$, $P < 0.0001$). Interestingly, OPFR-exposure increased glucose clearance in HFD-fed males by 120 min showing an interaction effect of time and EDC ($F(5, 135)=3.1189$, $P < 0.01$). AUC analysis was significantly greater for HFD mice compared to LFD, regardless of maternal exposure (Fig. 5b; $F(1, 27)=32.728$, $P < 0.00001$). Similarly, fasting glucose levels were elevated by adult diet ($F(1, 27)=32.728$, $P < 0.00001$) but with no effect of maternal treatment (Fig. 5c). In females, HFD also reduced glucose clearance in both maternal treatments showing an effect of diet (Fig. 5d; $F(1, 27)=30.561$, $P < 0.00001$), time (Fig. 5d; $F(5, 135)=172.61$, $P < 0.0001$), and interaction of diet and time (Fig. 5d; $F(5, 135)=8.1949$, $P < 0.00001$). At 60 min post-injections, there was a transient increase in glucose clearance in OPFR-exposed, HFD-fed females compared to oil-exposed, HFD-fed females and only in oil-exposed females did HFD reduce glucose clearance compared to LFD-fed females at 120 min ($P < 0.001$). Female mice fed a HFD exhibited elevated AUC versus LFD-fed female mice (Fig. 5e; $F(1, 27)=30.561$, $P < 0.00001$). Fasting glucose levels were elevated by adult diet only in OPFR-exposed females (Fig. 5f; $F(1, 27)=30.561$, $P < 0.00001$). Overall, these

studies showed sexual dimorphic changes in glucose and hepatic glucose parameters following maternal OPFR exposure.

In the insulin tolerance test, HFD reduced insulin-induced glucose clearance in both oil- and OPFR-exposed male mice, although OPFR exposure reduced the effect of HFD on insulin tolerance in males (Fig. 6a, diet: $F(1, 27)=34.583$, $P < 0.00001$; maternal: $F(1, 27)=4.7833$, $P < 0.05$). In fact, this effect of OPFR exposure was apparent at 90 and 120 min post-injection ($P < 0.01$, $P < 0.05$, respectively). These effects of diet and maternal treatment were clearly illustrated by AUC analysis (Fig. 6b). Male mice fed a HFD exhibited elevated AUC (oil: $P < 0.05$; OPFR: $P < 0.0001$). However, when comparing HFD-fed groups, OPFR exposure reduced AUC compared to oil-exposed ($P < 0.05$). In females, only oil-exposed, HFD-fed female mice exhibited an increase in insulin intolerance at the last two time points (Fig. 6c, $F(1, 28) = 6.684$, $P < 0.05$), which is reflected in the AUC analysis (Fig 6d; $F(1, 28) = 9.964$, $P < 0.01$). This could be OPFR reducing the diet induced suppression of insulin tolerance in females. Overall, these studies show sexual dimorphism in glucose homeostasis tests following maternal exposure and diet challenge.

In the pyruvate tolerance test, OPFR exposure reduced the effects of pyruvate injection on glucose clearance in males by slightly decreasing glucose clearance in the LFD-fed males and increasing glucose clearance in HFD-fed males (Fig 6a; $F(1, 14) = 13.290$, $P < 0.01$). From 60 minutes onwards, glucose levels were higher in the oil-exposed, HFD-fed males compared to LFD-fed males ($P < 0.05$; $P < 0.05$, $P < 0.01$, respectively). This was reflected in the AUC analysis (Fig. 6b, diet: $F(1, 14) = 12.53$, $P < 0.01$). No effects of either diet or maternal treatment on pyruvate tolerance were observed in females (Fig. 6c & 6d). Overall,

these studies show sexual dimorphism in hepatic glucose homeostasis tests following maternal exposure and diet challenge.

Peptide hormones and liver gene expression

At the conclusion of the experiment liver gene expression leptin and insulin levels were analyzed. There was no effect of adult diet or maternal treatment on insulin levels in males (Fig. 9a) or females (Fig 9c). However, leptin levels were reduced by OPFR-exposure in both HFD-fed males, which is significant at biologically relevant levels (Fig. 9b; $F(1, 36) = 9.90$, $P < 0.01$) and females (Fig. 9d; $F(1, 31) = 16.03$, $P < 0.001$). Liver gene expression in males showed no effect of diet or OPFR exposure except *Esr1* (Fig. 8F $F(1, 26) = 22.67$, $P < 0.0001$). Females had no effect of diet, but an OPFR effect on *Esr1* ($F(1, 29) = 6.836$, $P < 0.05$); *Lepr* ($F(1, 27) = 5.81$, $P < 0.05$), *Fasn* ($F(1, 27) = 4.953$, $P < 0.05$), and *Pepck* ($F(1, 27) = 11.05$, $P < 0.01$). Overall, these studies showed sexual dimorphic effects in peptide hormones and gene expression following maternal OPFR exposure.

DISCUSSION

The negative impact maternal exposure to EDCs, like BPA and PBDEs has been extensively studied. As these chemicals have been phased out and replaced by others, it is of great importance in understanding whether their replacements have the same effects. This gap in knowledge led us to investigate the effects of maternal OPFR exposure along with HFD or LFD challenge in offspring resulted in sexually dimorphic disturbances and changes in gene expression, metabolic parameters, glucose homeostasis, and

hemodynamics through interactions with steroid and nuclear receptors, particularly ER α or PPAR γ .

Exposure to EDCs like BPA and PBDEs has been linked to an increased risk for obesity, diabetes, and metabolic syndrome in humans (citation). Our study did not observe an increase in body weight due to OPFR exposure, but only by diet as mice had an increased weight at week 7 and 8 for males and week 10 and 12 for females. While the results from our study did not find evidence of an increase or decrease in bodyweight following exposure (Alonso-Magdalena *et al.*, 2010; Branchi *et al.*, 2002; Howdeshell *et al.*, 1999; Moon *et al.*, 2015b; Rubin *et al.*, 2001; Suvorov *et al.*, 2009; Taylor, et al., 2018; Wei *et al.*, 2011), we did find alterations to multiple metabolic endpoints. This also includes a couple human studies that had conflicting results in regards to weight from exposure to PBDEs, BPA, and other EDCs (Lignell *et al.*, 2013b; Woods *et al.*, 2017). However, most, with the exception of Moon et al., do not assess diet with exposure or exposure window was different. The same result was also observed in mice upon analyzing fat mass normalized to bodyweight in our study. That is, regardless of exposure, we found mice fed a HFD had a higher fat mass to body weight ratio. This was also observed in males for lean mass normalized to body weight, with no effect seen in females. There is one study that supports our findings for a higher fat mass to body weight ratio, but chronic exposure was during gestation and diet challenge was during adulthood (Patel *et al.*, 2014). A separate study assessed lean mass in mice maternally exposed to BPA and found at the highest exposure of 50 ug/kg/day, females had a higher lean mass compared to low dose (10ug/kg/day) and control (Silva *et al.*, 2018). No effect was observed in males in their study.

In trying to understand the metabolic parameters of perinatal OPFR exposure along with a diet challenge, we are the first to show a sexual dimorphic effect of EDC on oxygen consumption. Specifically, OPFR males had decreased oxygen consumption regardless of the time of day compared to LFD. No effect was observed in females. HFD male mice regardless of exposure and time of day had a reduced carbon dioxide production compared to oil, while oil-treated LFD-fed males produced more carbon dioxide at night compared to day. In comparison, oil HFD females had a reduced carbon dioxide production compared to oil-treated LFD-fed. Although there are no other comparable studies currently available, these results are expected with HFD-fed mice, which explains the RER results for mice. However, there was one novel finding because we were the first to show OPFR-treated LFD-fed mice had a greater RER compared to oil-treated during the day and night. In addition, we were also the first to show OPFR-treated HFD-fed males and OPFR-treated, LFD-fed females had a reduced energy expenditure compared oil-treated HFD-fed and oil-treated LFD-fed, respectively. We also observed a higher energy expenditure for oil-treated HFD-fed males and OPFR-treated HFD-fed females compared to oil-treated LFD-fed and OPFR-treated LFD-fed, respectively, but this was an effect of diet. Though there are no studies as of now to compare these findings to, there is one recently published study that noted symptoms of metabolic disease induced by maternal exposure to TPP could be interfered by a HFD (Wang *et al.*, 2018).

