Let’s Talk About Sex: Podcasts, Resistance Spaces & Reclaiming Black Women’s Sexual Agency

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Research Question

How have podcasts reframed the ways Black women demonstrate sexual agency?

Methodology

Phase one of this research will conduct a content analysis of three podcasts hosted by Black women, including:

- Podcast #1: Hosted by a licensed therapist whose show is dedicated to addressing issues unique to Black women’s experiences.
- Podcast #2: Hosted by a group of friends that cover current topics in the world.
- Podcast #3: Hosted by one Black woman who only shares stories/opinions about her sexual experiences.

Phase two of this study will facilitate a semi-structured focus group, comprised of 10-15 Black women, in efforts to identify common themes consistent with those found in the podcasts.

The participants will have the opportunity to define their own sexuality and practice sexual agency.

Discussion

Themes

Self-Pleasure/ Self-Affirmation
Use of Metaphors
Use of Humor

Selected References


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