Hemodynamics was analyzed to understand if maternal OPFR exposure following a HFD/LFD challenge had any differences. We are the first to show that OPFR males had a higher mean blood pressure and systolic and diastolic pressure compared to oil, regardless of diet. In addition, because no effect was seen in females, this also provides evidence that

OPFR has a sexually dimorphic effect on hemodynamics. This evidence, that blood pressure is increased from exposure to EDCs, is supported by multiple studies when assessing BPA and PBDEs in clinical studies, as well as animal models with similar exposure windows (Bae *et al.*, 2012; Domi, et al., 2016; Gump *et al.*, 2014; Wang *et al.*, 2015c). One study following perinatal exposure to PBDE showed differences in systolic blood pressure; they did not assess females (Shah *et al.*, 2011). This, along with alterations in energy expenditure can lead to cardiovascular problems like hypertension, a contributing factor for metabolic syndrome.

Glucose homeostasis was assessed with relevant tolerance tests. We found HFD males had higher blood glucose than LFD between 60 and 120 min for oil and 30-120 min for OPFR. Further, the same effect was observed in females but between 30 and 120 min for oil and 30 and 90 for OPFR. As expected, AUC was higher in HFD males and females compared to LFD. Similarly, fasting glucose levels were higher in HFD males regardless of exposure, but in females was only noted for OPFR-treated HFD-fed. Support for these findings was noted in a couple studies, one of which had a different exposure window (Moon *et al.*, 2015a; Wei, et al., 2011). OPFR effects were only noted at the last time point for HFD males and 60 minutes for HFD females. In addition, other studies that have a different exposure window or do not include a diet challenge, have mixed results (Liu *et al.*, 2013b; Patel, et al., 2014; Patisaul *et al.*, 2013b; Tung *et al.*, 2017).

Similar to GTT results, ITT showed male HFD blood glucose levels were higher compared to LFD for all time points and all but 30 min for oil-treated HFD-fed and OPFR-treated HFD-fed, respectively. However, this was only observed at the last two time points for female oil-treated HFD-fed compared to LFD. AUC results showed HFD was greater than

oil-treated in males, but only oil-treated for females. These findings are supported by a few similar studies, though most differ from our findings due to differences in exposure windows, diet challenge, different rodent strain, and use of only male or female mice (Liu, et al., 2013b; Patel, et al., 2014; Tung, et al., 2017; Wei, et al., 2011). However, our results are expected with mice fed a HFD. There was an OP effect in HFD-fed males showing a lower AUC compared to HFD-fed control mice as well as at the last two time points. This decreased sensitivity to insulin is supported in two studies that had a similar exposure window, with no diet challenge, one of which only studied in females (Kozlova *et al.*, 2017; Wang, et al., 2018).

PTT was also analyzed and showed a diet effect in males, with no changes observed in females. Namely, a higher hepatic glucose production in oil HFD versus LFD at the last three time points. This result is to be expected and is supported by other studies even after using a different mouse model, exposure window, or used one sex (Hanf *et al.*, 2014; Lin *et al.*, 2004; Stanya *et al.*, 2013). That is, as pyruvate increases blood glucose by promoting gluconeogenesis, HFD-fed mice are more prone to higher blood glucose levels. AUC results were only noted in males, showing a higher AUC in oil-exposed HFD-fed males compared to LFD-fed. One study appears to refute our findings but they did not assess diet and EDC exposure (Lai *et al.*, 2018). Though there aren't many studies that support our exact PTT, GTT, or ITT findings, it is evident in ours and previous studies that males are more susceptible and potentially at higher risk for symptoms related to metabolic disease.

Assessment of any potential effects of metabolic syndrome from maternal OPFR exposure and diet challenge were assessed via peptide hormones and liver enzyme and receptors. Leptin peptide hormone levels showed an OPFR effect in both sexes of HFD mice. That

is, leptin levels were significantly lower compared to oil HFD. Human and animal studies from other notable EDCs support our findings, showing a decrease in leptin levels (Leijds *et al.*, 2017; Ronn *et al.*, 2014; Zhao *et al.*, 2012). Liver expression showed increased levels of *esr1* and *pepck* for OPFR HFD males and OPFR females, regardless of diet, respectively, signifying an OPFR effect in both sexes. Though one study assessed PBDE exposure at a different window of time and only assessed changes in males, their findings confirm ours in that *pepck* levels increased (Nash *et al.*, 2013). Furthermore, it should be noted that *pepck* plays a crucial role in hepatic gluconeogenesis and an overexpression in *pepck* can cause either increased gluconeogenesis or hyperglycemia (Rosella *et al.*, 1993; Valera *et al.*, 1994). In addition, there are recent papers that explicitly state whether a fasting or chronic state of hyperglycemia alters *pepck* expression (Samuel *et al.*, 2009; Shao *et al.*, 2005). A correlation between leptin and hepatic gluconeogenesis is still unknown as there are studies supporting a promotion and reduction in hepatic gluconeogenesis from changes in leptin (German *et al.*, 2011; Liu *et al.*, 1998; Rossetti *et al.*, 1997).

In conclusion, our findings along with other studies from known EDCs, appear to support the hypothesis that maternal OPFR exposure with a high-fat diet (HFD) or low-fat diet (LFD) challenge results in sexually dimorphic changes in gene expression and higher susceptibility to symptoms of metabolic syndrome. Though these interactions are multiple and complex, we were the first to show a sexual dimorphic effect of EDC on metabolic and cardiovascular parameters. These results not only show that OPFR can increase the likelihood of metabolic syndrome in mice, but also the importance of analyzing metabolic parameters compared to simple crude food intake and body weight. Furthermore, there are a few studies that refute our findings, but they did not measure the

exact parameters we tested such as analyzing sex differences, window of exposure, and animal model. However, studies that have ablated ER α , identified inhibition of the influence of diet of energy homeostasis, hypothalamic and liver gene expression. In comparison, PPAR γ KO mice show signs of enhanced emotional response from stress and anxiety (Domi, et al., 2016; Roepke, et al., 2017). In addition, previously published studies coincide with our published and unpublished findings relating a diet low in phytoestrogens to higher body fat and serum leptin levels (Ruhlen, et al., 2008).

Future studies that would in in our understanding of maternal OPFR exposure effects, could include ER α and tissue specific PPAR γ KO models. Both nuclear receptors play a crucial role in physical activity, energy expenditure, and glucose homeostasis. Therefore, utilizing a KO model can help paint a better picture of potential downstream effects. As previously mentioned, changes in symptoms of metabolic syndrome can be due to disruptions in the central nervous system or peripheral organs, like the liver. Therefore, it would be beneficial to understand if the changes that we observed in glucose homeostasis, hepatic glucose homeostasis, and hemodynamics are due to such changes.

Table 4. Primer sequences.

Gene Name	Forward Primer	Reverse Primer	Accession #
<i>Actb</i> *	GCCCTGAGGCTCTTTTCCA	TAGTTTCATGGATGCCACAGGA	NM_007393.3
<i>Dgat2</i>	ACTCTGGAGGTTGGCACCAT	GGGTGTGGCTCAGGAGGAT	NM_026384.3
<i>Esr1</i>	GCGCAAGTGTTACGAAGTG	TTCGGCCTTCCAAGTCATC	NM_007956
<i>Fasn</i>	GGGTTCTAGCCAGCAGAGTC	TCAGCCACTTGAGTGTCTC	NM_007988.3
<i>Foxo1</i>	CAATGGCTATGGTAGGATGG	TTTAAATGTAGCCTGCTCAC	NM_019739
<i>G6pc</i>	GCCTCCTGTCGGATACAGAA	TGCACCGCAAGAGCATT	NM_008061.4
<i>Gapdh</i> *	TGACGTGCCGCTGGAGAAA	AGTGTAGCCCAAGATGCCCTTCAG	NM_008084.2
<i>Hprt</i> *	GCTTGCTGGTGAAAAGGACCTCTCG AAG	CCCTGAAGTACTCATTATAGTCAAGGG CAT	NM_013556
<i>Insr</i>	GTGTTTCGGAACCTGATGAC	GTGATACCAGAGCATAGGAG	NM_010568
<i>Lepr</i>	AGAATGACGCAGGGCTGTAT	TCCTTGTCGCCAGGAACAAT	NM_146146.2
<i>Pepck</i>	AGCGGATATGGTGGGAAC	GGTCTCCACTCCTTGTTTC	NM_011044.2
<i>Ppara</i>	CTAACCTTGGGCCACACCT	CGGGTAACCTCGAAGTCTGA	NM_001113418.1
<i>Pparg</i>	CTGCTCAAGTATGGTGTCCATGAG	GAGGAACTCCCTGGTCATGAATC	NM_011146.3

Actb, beta-actin; *Agrp*, agouti-related peptide; *Dgat2*, Diacylglycerol O-Acyltransferase 2 ; *Esr1*, estrogen receptor alpha; *Fasn*, Fatty acid synthase ; *Foxo1*, forkhead box O1; *G6pc*, glucose 6 phosphatase catalytic subunit; *Gapdh*, glyceraldehyde-3-phosphate dehydrogenase; *Hprt*, hypoxanthine-guanine phosphoribosyltransferase; *Insr*, insulin receptor; *Lepr*, Leptin receptor; *Pepck*, phosphoenolpyruvate carboxykinase; *Ppara*, peroxisome proliferator-activated receptor α ; *Pparg*, peroxisome proliferator-activated receptor γ . * denotes reference genes.

Table 5. Liver expression of enzymes and receptors in males.

Gene	Oil		OPFR	
	LFD	HFD	LFD	HFD
<i>Dgat2</i>	1.1 ± 0.2	1.0 ± 0.2	1.9 ± 0.8	1.0 ± 0.5
<i>Esr1</i>	1.2 ± 0.1	1.6 ± 0.2	3.5 ± 0.8 ^a	4.6 ± 0.7 ^b
<i>Fasn</i>	1.3 ± 0.3	0.8 ± 0.2	2.5 ± 1.1	1.7 ± 0.6
<i>Foxo1</i>	1.2 ± 0.3	1.5 ± 0.1	1.5 ± 0.8	1.8 ± 0.7
<i>G6pc</i>	1.2 ± 0.2	0.7 ± 0.2	3.1 ± 1.6	1.2 ± 0.7
<i>Insr</i>	1.3 ± 0.3	0.7 ± 0.1	1.8 ± 0.8	1.1 ± 0.3
<i>Lepr</i>	1.5 ± 0.6	2.3 ± 1.1	1.9 ± 1.0	0.4 ± 0.2
<i>Pepck</i>	1.1 ± 0.2	0.7 ± 0.2	1.3 ± 0.5	1.4 ± 0.8
<i>Ppara</i>	1.2 ± 0.3	0.8 ± 0.1	1.3 ± 0.4	1.3 ± 0.4
<i>Pparg</i>	1.5 ± 0.4	2.7 ± 0.5	2.1 ± 1.0	3.3 ± 1.2

All data were normalized to oil-treated within each sex. Compared to oil within same diet: **a** = $P < 0.05$; **b** = $P < 0.01$. $n = 7-9$.

Table 6. Liver expression of enzymes and receptors in females.

Gene	Oil		OPFR	
	LFD	HFD	LFD	HFD
<i>Dgat2</i>	1.3 ± 0.9	2.7 ± 1.7	2.8 ± 0.5	5.6 ± 1.6
<i>Esr1</i>	1.1 ± 0.1	1.5 ± 0.5	2.9 ± 0.8	2.8 ± 0.8
<i>Fasn</i>	1.4 ± 0.4	1.4 ± 0.6	3.2 ± 1.2	3.4 ± 1.0
<i>Foxo1</i>	1.6 ± 0.5	3.6 ± 2.1	4.9 ± 2.0	7.0 ± 3.6
<i>G6pc</i>	1.3 ± 0.2	1.1 ± 0.2	2.1 ± 0.4	1.4 ± 0.4
<i>Insr</i>	1.4 ± 0.3	2.0 ± 0.9	2.4 ± 0.9	2.1 ± 0.8
<i>Lepr</i>	1.3 ± 0.3	1.5 ± 0.9	4.3 ± 1.2	2.7 ± 1.0
<i>Pepck</i>	1.6 ± 0.4	3.5 ± 1.7	6.7 ± 1.1 ^a	7.5 ± 1.5 ^a
<i>Ppara</i>	1.4 ± 0.4	2.7 ± 1.4	2.5 ± 0.7	3.1 ± 0.9
<i>Pparg</i>	1.4 ± 0.5	2.4 ± 1.0	2.3 ± 0.6	2.5 ± 0.6

All data were normalized to oil-treated within each sex. Compared to oil within each diet: **a** = $P < 0.05$. $n = 7-9$.

Figure 10. Body weights and body composition for oil- and OPFR-exposed mice fed a LFD or HFD between week 3 and 20. Weekly body weight for male (A) and female (B) mice between week 3 and 20. Fat Mass normalized to body weight for male (C) and female (D) mice. Lean Mass normalized to body weight for male (E) and female (F) mice. For A & B: Underlined letter denotes significance between adult diets within OPFR treatment. Regular letter denotes significance between adult diets within the oil treatment. For C-F: Capped lines with letters denote significance between adult diets within maternal treatments (a = $P < 0.05$; b = $P < 0.01$; d = $P < 0.0001$). Column number represents the sample size (number of litters) per treatment per sex.

Figure 11. Day and night metabolic parameters from the CLAMS in oil- and OPFR-exposed males fed LFD or HFD at week 20. A: Oxygen consumption ($V.O_2$, ml/min/kg). B: Carbon dioxide production ($V.CO_2$, ml/min/kg). C: Respiratory exchange ratio (RER, $V.CO_2/V.O_2$). D: Energy expenditure (kCal/hr). Capped lines with letters denote significance between maternal treatment within adult diet or between time periods but within a maternal treatment and adult diet. Letters denote significance between adult diets within maternal treatment and time (a = $P < 0.05$; b = $P < 0.01$; c = $P < 0.001$; d = $P < 0.0001$).

Figure 12. Day and night metabolic parameters from the CLAMS in oil- and OPFR-exposed females fed LFD or HFD at week 20. A: Oxygen consumption ($V.O_2$, ml/min/kg). B: Carbon dioxide production ($V.CO_2$, ml/min/kg). C: Respiratory exchange ratio (RER, $V.CO_2/V.O_2$). D: Energy expenditure (kCal/hr). Capped lines with letters denote

significance between maternal treatment within adult diet or between time periods but within a maternal treatment and adult diet. Letters denote significance between adult diets within maternal treatment and time ($a = P < 0.05$; $b = P < 0.01$; $c = P < 0.001$; $d = P < 0.0001$).

Figure 13. Hemodynamics using a Kent Scientific CODA instrument in males at week 21.

A: Systolic pressure (mmHg) B: Diastolic pressure (mmHg) C: Mean pressure (mmHg) D: Heart rate (bpm). E: Tail blood flow ($\mu\text{l}/\text{min}$) F: Tail blood volume (ml) Column number represent sample size (number of litters) per treatment. Letters denote significance between maternal treatments within adult diet ($a = P < 0.05$; $b = P < 0.01$).

Figure 14. Glucose tolerance test (GTT) for oil- and OPFR-exposed male (A) and female (D) mice fed a LFD or HFD. Area under the curve (AUC) analysis for male (B) and female (E) GTT. Fasting (5 h) glucose levels in males (C) and females (F). Column number represent sample size (number of litters) per treatment. For A and C: letters denote significance between adult diet within maternal treatment and underlined letters denote significance between maternal treatments within adult diet. For B, C, E, and F: capped lines with letters denote significance between adult diets within maternal treatments ($a = P < 0.05$; $b = P < 0.01$, $c = P < 0.001$, $d = P < 0.0001$).

Figure 15. Insulin tolerance test (ITT) for oil- and OPFR-exposed exposed male (A) and female (C) mice fed a LFD or HFD. Area under the curve (AUC) analysis for male (B) and female (D) ITT. Column number represent sample size (number of litters) per treatment.

For A and C: letters denote significance between adult diet within maternal treatment and underlined letters denote significance between maternal treatments within adult diet. For B and D: capped lines with letters denote significance between adult diets within maternal treatments and letters denote significance between maternal treatments within adult diets (a = $P < 0.05$; b = $P < 0.01$, c = $P < 0.001$, d = $P < 0.0001$).

Figure 16. Pyruvate tolerance test (PTT) for oil- and OPFR-exposed male (A) and female (C) mice fed a LFD or HFD. Area under the curve (AUC) analysis for male (B) and female (D) PTT. Column number represent sample size (number of litters) per treatment. For A and C: letters denote significance between adult diet within maternal treatment and underlined letters denote significance between maternal treatments within adult diet. For B and D: capped lines with letters denote significance between adult diets within maternal treatments (a = $P < 0.05$; b = $P < 0.01$).

Figure 17. Peptide hormones for oil- and OPFR-exposed mice fed a LFD or HFD.

Terminal plasma insulin levels (pg/ml) for males (A) and females (C). Terminal plasma leptin levels (pg/ml) for males (B) and females (D). Letters denote significance between maternal treatments within adult diet (b = $P < 0.01$; c = $P < 0.001$).

Figure 10.

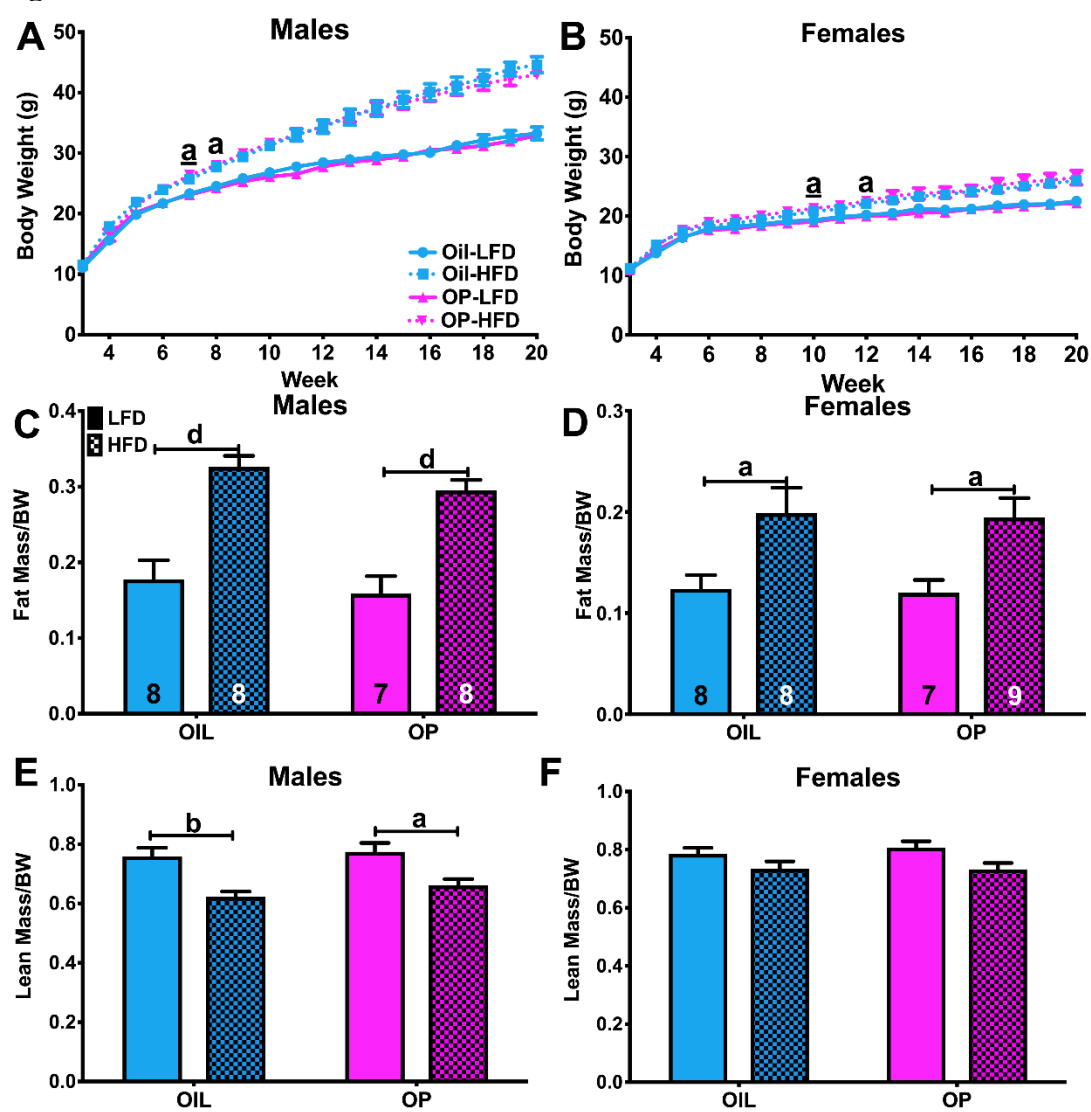


Figure 11.

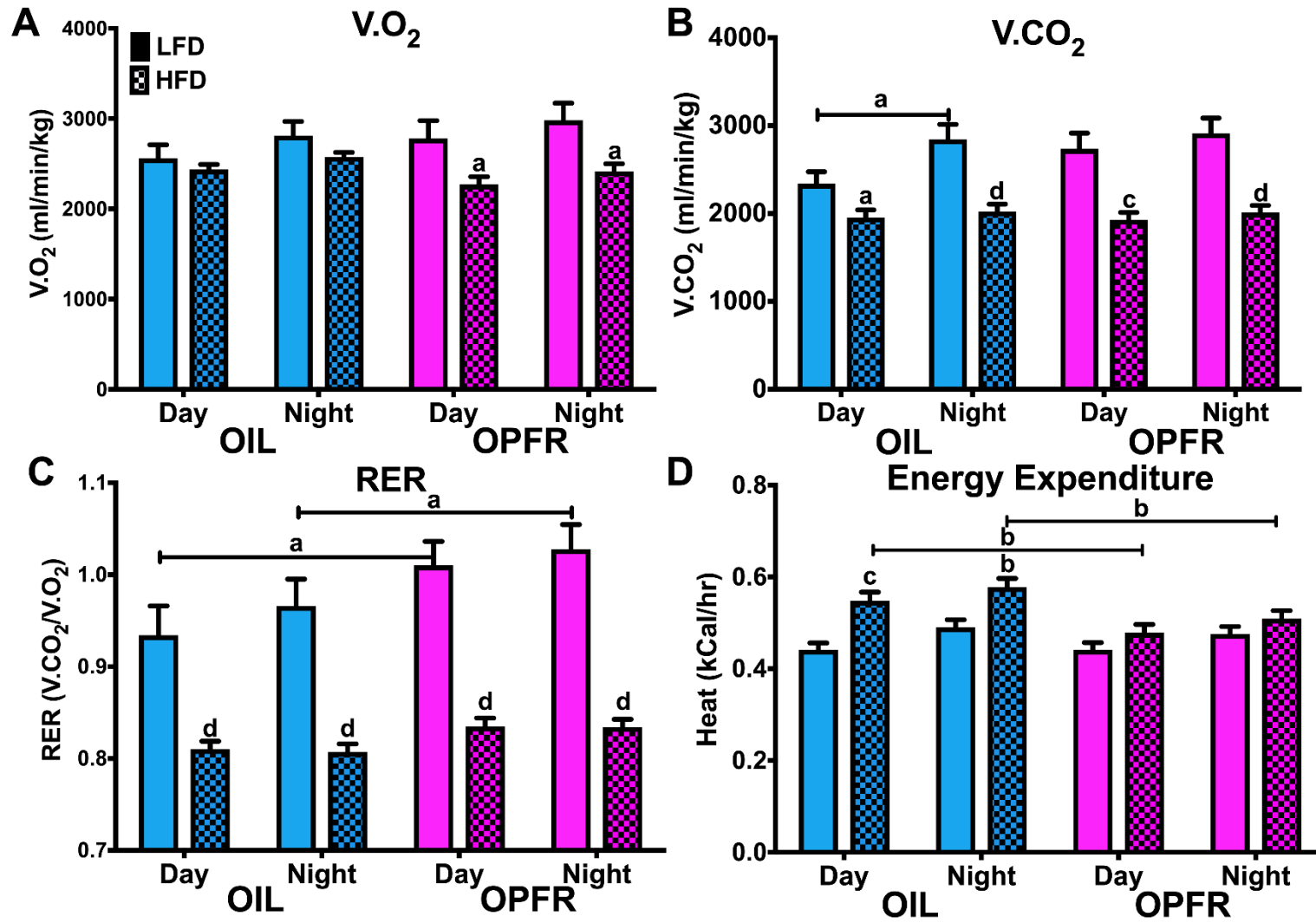


Figure 12.

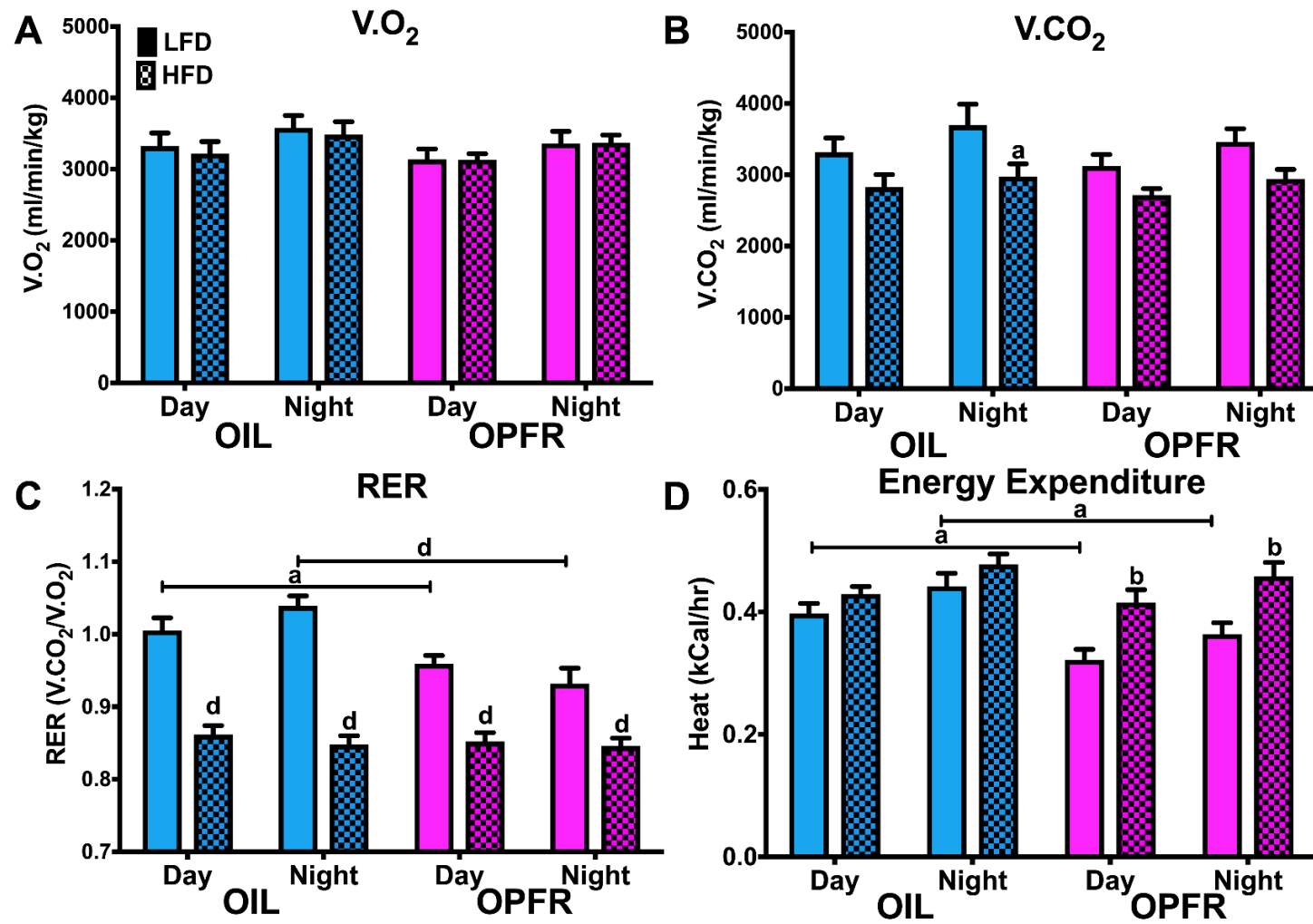


Figure 13.

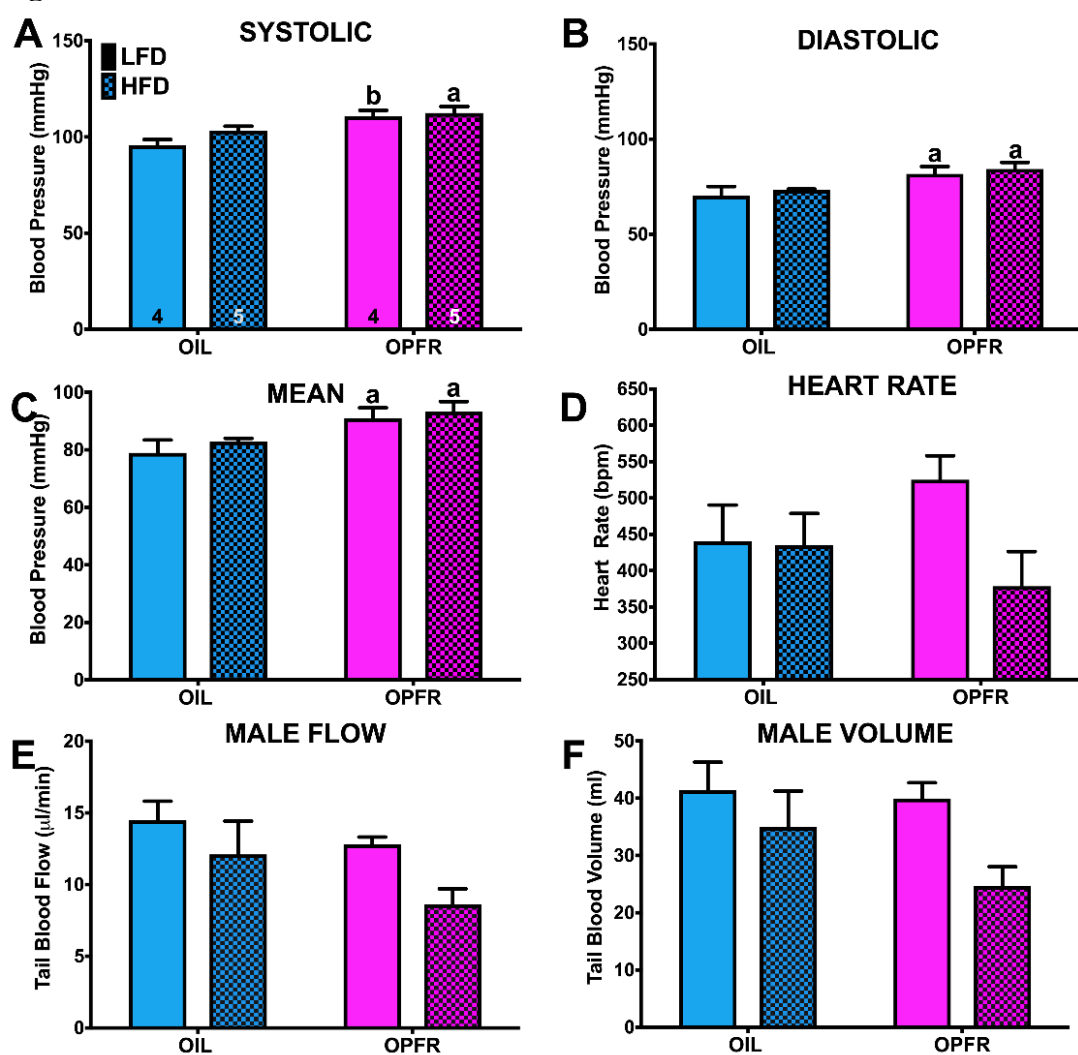


Figure 14.

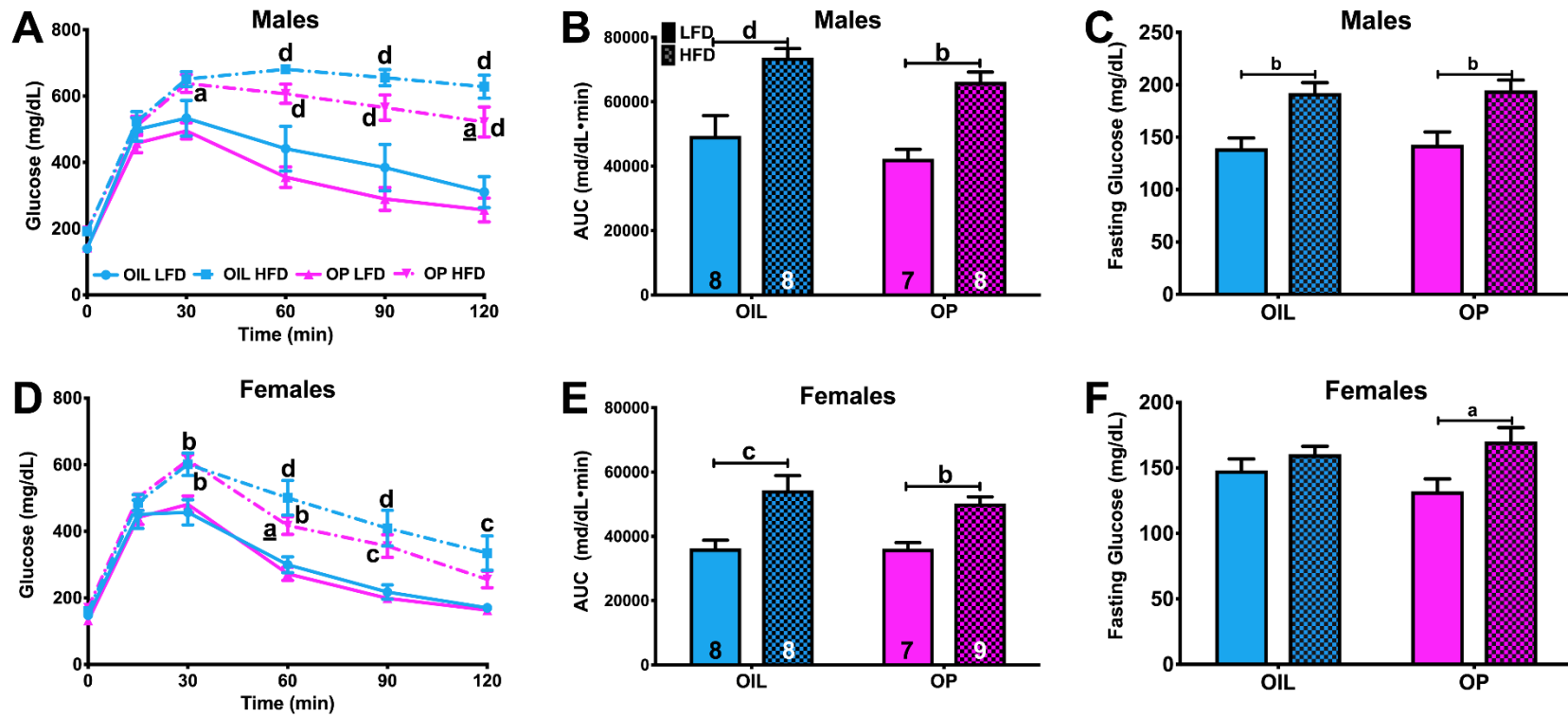


Figure 15.

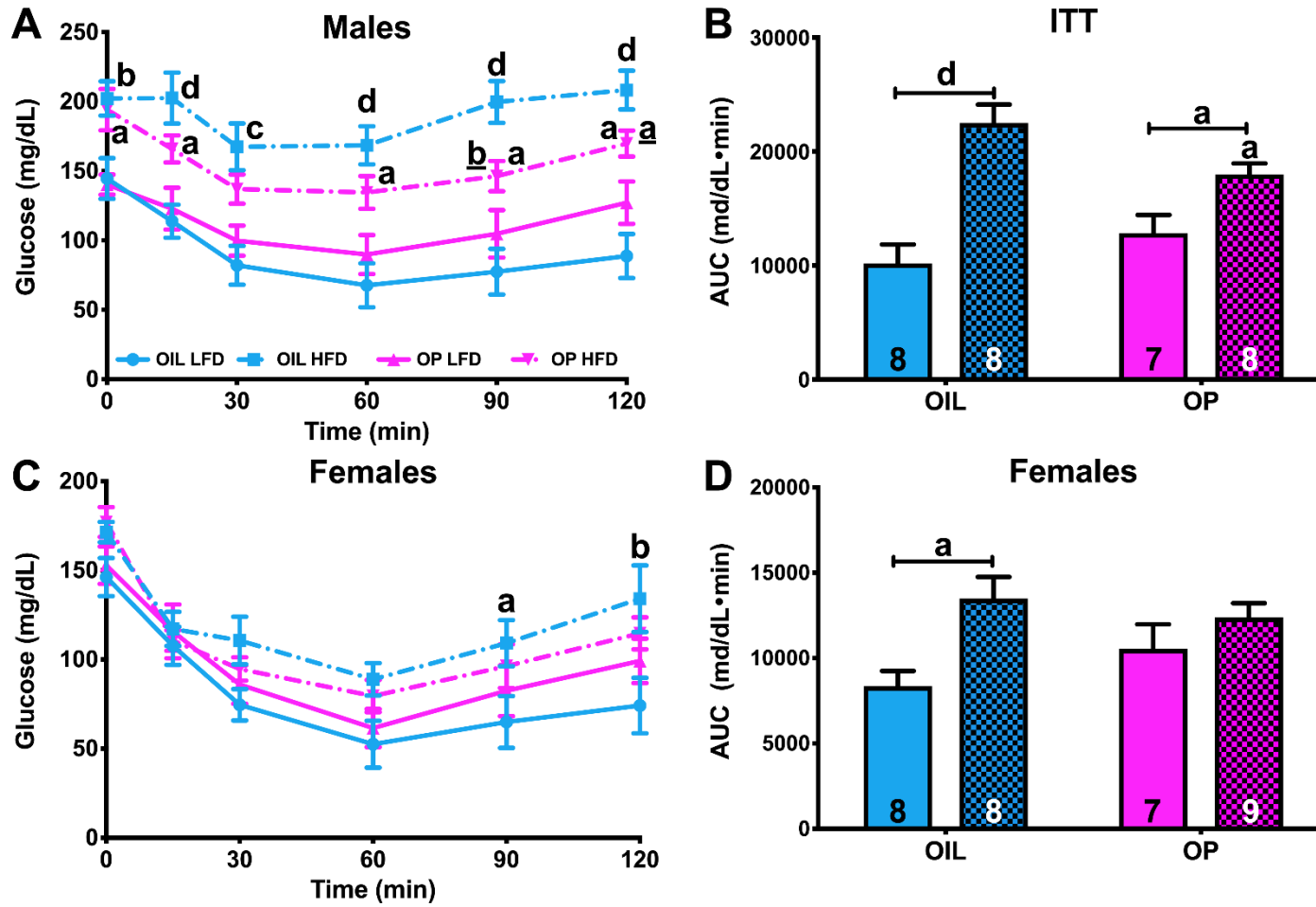


Figure 16.

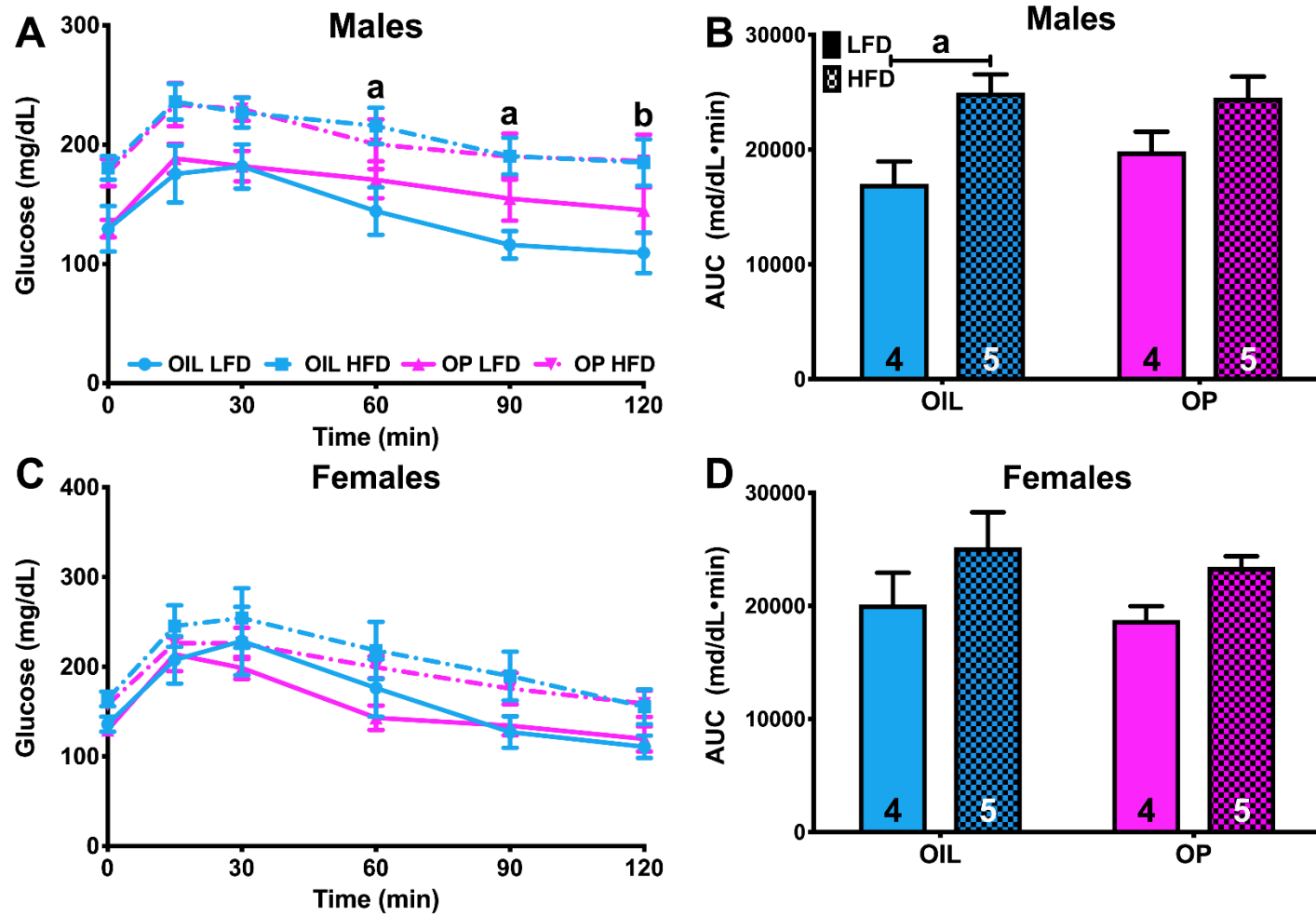
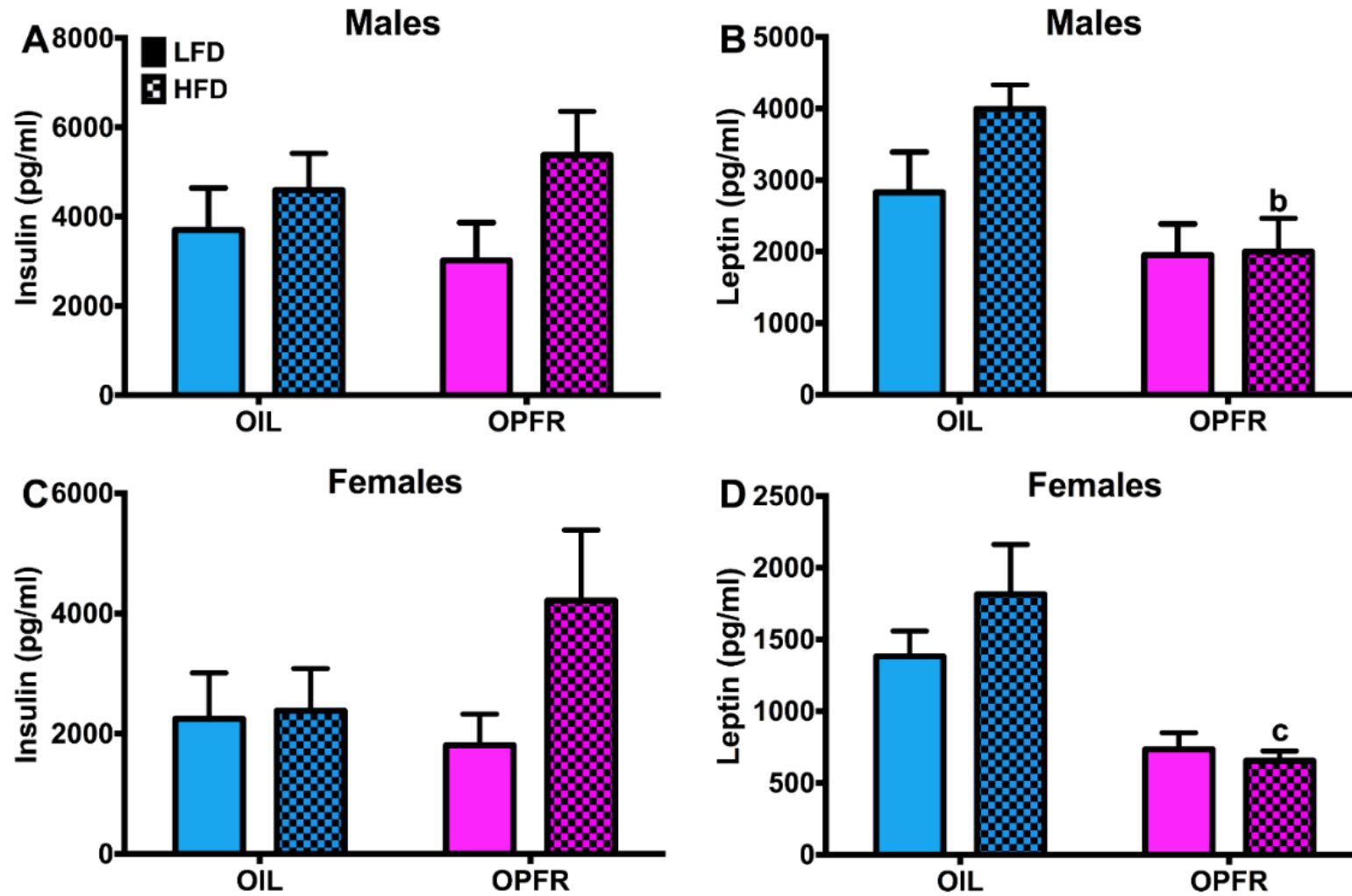


Figure 17.



CHAPTER 4:

SUMMARY

SUMMARY

Presence of organophosphate flame retardants (OPFRs) like tris(1,3-dichloro-2-propyl)phosphate (TDCPP), triphenyl phosphate (TPP), and tricresyl phosphate (TCP) are steadily increasing to alarming concentrations in our environment, with little known in regard to their effects on reproduction, energy homeostasis, and their modulation on hypothalamic functions (Walley *et al.*, 2018). In the present studies, we found developmental OPFR exposure altered anogenital distance, hypothalamic and liver homeostatic gene expression, glucose homeostasis, daily food intake, exploratory activity, oxygen consumption, energy expenditure, and blood pressure. These OPFR-induced effects in central and peripheral parameters of energy balance occurred more often in males. Though we observed negative outcomes of OPFR exposure on energy balance, it would be useful to examine the central and peripheral OPFR-induced mechanisms of action that elicit these effects.

It was expected that male mice would be more susceptible to OPFR-induced alteration energy homeostasis as our lab ran a similar set of experiments (Krumm *et al.*, 2018). However, it is still unclear how OPFRs are exerting these effects. It is known that OPFR interact with multiple nuclear receptors that play a critical role in metabolism centrally and peripherally *in vitro* such as the ER, androgen receptor (AR), and PPAR, thus explaining the difficulty in differentiating receptor-mediated mechanisms (Hu *et al.*, 2017; Kojima *et al.*, 2013; Kojima *et al.*, 2016a; Kojima *et al.*, 2016b; Pillai *et al.*, 2014; Suzuki *et al.*, 2013; Zhang *et al.*, 2014). In addition, their expression is dynamic and can vary with each other and other receptors, further adding to the difficulty in isolating these receptor mediated mechanisms (Chu *et al.*, 2014; Houston *et al.*, 2003; Keller *et al.*, 1995; Lemberger *et al.*,

1996; Min *et al.*, 2002; Naderi *et al.*, 2008; Olokpa *et al.*, 2017; Wang *et al.*, 2002). Therefore, acquiring global and tissue-specific knockout models of both sexes and specific tissues to understand possible receptor-mediated mechanisms that are related to sexual dimorphism would be the next step.

In addition, use of cellular harvesting of ARC neurons, RNA sequencing or quantitative real-time PCR (RT qPCR) on genes in tissues such as the liver, fat and hypothalamus can be done to further understand OPFR mechanisms in central and peripheral tissues throughout the body. In the present studies we have found that OPFR exposure alters gene expression in the ARC, which plays an integrative role in controlling energy homeostasis via hypothalamic melanocortin neurocircuitry (Cowley *et al.*, 2001; Elmquist *et al.*, 1999; Kalra *et al.*, 1999; Schwartz *et al.*, 2000). However, as previously mentioned discrete hypothalamic nuclei project numerous reciprocal neural connections between each other and to other brain regions such as the hindbrain all of which are involved in feeding behavior. Therefore, utilization of RT qPCR to examine if maternal OPFR exposure alters gene expression in the PVN, DMH, LH, and VMH would be a valuable study to conduct. In addition, understanding which components of the melanocortin neurocircuitry that are activated from maternal OPFR exposure such as POMC, AGRP, and CART can be used in immunohistochemistry experiments to visualize the density of innervated neuronal projections.

Moreover, neuronal cell type is another part in understanding the expression of genes and proteins that are ubiquitously expressed throughout the hypothalamus, including the ARC (Vail *et al.*, 2018). Following maternal OPFR treatment, POMC and NPY can be marked with a green fluorescent protein to visualize individual neurons in the ARC. Additionally,

qPCR analysis can provide insight if OPFR affects gene expression as noted in our study is also affected in individual neurons. Use of electrophysiology on neurons involved in gluconeogenesis, effects of maternal OPFR exposure on insulin, leptin, and ghrelin sensitivity and cation channel activity can be understood.

Additional experiments to create a more accurate dose-response curve for these compounds should be conducted due to numerous studies that have documented effects at or below the no-observed-adverse-effect-level as designated by the U.S. Environmental Protection Agency (Baldwin *et al.*, 2017; EPA, 2005; Patisaul *et al.*, 2013). This, along with maternal toxicity and care studies, could potentially help us understand the reason for difficulty in breeding successful pregnancies in dams exposed to OPFR. Other notable compounds like BPA, its replacement BPS, and other EDCs have shown to decrease maternal care in numerous animal models, but these behaviors have not been assessed in subjects exposed to OPFRs (Boudalia *et al.*, 2014; Catanese *et al.*, 2017; Della Seta *et al.*, 2005; Engell *et al.*, 2006; Johnson *et al.*, 2015; Kundakovic *et al.*, 2013; Palanza, 2017; Palanza *et al.*, 2002).

While our lab and current studies expanded on the knowledge pertaining to central and peripheral consequences of maternal OPFR exposure on energy homeostasis, there is much that still needs to be done. Recent studies are recording maternal OPFR exposure above the NOAEL and at environmentally relevant levels, which are causing these central and peripheral consequences in male mice (Dishaw *et al.*, 2014). Additionally, if these environmentally relevant levels are reaching the human population through our drinking water, food, or dermal exposure via commercial and household products, the call for further

investigation of OPFR exposure in the environment and how it impacts the general public should be a major focus.

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